2006 SPRING ADULT PROGRAMS REGISTRATION FORM

RUTHERFORD RECREATION DEPARTMENT

176 Park Avenue RUTHERFORD, NJ 07070 (201) 460-3015 FAX#: (201) 460-3018

NAME:	
ADDRESS:	
PHONE (Home): PHONE (Cell):	
EMERGENCY CONTACT:EMERGEN (The emergency contact should be the name of a person able to be reached during	CY PHONE #
Please Check:	ng the program)
Program	Fee
Pilates: Tuesdays, $8:15 - 9:15$ pm	\$85.00
Pilates: Thursdays, 8:15 – 9:15 pm	\$85.00
Pilates: Saturdays, 12:00 – 1:00 pm	\$85.00
Beginner's Yoga : Mondays, 6:15 – 7:15 pm	\$85.00
Beginner's Yoga Wednesdays, 6:15 – 7:15 pm	\$85.00
Beginner's Yoga Wednesdays, 7:45 – 8:45 pm	\$85.00
Beginner's Yoga Sundays, 9:30 – 10:30 am	\$85.00
Intermediate Yoga: Wednesdays, 9:15 – 10:30 am	\$85.00
Intermediate Yoga: Thursdays, 6:45 – 8:00 pm	\$85.00
Intermediate Yoga: Saturdays, 10:30 – 11:45 am	\$85.00
Prenatal Yoga: Saturdays, 9:00 – 10:00 am	\$85.00
Mommy n' Me: 6 – 18 months, Saturdays, 12:00 – 12:45 pm	\$75.00
Mommy n' Me: 6 – 18 months, Tuesdays, 11:30 – 12:15 pm	\$75.00
Mommy n' Me: 18 months – 3 years, Saturdays, 12:45 – 1:30pr	
Mommy n' Me: 18 months - 3 years, Tuesdays, 12:15 – 1:00pr	n \$75.00
New Mom's Class: 3months – 18 months, Saturdays, 3:00-3:45	pm \$75.00
Lower Body /Pilates on the Ball: Saturdays, 3:45 – 4:30 pm	\$45.00
Belly Dancing: Wednesdays, 7:30 – 8:30 pm	\$85.00
TOTAL PROGRAMS TOTAL AMOUNT DU	E:

LIST ANY MEDICAL RESTRICTIONS AND/OR ALLERGIES:

I HEREBY CERTIFY THAT MY CHILD IS IN SOUND PHYSICAL CONDITION TO PARTICIPATE IN THE ABOVE RUTHERFORD RECREATION PROGRAMS: