

**MEDICATION ACTION PLAN FOR:** *<Insert Member's name, DOB: mm/dd/yyyy>*

This action plan will help you get the best results from your medications if you:

1. Read "What we talked about."
2. Take the steps listed in the "What I need to do" boxes.
3. Fill in "What I did and when I did it."
4. Fill in "My follow-up plan" and "Questions I want to ask."

Have this action plan with you when you talk with your doctors, pharmacists, and other healthcare providers. Share this with your family or caregivers too.

**DATE PREPARED:** *<Insert date>*

What we talked about: <i>&lt;Insert description of topic&gt;</i>	
What I need to do: <i>&lt;Insert recommendations for beneficiary activities&gt;</i>	What I did and when I did it: <i>&lt;Leave blank for beneficiary's notes&gt;</i>

What we talked about: <i>&lt;Insert description of topic&gt;</i>	
What I need to do: <i>&lt;Insert recommendations for beneficiary activities&gt;</i>	What I did and when I did it: <i>&lt;Leave blank for beneficiary's notes&gt;</i>

What we talked about: <i>&lt;Insert description of topic&gt;</i>	
What I need to do: <i>&lt;Insert recommendations for beneficiary activities&gt;</i>	What I did and when I did it: <i>&lt;Leave blank for beneficiary's notes&gt;</i>

What we talked about: <i>&lt;Insert description of topic&gt;</i>	
What I need to do: <i>&lt;Insert recommendations for beneficiary activities&gt;</i>	What I did and when I did it: <i>&lt;Leave blank for beneficiary's notes&gt;</i>

What we talked about: <i>&lt;Insert description of topic&gt;</i>	
What I need to do: <i>&lt;Insert recommendations for beneficiary activities&gt;</i>	What I did and when I did it: <i>&lt;Leave blank for beneficiary's notes&gt;</i>

<b>My Follow-up plan</b> (add notes about next steps): <i>&lt;Leave blank for beneficiary's notes&gt;</i>
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<b>Questions I want to ask</b> (include topics about medications or therapy): <i>&lt;Leave blank for beneficiary's notes&gt;</i>
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If you have any questions about your action plan, call PerformRx at 1-888-349-0501 or 1-888-765-6351 (TTD/TTY) between 8:30 a.m. and 5 p.m. (EST), Monday through Friday.