

**WELLINGTON PTO Winter/Spring 2009
AFTER SCHOOL ENRICHMENT PROGRAM**

We are very excited to be able to offer another great program and we hope we have something for everyone. Scholarships are available. These classes run for eight weeks and will start the week of **January 26**

Completed applications that are received by December 19 will be given equal consideration for class placement and will be chosen by lottery method. Parents will receive a confirmation by January 9 if space is available.

PLEASE: Each course registration requires a **separate registration form** and a **separate check**. For example, if you have two children each taking two classes, you need to fill out four forms and write out four checks; each stapled to the appropriate form. We realize this may be a bit more work for you, but through trial and error we have discovered this is the only way registration can go smoothly, as we have hundreds of forms to process. There are two registration forms with this packet and extra forms can be downloaded from the Wellington PTO website.

Make checks for each course payable to the Wellington PTO for the amount specified in the course description. Staple the check to the registration.

Enrollment fees will be returned if class is canceled due to insufficient enrollment or if the class is full and your child did not get in. Otherwise, your check is nonrefundable.

NOTE: If your child is taking a class with a friend please list the child's name on the registration form. Also, if your child did not get into a class last year, please note this on the registration form.

It is the child's responsibility to report to class. If you have a young child, you may want to escort him/her there until he/she is comfortable doing so on his/her own. Aftercare students proceed first to aftercare and, after signing in, will be directed to his or her enrichment activity. If school is canceled or released early due to snow, there will be no after school class and the class will be made up at the end of the course.

Students will be dismissed from the program's classrooms. All classes run from 2:40 to 3:40. If the child is being picked up, it is critical that he is picked up on time. We have a wonderful monitor, Elizabeth, who takes the safety of every child seriously and waits with a child until a parent comes. Please read the registration form carefully regarding pickup, as you must indicate how he or she is to be dismissed.

Participation in the after school enrichment program is a privilege, and is dependant upon the good behavior of all students. If your child is unable to behave in an appropriate manner, he/she will be dropped from the class following the second incident. Refunds will only be made if we are able to replace your child in the class. All decisions are final and are made at the full discretion of the enrichment staff.

Contact Diane Carson at (617) 489-5677 (e-mail dcarson123@aol.com)

Or Denise Madden at (617) 489-7478 (e-mail paul_madden@msn.com)

AFTER SCHOOL COURSE DESCRIPTION
Winter/Spring 2009

MONDAY

JOIN "THE WELLINGTON DRAMA CLUB" (GRADES 3-4)

This class is designed for new and returning students

Dates: Jan 26, Feb 2, Feb 9, Feb 23, Mar 2, Mar 9, Mar 16, Mar 23

Place: Cafeteria Stage

Fee: \$69

Maximum class size: 10

Instructor: Mrs. Nicolson (a.k.a. Mrs. Nic) is a Belmont resident, who teaches and tutors children, ages 7 – 12.

Mrs. Nic. has produced and directed these skits and plays: "The Phantom Tollbooth," "Charlie and the Chocolate Factory," "Wormhole in the Grand Canyon," "Discovering DNA of Mummies," "Lion, Witch, and the Wardrobe," and "The Pumpkin Drop."

Description: If you want to :

- *** Have fun with pantomime and mirror acting
- *** Improvise lines and actions for skits
- *** Contribute your own ideas for a play
- *** Have fun creating a short, original play
- *** Perform for an audience,

Then you need to join the "Wellington Drama Club!"

CREATIVE MOVEMENT (K-2)

Dates: Jan 26, Feb 2, Feb 9, Feb 23, Mar 2, Mar 9, Mar 16, Mar 23

Place: Lower IMC

Fee: \$64

Instructor: Erica Sigal has taught creative movement for over 12 years to children and families around greater Boston - in classrooms, community centers, libraries and outdoors- and has training in teaching children's dance from Seattle's Creative Dance Center, Tufts University and the University of Utah.

Maximum class size: 10

Description: Girls and boys will use their bodies, senses and creativity to explore the exciting world of movement. Elements including space, time, energy, shape and rhythm will build skills such as balance, coordination, spatial awareness, cooperation and attention span, all increasing self-esteem. The children will learn through individual, pair and group exercises. Creativity will spring from props, pictures, poems, stories, music and rhythm instruments. Suggested attire is comfortable clothing and socks. Returning students are welcome.

