



# FEBRUARY NEWSLETTER

## Welcome to the AAC, Please read...

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### SPECIAL POINTS OF INTEREST:

- Lunch & Trivia
- Chocolates & Piano
- Art Classes beginning in Jan.
- Life Line Screening
- Texas Hold 'em
- Drama Club
- Lecture with Jim Zoeller
- Valentine Dance at the Community Center
- Ping Pong
- Movie Day

Our monthly newsletters with trip information will be available for pick-up the 1<sup>st</sup> Tuesday of each month by 10am. Monthly Newsletters will be mailed to AGAC members only but for our center members you may pick yours up and we will also email them to you. Please make sure we have a current email address for you. The first day to sign up for trips for the upcoming month will be on the **Monday** following.

*The date to register for March will be Monday, Feb. 9*

You may register for the whole month by using a credit card, exact cash, or check made payable to the City of Alpharetta for the day trips.

#### \*PLEASE NOTE:

Some trips require payment in advance. Please be sure to include payment when signing up for these trips. Unless we have a tour scheduled, the bus can wait on you for 10 min. with notice!

#### TRIP POLICIES

*Trip fees will be processed through the City of Alpharetta. You may pay by check, exact cash, or credit card.*

*Advance payment trips will have a \$5.00 processing fee if cancelled.*

*Refunds will be issued from the City. If the trip is cancelled by us, then no \$5 processing fee will apply.*

*Trips with prepaid tickets are non-refundable unless a replacement is found.*



Isn't this the cutest little girl ever?  
Who is it?

## 2015 AARP INCOME TAX PREPARATIONS & DRIVER'S SAFETY

**AARP DRIVER'S SAFETY COURSES FOR 2015**  
Wed. March 18  
Wed. July 29  
Wed. Oct. 28  
9:30am-4pm

**\$15 for AARP Members**  
**\$20 Non Members**  
**You may post date your checks. To make a reservation, we do need your payment.**

**AARP INCOME TAX PREPARATIONS WILL BEGIN MON. FEB 2**

**Times are as follows:**  
**Please call to make an appt.**  
**Mon., Wed., & Sat.**  
**9am-2pm**

## MONDAY'S ACTIVITIES/PROGRAMS



Fun cookie swap event in Dec.

Thanks for participating and good job Dawna!

**Art - Drawing class,**  
Starts in Jan—Feb.  
Tues. Jan 6-Feb. 10  
\$60, 10am

**Lunch & Trivia!**  
12:30pm  
Wed, Feb, 25, \$10 per person.  
Pre-registration is required. The fee includes lunch.

Senior Tennis @ 8:30-11:30am

Yoga, 8:50-9:50am

Woodshop, 10am-2pm (times vary)

Contract Open Bridge, 10am-3pm. If interested, please call Lynn Gray, 770-844-2033.

Tai Chi, 10-11am

Stained Glass, 10am—12noon

Exercise with Instructor or video, 11am-12pm.

Ceramics, 11am-3pm

Mah-Jongg, 12:30-4pm

Pickleball is so fun!

Drop-In at Wills Park  
Tuesdays, & Thursdays  
9am-12pm.

It's a combination of badminton, tennis, and table tennis.

## TUESDAY'S ACTIVITIES/PROGRAMS

Nellie's Nuggets"  
Stained Glass, 10am-2pm

Woodshop, 10am-2pm (times vary)

Pinochle, 10am-3:30pm

AGAC monthly member meeting, 10am, 2/3  
Lunch out at O'Charley's  
[You may pick up your March newsletter on 2/3.](#)

[1st day of registration for March will be Mon. 2/9.](#)

AGAC covered dish luncheon, 2/17, 11:30am. Please bring non perishable items to donate to NFCC.

[Deadline to reserve for this luncheon is Fri. 2/13.](#)

Last Tuesday Bingo! 2/24, 10am-11:30am, \$1 per person and bring a snack to share. Prizes for bingo will be provided.

Social Bridge, 12:30 – 3:00pm

Jim Zoeller presentation, Ideas that changed the world! 1pm, refreshments provided.

