

# Clothing Measurement Form

For detailed measurement instructions, see previous web page

Please complete this form and return with the personal information form to 2833 Woodstock Cadet Building (576 Brant St.) on any Wednesday evening between 1830 hrs and 2130 hrs.

Cadet Surname

Given Names

Male       Female

**All measurements are taken in inches**

1 - Head Circumference

2 - Neck Circumference

3 - Chest Circumference

4 - Waist Circumference

5 - Hip Circumference

7 - Shoe Size

Height without shoes

19    20    21    22    23    24    25

1/4    1/2    3/4

12    13    14    15    16    17    18

1/2

20    30    40    50

1    2    3    4    5    6    7    8    9    1/2

20    30    40    50

1    2    3    4    5    6    7    8    9    1/2

20    30    40    50

1    2    3    4    5    6    7    8    9    1/2

3    4    5    6    7    8    9    10    11

12    13    14    15    16    17    18

1/2

40    50    60    70

1    2    3    4    5    6    7    8    9    1/2

**For more detailed measurement instructions, see previous web page**

**Head Measurement:** Taken around the head, above the ears at the widest point.

**Neck Measurement:** Taken around the base of the neck following the collar bone at the front.

**Chest Measurement:** Measure around the fullest part of the chest, keeping tape under arms and around shoulder blades. Lower arms before reading the measurement.

**Waist Measurement:** Taken around the body at the belt line. Loosen belt and waist band of the pants to take a precise measurement (inside the waist band).

**Hip Measurement:** Stand with heels together and measure around the fullest part of the hips.

**Shoe Size:** Use running shoe size.

**Height:** Taken without shoes on. Stand straight against a wall, measure from top of head to floor.