MONDAY

SPAGHETTI STORIES (GRADES K-1)

Dates Jan 26, Feb 2, Feb 9, Feb 23, Mar 23, Mar 30 (Six Weeks Only)

Place: Lower Level Kitchen (next to art room)

Fee: \$58

Maximum class size: 8

Instructor: Ann Marie Cook, has a B.S. in Education from Wheelock College, and fourteen years teaching experience. Her classes are always very popular.

Description: Each week children will share a fun story and cook a recipe(s) that relates to its theme and/or characters. Some favorites in the past have been If You Give A Mouse A Cookie (by Laura Joffe Numeroff), Pancake, Pancakes! (by Eric Carle), Cloudy With a Chance of Meatballs (by Judy Barrett) and many more! The finale is traditionally Strega Nona (by Tomie de Paola) and everyone makes their own homemade pasta. Come join us for great books and a good time preparing food! Please note: for the safety of the children, no heating elements will be used to prepare food. Preference will be given to students who did not have an opportunity to join this class in the fall.

KARATE (GRADES 2-4)

Dates Jan 26, Feb 2, Feb 9, Feb 23, Mar 2, Mar 9, Mar 16, Mar 23

Place: Orchard Street Lobby

Fee: \$73

Maximum class size: 8

Instructor: Robert Lynn, 8th Degree Black Belt and Owner of Bob Lynn's Kenpo Karate in Waltham, has been a favorite instructor in our After School Enrichment Program for many years.

Description: This course in martial arts methods develops coordination, self-control, discipline and a positive attitude. Classes will also focus on student safety and handling strange situations with confidence. Girls and boys participating in this fun class are asked to wear loose fitting pants and shirts. All students will receive a T-shirt and a certificate of completion. Returning students are welcome.

MONDAY

Mad Science® of Greater Boston (Grades 2-4)

Dates Jan 26, Feb 2, Feb 9, Feb 23, Mar 2, Mar 9, Mar 16, Mar 23

Place: Science Room 209

Instructor: Cosmic Carol from Mad Science of Greater Boston

Fee: \$85

Maximum class size: 12

COURSE: Join the Mad Science hands-on science fun. We're crazy about science...and hope you are too! In this program, we'll have a blast exploring science and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, inquiry-based discussions, and amazing projects to make and take home. We'll join Bernoulli and Newton as we take an exciting look at the science behind aerodynamics and the properties of air ... under pressure; eliminate the mystery in chemistry; take a tour on the electron freeway in the world of circuit electricity; and experience some awesome forces ... gravity ... inertia ... centripetal force...for ourselves. We'll also learn about water waves and the environment; explore the scientific secrets behind some famous magic tricks; investigate the fundamental principles of flight; and discover the strengths of triangles, cylinders and arches and how these shapes make for sturdy homes and skyscrapers.

TUESDAY

SCRAPBOOKING (GRADES 3-4)

Dates: Jan 27, Feb 3, Feb 10, Feb 24, Mar 3, Mar 10, Mar 17, Mar 24

Place: Ms. Sullivan's room 108

Fee: \$69

Maximum class size: 8

Instructor: Courtney Sullivan is a third grade teacher and is enjoying her second year teaching at the Wellington School

Description: Learn how to display family photos in a fun and creative way! Each child will get their own scrapbook and have the opportunity to come up with imaginative designs to compliment their photos from home. Returning students are very welcome.

TUESDAY

INTRODUCTION TO KEYBOARDING (GRADES 2-4)

Dates: Jan 27, Feb 3, Feb 10, Feb 24, Mar 3, Mar 10, Mar 17, Mar 24

Place: Wellington Computer Room 208

Fee: \$60

Instructor: Jennifer Calden is an occupational therapist at Wellington, Burbank and Chenery.

Description: This keyboarding class will allow students to become more familiar with the basic functions of typing. It is designed to help students learn how to use the keyboard in a fun and interactive way. Students will learn the skills of touch typing using a program called "Type to Learn". Whether you're a typing expert or just a "hunt & peck" beginner, the interactive exercises in this typing program automatically adjust to your skill level. The better you get, the more challenging the typing exercises become. This is a great class for all students who love to use the computer.

