



2010 DSSMC Buddy Walk®

Saturday, October 9 – Hank Aaron Stadium



# BUDDY WALK TEAM MEMBER SIGN UP SHEET

(Duplicate form as needed)

Team Captain \_\_\_\_\_

Team Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Instructions:** This form can be used instead of the Registration Form on the brochure. All participants must sign the signature of waiver statement. If the participant is under the age of 18, the parent or guardian's signature is required. A \$12 donation guarantees you a T-shirt if completed by the deadline.

NAME	T-shirt size	ADDRESS (CITY, STATE, ZIP)	TELEPHONE	E-MAIL	Signature of <b>waiver statement</b> (bottom of page)

**WAIVER OF LIABILITY:** In consideration of me and/or my minor children being permitted to participate in the Buddy Walk, I hereby - for myself, my heirs and personal representatives - assume any and all risks, which might be associated with this event. I further waive, release, discharge and covenant not to sue DSSMC, Hank Aaron Stadium or the City of Mobile, their sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kinds whatsoever suffered by myself and or child as a result of taking part in the events and any related activities. I also authorize the use by Down Syndrome Society of Mobile County of any photo, film, or videotape taken of me or my minor child(ren) for any purpose.



**Down Syndrome Society of Mobile County Buddy Walk**  
**Saturday, October 9, 2010 – 10 am**  
**Hank Aaron Stadium**  
**Mobile, AL**

## **Team Captain Commitment Form**

*Please sign me up to be a Team Captain!*

NAME: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ ALTERNATE PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

### **So that we may serve you better, please tell us a little bit about yourself:**

- THIS IS MY \_\_\_\_\_ YEAR PARTICIPATING IN THE *BUDDY WALK*®.
- I HOPE TO RECRUIT A TEAM OF \_\_\_\_\_ MEMBERS.
- MY GOAL IS TO RAISE \$ \_\_\_\_\_ FOR DOWN SYNDROME.
- MY INSPIRATION: \_\_\_\_\_.
- I WANT TO RECEIVE INFO BY E-MAIL \_\_\_\_\_ OR MAIL \_\_\_\_\_

Please send this form in as soon as you have decided to put together a team. You can now register on-line at [www.syssolutions.com/fr/dssmc/2010buddywalk](http://www.syssolutions.com/fr/dssmc/2010buddywalk). By using this site you will be able to create your own fundraising page and share your site via Facebook and e-mail.

### **Mail or fax your Team Captain Commitment Form to:**

DSSMC  
c/o GWES Child Development Center  
10 Westminster Way  
Mobile, AL 36608  
FAX: (251) 344-6322





**Down Syndrome Society of Mobile County Buddy Walk**  
**Saturday, October 9, 2010 – 10 am**  
**Hank Aaron Stadium**  
**Mobile, AL**

Dear Buddy Walk® Team Captain:

*Imagine a world in which all members, including those with Down syndrome, are accepted, are valued for their uniqueness, are respected for their abilities and contributions, and are assured the opportunity and choice to create their own path to fulfillment and success.*

Thank you for becoming a Team Captain for the Down Syndrome Society of Mobile County Buddy Walk. The walk is scheduled for Saturday, October 9<sup>th</sup> at the Hank Aaron Stadium. The Buddy Walk was developed by the National Down Syndrome Society (NDSS) in 1995 to celebrate Down Syndrome Awareness Month in October. The Buddy Walk is a one-mile Walk in which anyone can participate without special training. The Buddy Walk has three primary goals: promote acceptance and inclusion of people with Down syndrome; raise funds locally and nationally for advocacy and public awareness programs; and enhance the position of the Down syndrome community, enabling us to positively influence local and national policy and practice.

The Down Syndrome Society of Mobile County is made up of volunteer parents and it is a non-profit organization that helps provide programs and support at no cost to persons with Down syndrome and their families. We would like to provide more educational services and resources to educators, medical professionals in Mobile county and surrounding areas. With your help, the money raised in our Buddy Walk would make our intentions possible.

Enclosed are the tools to help you as a Team Captain. All forms are available on our website [www.dssmc.org](http://www.dssmc.org). Please complete the attached Team Captain Commitment Form and fax or mail as soon as possible. The deadline for returning all donations is **October 1st by 4 p.m.**

You can now register on-line at [www.syssolutions.com/fr/dssmc/2010buddywalk](http://www.syssolutions.com/fr/dssmc/2010buddywalk). By using this site you will be able to create your own fundraising page and share your site via Facebook and e-mail.

Thank you so much for supporting this event and our efforts to raise necessary funding, which will continue to help us to provide the programs and services to support the mission and intensions of the Down Syndrome Society of Mobile County.

If you need any additional information, please contact Dora Harding at (251) 776-6861 or e-mail [dora@dssmc.org](mailto:dora@dssmc.org)

Sincerely,

Dora Harding  
President and Buddy Walk Coordinator  
Down Syndrome Society of Mobile County  
c/o GWES Child Development Center  
10 Westminster Way  
Mobile, AL 36695  
Fax: (251) 344-6322



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**BUDDY WALK FACT SHEET**

**What:**

The Buddy Walk was developed by the National Down Syndrome Society in 1995 to bring together a wide range of concerned individuals to reach out to friends, family and co-workers to promote awareness and inclusion for people with Down syndrome and to raise funds for local and national education, research and advocacy programs. This is the 3<sup>rd</sup> annual walk for the Down Syndrome Society of Mobile County.

**Where:**

Hank Aaron Stadium in Mobile, AL.

**When:**

Throughout the month of October, National Down Syndrome Awareness Month, more than 275 Buddy Walks will occur throughout the United States.

Our Buddy Walk® is on **Saturday, October 9<sup>th</sup> at 10:00 a.m.** Registration starts at 9:00 a.m.

**Who:**

Children, young adults and adults with Down syndrome, family members, friends, healthcare professionals, corporate teams and members of the community – bring a wagon, a stroller and your dog. All are welcome!

**Why:**

Have lots of fun while raising money for a good cause! The Buddy Walk® is a one-mile walk in which anyone can participate without special training. After the walk, you and your family will enjoy entertainment for everyone, including live music, clowns, face painting, games for all ages, food, and more! Stay afterwards for the Cole Brothers Circus show at 1:30 p.m.