CALIFORNIA DEPARTMENT OF PUBLIC HEALTH NUTRITION EDUCATION AND OBESITY PREVENTION (NEOP) BRANCH Deliverables for Local Health Department Grants FFY 2014-2016

GRANT AGREEMENT NUMBER XX-XXXX

GOAL: Supplemental Nutrition Assistance Program Nutrition Education (SNAP-Ed) participants and those eligible up to 185 percent Federal Poverty Level (FPL) are educated and receive support to consume healthy foods and beverages, reduce consumption of less healthy foods and beverages and to increase physical activity. These are the behavioral outcomes that the United States Department of Agriculture (USDA) expects and have the potential to reduce the prevalence of obesity and the onset of related chronic diseases in the SNAP-Ed population.

Objective 1: Consumption and Access to Healthy Foods - Fruit and Vegetables

Annually, as measured by statewide surveys and other surveillance systems, the percent of eligible Californian adults, teens, and children consuming fruits and vegetables will increase (measured as at least five servings of fruit and vegetables a day, two servings of fruit/day, and three servings of vegetables/day).

Objective 2: Consumption and Access to Healthy Beverages and Reduced Consumption of Unhealthy Beverages

Annually, as measured by statewide surveys and other surveillance systems, the percent of eligible Californian adults, teens, and children consuming low fat/nonfat milk and water will increase and consuming sugary beverages will decrease

Objective 3: Physical Activity and Sedentary Behavior

Annually, as measured by statewide surveys and other surveillance systems, the percent of eligible California adults, teens and children who increase their age-appropriate level of physical activity will increase; the percent of youth who report watching two/fewer hours of television a day will increase.

Objective 4 - Environmental Supports for Nutrition Education

Annually, as measured by policy/systems/environmental change reports, at least 50 percent of LHDs will report successful implementation of one (or more) place-based nutrition and physical activity standard(s) or environmental support(s) to nutrition education.

DELIVERABLES/OUTCOME MEASURES: Local Health Departments (LHDs) are required to deliver SNAP-Ed services that use nutrition education, health promotion and intervention strategies, comprehensive multi-level interventions at multiple complementary organizational and institutional levels; and community and public health approaches to improve nutrition. To insure that the California Department of Public Health (CDPH) meets its statewide SNAP-Ed objectives, the LHDs are responsible for meeting USDA assurances and the following checked deliverables. Deliverables not met will result in a corrective action plan and/or denial or reduction in future SNAP-Ed funding.

Local Health Department Deliverables

Deliverable 1	Three-year nutrition education and intervention plan (also called the "work plan"), updated annually, describing nutrition education and obesity prevention and evaluation strategies to improve the health of the SNAP-Ed eligible population based on the Social Ecological Model (SEM), and an assessment using ethnicity, obesity, chronic disease and related data for the jurisdiction.	
Deliverable 2	Compile data for and report quarterly on educational activities, completing all relevant components on the Activity Tracking Form (ATF):	
	 A) The number, SNAP status, age, gender, race/ ethnicity of SNAP- Ed eligible individuals receiving what type of evidence-based direct nutrition education and in what setting. (Note: When this information is not available, report as indirect education contacts as in B) or C) below.) 	
	B) The number of evidence-based nutrition education and health promotion messages to address SNAP-Ed goals, at least half of which are "Half Your Plate: Fruits and Vegetables" and "Rethink Your Drink".	
	C) Community public relations events and community messages promoting healthy foods and beverages and physical activity in SNAP-eligible census tracts and venues.	
Deliverable 3	Compile data for and report quarterly on community engagement activities, completing all relevant components on the Activity Tracking Form (ATF):	
	 A) Training to service providers, SNAP-Ed-eligible families or their representatives ("Champions"), youths and/or groups in SNAP- Ed-eligible venues/census tracts on SNAP-Ed strategies. 	
	B) Coalitions and partnerships established with USDA-funded and other partners to address community issues, enhance the consistency of food and nutrition messaging and reaching consensus on how best to improve access to healthy foods, beverages and physical activity in the SNAP-eligible community.	
	C) "Communities of Excellence in Nutrition, Physical Activity and Obesity Prevention" (CX ³) or other evidence-based community assessment, including a plan for achieving identified changes.	

	D) Any presentation to decision makers of CX ³ or other community assessment findings along with (a) proposal(s) for action and an implemented action plan(s) for achieving the identified changes developed through full or modified consensus by community members and partners.	
Deliverable 4	As applicable, report on successful implementation of Policy/ Systems/ Environmental Change (PSE) processes, including reach, effectiveness (outcomes), adoption, implementation, maintenance, and challenges faced, means used to overcome them, and next steps. Include copy/description of policy change enacted, system altered and/or photographs of environmental change made to improve access to healthy foods and beverages and to improve opportunities for physical activity.	
Deliverable 5	Quarterly Expense documenting all expenses incurred during the quarter with the ability to provide back-up documentation for one quarter's expenses in sufficient detail to allow CDPH to ascertain compliance with USDA grant rules for allowable expenses. Likewise, provide Quarterly Progress Reports describing in detail the program activities conducted during the quarter, and the ability to provide source documentation in sufficient detail to support the reported activities.	
Deliverable 6	Evaluation of a minimum series of five nutrition education classes using practice or evidence-based lessons using the <i>Network's</i> standard pre/post-test Impact/Outcome evaluation design for a specified number of individuals. (Note: Required only for LHDs receiving <u>></u> \$350,000 in the base grant)	