Mad Science® of Greater Boston (Grades K-1)

Dates: Jan 27, Feb 3, Feb 10, Feb 24, Mar 3, Mar 10, Mar 17, Mar 24

Place: Science Room 209

Instructor: Cosmic Carol from Mad Science of Greater Boston

Fee: \$85

Maximum class size: 12

COURSE: Join the Mad Science hands-on science fun. We're crazy about science...and hope you are too! In this program, we'll have a blast exploring science and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, inquiry-based discussions, and amazing projects to make and take home. We'll join Bernoulli and Newton as we take an exciting look at the science behind aerodynamics and the properties of air ... under pressure; eliminate the mystery in chemistry; take a tour on the electron freeway in the world of circuit electricity; and experience some awesome forces ... gravity ... inertia ... centripetal force...for ourselves. We'll also learn about water waves and the environment; explore the scientific secrets behind some famous magic tricks; investigate the fundamental principles of flight; and discover the strengths of triangles, cylinders and arches and how these shapes make for sturdy homes and skyscrapers.

TUESDAY

FUN WITH SPANISH (GRADES K-2)

Dates: Jan 27, Feb 3, Feb 10, Feb 24, Mar 3, Mar 10, Mar 17, Mar 24

Place: Room 207

Fee: \$69

Maximum class size: 8

Instructor: Alexa Murray is a fourth grade teacher. She enjoys traveling and is eager to share her enthusiasm for the Spanish language and culture.

Description: Beginner's Spanish will allow younger students to acquaint themselves with Spanish vocabulary and expressions, such as days of the week, months, greetings, and numbers. Students will also explore Spanish culture by studying foods, arts, and traditions. Lessons incorporate hands-on activities and games. Returning students will be able to revise what they already know as well as adding to their knowledge.

THURSDAY

THURSDAY'S "THE SECRET LIFE OF ANIMALS" (GRADE 3-4)

This class is designed for new and returning students

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Lower Level Kitchen

Fee: \$69

Maximum class size: 8

Instructor: Mrs. Nicolson (a.k.a. Mrs. Nic) is a resident of Belmont and biology teacher in elementary schools and private classes. Her students have found baby lobsters and taken care of many lizards. She knows all about inventions inspired by the hairs on geckos' toes.

Description: Join Mrs. Nic, if you want to...

- *** Learn animals' secrets and problems of adaptation and survival
- *** Do experiments with CO₂ and bio-inspired inventions
- *** Hold live geckos
- *** Use and keep some "Rip Wrap" (gecko tape)
- *** Contribute your knowledge and drawings to www.eol.org (The Encyclopedia of Life)
- *** Choose your favorite animal to research, sketch, and paint

*** Do advanced investigations for returning students

THURSDAY

DRAMABEES: CREATIVE DRAMA FOR YOUNG CHILDREN (Grades 1-2)

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Lower IMC

Fee: \$69

Maximum class size: 12

Instructor: Jessica Endres, a professional aide at Wellington, has a Bachelor's degree from Wheelock College where she studied elementary education and theatre arts. She has experience working with children of all ages at the Wheelock Family Theatre.

Description: Budding "dramabees" will be introduced to the world of theatre through creative drama activities. By using stories, music and movement, students will stretch their imaginations and strengthen many valuable skills- spatial awareness, problem solving, cooperation, self confidence, creativity, communication skills and concentration. Comfortable clothing is suggested.

KARATE (GRADES K-1)

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Orchard Street Lobby

Fee: \$73

Maximum class size: 8

Instructor: Robert Lynn, 8th Degree Black Belt and Owner of Bob Lynn's Kenpo Karate in Waltham, has been a favorite instructor in our After School Enrichment Program for many years.

Description: This course in martial arts methods develops coordination, self-control, discipline and a positive attitude. Classes will also focus on student safety and handling strange situations with confidence. Girls and boys participating in this fun class are asked to wear loose fitting pants and shirts. All students will receive a T-shirt and a certificate of completion. Returning students are welcome!

THURSDAY

YOGA DANCE/YOGA THEATRE (Grades 2-4)

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Library

Fee: \$65

Maximum Class Size: 10

Instructor: Mary Jo Peterman, RYT, is a certified yoga instructor at the 500 hour level with specific training in teaching children's yoga. Find out more about Mary Jo and her yoga classes at www.familyyoga.us.

