

**NHSA's 36<sup>th</sup> Annual National Training Conference**

# Beyond the Boundaries:

***New Approaches and New Strategies***



NATIONAL HEAD START ASSOCIATION

**ORANGE COUNTY CONVENTION CENTER  
ORLANDO, FLORIDA  
APRIL 27–MAY 2, 2009**

# NHSA's 36<sup>th</sup> Annual National Training Conference

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## ***Dear Colleagues:***

With so many changes and new challenges on the horizon, one thing that remains unchanged is NHSA's unflagging commitment to you and your professional advancement. Please join us April 27–May 2, 2009, in Orlando, Florida, for NHSA's 36<sup>th</sup> Annual Training Conference. This is your opportunity to come together with leading early childhood consultants and experts from around the country to deepen your knowledge, enhance your skills, and become inspired!

In line with its theme, *Beyond the Boundaries: New Approaches and New Strategies*, this year's conference promises in-depth information on wide-ranging topics essential for improving the quality of early childhood education and care and leading you to new heights in Head Start. You'll have access to new special tracks, *free* training seminars, daily plenary sessions, *free* CEUs, and many engaging roundtable discussions.

Want more? In this year's exhibit hall, there will be many new exhibits, where you'll have a chance to not only learn what new resources are available to you and your program but to see how these new products actually work! We'll also be hosting a special Celebration of Head Start and a Directors Networking Event. And you'll get to pick from a wide variety of daily one-and-a-half-hour educational sessions on key topics, including...

- Child Guidance and Challenging Behavior
- Head Start Administration
- Health and Nutrition
- Parent and Family Engagement
- Partnerships and Collaborations
- Program Planning and Management
- Promoting Excellence in Family Services
- Teaching Strategies and Classroom Practices

Mark your calendar and register right away to take advantage of early registration discounts! Together, we will turn new corners and move beyond the boundaries to ensure a brighter future for Head Start children and their families.

Best regards,



Michael McGrady  
Interim Executive Director

# SCHEDULE AT A GLANCE

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## Sunday, April 26, 2009

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1–6 p.m. Conference Registration

## Monday, April 27, 2009

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7 a.m.–6 p.m. Conference Registration

8 a.m.–5 p.m. Super Grantee Meeting

8 a.m.–Noon

### Training Seminars

Positive Guidance Strategies to Support Children with Challenging Behaviors

Scaffolding for the Academic Success of Pre-School ELLs: Supporting the Needs of ELL (Parents Session)

9 a.m.–4 p.m.

### Training Seminars

Strengthening Families through Early Care and Education

Bridging Teaching with Learning: Instructional Assessment in Head Start

9 a.m.–5 p.m.

Pre-conference: Special Tracks

9 a.m.–5p.m.

Board of Directors Meeting

Noon–1 p.m.

Board of Directors Luncheon

1 p.m.–5 p.m.

### Training Seminar

Cultural Diversity and Family Engagement...The Price of Silence

8:30 a.m.–5 p.m.

CPR Training for Head Start

9 a.m.–5 p.m.

Grassroots Action Room

9 a.m.–5 p.m.

Pre-conference: Special Tracks

1–3 p.m.

Regional Meetings

1–5 p.m.

### Training Seminars

Alternative Strategies for Challenging Behaviors

Preschool Vision Screening: More than Checking the Box on Your Must-Do-Within-45-Days List

Creating Strong Father Involvement

Strengthening Parent Involvement in Head start

4:30–6 p.m.

State and Regional Presidents Meeting

## Wednesday, April 29, 2009

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7 a.m.–6 p.m.

Conference Registration

9–10 a.m.

Quality Initiative Awards

9 a.m.–5 p.m.

Grassroots Action Room

9–10:30 a.m.

### Educational Sessions

9–10:30 a.m.

Focus Forum: *Diverse Children, Diverse Needs: Serving Head Start's Unique Population*

9–Noon

### Training Seminar

Managing Organizational Change

9 a.m.–4 p.m.

### Training Seminar

Thinking Outside the Box: SOLAR — An Innovative Approach to Professional Development Planning

11 a.m.–12:30 p.m.

### Educational Sessions

11 a.m.–5 p.m.

Exhibit Hall Open

Noon–2 p.m.

Research Luncheon

2–3:30 p.m.

### Educational Sessions

5–7 p.m.

