



This resource guide lists agencies/programs that provide direct basic needs and services for military members, veterans and their families, such as benefits assistance, child care, clothing and household items, employment services, financial support, food, health care, housing, mental health / substance abuse programs, shelter, transportation, and veteran membership organizations.

GENERAL

Helpline Center • Visit www.helplinecenter.org • Dial 2•1•1 • Text your zip code to 898211
Courage to Call • Text 211SiouxFalls to 898211 to receive weekly community information reminders
 24-hour information & referral line. Referrals to community programs for financial assistance, food, clothing, medical assistance, social service programs, government agencies, volunteer opportunities, child care, and much more.

Veterans Crisis Line (800) 273-8255, Option 1
 Online chat at VeteransCrisisLine.net Texting Program: Send a message to 838255
 Connects veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Public Safety Emergency: Dial 9•1•1
City of Sioux Falls - Police Department 320 W. 4th Street 367-7000
Minnehaha County Sheriff 320 W. 4th Street 367-4300

Center of Hope 225 E. 11th Street, Suite 101 334-9789
 Winter clothing (new and gently used) and bikes for work are available at a minimal cost. Faith community nurses available most days for health questions and concerns. Telephone and internet usage available at no charge.

Department of Social Services (DSS) 811 E. 10th Street 367-5444
 To Report Child Abuse: (877) 244-0864
 TANF, Medicaid, CHIP, Adult Services and Aging, Child Support, and Child Protection Services.

Military OneSource Online chat at MilitaryOneSource.mil (800) 342-9647
 Provides 24 hours a day / 7 days a week, telephone and online family information and referral, situational assistance, and links to military and community resources.

South Dakota Family Assistance Center 1201 W. Algonquin Street (800) 658-3930
 Supports service members, veterans, and their families. Services include critical intervention and referral, legal resources, financial resources, Tricare resources, ID cards, and community information, referrals, and outreach.

Survivor Outreach Services (605) 737-6090
 Provides assistance to Military Surviving Family Members in accessing benefits and entitlements, financial counseling, and providing connections with others who share the same loss.

Veterans Outreach – Volunteers of America (VOA) 1113 E. 14th Street 274-1540
 Open Monday through Friday from 9:00am - 4:30pm open all holidays except Thanksgiving and Christmas. Providing: laundry facility, showers and bathrooms, computer access for job searches and resume preparation, VA services, addiction meetings, HUD VASH meetings, and snacks.

BENEFITS ASSISTANCE

Disabled American Veterans (DAV) 1519 W. 51st Street 332-6866
 Provides free, professional assistance to veterans and their families in obtaining benefits and services earned through military service and is provided by the Department of Veterans Affairs (VA) and other government agencies.

Help at your Fingertips...

Dial: 2•1•1

Lincoln County Veterans Service Officer	104 N. Main Street, Suite 40, Canton, SD	764-5571
McCook County Veterans Service Officer	130 W. Essex Avenue, Salem, SD	425-2485
Minnehaha County Veterans Service Officer	521 N. Main Avenue, Suite 201	367-4201
Turner County Veterans Service Officer	400 S. Main Street, Parker, SD	297-3431

Provides information, assistance, counseling, and referrals on a wide range of subjects, benefits, and veteran programs. Clients can come from a wide range of society including veterans, widows of veterans, and dependent children of veterans, as well as dependent parents who lost a son or daughter in military service.

Paralyzed Veterans of America (PVA)	209 N. Garfield Avenue	336-0494
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Provides various programs for catastrophically disabled veterans and other people with disabilities. Services include but are not limited to the following areas: veterans service officer, advocacy programs for veterans and people with disabilities, legislation, peer counseling for people with disabilities, sports and recreational activities for veterans, equipment lending, and technical assistance on the Americans with Disabilities Act (ADA).

Sioux Falls VA Veterans Service Program	2501 W. 22 nd Street, Room 101	333-6896
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Veterans benefits experts, called National Service Officers and Chapter Service Officers, work to get veterans all the benefits to which they are entitled. Service Officers provide counseling about compensation, pension, educational, and job training programs, VA health care, burial benefits, survivor benefits, and more.

