

Registration (Skating School Winter 2016, Jan. 30 - Mar. 5)

PLEASE PRINT:

SKATER'S NAME: _____

BIRTHDATE: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PARENT/GUARDIAN: _____

HOME PHONE: _____ CELL: _____

EMAIL: _____

SU ID # OR ALUMNI #: _____ GRAD YEAR: _____

EMERGENCY CONTACT: _____

EMERGENCY CONTACT PHONE: _____

PACKAGE SELECTION (CHECK ONE):

- Tots Pre-Alpha Ice Dance
- Alpha Adult Beta
- Gamma Delta Freestyle I-V



Assumption of Risk Form Must Be Signed By Parent: All

participants in programs and opportunities provided by the Tenuity Ice Skating Pavilion at Syracuse University are exposed to the possibility of physical injury due to the nature of these activities. Each participant accepts the risk and responsibility as their own by choosing to participate in these activities. By so participating, each participant waives and releases any and all rights and claims for damages that the participant or his/her heirs or successors may have against Syracuse University or its personnel arising out of or resulting from the participant's participation in the Tenuity Ice Skating Pavilion's programs and opportunities. *Please note that photographs taken by Tenuity employees may be used in future brochures and flyers.*

SIGNATURE: _____ DATE: _____

PAYMENT

\$40 \$55 \$60 OTHER AMT. \$ _____ CASH CHECK # _____

CREDIT CARD: VISA MC

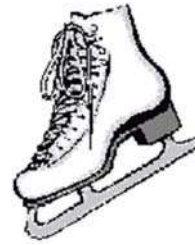
NAME ON CARD: _____ EXP. DATE: _____

SIGNATURE: _____ DATE: _____

OFFICE USE ONLY DROP OFF FAX MAIL-IN DATE: _____

TOTAL \$ _____ RECEIPT # _____ EMPLOYEE INITIALS: _____

Tenuity Ice Skating Pavilion



SU Skating School



Winter 2016

Saturdays: 10:00am - 12:00pm

Jan. 30th - Mar. 5th

Classes: Jan. 30; Feb. 6, 13, 20, 27; Mar. 5

Class Reminder!

Jot Down the Day & Time You Have Selected

Name: _____

Level: _____

Class Time: _____

Class Day: _____

Mail, Fax or Drop Off Enrollment

Tenuity Ice Skating Pavilion

Attn: Skating School

511 Skytop Rd.

Syracuse, NY 13244



Questions about our program? Please contact the Program

Director, Jordan Peters at

315-443-4273 or jepete02@syr.edu Attn: Skating School

Getting Started

General Info:

- * Ice skating is a great way to stay physically fit and have fun! The Skating School program follows the curriculum of the Ice Skating Institute (ISI). The schedule includes classes for all skill levels, ages 3 through adult.
- * All ice skating classes are 30 minutes and include free skate rental.
- * Payment is due by the first session. Cost varies by the number of sessions.
- * **Refunds and pro-rating are not available.**

Before Class:

What to wear?

- * Dress warmly, but allow for freedom of movement.
- * Mittens or gloves are recommended.
- * Helmets are strongly recommended for all skaters, especially those six years of age and under. Bicycle helmets are permitted.
- * Make sure skates are securely tied. Laces should be snug through the ankle area.

Classes:

Where to meet?

- * Skaters are to meet their instructors at the entrance to the main ice.

During Class

- * Only lesson participants and instructors are allowed on the ice.
- * Parents are asked to watch from the bleachers.
- * Parents are asked to not stand in the area by the doors to the main ice.
- * Parents are not permitted to stand in the player's benches.
- * Parents should not pick up skaters and carry them with their skates on!

Evaluations/Testing

- * Skaters are evaluated by their instructors on the last day of class. The instructors will inform the student and/or parent if the student completed the level. *Please note:* Some skill levels may require more than one session to master. It's not unusual for skaters to repeat a class two or more times. Skills taught build upon each other, and to move a skater up before they master a skill only makes skating more difficult.

Skating School Levels and Costs

SKATING CLASS FEES: \$40 for SU students, \$55 season pass holders; \$60 for other eligible users. \$10 discount for 2nd family member.

LESSON DATES: Jan. 30, Feb. 6, 13, 20, 27, Mar. 5

TOTS I, II, III, IV* (ages 3-5)

Sat. 10:00 - 10:30am

Instruction with learning to fall and recover correctly. Balance and self confidence are stressed. A beginner who has never skated belongs in Tot I.

GAMMA (Advanced)

Sat. 10:40am - 11:10am

Mohawks (left and right), outside 3 turns, hockey stops, and beginning waltz jumps are taught.

PRE-ALPHA

Sat. 10:00 - 10:30am

For the skater with some basic knowledge of skating. One and two-foot glide, forward and backward swizzles, and backward wiggles are taught.

DELTA (Pre-Freestyle)

Sat. 11:20 - 11:50am

Inside 3 turns, forward outside and inside edges, lunge, shoot-the-duck, and bunny hops are taught.

ALPHA (Basic)

Sat. 10:00 - 10:30am

For the skater who has passed Pre-Alpha or has done some crossovers (left and right). Snow plow stop, beginning forward spiral, and two-foot spins are taught.

FREESTYLE I-V

Sat. 11:20 - 11:50am

For the skater who has passed Delta. Beginning jumps and spins are taught.

ADULT

Sat. 10:40 - 11:10am

Adults only. Adult I is for the beginner. Adult II is for the skater with some basic knowledge of skating.

GROUP ICE DANCE

Sat. 11:20-11:50am

For the skater (all ages) who is at least at the Gamma level. Learn the basics of ice dancing; steps, patterns, timing, etc.

*Helmets are highly recommended for tots and kids beginner.

BETA (Intermediate)

Sat. 10:40 - 11:10am

For the skater who has passed Alpha or has beginning knowledge of backward connecting skating. Backward skating, backward crossovers (left and right), and T-stops are taught.

THE SPRING SKATING EXHIBITION WILL BE HELD AT A TIME AND DATE TBD NEAR THE END OF THE SPRING SESSION

Private Instruction

Private lessons are available through the professional instructors at Ten-nity. Please contact the Skating School coordinator, Jordan Peters at jepete02@syr.edu for more information.

