

EASTERN REGIONAL ALZHEIMER'S CONFERENCE

2014

May 30, 2014

Registration 7:45am Program 8:30am - 4:45pm
Hilton Greenville, Greenville, North Carolina

Provided by

Eastern AHEC, Department of Nursing Education

Co-Provided by

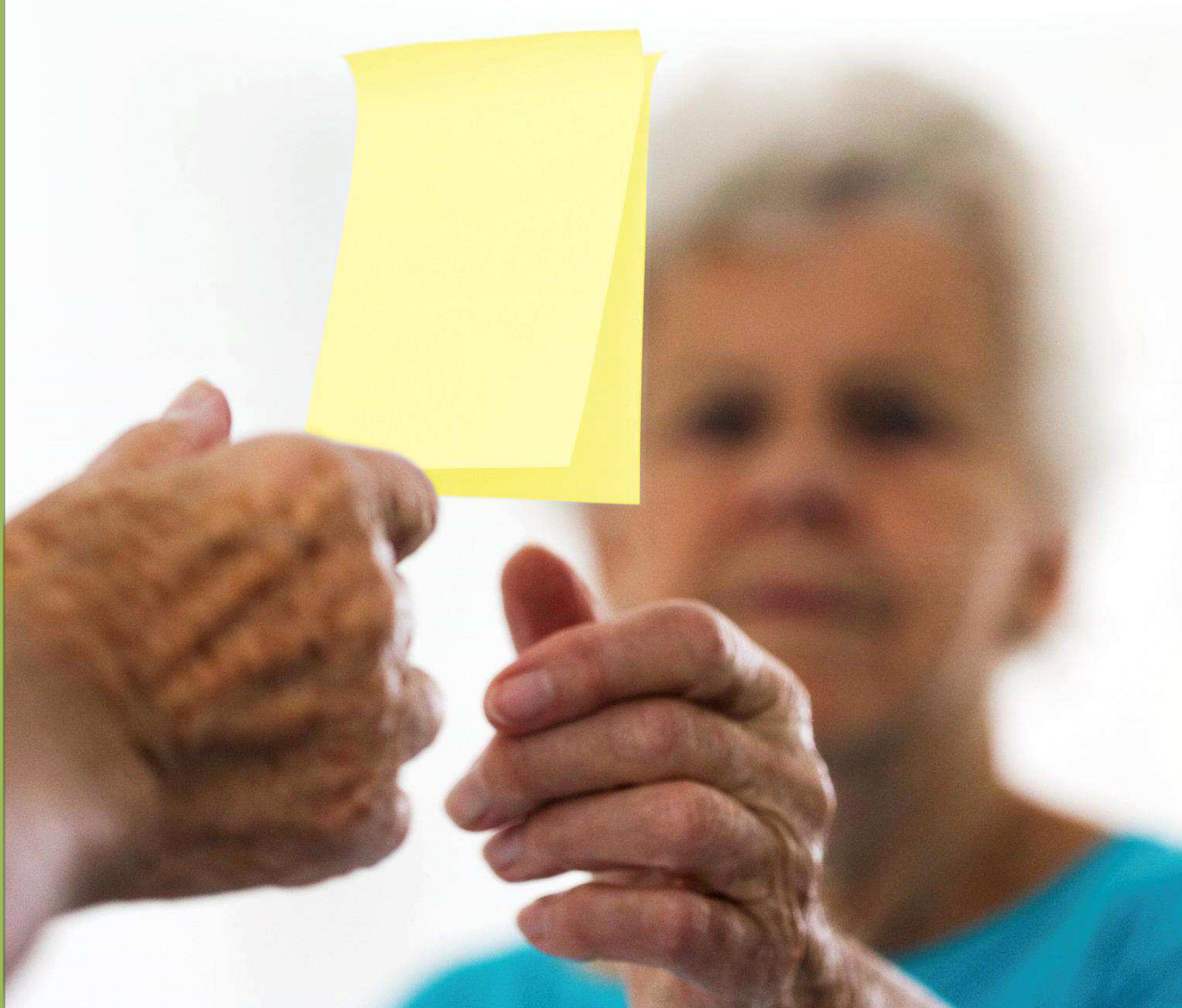
Alzheimers North Carolina

Eastern AHEC Departments of Allied Health & Mental Health Education

The University of North Carolina Eshelman School of Pharmacy

Jointly Sponsored by

Office of Continuing Medical Education, Brody School of Medicine at East Carolina University



ABOUT THE CONFERENCE

Over 5 million Americans are living with Alzheimer's, and as many as 16 million will have the disease by 2050. Millions of American families struggle with the physical, emotional and financial burdens of caring for a loved one with Alzheimer's disease. Whether you work in acute care, long term care, home care, hospice, adult day health, ambulatory care, or any other health care setting, this conference will provide you practical information directly related to your work.