South Dakota Department of Veteran Affairs		773-3269
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To advocate for and provide the pathway for all veterans and their families to receive the benefits due to them.

United States Marine Corps Wounded Warrior Regiment		(877) 487-6299
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Provides transition assistance, care and support for wounded, ill, and injured marines and their families throughout the state of South Dakota. Services and support include financial, medical, benevolent organization coordination, VA assistance, and military and Department of Defense records accessing and appeals.

Veterans Affairs Regional Office	2501 W. 22 nd Street	336-3230
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The Dakotas Regional office provides compensation, pension, and vocational rehabilitation benefits to veterans.

CHILD CARE

Child Care Assistance - DSS	811 E. 10 th Street	367-5444 Ext. 5
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Financial help with child care costs for low-income families who are working or seeking employment.

Child Care Helpline	1000 N. West Ave, Suite 310	Dial 2•1•1 or 339-4357
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Assists parents in their search for quality child care through referrals.

CLOTHING / HOUSEHOLD ITEMS

Furniture Mission	209 N. Nesmith Avenue	977-6800
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Provides recycled furniture and household goods - must have a referral by a community agency.

Goodwill Industries	3400 S. Norton Avenue 4701 E. 41 st Street 120 N. Kiwanis Avenue	731-1930 338-2431 334-2028
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Clothing and household items. Free emergency clothing with referral from social service agency.

St. Vincent de Paul Thrift Store	431 N. Cliff Avenue, Suite 101	335-5823
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Good, clean, affordable clothing, furniture, and household items.

Union Gospel Mission Thrift Store	703 E. 8 th Street	334-6732
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Offers reasonably priced clothing and household items to the public and free assistance to those in need.

EMPLOYMENT

BRIDGES Employment Resource Center	2300 W. 46 th Street	333-3318
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Assists adults 40 and older interested in seeking employment. Services include: individual job coaching, interviewing techniques, employment workshops, and an annual job fair. Computer classes and resume writing offered for small fee.

Directional Motivation		362-8176 Ext. 101
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Employment coaching for veterans to assist them in the transition to civilian employment. Available for all veterans.

Help at your Fingertips...

Dial: 2•1•1

Employer Support of the Guard and Reserve (ESGR)

357-2983

Informs and educates service members and their civilian employers regarding their rights and responsibilities governed by the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA). Trained ombudsmen provide mediation of issues relating to compliance with USERRA.

Experience Works, Inc.

100 S. Spring Avenue, Suite 140

332-7991

Provides Community Service projects for workers 55 years of age or older who meet income guidelines, training opportunities and on-the-job and work experience opportunities with financial incentives to employers.

Goodwill Industries Connection Center

3400 S. Norton Avenue

357-6171

Assists individuals with barriers to employment by providing job search assistance, application assistance, and interview preparation skills. Computers with printing capability and local fax service available for job searches at no charge.

South Dakota Department of Labor

811 E. 10th Street, Dept. 41

367-5300

Veterans' Representatives provide special assistance to veterans including referrals to jobs, training, and VA and community support resources.

FINANCIAL

Community Outreach, The

225 E. 11th Street, Suite 200

331-3935

Offers assistance with rent, utility bills, and other miscellaneous needs. Must seek assistance from Minnehaha County Human Services first for financial help.

Inter-Lakes Community Action Partnership (ICAP)

505 N. Western Avenue

334-2808

Assists with weatherization, heat bills (when available), and rent / deposit to persons eligible for permanent housing.

Low Income Energy Assistance Program (LIEAP)

(800) 233-8503

Assists with heating costs: propane and fuel oil July 1 through April 30; electric and gas October 1 to May 15.

Minnehaha County Human Services

521 N. Main Avenue, Suite 201

367-4217

Eligibility based assistance with rent and deposits, utility bills, IDs, food and non-food items, dental and medical care, prescriptions, and burials.

