

4th Annual Leftover Run

to Benefit the Knoxville News Sentinel Empty Stocking Fund

Come help the KTC clean out our closet with a fun run in the park. All proceeds benefit the Knoxville News Sentinel Empty Stocking Fund

Date, Time, & Place: Sunday December 8, 2013 at 2:00 PM at Tyson Park

Course Description and Highlights: The course is an out and back course on the 3rd Creek Greenway and is approximately 5K

Registration & Entry Fee: The entry fee is only \$5 with all proceeds going to the Knoxville News Sentinel Empty Stocking Fund. None of the normal discounts apply.

T-shirts: Take your pick from the 2013 Leftovers!

Awards: Awards will be leftovers from the 2013 Season

Team Competition: No Team Competition

Grand Prix Points: 2013 Grand Prix Points will not be awarded

Refreshments: Refreshments provided for participants only after the run and walk

Race Etiquette: Be Nice! The course closes in 1 Hour

Information: Contact Race Director Andrea Collins (acollin2@yahoo.com)



Official 2013 Leftover Run Entry Form

Race No. _____

Name:

Last: _____

First: _____

Address: _____

City/State/Zip: _____

E-mail Address*: _____

*Please provide a valid e-mail address for important pre-race instructions

Emergency _____

Contact Name _____ Phone _____

Sex Circle One: Male Female

Age: (as of 12.8.13) _____

Birth date (mo/day/yr) _____

Clydesdale/Athena Division (circle one): 200 lbs + male 150 lbs + female

T-Shirts: T-Shirts from 2013 races will be available in sizes remaining

Fees Enclosed:

5K - \$5 _____

Extra Donation to the KNS ESF: _____

Total Enclosed _____

Please Complete and Mail to KTC/Leftover Run

5254 Mountaincrest Drive Knoxville, TN 37918

Make checks payable to Knoxville Track Club

NO REFUNDS & NO TRANSFERS

ATHLETE'S RELEASE: PLEASE READ, TO RUN THE RACE, YOU MUST SIGN AND DATE IT.

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release & discharge any and all rights & claims for damages & causes of suit or action known or unknown, that may have against The

Knoxville Track Club, The City of Knoxville, Road Runners Club of America, and all other political entities, all independent contractors & construction firms working on or near the course, all KTC Committee persons,

Officials & Volunteers, & all sponsors of the race, & related Race Events & their officers, directors, employees,

agents & representatives, successors, & assigns, for any and all injuries that may be suffered by me in this event. I attest that I am physically fit, am aware of the dangers & precautions that must be taken when

running in warm or cold conditions, & have sufficiently trained for the completion of this event. I also agree to abide by any decision of an appointed medical official relative to my ability to safely continue or complete

the run. I further assume and will pay my own medical & emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses. Further, I hereby grant full

permission to the Knoxville Track Club and/or agents hereby authorized by them, to use any photographs, videotapes, motion pictures, recording, or any other record of this event for any legitimate purpose at any

time. I further understand that there are no entry refunds, exchanges, transfers or rollovers, and that the event may be cancelled due to severe weather conditions, natural disasters, or threats to local and national

security including suspected terrorist activity. I understand if I use a MP3 player, IPOD, headset, cell phone or other electronic device while participating in the event, I will do so in a reasonable way using common sense

and awareness of those around me. I have read this waiver carefully & understand it.

Athlete's Signature (or Parent's Signature if under 18)

Date

We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct

or is abusive to race volunteers.