Conference “Opening” General Session *Beyond the Boundaries: New Approaches and New Strategies*

7–8:30 p.m.

Exhibit Hall Opening Reception

## Tuesday, April 28, 2009

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7 a.m.–6 p.m.

Conference Registration

8 a.m.–Noon

### Training Seminars

The Resilient Educator: Energizing Head Start Teachers

Fathering America's Future: Establishing Father Involvement

Positive Discipline (9 a.m.–Noon)

9 a.m.–4 p.m.

### Training Seminars

Creating a Nourishing Environment to Promote a Family of Readers

Scaffolding for the Academic Success of Pre-School ELLs: Supporting the Needs of ELL (*Directors and Head Start Staff Session*)

Picturing This...The Arts and Family Literacy — A Head Start on Picturing America

Effective Practices for Including Young Children with Disabilities

Fire and Safety Program

## Thursday, April 30, 2009

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7 a.m.–4 p.m.

Conference Registration

8 a.m.–9:30 a.m.

Grassroots Research Breakfast

9 a.m.–1 p.m.

### Training Seminar

Effective Classroom Strategies for Including All Children in Head Start

9 a.m.–3 p.m.	Exhibit Hall Open
9 a.m.–5 p.m.	Grassroots Action Room
9–10:30 a.m.	<b>Educational Sessions</b>
11 a.m.–12:30 p.m.	<b>Educational Sessions</b>
11 a.m.–12:30 p.m.	<i>Head Start State Collaboration Office and State Head Start Association Partnerships: New Directions with Carmen Bovell, Ph.D., Senior Advisor on State Collaboration, Office of Head Start</i>
2–3:30 p.m.	<b>Educational Sessions</b>
2–4 p.m.	<i>National Academies of Science Report on Developmental Outcomes and Assessments for Children Aged 0 to 5</i>
4:30–5:30 p.m.	NHSA General Business Meeting (Open to all attendees)
7–11 p.m.	<i>Special Event: Celebrating Head Start Children, Over 25 Million Served!</i>

## Friday, May 1, 2009

7 a.m.–2 p.m.	Conference Registration
8–9:30 a.m.	Scholarship and Awards Breakfast
9 a.m.–4 p.m.	<b>Training Seminar</b> A Day in the Life of a Preschool: Joyfully Weaving Best Practices from Circle Time to Good-Bye
9–11:30 a.m.	Research Plenary Session
9 a.m.–Noon	Grassroots Action Room
9–10:30 a.m.	<b>Educational Sessions</b>
9 a.m.–Noon	Exhibit Hall Open
11 a.m.–12:30 p.m.	<b>Educational Sessions</b>
Noon–2 p.m.	Legislative Luncheon
2–3:30 p.m.	<b>Educational Sessions</b>
2–3:30 p.m.	Head Start Directors Networking Event
2–4 p.m.	<i>Federal Early Education Initiatives: First 100 Days and Beyond with Congresswoman Mazie Hirono, Libby Doggett, Ph.D., and Marquita Furness Davis, Ph.D.</i>
2–4 p.m.	Research Poster Session
4–6 p.m.	Conference Evaluation and Certificate Distribution

## Saturday, May 2, 2009

8–9:30 a.m.	<b>Educational Sessions</b>
8 a.m.–1 p.m.	Conference Evaluation and Certificate Distribution
10 a.m.–Noon	Closing General Session

# GENERAL CONFERENCE INFORMATION

## Who Should Attend?

NHSA's Annual Training Conference is designed to help individuals across many disciplines, roles, and skill levels who want to improve their service delivery to children and families.

Attendees will have a chance to . . .

- Expand their knowledge in critical areas such as program management, fiscal management, partnerships and collaborations, human resources, family services, assessment, using child outcomes data, legal issues, and Head Start regulations.
- Learn more about child development, classroom practices, program governance, parental involvement, father and male involvement, early literacy development, addressing challenging behaviors, health and nutrition, kindergarten transitions, child outcomes, transportation services, autism and other special needs, oral health, working with English Language Learners, Head Start 101, and so much more!

## Translation Services

Spanish interpretation will be provided for many of the sessions. Please be sure to indicate on the registration form if interpretation is needed.

## Special Events

### Quality Initiative Awards

Wednesday, April 29 • 9–10 a.m.