Salvation Army, The

800 N. Cliff Avenue

338-6649

Emergency assistance with rent (to prevent eviction) and utilities (disconnection notices only, not deposits). Also provides emergency assistance with food, prescriptions, and work tools/special shoes with employment verification. Must seek assistance from Minnehaha County Human Services first.

St. Vincent de Paul Society

431 N. Cliff Avenue

338-4111

Provides assistance with rent, utilities, and in some other areas. Diapers may be available to walk-in clients.

FOOD

Banquet, The

900 E. 8th Street

335-7066

Provides a prepared meal for persons who are homeless, traveling through, or in need of long-term supplemental food help. Meal served: 7:00am – 8:00am and 6:00pm - 7:30pm, Monday – Friday; 11:30am - 12:30pm, Saturday.

Banquet West, The

Nordstrom-Johnson Building, 100 N. Lyon Boulevard

Meal served: 6:00pm – 7:30pm, Tuesday and Wednesday

Bishop Dudley Hospitality House

101 N. Indiana Avenue

809-8424

Lunch served: 11:30am, Monday – Friday.

Economic Assistance & SNAP - DSS

811 E. 10th Street, Department 41

367-5444 Ext. 1

Supplemental food program that enables eligible households to obtain a more nutritious diet.

Faith Temple Food Giveaway

Nordstrom-Johnson Building, 100 N. Lyon Boulevard

332-2303

4:00pm, most Fridays, offers free food to anyone 18 years of age or older with no restriction on who or how many times.

First Christian Church

524 W. 13th Street

338-9474

Meal Served: 6:00pm – 7:00pm, Friday

Help at your Fingertips...

Dial: 2•1•1

Food Pantry – Feeding South Dakota 4701 N. Westport Avenue 335-6921
Provides 3-5 day supply of food, once every 90 days per household, bring photo ID and proof of current physical address

Food To You - Mobile Food Pantry 336-3597
Mobile food pantry that may be utilized once a month, no referral needed. Sites rotate each week; call for information.

Meals on Wheels 2300 W. 46th Street 333-3305
Congregate meal 11:30am – 12:45pm, Monday - Friday, call for information on alternative locations and times. Home delivered meals available for those who are eligible. Suggested donation \$3.75 age 60 and over, \$6.50 under age 60.

Nightwatch Canteen – First United Methodist Church 401 S. Spring Avenue 336-3652
4:45pm - 5:15pm, Sunday: Raven parking lot C, on 6th Street
5:30pm - 6:00pm, Sunday: First United Methodist Church (west parking lot), 12th and Spring

Sallie's Table – Salvation Army, The 800 N. Cliff Avenue 338-6649
Weekend meal served 5:30pm – 6:30pm, Saturday and Sunday

Union Gospel Mission 701 E. 8th Street 334-6732
Breakfast: 6:15am, lunch: 12:00pm, and 8:00pm Chapel with meal served immediately after. Every day and open to all.

Women, Infants, and Children (WIC) 1200 N. West Avenue 367-5228
Provides assistance for pregnant, breastfeeding, and post-partum women and also children up to 5 years of age.
Participants must meet income guidelines.

HEALTH

Alpha Center 801 E. 41st Street 361-3500
Free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals. Available 24-hours a day.

Avera Medical Group Health Care Clinic 300 N. Dakota Avenue, Suite 117 322-6800
Urgent Care 5:30pm – 7:00pm, 1st and 3rd Tuesdays
Coyote Clinic, Urgent Care 5:30pm – 7:00pm, 2nd and 4th Tuesdays
Provides primary health care. Accepts most insurance, Medicare, Medicaid, and people with no insurance.

Avera McKennan Hospital 1325 S. Cliff Avenue 322-8000
Full service hospital with 24-hour emergency care.
Avera Ask-A-Nurse 322-6877
Avera Urgent Care 1035 S. Highline Place 322-2945
Avera Urgent Care 6000 W. 41st Street 362-8544

Birthright Bishop Dudley Hospitality House, 101 N. Indiana Avenue 809-8409
Provides free pregnancy testing, crisis pregnancy lay counseling and 24-hour hotline service at (800) 550-4900.