This conference will enable health care professionals to increase their knowledge necessary to improve clinical practice in the care of the patient with Alzheimer's and to more effectively care for themselves as professional caregivers. Sessions will examine evidence related to research advances in Alzheimer's Disease, a systematic approach to responding to behaviors of people with dementia, medications (traditional and herbal) for memory loss, co-morbidity with psychiatric illness/disorders, ethical challenges in patient care, and steps to alleviate or prevent professional burnout while caring for patients with Alzheimer's.

WHO SHOULD ATTEND

Physicians, Registered nurses, Pharmacists, Psychologists, Case managers, Social Workers, Nursing Home Administrators, and other health care professionals who comprise the interdisciplinary team needed to provide a comprehensive continuum of care to patients with Alzheimer's.

OBJECTIVES

Research Advances in Alzheimer's Disease: Implications for the Future • Review advances in diagnosis of Alzheimer's disease • Discuss recent studies on treatment of Alzheimer's disease

Can't You Make it Stop? A Rational Approach to Behaviors • Discuss the impact of caregiver behavior on behaviors of people with dementia and communication approaches to improve responses • Describe a systematic approach to responding to behaviors of people with dementia

Burnout. . . Taking Care of Yourself • Review the symptoms of caregiver burnout • Outline the personal and professional consequences of medical burnout • Discuss steps to alleviate and prevent burnout

Co-Morbidity with Psychiatric Illness/Disorders • Discuss new DSM-5 criteria for Alzheimer's and dementia • Review most common psychiatric illnesses and disorders co-morbid with Alzheimer's • Discuss evidence-based modalities to effectively treat co-morbid disorders

Medications for Memory Loss • Review available medications indicated for Alzheimer's, dementia and MCI (mild cognitive impairment) • Discuss current clinical trials and medications in experimental stages • Discuss herbal or non-traditional medications and food supplements that may affect memory/dementia

Ethical Challenges in the Care of Patients with Alzheimer's • Discuss various ethical issues that arise in the care of patients with Alzheimer's

AGENDA

7:45 AM

Registration
View Exhibits

8:20-8:30

Welcome and Program Overview
Tae Joon Lee, MD, CMD, AGSF

8:30-9:45

Keynote
Research Advances in Alzheimer's disease: Implications for the Future
James Burke, MD, PhD

9:45-10:00

Break
View Exhibits

10:00-11:30

Can't You Make it Stop? A Rational Approach to Behaviors
Melanie Bunn, MS, RN, GNP

11:30-12:30

Lunch
View Exhibits

12:30-1:30 PM

Burnout. . . Taking Care of Yourself
Paul Walker, MD, FACP

1:30-2:30

Co-Morbidity with Psychiatric Illness/Disorders
Michael C. Lang, MD

2:30-2:45 PM

Break
View Exhibits

2:45-3:45

Medications for Memory Loss
Tae Joon Lee, MD, CMD, AGSF

3:45-4:30

Ethical Challenges in the Care of Patients with Alzheimer's
J. Clint Parker, MD, PhD

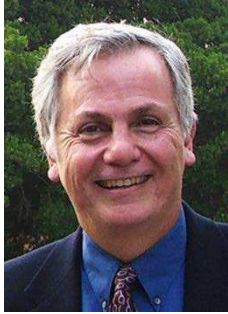
4:30-4:45

Summary
Tae Joon Lee, MD, CMD, AGSF

4:45

Adjourn

FACULTY



Keynote

James Burke, MD, PhD

Professor of Neurology
Professor in Psychiatry and Behavioral Sciences
Bryan Alzheimer's Disease Research Center
Duke University School of Medicine

Brody School of Medicine at East Carolina University

Michael C. Lang, MD

Clinical Assistant Professor
Department of Psychiatric Medicine

Tae Joon Lee, MD, CMD, AGSF

Clinical Associate Professor
Director, Geriatric Fellowship
Department of Family Medicine

J. Clint Parker, MD, PhD

Teaching Assistant Professor
Department of Bioethics and Interdisciplinary Studies
Nephrologist
Eastern Nephrology and Associates

Paul Walker, MD, FACP

Associate Professor
Director of Thoracic Oncology
Director of Hematology/Oncology Fellowship
Leo W. Jenkins Cancer Center

Guest Faculty

Melanie Bunn, MSN, RN, GNP

Dementia Training Specialist
Alzheimer's North Carolina
Clinical Preceptor
Duke Physician Assistant Program
Founder Bunn Consulting
Raleigh, North Carolina