The National Head Start Association's Quality Initiative is the only recognition program dedicated exclusively to identifying and recognizing Head Start programs whose services positively affect the lives of the children and families they serve. Join us as we celebrate the outstanding accomplishments of the Quality Initiative 2009 award recipients.

**Space is limited!**

*A continental breakfast will be served.*

### Research and Evaluation

#### **Beyond the Boundaries with Research**

Join the National Head Start Association's Research and Evaluation team for the following key participant-centered research events!

#### **Research Luncheon**

Wednesday, April 29 • Noon–2 p.m.

*ABCs, Friendship Skills, and Engaged Learning: Promoting Holistic School Readiness with REDI (Research-based, Developmentally-Informed) Strategies.*

**Speaker:** Karen L. Bierman, Ph.D. Distinguished Professor of Psychology, The Pennsylvania State University

**Tickets:** \$75

#### **Grassroots Research Breakfast**

Thursday, April 30 • 8–9:30 a.m.

*Developing the Early Childhood Teacher Workforce*

**Speaker:** Richard Lambert, Ph.D., Ed.S. University of North Carolina at Charlotte

**Tickets:** \$45

#### **Research Plenary and Poster Session**

Friday, May 1 • 9-10:30 a.m. and 2–4 p.m.

**Special Presentation: National Academies of Science Report on Developmental Outcomes and Assessments for Children Aged 0 to 5**  
Thursday, April 30 • 2-4 p.m.

**Conference "Opening" General Session Beyond the Boundaries: New Approaches and New Strategies**  
Wednesday, April 29 • 5-7 p.m.

**Special Invited Guest:** Donna Brazile, Political Strategist and author of *Cooking with Grease: Stirring the Pots in American Politics*

**Celebration of Head Start... Over 25 Million Served! An Evening of Education, Dining, and Entertainment**  
Thursday, April 30 • 7-11 p.m.

Since 1965, Head Start has improved the lives of millions of children and families. Working against many odds, Head Start has endured! Join us and our special guests for an amazing evening of reflections and celebrations as we commemorate our successes and prepare for many more to come.

*Head Start Makes a Difference*

**Special Guest Speaker:** Head Start Graduate James "Butch" Rosser, Jr. MD Professor, Morehouse School of Medicine  
Tickets: \$125

**Scholarship and Awards Breakfast**  
Friday, May 1 • 8-9:30 a.m.

Honoring achievement! Join us for the 2008-2009 Scholarship and Awards Breakfast. This event recognizes individuals who have provided exceptional services to Head Start. Come and support the honorees at this event. A limited number of tickets will be available the day of the event; we suggest purchasing tickets in advance.

Tickets: \$45

**Legislative Luncheon**  
Friday, May 1 • Noon-2 p.m.

Would you like to know what's on the horizon for the Head Start program, its directors, teachers, children, family service workers, and others? If so, be sure to participate in this informative event and get the most current information directly from lawmakers. *Members of Congress Invited.*

Tickets: \$75

## **Continuing Education Units (CEU)**

All registered conference attendees will be able to obtain continuing education units (CEUs). Attendees are required to indicate on their registration form that they wish to obtain CEUs. CEU packets will be distributed at the conference registration desk.

NHSA will use the IACET-approved guidelines in calculating CEUs. Per IACET guidelines, the CEU quantitative unit of measure is based on 10 contact hours of participation in an organized learning program, under the direction of a qualified presenter. The total number of contact hours will be divided

by 10. The result will be the number of continuing education units you will be awarded. In order to receive CEUs, you must:

- a. Attend at least 95 percent of the session and be present for the critical content.
- b. Participate in any assessment of knowledge, including the session's question-and-answer period.
- c. List all sessions attended, dates, and times in the space provided in the conference program book.
- d. Obtain the instructor/presenter's signature at the end of each session.
- e. Complete a CEU Attendee Evaluation Form for **each session** listed on the CEU Attendance/Assessment Form.

**Note:** CEUs will be awarded for educational sessions and special tracks only. CEUs **will not** be awarded for opening sessions, general sessions, closing sessions, or meal functions.

## **SPECIAL TRACKS**

Special tracks are designed to offer more in-depth training. Tracks provide an excellent opportunity to expand knowledge and increase awareness.