Ceramics, 1:30 & 5-8pm

## WEDNESDAY'S ACTIVITIES/PROGRAMS

Senior Tennis—8:30-11:30am

Yoga, 8:50-9:50am

Tai Chi, 10-11am

Ceramics, 10am-2pm

Woodshop, 10am-2pm, times vary

Exercise with instructor or video, 11am-12pm

Knit & crochet for charity, 1-3pm

Art Painting, Jan. 7-Feb. 11, \$60, 10am

Drama Club  
2/11, 1:30pm



Texas Hold 'em,  
**Wednesdays**  
10am-12noon.



**Art-Painting Class**  
Jan—Feb  
Jan. 7-Feb. 11  
\$60, 10am

## THURSDAY'S ACTIVITIES/PROGRAMS

Stained Glass, 10am-12noon

Woodshop, 10am-2pm  
(times vary)



2nd Thursday of every month, "Friendship Club" covered dish luncheon, 10am.

Contract Open Bridge, 10am-3pm. If interested, call Aileen Gaynor, 770-670-1699

Mexican Train, a dominos game, 10am-4pm.

Writing your Memoirs, Jan 8-Feb. 12, \$60, 10am

Mansell House Book Club Thursday, 2/12 10:30am. This month's book is Whiteout by Ken Follett.



Writing your Memoirs  
Jan-Feb  
Jan. 8-Feb. 12, \$60, 10am

## FRIDAY'S ACTIVITIES/PROGRAMS

Senior tennis, 8:30-11:30am

Yoga, 8:50-9:50am

Ceramics, 10am-3pm

"Nellie's Nuggets" Stained Glass, 10am-2pm

Tai Chi, 10-11am

Exercise with instructor or video, 11am-12pm

Board games such as Rummikub, 12:30-2:30pm. Any questions, call Alice Forlini at 770-754-1001.

Sit back, relax and be read to!

Read along with Linda Southard. You choose the book each month and read until the end. 1-2pm



AARP Income Tax Preparations

Mon, Wed. Sat. 9am-2pm  
Appointments are required

## MORE NEWS/SPECIAL EVENTS!

### Saturdays

Pinochle, 12:30-4pm

**Zumba Gold (Adult Fitness exercise)**, 8:15-9:15 \$25.00, Alpharetta-Milton Resident, \$37.50 Non-Resident, 4 Classes per session.

Fit for the young at heart! Get active with great people at the dance party workout that moves at your pace. This fitness program lets you move to the beat of your own speed.

Life Line Screening, Sat. Feb. 14, 9-2pm.

Call 1-800-324-9458 to pre-register.

Save a life!

Flyers located in the lobby area.



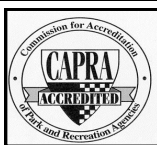
**Helen Nichols can do anything!**

## Alpharetta Adult Activity Center

13450 Cogburn Rd.  
Alpharetta, GA 30004

Phone: 678-297-6140  
Fax: 678-297-6141  
E-mail: [activeadults@alpharetta.ga.us](mailto:activeadults@alpharetta.ga.us)

We're on the web!  
[www.alpharetta.ga.us/recreation](http://www.alpharetta.ga.us/recreation)



### Alpharetta Adult Activity Center Staff:

**Dixie Pounds, Center Supervisor**

**Kevin McDonald—Recreation Coordinator**

**Mary Cooke, Administrative Assistant 1**

**Eddie Jayo, Facility Technician**

**Part Time Staff includes: Jeannie Goodwin, Lillian Mote, Janet Cheshire, Charlie Smiley, Jim & Christine Zoeller, Linda Southard, and Dawna Williamson**

### 2015 AGAC BOARD OF DIRECTORS

Lewis Lay—President

Angie Rheault—Vice-President

Becky Friction—Secretary

Alice Forlini—Treasurer

Anna Reach—Assistant Treasurer

### **Members at Large:**

Carol Dockery—Past President

Tom Eiswerth

Annette Jeffries

Selma Merbaum

Barbara Danner

Peggy Lemons

Irene Sweely

Hospitality Committee:

Dot Shadrack, Doris Massey

Membership Committee:

Barbara Kohler, Agnes Mitchell

Alpharetta Adult Activity Center at North Park  
| 13450 Cogburn Rd.  
Alpharetta, GA 30004



## FEBRUARY INFORMATION

Alpharetta Adult Activity Center at North Park 678-297-6140

**\*Requires payment upon registration**

Mon., Feb. 2                    **AARP Income Tax Preparations** begin! Mondays, Wednesdays, and Saturdays until Monday, April 13. 9am-2pm. Appointments only!

