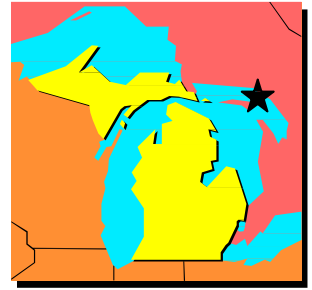


**NOTE: U.S. citizens returning home from Canada, Mexico, the Caribbean or Bermuda, by land or sea, are required to present one of the travel documents listed below.**

**U.S. Passport –** This is an internationally recognized travel document that verifies a person's identity and nationality. It is accepted for travel by air, land and sea.

**U.S. Passport Card –** This is a new, limited-use travel document that fits in your wallet and costs less than a U.S. Passport. It is only valid for travel by land and sea.

**The only exception to this requirement is for U.S. citizens under the age of 16 (or under 19, if traveling with a school, religious, or other youth group) who need only present a birth certificate (original, photocopy or certified copy), Consular Report of Birth Abroad, or naturalization certificate.**



## **Explorers**

This exciting canoe trip in Killarney Provincial Park (deep in the Canadian wilderness - east of Sault Saint Marie) will challenge young women for two weeks. It is an area of unblemished woods for backcountry camping, with cool crisp rivers and lake waters for canoeing. Staff carry satellite phones in case of emergency.

### **Essential items**

Pillow, pillowcase, sheets and blankets for cabin beds  
Toiletries  
Towels and washcloths  
Plenty of socks and underwear  
Shorts and t-shirts  
Jeans or sweatpants  
Wool or wool blend sweater or fleece or sweatshirt  
Bathing suit(s) (nylon is best)  
Sandals, Water shoes, Texas, chacos or flip flops  
Laundry bag  
Sunglasses, sunscreen and Chap Stick  
Bug spray (bring what you are use to!)  
\* Water bottle  
Comfortable sneakers  
\* Flashlight (small and light with new batteries)  
White shirt and shorts/pants for chapel service  
Footlocker, trunk or suitcase for the above

### **Optional Items**

Camera and two rolls of film  
A good book or journal  
Photographs of family and friends  
Musical Instrument  
Preaddressed and pre-stamped envelopes and cards

### **DO NOT BRING**

- Radios or MP3 players (iPods)
- Large knives or pocket knives or weapons
- Gum, food, snacks or candy
- Cell Phones/electronic games/computers
- Teen magazines/comics
- No pets or animals
- No personal vehicles
- Personal sports equipment must be checked in with the camp.

### **Information regarding Clothing:**

Campers need to pack for two weeks. There are NO laundry facilities for campers at camp. Four-week campers will go to a coin-operated Laundromat.

Old and sturdy clothing is best for camp; as it will get rough wear. Clothing for both warm and cold weather conditions is necessary since weather can, and often does, change quickly. The number of articles will vary with each individual. Adult supervision in packing will guarantee needed items get packed.

**Please mark all articles of clothing  
and belongings  
with your daughter's name or initials.**

***Please turn over for the trip packing list.***

*This list is detailed and specific for the Explorer trip.*

*For your safety and comfort, it is extremely important that you adhere strictly to this list.*

### **Essential Trip needs**

Current passport to enter Canada

1 Shorts and 2 t-shirts (Quick dry shorts are best)

1 long johns or warm pants (fleece or leggings will work - not cotton or jeans)

1 lightweight long pants (for sun protection)

Rain coat and rain pants (IMPORTANT)

1 long sleeve shirt (for cooler days and nights)

Fleece or wool sweater (Fleece is good because it dries fast and keeps you warm, even while damp. Cotton sweatshirts will not be allowed.)

Sandals, Water shoes, Tevas, or chacos

Old pair of sneakers for portaging

\* Wool hat

Sun hat or bandana (protect your head against the sun)

Sunscreen and chap stick – at least SPF 30

Sunglasses – to reduce the glare off the lakes

Pack towel or small towel

Compression sleeping bag (needs to be compressed so it fits into a river bag and rated 30 degrees or less)

Sleeping mat / thermarest

Camp pillow (if you want)

Mess kit (bowl with high sides that can be used as a cup as well)

\* Two water bottles. (Nalgene brand is good)

Zip lock bags (for personal items)

2 Bungee cords

2 carabiners (To hang items off your pack)

headlamp

\* Available in the camp store

### **Camp provides**

- Transportation to and from the Provincial Park
- Canoes, paddles and lifejackets
- All trip food
- Group camping equipment (tents, stoves, fuel etc)
- Camping Permits
- Waterproof or River bags
- Physical preparation before departing on the trip including a shakedown and canoe instruction.

### **HORSE BACK RIDERS**

Explorers may sign up for 3 or 6 lessons (see enclosed sign up sheet) Please pack:

- Boots with a heel
- Jeans or breeches
- Riding helmet (we do rent riding helmets for a one time \$5 fee)

We have prepared for you an information page titled **“Everything about your child's Hayo-Went-Ha tripping experience that you wanted to know - but were afraid to ask.”** For all the answers - please read this information that was prepared by Dave Foley, one of our dedicated alumni. It can be located on the camp web site – Go to the “check it out” section and click on “forms for parents” – it is located towards the bottom of this page. Be sure to read our Leave No Trace information sheet also.