### **Developing Father and Male Involvement**

**Monday, April 27, 2009 • 8:30 a.m.-5 p.m.**

**Lead presenter:** James C. Rodríguez, M.S.W., Ph.D. Candidate, CEO and President, Fathers & Families Coalition of America Inc.

Father involvement can play an invaluable role in achieving positive child outcomes. This training is designed to show participants how they can increase father involvement by developing the most effective father involvement programs. Each participant will examine how their program can develop a quality father involvement program. Participants will be shown how to create a plan that will help programs with recruitment, retention, program design, and evaluation. Participants will also learn how to establish partnerships aimed at creating sustainable father involvement programs.

**Fee:** \$125

### **LeaderLift: Motivating Performance and Creating a Conducive Work Culture**

**Monday, April 27, 2009 • 8:30 a.m.-5 p.m.**

**Lead presenter:** Sheryl Gee, Psy.D., Vice President, Training and Organization Development, InnoVisions

This special track will provide both experienced and aspiring Head Start directors with knowledge, frameworks, and tools designed to help them... a) become visionary and inspiring leaders, b) understand, influence, and motivate people with different temperaments and work styles, and c) create and sustain a work culture that supports desired values, practices, and performance that are essential for providing excellent service to children and families.

**Fee:** \$125

## EARN COLLEGE CREDIT

**Inclusive Environments: Accommodations and Adaptations****Monday April 27, 2009 • 8:30 a.m.–5 p.m.****Lead presenter:** Lisa Holstrom, *Director, Early Childhood Learning Community*, University of Cincinnati

This course is designed to develop participants' understanding of and skill in supporting children with and without disabilities in inclusive early childhood education environments. The content is predicated on the belief that *all* children benefit from an environment that supports the most challenging learning and behavioral needs. Participants in this course will examine the philosophies and frameworks governing inclusive environments, relevant current research, and best practices for inclusive practices across inclusive environments. *This intensive one-day track will satisfy the requirements for one quarter-hour of college credit with payment of \$206.* For participants who prefer to earn credit for an entire college course, online participation will be required during May and June and an additional cost of \$412 or \$824, depending on whether the participant needs credit for a semester system or quarter system. Both graduate and undergraduate credit is available. Additional questions may be e-mailed to [Shelby.ellis@uc.edu](mailto:Shelby.ellis@uc.edu).

**Fee:** \$125 (*does not include college credit*)  
or \$206 (*earn college credit*)

**Health and Nutrition: Promoting Effective Systems and Quality Services****Monday, April 27, 2009 • 8:30 a.m.–5 p.m.****Lead presenter:** Rose Troupe, Health Connections Inc.

This training will provide research-based information on trends, strategies, prevention, and treatment practices in child and family health and nutrition services management. Topics will include the following:

- The relationship between health and nutrition
- Health and nutrition services management and compliance updates
- Health and nutrition systems and services
- Obesity
- Oral health care systems
- Healthy, inviting, and tasty meal planning, presentation, moderations, variety, and portion control

**Fee:** \$125

**Hot Topics and the Reauthorized Head Start Act - What do you need to know to Run a High Quality Program under the New Administration****Monday, April 27, 2009 • 8 a.m.–5 p.m.****Tuesday, April 28, 2009 • 8 a.m.–Noon****Lead presenters:** Ted Waters and Zoë Beckerman, Feldesman Tucker Leifer Fidell LLP

This special track will focus on the reauthorized Head Start Act and what Head Start professionals need to know in

order to run a high-quality program under the new Obama Administration. Join Ted Waters and Zoë Beckerman, the top attorneys in Head Start today, as well as your peers, to discuss, digest, and learn about the following:

- Economic stimulus
- Governance
- Eligibility
- Conversion
- Analysis of OHS guidance and clarifications
- Where to go from here

**Fee:** \$395

**Strengths-Based Coaching for Directors****Monday, April 27, 2009 • 8:30 a.m.–4 p.m.****Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.****Lead presenter:** Joy Humbarger, M.S., *Professional Development Specialist*, Francis Institute for Child and Youth Development, Metropolitan Community College - Penn Valley

Change is unavoidable as programs engage in quality improvements. What leads to change? How can programs motivate staff during periods of change, building on their strengths? How do programs incorporate these efforts into an already full schedule? Participants will learn a practical systematic process that will transform their role as leader. This training will help participants...

