



**KIPS BAY
BOYS & GIRLS CLUB**



11th Annual Bronx Diversity Swim Meet

**Hosted by the: Kips Bay Makos Swim Team
Saturday January 3, 2015
@ Lehman College APEX Aquatics Center**

Invited Teams:

BedStuy YMCA, Flathery Dolphins, BCNY-Gerry Clubhouse, BCNY-Harriman Clubhouse, Milbank Stingrays, New Rochelle Sailfish, Garfield YMCA Sharks, West Side Y Piranhas, Plainfield Aquatics Club, Riverbank Redtails, BronxWorks, Deep End Aquatics, Newark Piranhas, JCCNYC, Paterson Marlins, Paterson Dolphins, BCNY-Abbe Clubhouse, APEX Swim Club, FAST, YWCA Middies, Nile Crocodiles, HES Hurricanes, DH Stingrays, and many more...

Now is an “Approved” USA Swim Meet

**All Non- USA Teams & USA Swimming Clubs invited with
USA Swimmer times counting for USA Swimming database.**

SANCTION: TBA-

LOCATION: Lehman College APEX Aquatic Center
250 Bedford Park Boulevard West
Bronx, New York 10468

FACILITY: The competitive course is 7-13 feet deep. Two-30 yard warm-up/warm-down lanes will be available in The shallow end of the pool throughout the meet. (Coaches must monitor their swimmers in the Warm-up lanes). The pool has been certified in accordance with Article 104.2.2C (4)
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SESSIONS: **Session 1: 8:00am Warm up/ 9:00am Start**
Session 2: 1:00pm Warm up/ 2:00pm Start

FORMAT: Timed Finals
Deck Seeding

ELIGIBILITY: Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers and non-USA registered recreational teams. Age on **January 3, 2015** will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: AM 10&Under/15 & Over Session: (4) Four Individual events and 1 relay event,
PM 11-12s & 13-14s Session: (4) Four Individual events and 1 relay event,

Entries MUST be sent on a **Hy-Tek** disk. Be sure to enclose a Master Entry Sheet or Hy-Tek Spreadsheet. Entries received after the deadline will not be accepted. Deck entries will not be permitted.
U.S. Mail Entries/Payment to: **"Kips Bay Boys & Girls Club"**
Approved Meet Status Form: All USA Swimmers must be listed on the form below to be submitted for time approval. This can be done by emailing a list of who is registered with ID numbers from Hy-Tek. If you have none, please indicate on email as well.

Send checks, entry forms to: Eddie Oyola, Aquatics Director
Kips Bay Boys & Girls Club
1930 Randall Avenue
Bronx, NY 10473
Email Entries/Confirm Entry Receipt: **Eddie.Oyola@KipsBay.org**

DEADLINE: **Entries must be received by : December 26, 2014**
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: **An entry fee of \$14.00 per individual Swimmer.** Fee covers all ind. events....
An entry fee of \$8.00 per relay team
Make check payable to: **"Kips Bay Boys & Girls Club- Aquatics"**
Payment must be received by **January 3, 2015** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: **45 Min warm up in lanes 1-8 with final 15 minutes sprint lanes will be 2-7.**