Description: This creative class will allow your child to learn yoga as expressed through Dance and/or Theatre. At the first class we decide as a group whether we want to put on a "Yoga Play" or create a "Yoga Dance" or both during our classes together. Every class (except our performance class) will give the kids resting time, yoga posture time, and we will work on the play and/or dance. The last class will be the performance class and parents are encouraged to attend with cameras and/or videos of course. Your child will learn basic yoga postures, breath work, relaxation techniques, teamwork, cooperation, and some modern, jazz, &/or ballet dance moves during the classes as we prepare for our performance at the end.

MASS AUDUBON PRESENTS: Outdoor Adventure

Dates Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Lower IMC

Instructor: Chadine Ford from Mass. Audubon Habitat

Fee: \$82

Maximum class size: 10

Description: Outdoor Adventure

What's happening outside in the winter? Each week we will search the school-yard to check on the plants and animals. We will look for animal tracks, and make some human tracks. We will check on the trees and other plants to see how they are surviving the winter; watch for signs of animals, go on a scavenger hunt, play games and read stories as we find out what special adaptations allow organisms to survive in winter. As winter turns to spring, we'll watch for changes that signal it's arrival and look for birds, insects and other signs that tell of warmer weather ahead.

Dress for the weather. We will go outside each week.

THURSDAY

TAI CHI (Grades 3-4)

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Room 206

Fee: \$60

Maximum class size: 10

Instructor: Mr. Tenhor is a fourth grade teacher at Wellington. He has been practicing the art of Tai Chi for over sixteen years.

Description: Tai Chi is a relaxing, meditative exercise that promotes a healthy mind and body. It gently stretches and strengthens your body, improves balance and coordination, and promotes mental focus and concentration. It's fun, easy to learn (although difficult to master), and can be practiced alone or with a group. New and continuing students are welcome.

FUN WITH SPANISH (GRADES 3-4)

Dates: Jan 29, Feb 5, Feb 12, Feb 26, March 5, March 12, March 19, March 26

Place: Room 207

Fee: \$69

Maximum class size: 8

Instructor: Alexa Murray is a fourth grade teacher. She enjoys traveling and is eager to share her enthusiasm for the Spanish language and culture.

Description: Students will acquaint themselves with Spanish vocabulary and expressions, such as days of the week, months, greetings, and numbers. Students will also explore Spanish culture by studying foods, arts, and traditions. Lessons incorporate hands-on activities and games. Returning students will be able to revise what they already know as well as adding to their knowledge.

FRIDAY

SCRAPBOOKING (GRADES K-2)

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Ms. Sullivan's room 108

Fee: \$69

Maximum class size: 8

Instructor: Courtney Sullivan is a third grade teacher and is enjoying her second year teaching at the Wellington School

Description: Learn how to display family photos in a fun and creative way! Each child will get their own scrapbook and have the opportunity to come up with imaginative designs to compliment their photos from home. Returning students are welcome.

YOGA MOVES (GRADES K-2)

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Library

Fee: \$65

Maximum class size: 10

Instructor: Mary Jo Peterman, RYT, is a certified yoga instructor at the 500 hour level with specific training in teaching children's yoga. Find out more about Mary Jo and her yoga classes at www.familyyoga.us.

Description: Your child will learn basic yoga postures, breath work, and relaxation techniques. We will play with yoga postures and explore fun movement through games, partner postures, and some fun yoga dance moves. Some child meditation will be introduced depending on class dynamics. Some anatomy and yoga history may be explored based on class dynamic. We create a firm foundation for alignment, groundedness, balance, and breath, to increase strength, flexibility, coordination, and posture. They will also see how they can use their yoga practice to assist in their daily active lives relating how yoga can help studies and school, sports, dance, etc. The instructor will provide yoga mats, blankets, & scarves.

FRIDAY

ADVANCED CARD GAMES

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Room 111

Fee: \$61

Maximum class size: 10

Instructor: Laurie Carlson is a second grade teacher at Wellington. She has also taught fourth grade for the past 18 years at Wellington.