PLANNING COMMITTEE

Medical Program Director

Tae Joon Lee, MD, CMD, AGSF
Brody School of Medicine at East Carolina University

Kamilah Blount, PhD, MSN, RN
Vidant Medical Center

Randy Horton, MS
Eastern AHEC
Brody School of Medicine at East Carolina University

Tamyra Jovel, MSW
Alzheimers North Carolina

Karen Koch, MSW, LCSW
Eastern AHEC

Claire Mills, MPH, BSN, RN, FACHE
Eastern AHEC

Dawn Morrison, MPH
Eastern AHEC

CREDIT

Physicians

ACCREDITATION: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for continuing Medical Education through the joint sponsorship of The Brody School of Medicine of East Carolina University, the Eshelman School of Pharmacy at UNC-Chapel Hill, Alzheimer's North Carolina, and Eastern AHEC Departments of Allied Health, Mental Health, and Nursing Education. The Brody School of Medicine of East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

The Brody School of Medicine of East Carolina University designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

6.75 CNE contact hours

Eastern AHEC Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Pharmacists

This program, ACPE # 0046-9999-14-053-L01-P will provide 6 contact hours of continuing pharmacy education credit for full-program participation. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants must attend the entire session to receive CE credit. Statements of credit can be viewed and printed from CPE Monitor.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education credit.

NC State Board of Examiners for Nursing Home Administrators

Application has been made to the NC State Board of Examiners for Nursing Home Administrators for 6.75 hours of credit.

Psychologists

Category A-NC Psychology Credit: This program will provide 6.75 hours of (Category A) continuing education for North Carolina psychologists. No partial credit can be given.



National Board for Certified Counselor Credit (NBCC)

Eastern AHEC is an NBCC Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider # 5645.

Other Professionals

6.75 Eastern AHEC contact hours

Participants must attend the entire program in order to earn contact hour credit. Verification of participation will be noted by check-in at the start of the program and an initial-out at the conclusion of the program.

Certificates will be awarded after the participant completes the evaluation.

This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #UB4HP19053, *Carolina Geriatric Education Center*. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

The UNC Center for Aging and Health, Carolina Geriatric Education Center also provided support for this activity.



REGISTRATION INFORMATION

Pre-registration is required to assure space in this program. Space is limited and early registration is recommended. The fee for registrations received **prior to May 23, 2014** is \$50.00 and includes breaks, lunch and credit. Registration fee **after May 23, 2014** is \$65.00. No refunds can be given after this date, but substitutions are welcome. Please return your registration form along with payment to Eastern AHEC. On-line registration is available at <http://eahec.ecu.edu>. If you register, do not attend, and do not cancel by the deadline date, you or your agency will be billed for the full amount of the registration fee. For further information contact Eastern AHEC at 252-744-3087.

Handouts will be available online only. A link to the location where you can view or print the handouts will be sent with your confirmation email one week before the program. Please make sure that we have an email address where your confirmation and link to the handouts should be sent.

PARTICIPANTS REQUIRING SPECIAL ASSISTANCE

Individuals requesting accommodations under the Americans with Disabilities Act (ADA) should contact the Department for Disability Support Services at least one week prior to the event at (252) 737-1016 (V or TTY).



It is not always possible to maintain an environmental temperature that is comfortable for everyone. Please bring a sweater or lightweight jacket.

EASTERN REGIONAL ALZHEIMER'S CONFERENCE 2014 – MAY 30, 2014

Hilton Greenville, Greenville, NC

Register online at <http://eahec.ecu.edu>

Personal

Last Name _____

First Name _____ Middle Initial _____

Last 4 digits of Soc. Sec. # XXX-XX- Pharmacists only: DOB mm/dd / NABPe-Profile ID _____

Discipline (check one) Allied Health Dentistry Health Careers Medicine Mental Health Nursing
 Pharmacy Public Health Other

Specialties _____

Degrees/Certifications/License _____

Mail goes to Home Office or by E-mail

Workplace

Employer _____

Department _____ Position _____

Street/PO Box _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Home

Street/PO Box _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Credits(s): Physician Nursing Pharmacist Psychology Nursing Home Administrator Eastern AHEC
Contact Hours

For EAHEC Use Only Event # **N41843**

Amount Enclosed/Paid \$ _____ Date _____

Agency check Personal check Cash Credit card

Registration Fee Received by **05-23-2014: \$50.00**, Received **after 05-23-2014: \$65.00**

Payment

Check/Cash Enclosed for \$ _____ Charge: Visa MasterCard AMX

Signature _____

If Paying by Credit Card – Billing Address Required

Street/PO Box _____

City _____ State _____ Zip _____

Account #

Expiration Date _____ Security Code (Last 3 digits on back of card)

Send registration form with payment to
Eastern AHEC, Attn: Registration, PO Box 7224, Greenville NC 27835-7224 Fax 252-744-5229