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

- AWARDS:** Individual Events: Medals for 1st through 3rd places, Ribbons for 4th through 16th places. Prizes Awarded for heat winners.
Relay Events: Medals for 1st through 3rd, and ribbons for 4th -8th places.
Team Awards: 1st thru 6th place trophies.
- OFFICIALS:** **Meet Referee:** Iyanna Frias: Officials wishing to volunteer should contact Meet Director or Aquatics Director by **December 26, 2014**
- MEET DIRECTOR:** Wendy Martinez
- ADMIN OFF:** Wendy Martinez
- RULES:** The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of audio or visual recording devices, including a cell phone or tablet device, is not permitted in changing areas, rest rooms or locker rooms.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against The City of New York, Lehman College Apex Aquatic Center, Patriot Swim Team, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet.
- ADMISSION:** **Adults \$5.00 Children \$2.00 "Per session", Session Programs: \$3.00**
If you have a child in both sessions you are required to pay to attend both sessions. These are the APEX Aquatic Center Rules.
- MERCHANTS:** Parent Food Concession Stand will be open serving breakfast and lunch menu
- PARKING:** **\$5.00** all-day parking at College Supervised Lot, (100 yards from APEX) and free parking all around the school. First come, first serve basis.
(USA Swim Coaches have free access with 2015 USA Coaches badge)
- DIRECTIONS:** **DIRECTIONS TO LEHMAN COLLEGE APEX**
Bedford Park Boulevard between Goulden and Paul Aves.
- BY SUBWAY:** Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street.
- BY BUS: FROM WESTCHESTER:** (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West.
- BY CAR:** Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right.
- Via Saw Mill River Parkway South** (it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

IMPORTANT! IN CASE OF EMERGENCY:

Pool Office: 718-960-7123 Meet Desk: 718-960-1134 Eddie: (917) 318-1549



**KIPS BAY
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11th Annual Bronx Diversity Sprint Meet

Saturday January 3, 2015

Hosted by: Kips Bay Makos Swim Team

@ Lehman College APEX Aquatics Center

250 Bedford Avenue, Bronx, N.Y. 10468

Event #

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Session 1- Events

Warm Up 8:00 am / 9:00 am start

8 & Under - 25 Yard Free

9-10's - 50 Yard Free

15 & Over - 50 Yard Free

8 & Under - 25 Yard Fly

9-10's - 50 Yard Fly

15 & Over - 50 Yard Fly

8 & Under - 25 Yard Back

9-10's - 50 Yard Back

15 & Over - 50 Yard Back

8 & Under - 25 Yard Breast

9-10's - 50 Yard Breast

15 & Over - 50 Yard Breast

10 & Under- 100 Yard IM

15 & Over- 100 Yard IM

10 & Under - 200 Free Relay

15 & Over - 200 Free Relay

Session 2- Events

Warm Up 1:00 pm / 2:00 pm start

11-12's- 50 Yard Free

13- 14's- 50 Yard Free

11-12's - 50 Yard Fly

13- 14's - 50 Yard Fly

11-12's - 50 Yard Back

13- 14's - 50 Yard Back

11-12's - 50 Yard Breast

13- 14's - 50 Yard Breast

11-12's - 100 Yard IM

13- 14's - 100 Yard IM

11 & 12's - 200 Free Relay

13 & 14's - 200 Free Relay

Event #

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11th Annual Bronx Diversity Sprint Meet

January 3, 2015

Team Name: _____ Team Code: _____

Coaches Names: _____

Day Time Phone #: _____ Eve # _____

Address: _____

City _____, State _____, Zip _____

Coach Email Address; _____

Meet Entry Report

Female Swimmers: _____ X \$14.00= _____

Male Swimmers: _____ X \$14.00= _____

Relay Teams: _____ X \$8.00= _____

Makes Checks or Money Orders to:

Kips Bay Boys & Girls Club

Email HyTek Entries: Eddie.Oyola@KipsBay.org

Mail Payments and Hard copies to:

Kips Bay Boys & Girls Club

Eddie Oyola, Aquatics Director

1930 Randall Avenue, Bronx, NY 10473

USA Swimmers Team Roster

Club: _____ Code: _____ LSC: _____

	Swimmer's Name	DOB	Age
1:	_____	_____	_____
2:	_____	_____	_____
3:	_____	_____	_____
4:	_____	_____	_____
5:	_____	_____	_____
6:	_____	_____	_____
7:	_____	_____	_____
8:	_____	_____	_____
9:	_____	_____	_____
10:	_____	_____	_____
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12:	_____	_____	_____
13:	_____	_____	_____
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16:	_____	_____	_____
17:	_____	_____	_____
18:	_____	_____	_____
19:	_____	_____	_____
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