Description: Students will be introduced to various games of strategy and reasoning such as Hearts, Spades, Elimination, Cribbage, Gin, Gin Rummy, Mancala and Get Your Neighbor. Students will have the opportunity to play games alone, with partners and in large groups. A range of choices will be available at all sessions.

CARTOONING (GRADES 3 AND 4)

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Art Classroom

Fee: \$68

Maximum class size: 12

Instructor: Ms. Kalajian is the art specialist at Wellington.

Description: Move over Bugs Bunny, Dick Tracy and Spiderman! This cartooning class gives students the opportunity to use their creative powers to develop characters of their very own. Exciting projects include: Face Fillers, Clever Critters, The 1-cell puzzle, the inanimate object and Wellington Super Heroes. Come to class prepared to draw and definitely prepared to laugh! Returning students are welcome.

FRIDAY

CHESS (GRADES 3-4)

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Room 206

Fee: \$56

Maximum class size: 10

Instructor: Steven Tenhor is a fourth grade teacher at Wellington and is an enthusiastic chess player!

Description: Have fun and exercise your brain. Chess is an ancient game of defense and attack and has been called the game of kings. Learn chess strategy and tactics and play in friendly competitions with students on your level. Beginners and experienced players welcome.

FRIDAY'S "THE SECRET LIFE OF ANIMALS" (GRADE 3-4)

This class is designed for new and returning students.

Dates: Jan 30, Feb 6, Feb 13, Feb 27, Mar 6, Mar 13, Mar 20, Mar 27

Place: Lower Level Kitchen

Fee: \$69

Maximum class size: 8

Instructor: Mrs. Nicolson (a.k.a. Mrs. Nic) is a resident of Belmont and biology teacher in elementary schools and private classes. Her students have found baby lobsters and taken care of many lizards. She knows all about inventions inspired by the hairs on geckos' toes.

Description: Join Mrs. Nic, if you want to...

- *** Learn animals' secrets and problems of adaptation and survival
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- *** Hold live geckos
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- *** Contribute your knowledge and drawings to www.eol.org (The Encyclopedia of Life)
- *** Choose your favorite animal to research, sketch, and paint
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AFTER SCHOOL ENRICHMENT PROGRAM REGISTRATION FORM

Winter/Spring 2009

Please complete a separate form for each child and each class. Staple a check (payable to Wellington PTO) for the amount indicated in the course description to the completed form(s). More forms can be downloaded from the Wellington PTO website.

Course Name: _____

Student's Name: _____ Grade _____ Teacher _____

Contact Name: _____

Contact Number: _____

Email where we can send you important notices: _____

Check here if you wish to be considered for a scholarship through the PTO. _____
(Do not enclose a check if you do wish to be considered)

I understand that my child is responsible for reporting to class. After class my child will:

_____ be picked up promptly by _____
_____ walk home (I understand that there are no crossing guards on duty)
_____ return to the Wellington AfterCare program. All children must report to AfterCare before going to Enrichment classes and must get themselves back to AfterCare. (AfterCare permission slips will be forwarded to parents along with course acceptance letters. You must fill out and return this form to participate.)

APPROVAL FOR PARTICIPATION IN THE AFTER SCHOOL ENRICHMENT PROGRAM:

I give permission for my child to participate in this program. I understand that the PTO is not responsible for making sure that my child reports to class or for making sure that my child gets home.

I also understand that the Belmont School Department does not honor claims for a medical or dental expense incurred as a result of any injury and suggests the use of school or family insurance for this purpose. The School Department and those in charge of the After School Enrichment Program have my permission to act in case of any emergency if I cannot be reached.

By signing this form, you hereby release and discharge the Wellington PTO, any of its employees, and all volunteers from any and all actions, causes of action, claims or any liabilities whatsoever on account of or in any way related to or arising out of participation in the Afterschool Enrichment Program.

I understand that good behavior is mandatory for participation in After School Enrichment courses, and that I may lose my tuition fee if my child is removed from the class for poor behavior.

Parent or Guardian Signature: _____ Date: _____

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By signing this form, you hereby release and discharge the Wellington PTO, any of its employees, and all volunteers from any and all actions, causes of action, claims or any liabilities whatsoever on account of or in any way related to or arising out of participation in the After School Enrichment Program.

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