Tues., Feb. 3                    **AGAC Membership Meeting**, 10:00 am, Lunch out at O'Charley's. The speaker will be Kathy Cook from City of Alpharetta Special Events to come and speak about the new City Hall and what is planned for 2015.

Wed., Feb. 4                    **Texas Hold 'Em Poker** (Every Wed. in Feb. a 4 week session)  
10am-12noon. Ken Sugarman will be the facilitator so come play or learn to play, we will teach you.  
It's a lot of fun.

Fri., Feb 6                    **Shop at Ikea in Atlantic Station.** We will leave at 9:30am and most likely eat lunch at Ikea as well. The cost is \$6 + lunch and we should return around 3pm. You may pay by credit card, check to City of Alpharetta or exact cash.

Mon. Feb. 9                    **Gamble at Harrah's Casino in Cherokee, NC.** Leave at 7am and return around 7pm. The cost is \$40 and get a \$25 voucher in return. Bring picture ID and make checks payable to It's My Turn Travels.

Tues. Feb. 10                    **Ideas that Changed the World Presentation, with Jim Zoeller.** This will begin at 1pm and last about an hour. Refreshments will be provided.

Wed. Feb. 11                    **Columbus Confederate Naval Museum and the Fort Benning Infantry Museum** (approx. 2 hrs. away). The trip will leave at 7:30am and plan on leaving the Columbus area around 3:30pm. The cost is \$20 per person + lunch out will be at Minnie's Uptown Restaurant.

Wed. Feb. 11                    **Drama Club** 1:30 new Participants are welcome. Come see what it's about.

Thurs. Feb. 12                    **Festival of Camellias at Massee Gardens**, (at least 1 ½ hours away), leaving at 8:30am. The total cost is \$22 and will include a box lunch at the gardens. Camellia Gardens Massee Lane Gardens has one of the world's finest collections of camellias. We hope to return by 5pm or sooner depending on Traffic. You may pay by credit card, check to City of Alpharetta or exact cash.



February 13, 2014      **“CHOCOLATES AND PIANO”**, performed by Tatyana Trask. The private concert will begin at 1:30pm. We will include delicious chocolates for your enjoyment! Bring your sweetie for this romantic performance! ☺

Sat. Feb. 14      **Lifeline Screening, a preventive Health Screening.** As usual twice a year we provide this program which is lifesaving! The screenings include Stroke/Carotid Artery, Heart Rhythm, Abdominal Aortic Aneurysm, Peripheral Arterial Disease, and Osteoporosis Screenings.  
Call 1-800-324-9458 for an appointment and cost. For or information, flyers are located in our lobby area

Tues. Feb. 17      **AGAC LUNCHEON**, 11:30 Bring a covered dish to share.

Wed. Feb. 18      **Movie Day presents Dolphin Tale 2**, 1:30pm; the caretakers of a wounded dolphin must help her before they lose her to another facility. Harry Connick, Jr., Ashley Judd, Kris Kristofferson, Morgan Freeman, Nathan Gamble are featured. We will provide drink and popcorn.

Fri. Feb. 20      **Let's Go Bowling!** The destination will either be Roswell Lanes or Stars & Strikes in Cumming, we have yet to determine at this time. We will leave at 9am and the cost is \$10 + food. If this becomes a popular day trip, we will add each month. We will bowl a couple of hours and head home. You may pay by credit card, check to City of Alpharetta or exact cash.

Sat. Feb. 21      **Quilting Bee**, 9:30-12:00 Join us if you want to learn to quilt, want someone to quilt with you or need help quilting. Everyone is welcome!

Sun. Feb. 22      **World Premiere of “TUCK EVERLASTING” at the Alliance Theater**, leaving at 1:30pm. A young girl dreaming of adventure meets a family with a fascinating secret. Their chance encounter will change them all forever. Take an exhilarating journey you'll never forget in this new musical about everlasting love, never-ending life, and discovering what it means to truly feel alive. Beloved by generations of readers, the best-selling, award-winning novel by Natalie Babbitt, *Tuck Everlasting*, comes to life on stage in a wholly original production, directed and choreographed by Tony Award winner Casey Nicholaw, \$55, no meal out. You may pay by credit card, check to City of Alpharetta or exact cash.

