

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# **GENERATION US**

THE PLACE TO HANG OUT AFTER SCHOOL

CONNECT WITH YOUR CIRCLE OF FRIENDS

## MAYWOOD AVENUE CLUB BENEFITS

The Y offers a variety of special activities to assist our Generation Us Members to experience the feeling of self worth by participating in projects involving giving back, helping others, making a difference and being a role model in the community. Throughout this journey our participants will grow strong in their confidence of discovering who they are, what they want and where they are going! Most importantly this takes place within a fun, safe and supportive environment!



MEADOWLANDS AREA YMCA WWW.YMCAINFO.ORG 201.955.5300

### **WELCOME TO GENERATION US!**

#### PROGRAM OUTLINE

VOLUNTEER & COMMUNITY SERVICE OPPORTUNITIES SPECIAL GUEST SPEAKERS SPECIAL PROJECTS WALKING TRIPS HOMEWORK & STUDIES

**HEALTHY U** is the nation's largest and most comprehensive after-school childhood obesity preventions program. Created by the Horizon Foundation for New Jersey in collaboration with the New Jersey YMCA State Alliance, the program utilizes the evidenced based CATCH curriculum. The Meadowlands Area YMCA implements Healthy U in each of our child care programs and has a certified master trainer that fully trains our staff in the CATCH curriculum. CATCH is an acronym for Coordinated Approach To Child Health and is an after-school curriculum for children which emphasizes healthy nutrition and physical activity behaviors.

In response to a call for action by First Lady Michelle Obama, the Meadowlands Area YMCA has signed on to be a part of the YMCA of the USA's commitment to the Partnership for a Healthier America (PHA) to focus on ending the childhood obesity epidemic. The Y's will be implementing the Y's Healthy Eating and Physical Activity standards in our early childhood and after school programs.

### FLEXIBLE PROGRAM HOURS & DATES

Parents may choose the days of the week and time slots that best meet their child care needs. The program operates when the Maywood Schools are in session and is available immediately after school even on scheduled School Calendar early dismissal days; however, if school is in session and is suddenly closed due to inclement weather or for any other reason, the program will not be open. The program will begin the first day of school.

#### **HOURS:**

We cover scheduled half days that are on the school calendar.

After School, Monday through Friday
From School Dismissal till 4:30pm or 6:00 pm

#### **CONVENIENT LOCATION:**

Maywood Avenue School, 452 Maywood Ave Maywood

#### **ELIGIBILITY:**

Children in grades Fourth through Eighth (4-8) who reside or attend school in Maywood.



MEMBER'S CHOICE ACTIVITIES
HEALTHY CHOICES (SNACK PROVIDED)
"TODAY'S TOPIC" DISCUSSIONS
SAFE ZONE
TALK IT OUT SESSIONS
PEER PRESSURE TIPS

#### CO-SPONSORED BY

Meadowlands Area YMCA and Maywood Board of Education

#### **SCHOLARSHIP**

The YMCA wishes to serve all children regardless of family income. Scholarship aid is available to those who qualify. Application may be obtained by contacting the North Arlington office. All information is held confidential.

#### **PAYMENT OPTION!**

Save Your Postage and avoid late fees! We offer a payment plan for SACC participants. You can authorize the YMCA to charge your credit/debit card the recurring monthly tuition charge on the scheduled due date.



# TEEN/TWEEN TRAVEL CAMP RAIN OR SHINE!

#### 11-15 YEARS 7:30 AM - 6:00 PM

Available at several locations in Bergen County. Weekly registration allows the program to best meet a family's summer schedules. For more information, plase call 201.955.5300 ext 26 or 28.

The "Y" Youth Camp is custom designed to help children grow physically, mentally and spiritually. This could not be possible without a foundation that was built using our four core values of honesty, respect, caring and responsibility. We strive to keep these values front and center throughout each and every camp adventure. Our YMCA staff are carefully selected and trained so that campers will achieve the unexpected, grow; as they learn valuable lessons and make friends and memories that will last a lifetime. Your children will be indoors, outdoors and on the road this summer with the Meadowlands Y Camp!

#### 2016-2017 GENERATION US- STUDENT INFORMATION FORM

**CHILD'S INFORMATION** Please print using black or blue ink.

Card Holder's Signature:

Child must be registered prior to attending the program. After registration form and payment is received by YMCA, additional forms and information will be sent to you. Additional forms must be returned to the YMCA 5 days before child may start the program. **USE A SEPARATE FORM FOR EACH CHILD.** 

program. USE A SEPARATE FORM FO	OR EACH CHILD.							
Name					Grade			
Street Address	Town			, NJ Zip				
Date of Birth	Age		Gender	(Circle):	Male Femal	е		
PARENT/GUARDIAN INFORMATIO	N							
Mother/Guardian	Date of Bi				rth			
Work Phone	Home Phone Ce			Cell Phone				
E-Mail								
		Date of Bir				rth		
	Home Phone Cell F							
E-Mail								
HOW TO REGISTER PROGRAM SITE: MAYWOOD AVE Complete Registration Form and mail to YI A. Annual Registration/Accident	MCA with the following \$ 30		STARTI	NG DATE	:			
B. YMCA Membership \$ 20 C. First Month Tuition - After School \$								
D. Last Month Security (same as Line C		PROGRAM FEES 2016-2017 AFTER SCHOOL						
E. Total Enclosed	\$	MONTHLY TUITION						
AFTER SCHOOL : # OF DAYS/WEEK			First Child		Addition			
DAYS OF WEEK: MON TUE WED		Days of the Week	4:30 P.M. Pick-up	6:00 P.M. Pick-up	4:30 P.M. Pick-up	6:00 P.M. Pick-up		
PICK UP TIME: 4:30 PM	6:00 PM	5	\$290	\$320	\$280	\$310		
MAIL TO: MEADOWLANDS AREA YM		4	\$268	\$300	\$258	\$290		
P.O. Box 252, Rutherford, N.J. 0707 (201) 955-5300; Fax (201) 955-209	0 55	3	\$229	\$259	\$219	\$249		
www.YMCAinfo.org		2	\$204	\$234	\$194	<b>  \$224</b>		
EMERGENCY DROP-IN CARE AVAILABLE Must be pre-registered. Call for information	•	26 or 28			TOTAL AND	MasterCard		
<b>PAYMENT METHOD</b> Fax registrations	s accepted with credit (	card paymen	ts only (201	955-2055	V	SA		
Amount \$ (same as line E) [] Visa	a [] MasterCard []	Amex Che	eck #	_ [] Cas	n			
////////////	_///	- E	// Expiration Da	<u></u> te	/// Security Code			
Signature		Please pr	int name as i	it appears o	on credit card			
PAYMENT OPTION! Save your postage and avoid late fees! V YMCA to charge your credit/debit card the						orize the		
PAYMENT OPTION – RECURRING RECURRING MONTHLY TUITION to this croresponsibility to notify the YMCA in writing	edit/debit card on the t	uition due d	ates until Ap	ril 15th, 20				

Print Name \_\_\_\_\_



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FOR SOCIAL RESPONSIBILITY

#### **MEADOWLANDS AREA YMCA**

PO Box 252, Rutherford, NJ 07070 Main Office: 436 Ridge Road, North Arlington, NJ 07031

www.YMCAinfo.org

201 955-5300; Fax: 201 955-2055



#### **FINANCIAL ASSISTANCE**

The YMCA wishes to serve all children regardless of family income. Scholarship aid is available to those who qualify. Application may be obtained by contacting the North Arlington office. All information is held confidential.

COMMUNITY