Destiny Outreach After Hours Acute Care 225 E. 11th Street, 2nd Floor 951-8158
Walk-in acute care for uninsured individuals of all ages. 6:00pm – 8:30pm, Thursday.

Falls Community Health 521 N. Main Avenue, Suite 100 Medical Clinic: 367-8793
Dental Clinic: 367-8022

A sliding scale fee family practice medical clinic with four locations and a dental clinic with emphasis on health promotion and disease prevention, mental health counseling, psychiatry services, and pharmacy assistance to clinic clients.

Sanford Health Midtown Clinic 1205 S. Grange Avenue, MB2, Suite 301 312-8350
Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.

Sanford Hospital 1305 W. 18th Street 333-1000
Full service hospital with 24-hour emergency care.

My Sanford Nurse 333-4444
Sanford Acute Care 26th & Sycamore, 41st & Sertoma, and 69th & Minnesota 332-2883
Sanford Walk-in Clinic 900 E. 54th Street N. 332-2883

Sioux Falls VA Medical Center 2501 W. 22nd Street 336-3230
Provides health care services, 24-hour emergency care, and benefits for veterans.

South Dakota Urban Indian Health 711 N. Lake Avenue 339-0420
 Provides full primary health care services and is a primary care provider for Medicaid. Provides medical and dental transports for Native American clients only, prefer a 24-hour notice but are available for emergency transports.

USD Dental Clinic 521 N. Main Avenue, Suite 202 367-8046
 The clinic provides most dental care including exams, x-rays, cleanings, fillings and extractions, and night guards.

HOUSING AND RELATED ASSISTANCE

Berakhah House - VOA 400 N. Western Avenue 332-4017
 Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure, and respectful environment designed to enhance individual growth, employment options, finance, and housing opportunities.

Glory House 4000 S. West Avenue 988-9100
 Transitional alcohol and drug treatment facility serving men and women. Most individuals served are referred by the correctional system or by primary inpatient treatment centers. Outpatient services available.

Heartland House - ICAP 505 N. Western Avenue 334-2808
 Transitional housing and security deposit for eligible persons for permanent housing.

Housing Resource Center – Lutheran Social Services (LSS) 701 E. 41st Street, Suite 100 330-9494
 Consumer Credit Counselors help individuals, couples, and families with budgeting, foreclosure prevention, and provides information for renters on rights and responsibilities, delinquent rent, tax credit referrals, and fair housing.

National Call Center for Homeless Veterans (877) 424-3838
 Veterans hotline that ensures that homeless veterans or veterans at-risk for homelessness have access to trained counselors 24 hours a day / 7 days a week, at no cost.

Safe Home 320 W. 3rd Street 367-7441
 Provides permanent housing to persistently homeless adults (over 21) who have severe alcohol issues.

Sioux Falls Fair Housing – City of Sioux Falls 235 W. 10th Street 978-6564
 A resource that can answer questions regarding possible discrimination in housing because of race, color, national origin, religion, gender, familial status (families with children), and / or disability.

Sioux Falls Housing 630 S. Minnesota Avenue 332-0704
 Various programs to assist eligible households with their rent. Assistance based on household income and size.

South Dakota Housing Search www.sdhousingsearch.com (877) 428-8844
 SDHousingSearch.com is a housing locator, listing everything from apartments to single-family units.

Supportive Services for Veterans Families (SSVF) 390-4210 or 390-6380
 A program of the Cornerstone Rescue Mission. Provides outreach to veterans, case management, help applying for Department of Veterans Affairs assistance and other benefits, help connecting veterans with other community resources and services, and financial assistance to secure or preserve housing.

Transition in Place Program - VOA 1113 E. 14th Street 274-1540
 The Per Diem program works to house eligible veterans in community-based housing. Upon completion of the program, veterans will assume the lease and this will become their permanent housing. Services provided include: assistance with rent, furniture, utilities, food, and coordination with community resources.