- Identify the conditions that lead to change.
- Identify and discuss a systematic process for supporting others through change.
- Develop positive partnerships that are distinguished by shared power, shared authority, and shared decision-making.
- Develop staff-driven interactions that are based on the strengths of each staff member.
- Identify ways to partner with and motivate staff to set, achieve, and sustain goals.

**Fee:** \$225

**Legal Aspects of the Employment Relationship****Monday, April 27, 2009 • 8:30 a.m.–4 p.m.****Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.****Lead presenter:** Dawn K. Martini, Ronald V. McGuckin and Associates

This special track will center around critical personnel issues. Focusing on current trends and new laws, the presenter will show participants how to navigate and manage a multitude of legal issues involving personnel. This training will include key topics such as the Personnel Policy Manual, job descriptions, and the overall hiring process — from applications, interviewing, hiring, conducting performance appraisal, at-will states, and ultimately to termination. Laws such as the *Family and Medical Leave Act*, *Americans with Disabilities Act*, and the *Fair Labor Standards Act: Fair Pay Update*, will be discussed.

**Fee:** \$225

### Appreciative Supervision

**Monday, April 27, 2009 • 8:30 a.m.–4 p.m.**

**Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.**

**Lead presenter:** David Nelson, Ph.D., *Author, The Human Agenda*

This is a skill-building training for supervisors in Head Start, Early Head Start, and collaboration partners. Research shows that people who have clearly defined, well-communicated expectations find more satisfaction and success in their work than people whose expectations go unspoken and unrealized. Studies have also revealed that the single most important factor in job performance and satisfaction is a person's relationship with their direct supervisor. Effective supervision is more about appreciation than monitoring. And it is more about recognition than discipline. This training combines three ideas: appreciative inquiry, reflective supervision, and coaching skills.

**Fee:** \$225

### STARS

**Monday, April 27, 2009 • 8:30 a.m.–4 p.m.**

**Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.**

**Lead presenters:** Robin Gadsden-Dupree, Ed.D., and Gail Elleby, MPA, MSA, *Training Specialists, T/TAS* at Western Kentucky University

The goal of this training will be to ensure that staff members understand the process of effective parent involvement, positive partnerships, and working with families toward self-sufficiency. Participants will work on typical program practices (scenarios) in the family partnership area, discuss alternative solutions, and explore various strategies. Participants will also develop a realistic plan that they can take back and implement in their local program. This training will also include a discussion about current Head Start Program Performance Standards, items from the recent reauthorization as they relate to work with families, the importance of high-functioning parent committees, and positive family outcomes. Participants will be given the opportunity to review their own skills and competencies, to develop a personal improvement plan, and explore strategies and approaches for getting parents to participate and take on leadership roles. Upon completion of this training, participants will...

- Have a better understanding about the importance of the Family Partnership Agreement as a process.
- Understand that all Head Start/Early Head Start staff members have a role in parental involvement and will broaden their definition of family partnerships.
- Increase their knowledge about family needs assessments and the requirements from the Head Start Act.
- Review documentation and ways to record partnerships with families.
- Explore ways to help families become successful through strength-based strategies and practices.

**Fee:** \$225

### GEMS XVI

**Monday, April 27, 2009 • 8:30 a.m.–4 p.m.**

**Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.**

**Lead presenter:** Colleen B. Mendel, *President, T/TAS Inc.*

GEMS XVI is a special track for very special people: Head Start parents and staff who work with parents. It emphasizes the key elements of the acronym GEMS: Goals, Empowerment, Motivation, and Self-Sufficiency. Participants will learn techniques for productive personal and family goal setting, gain insights about the dynamics of their professional relationships, explore what motivates them, and obtain information that will help them achieve their goals, develop as leaders, and become effective advocates for children and families. This opportunity to network with parents from across the country will help enrich the GEMS experience. Upon completion of GEMS, participants will...

- Understand the process and importance of ongoing goal setting in achieving success for themselves, their families, their Head Start and Early Head Start programs, and the communities in which they live.
- Learn about successful parental involvement activities and practices from programs across the country.
- Gain important insights about themselves and others, learn how they can contribute most effectively, and develop personal strategies for working successfully with others.
- Share their talents and interests in fun, creative ways.