Mon. Feb 23      **Delta Flight Museum Guided Tour**, leaving at 9:30am and is located around the airport, \$33 includes buffet lunch at the Historic Green Manor Restaurant where you step back in to time to the “Gone with the Wind Era”. Be sure and try the peach punch! This trip will be limited to 25 people total. Get a up-close look at historic aircraft dating back to the 1920's, interactive exhibits, and artifacts. You may pay by credit card, check to City of Alpharetta or exact cash.

Tues. Feb. 24      **Last Tuesday Bingo called by Kevin** 10-11:30am, \$1 per person and prizes provided.

Wed. Feb. 25      **Trivia and Lunch!** 12:30-2:30pm, \$10 per person and box lunch is included. This is played in teams, which are the people sitting at your table. Good for your mind and a lot of fun! Your choice of sandwich from Lenny's Deli will be Chicken or Tuna Salad, Ham, Turkey & Bacon, or Roast Beef & Cheese Sub. Please give us your preference when reserving. You may pay by credit card, check to City of Alpharetta or exact cash.

Thurs. Feb. 26      **HIKING CLUB**, Destination is TBD. Leave at 8:30am and bring a sack lunch. You will be notified of the destination by Jim Wohlford before the hike date. You may pay by credit card, check to City of Alpharetta or exact cash.


**Please be aware that the above day trips, programs, special events are subject to cancellation/and or change due to the possibility of inclement weather.**



# FEBRUARY REGISTRATION FORM

**Alpharetta Adult Activity Center**

**678-297-6140**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>AARP Income Tax preparation, Mon. Wed. Sat. 9am-2pm. Call for appointment.</b>	3 AGAC Member Meeting, 10am. Lunch out at O'Charley's	4 <u>AARP Income Tax</u> Texas Hold-em, 10am-12noon, every Wed. (playing and teaching)  Ping Pong, 1pm every Wednesday	5	6 Shop Ikea in Atlantic Station, leave at 9:30am, \$6 + lunch	7
8	9 Harrah's to gamble in Cherokee, NC, leave at 7am, \$40 and bring a picture ID	10 <i>Ideas That Changed the World</i> presentation by Jim Zoeller! 1pm, refreshments provided.	11 Columbus Confederate Naval Museum and the Fort Benning Infantry Museum, leave at 7:30am, \$20 + lunch out <i>Drama Club 1:30pm</i>	12 *Festival of Camellias, leave at 8:30am, \$22 includes box lunch.	13 Chocolates and Piano! A concert performance by our own Tatyana Trask, 1:30pm	14  Lifeline Screening here. Call 1-800-324-9458 to pre-register.
15	16	17 AGAC Covered Dish Luncheon, 11:30am. Bring a dish to share for 6-8 people	18 Texas Hold-em, 10am-12noon  Ping Pong, 1pm  Movie Day, 1:30pm, <i>Dolphin Tale 2</i>	19	20 Let's Go Bowling, destination is TBD. (Either Roswell or Cumming). Leave at 9am, \$10 + lunch	21 Quilting Bee, 9:30am-12noon
22 *Alliance Theater presents <i>Tuck Everlasting</i> , leave at 1:30pm, \$55	23 LIMIT 25 Guided Delta Flight Museum Tour, leave at 9:30am, \$33 includes buffet lunch at Green Manor Restaurant	24 Last Tuesday Bingo, 10-11:30am. Called by Kevin McDonald, \$1 per person	25 Texas Hold-em, <u>10am-12noon</u> Ping Pong, 1pm  <i>Trivia and Lunch! 12:30pm, \$10</i>	26 Hiking Club day trip, leave at 8:30am. Bring a sack lunch.	27	28

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

Pd by credit card# \_\_\_\_\_ Exp: \_\_\_\_\_

Cash: \$ \_\_\_\_\_ Cvc Code: \_\_\_\_\_

Check#: \_\_\_\_\_ Employee Initials: \_\_\_\_\_