Transitional Housing - Salvation Army, The 1017 N. Sherman Avenue 338-6649
 Case management and residential housing unit for men, primarily veterans, who struggled with homelessness.

VFW National Home for Children (800) 313-4200
 Families who need a fresh start can live in the safe and peaceful environment of the VFW National Home for Children campus community for 1-4 years and benefit from numerous community supports including professional case management services, on-site licensed child care, life skills training, tutoring, and other educational services, as well as recreational and community service opportunities.

MENTAL HEALTH / SUBSTANCE ABUSE

**Sioux Falls Mental Health Guide
12 Step Programs (AA, NA, GA, AI-Anon)**

www.helplinecenter.org

Dial 2•1•1 or 339-4357
Dial 2•1•1 or 339-4357

Arch Halfway House

516 W. 12th Street

332-6730

Carroll Institute's transitional home that responds to the needs of chemically dependent men.

Catholic Family Services

523 N. Duluth Avenue

988-3775

Counselors are trained to deal with any issue in a variety of ways and strive to empower adults, children, couples and families to find solutions to issues in a Christian atmosphere. Psychological testing and assessments are also available.

Changes & Choices Recovery Center

310 S. 1st Avenue, Suite 100

332-9257

Carroll Institute's residential recovery program for women which provides a secure drug-free place of residence, daily nutrition, 24-hour staff, counseling, employment assistance, individual treatment plans, relapse prevention, life skills, stress management, spirituality, anger management, corrective thinking, financial responsibility, and parenting.

Face It TOGETHER Sioux Falls

5020 S. Tennis Lane, Suite 4

274-2262

Community addiction management organization dedicated to helping individuals and family members get well from the disease of addiction to drugs and alcohol and to raising community awareness surrounding the disease.

Heuermann Counseling Clinic

2210 W. Brown Place

336-1974

Free counseling service that is staffed by volunteer, credentialed, licensed, and experienced therapists who provide short-term counseling for uninsured people who are having temporary difficulties.

Minnehaha County Detox Center

Public Safety Building, 500 N. Minnesota Avenue

367-5297

Provides a safe place for detoxification from alcohol and other drugs with 24-hour structure and support. Services available to those who are incapacitated by alcohol or drugs or who are pregnant and abusing alcohol or drugs.

Sioux Falls Vet Center

3200 W. 49th Street

330-4552

Provides a broad range of counseling, outreach, job search, benefits, basic needs, and referral services to veterans and their families in order to help veterans make a satisfying post-war readjustment to civilian life. All services are free and confidential.

South Dakota QuitLine

(866) 737-8487

Provides tobacco users telephone coaching support and quit-tobacco products at no-cost.

Southeastern Behavioral HealthCare

100 W. 5th Street
2000 S. Summit Avenue

336-0503
336-0510

Community Support Services offers treatment and rehabilitation to people with a mental illness. Counseling and Children's Services has outpatient counseling, psychiatry, and psychological services.

Volunteers Of America (VOA)

1310 W. 51st Street

334-1414

LifeMarks Behavioral Health - VOA

Sliding fee scale. Clinicians trained in assessments, individual and group counseling, mediation, and crisis intervention.

Heisler Chemical Dependency Treatment - VOA

Substance use evaluations and chemical dependency residential, outpatient, and aftercare available.

SHELTERS

Bishop Dudley Hospitality House

101 N. Indiana Avenue

809-8424

Emergency shelter program with separate sleeping areas for 80 men, 20 women, and 7 families. Drop-in center providing laundry, showers, phone usage, personal hygiene kits, and assistance with job and housing searches.

Children's Inn

409 N. Western Avenue
24-Hour toll-free Crisis Line:

338-4880
(888) 378-7398

Emergency shelter and crisis intervention program for victims of domestic abuse, sexual assault, stalking, and child abuse & neglect. Services include: shelter, crisis intervention, counseling, case management, support groups, court advocacy, medical outreach, and parenting classes.

Help at your Fingertips...

Dial: 2•1•1

St. Francis House 1301 E. Austin Street 334-3879
Provides shelter, clothes, bus passes, and food for as many as 16 men, 23 women, and 7 families on any given night. Three meals a day and case management is offered.

