### Career Competency Portfolio

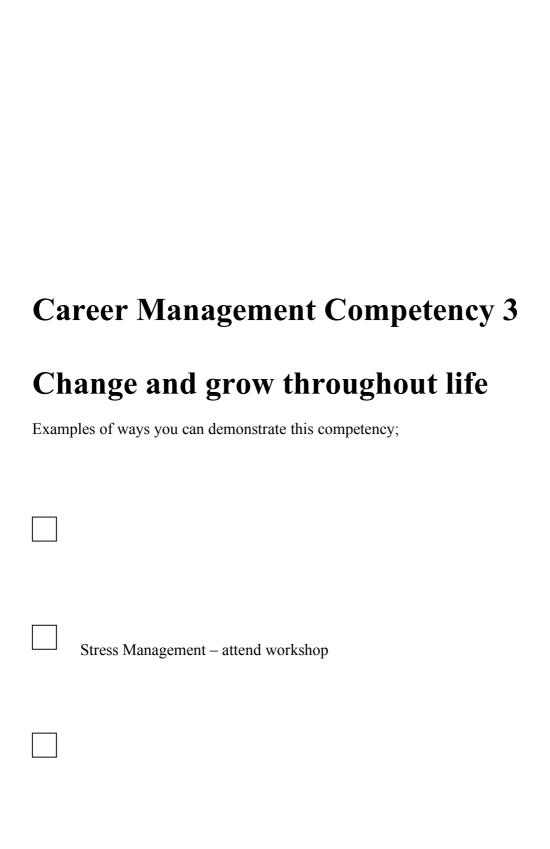
Year \_\_\_\_

NAME \_\_\_\_\_

# Build and maintain a positive self concept

### Interact positively and effectively with others

Exam	ples of ways you can demonstrate this competency;
	Example of working collaboratively with others
	Example of helping others in a volunteer situation Within school (colours award) In the community Through an organisation (a certificate of thanks)
	Example of expressing personal feelings and ideas e.g. Year 11 English – report on public speaking



# Participate in lifelong learning supportive of career goals

Examples of ways you can demonstrate this competency;

Having a learning plan  Example of course selection and course counselling Learning style test Multiple intelligence test
Demonstrate goal setting strategies  Mentor lessons Pathways to empowerment unit
Understanding transferable skills- examples of following from various class tasks:  Communication Team work Problem solving Self Management Planning and organising Technology Initiative and Enterprise Enthusiasm for learning

### Locate and effectively use career information.

Examples of ways you can demonstrate this competency;

MyFuture Job guide

Investigating work conditions e.g. SWL Worksafe module and certificate Subject outcomes — e.g Explore career opportunities in Food Industry Explore career opportunities in Textile, Clothing Industry Explore career opportunities in Community and Child services
Accessing reliable information e.g. University visits TAFE visits Careers Expo
Use computer/ library resources to investigate career choices  o JigCal o Career One

### Understand the relationship between work, society and the economy

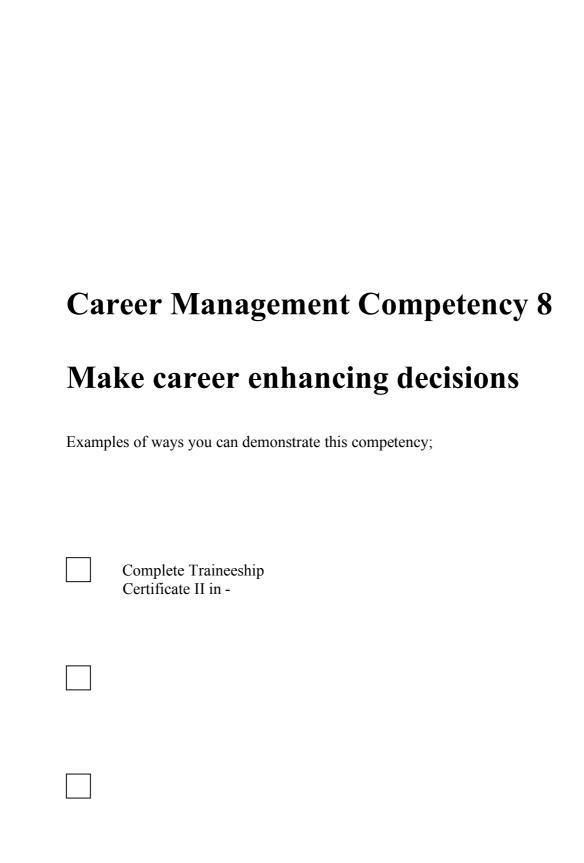
Lampics of	ways you can	demonstrate t	ms competen	cy,	

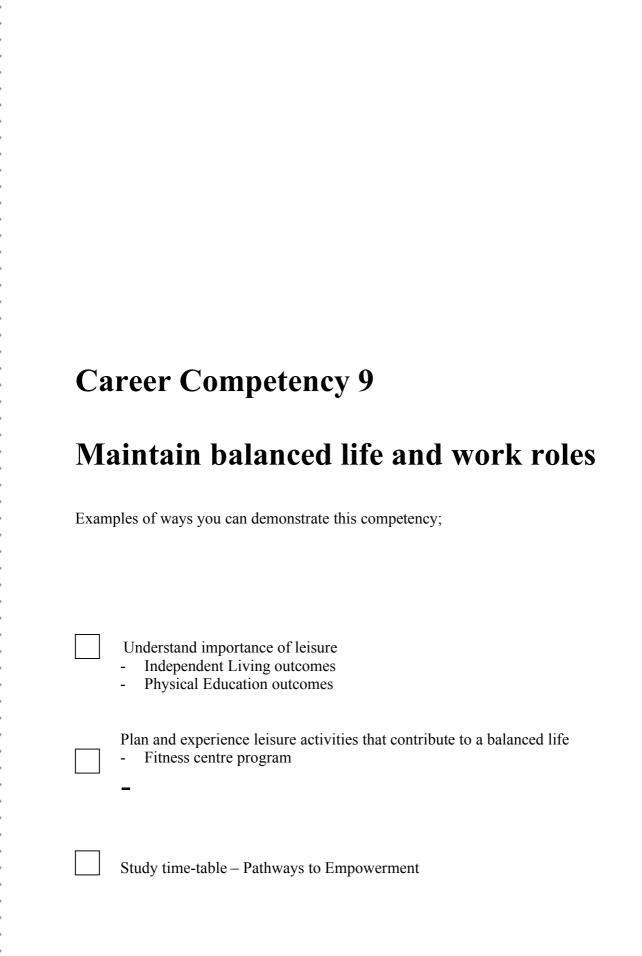
Attend SWL induction



#### Secure/create and maintain work

Exan	nples of ways you can demonstrate this competency;
	Demonstrate the skills, knowledge and attitudes necessary for a successful work interview e.g. SWL interview
	Engage in work opportunity - SWL placement - Paid part-time job - Unpaid work experience
	Volunteer





Car	
	reer Management Competency 10
Un	reer Management Competency 10 derstand the changing nature of lif l work roles
Une and	derstand the changing nature of lif
Une and	derstand the changing nature of lif I work roles
Une and	derstand the changing nature of lif I work roles
Un and	derstand the changing nature of lift work roles  les of ways you can demonstrate this competency;

## Understand, engage in and manage the career building process

Examp	oles of ways you can demonstrate this competency;
	Create and Maintain Career Portfolio
	Update resume
	Destination survey

### AREA A

### PERSONAL MANAGEMENT

### AREA B

# LEARNING AND WORK EXPLORATION

# AREA C CAREER BUILDING