





It is important to keep an eye on how much money you have coming in and going out. Use this simple budget planner to help you to organise your income and outgoings. You can choose to do the planner over a week or a month, or both.

Money coming in

Income	Weekly	Monthly	Total per month
Wages			
Jobseeker's allowance			
Income support			
Education			
Housing benefit			
Part-time job			
Money from family or carers			
Child benefit			
Tax credits			
Other			
Total income per week			
Total income per month			

Money going out

	Weekly amount	Monthly amount	Total per month		
Regular spending					
Rent					
Council tax/rates					
Gas bill					
Electricity bill					
Water rates (England & Wales)					
Insurance					
Phone					
Savings					
Loans					
Other					
Everyday spending					
Travel					
Food shopping					
Toiletries					
Books, magazines etc					
Sport/hobbies					
Going out					
Cigarettes					
Car maintenance					
Other					
Total spend per week					
Total spend per month					

Money left over

Total income per week	minus	Total spending per week	=	Money left over per week
£		f		f
Total income per month	minus	Total spending per month	=	Money left over per month
£		f		f

Once you have done your budget planner, it should help you think about these important questions:

- Are you spending more than you earn?
- If you have money left over, what do you do with it?
- If you spend what you earn, how can you make savings?