Union Gospel Mission 701 E. 8th Street 334-6732
Temporary shelter for homeless men, women, and children. 70 beds for males, 48 beds for females / children. Serves breakfast at 6:15am, lunch at 12:00pm, and at 8:00pm is Chapel with meal served immediately after. Available every day and open to all. Offers spiritual counseling, clothing, and youth programs.

TRANSPORTATION

Calvary Episcopal Cathedral 500 S. Main Avenue 336-3486
Offers limited gas assistance. Please call ahead to ensure eligibility and availability of assistance.

Pass-It-On Program Various locations 367-4217
Sponsored by the City of Sioux Falls and administered by Minnehaha County Human Services. Provides citizens of our community that may be experiencing financial hardships with public transportation by distributing bus passes at no cost.

Project C.A.R. 332-2777
Provides safe transportation for elderly riders going to specific sponsor activities such as church, some volunteer activities, etc. Sponsoring churches are First Congregational, First Lutheran, Our Savior's Lutheran, St. John American Lutheran, St. Mark's Lutheran, and Asbury United Methodist.

Sioux Falls VA Transportation Services – DAV 336-3230 Ext. 6551
Free transportation for veterans to the local VA Medical Center and clinics for those within Sioux Falls and the surrounding communities. Shared ride program runs 8:00am – 3:00pm, Monday - Friday.

Sioux Area Metro (SAM) Bus Stop: 120 E. 11th Street 367-7151
Public transportation serving Sioux Falls. Transit service is available on most routes from 5:45am – 8:45pm, Monday - Friday and from 7:45am to 6:45pm, Saturday. Daily, weekly, and monthly passes are available. Fares: \$1.50 Single Ride, \$.75 for children ages 6 – 10, seniors and disabled individuals may apply for eligibility cards for half price fare, and veterans ride for free with identification.

Paratransit - SAM 367-7613
Curb-to-curb transportation for individuals who are unable to use the fixed-route system because of a disability. Service is provided within a defined Paratransit service area.

Sioux Empire Wheels to Work 941-4318
Assists single parent families who are in the process of becoming independent wage earners and who have a transportation issue which cannot be address with public transportation.

Sioux Falls Immunization Coalition Dial 2-1-1
Provides transportation for parents and children to/from appointments for immunizations.

Workers on Wheels (WOW) 230 W. 46th Street 333-3317
Provides elderly community members with planned transportation (10 day advanced notice needed) for medical appointments and grocery shopping.

Veteran Membership Organizations

American Legion 1701 W. Legion Drive 336-3470
Provides veterans a place for volunteer service and social, emotional, and financial support for members of the United States Armed Forces, veterans, and their dependents.

Disabled American Veterans 1519 W. 51st Street 332-6866
Mission: service and advocacy on behalf of the men and women who put their lives on the line to ensure our safety, to protect our freedoms and cherished way of life.

Paralyzed Veterans of America 209 N. Garfield Avenue 336-0494
Provides various programs for catastrophically disabled veterans and other people with disabilities.

Help at your Fingertips...

Dial: 2•1•1

Sioux Falls Veterans Council

Meeting location: 3601 S. Minnesota Avenue

254-6382

This group represents all veterans' organizations and helps to coordinate events sponsored by veteran's groups including Memorial Day, Veterans Day, Armed Forces Day, and the Michael J. Fitzmaurice Museum at the VA Main Building. Meets monthly at 7:00pm on the 3rd Thursday.

Veterans of Foreign Wars

3601 S. Minnesota Avenue

338-0869

Fosters camaraderie among United States veterans of overseas conflicts. Advocates on the behalf of all veterans. Helps veterans and their families, supports youth activities, and also does many community service projects.

Vietnam Veterans of America

1519 W. 51st Street

830-2011

VVA is an independent self-governing membership organization. Every member makes Vietnam veteran's voices stronger in Congress, Federal agencies, and in state and local governments - anywhere decisions are made about the rights and benefits of veterans.