**Fee:** \$225

### Leadership and Challenges in the New Head Start: Are You Ready?

**Monday, April 27, 2009 • 1–4 p.m.**

**Tuesday, April 28, 2009 • 8:30 a.m.–4 p.m.**

**Lead presenters:** Timothy Nolan, Ph.D., and Barbara Haxton, MHRD, *The Academy for Leadership Excellence*

Head Start leaders are facing a flurry of change and a future that is likely to be more challenging than ever. This special track will help put these challenges into perspective and explore on how to manage change with clarity and energy. Participants will leave with tools and resources to enhance their leadership skills, understand the culture of change, and address the issues that are important to them. Participants will gain...

- A deep awareness of the meaning of transformational change and our current situation of transformational change PLUS.
- A deeper understanding and awareness of the transformational changes facing Head Start leadership given the Head Start Act of 2007 and the revised and new standards that will follow.
- A deeper understanding of the "big picture" of Head Start's future and what it means for local agency leadership.
- Clarity about the role of leaders in times of transformational change.
- An understanding of how to manage the culture shift within organizations during times of transformational change.



- An understanding of how to manage and motivate staff within the organization during times of transformational change.
- A better understanding of how to find resources to manage oneself as leader in turbulent times.

Fee: \$225

### Head Start/Early Head Start Management Issues

**Monday, April 27, 2009 • 8:30 a.m.–5 p.m.**

**Tuesday, April 28, 2009 • 8:30 a.m.–5 p.m.**

**Lead Presenter:** Howard Gesbeck Jr., CPA, JD, Partner, Wipfli LLP

Howard Gesbeck is nationally recognized for his comprehensive work with Early Head Start and Head Start, other grant-funded programs, and particularly for his expertise with Head Start Federal regulations and OMB Circulars. Join Howard for this two-day session discussing Head Start Management Issues surrounding the following topics:

- 2009 OHS Monitoring Protocol – Fiscal Management
- Fiscal and Administrative Requirements in the Head Start Reauthorization
- 2009 OHS Monitoring Protocol – Program Design & Management
- Head Start Parent Activity Funds and Fund Raising

Participants will receive a comprehensive training manual including outlines and regulations, daily morning refreshments and afternoon breaks. For more information contact Wipfli at (888) 876-4992 or visit [www.gfp.wipfli.com](http://www.gfp.wipfli.com).

**Please note:** You must register for this track directly with Wipfli at [www.gfp.wipfli.com](http://www.gfp.wipfli.com), and the cost does not include regular conference registration.

Fee: \$545 before March 31, 2009  
\$595 April 1, 2009 or later

### CPR Training, Basic First Aid, and Fire Safety: Will You Be Ready To Take The Appropriate Course of Action?

**Tuesday, April 28, 2009 • 8 a.m.–5 p.m.**

**Lead presenter:** Wardell Seals Jr., Heartbeat-CPR

This eight-hour course will offer high-quality instruction for participants who do not have the CPR/First Aid certification that is required by Head Start and local child care licensing agencies. The course offers a convenient opportunity for participants to receive essential, required training. Participants will achieve a level of education and preparedness that will enable them to be in control should an emergency ever arise. This training will help participants...

- Learn how to administer lifesaving cardiopulmonary resuscitation (CPR) techniques.

- Learn the fundamentals of basic life support and first aid (including what to do for common types of injury or illness) and acquire the ability to assess a situation and make appropriate decisions.
- Learn basic fire safety skills that promote prevention and increase preparedness.

Fee: \$75

### ABCs and Beyond: Literacy Development

**Tuesday, April 28, 2009 • 8:30 a.m.–5 p.m.**

**Lead presenter:** Lania Ligon Crawford, *Mentor Teacher*, Council for Economic Opportunities in Greater Cleveland

This special track is designed to show participants how to engage children in literacy experiences throughout the classroom in an open-ended way. Participants will participate in lecture, small-, and large-group activities that will enable them to go back into their programs and set up meaningful activities for children at different developmental stages. The participants will use materials that can be made and adapted to meet the individual needs of the children with whom they are working. This training will help participants...

- Provide meaningful, open-ended literacy activities to all children.
- Limit the use of store-bought materials and use resources available within the center and community.
- Deepen their knowledge of why language, literacy, and communication are important.
- Acquire a better understanding of language and literacy development.

Fee: \$125

### Two Bodies Working as One: A Governance Overview

**Tuesday, April 28, 2009 • 8:30 a.m.–5 p.m.**

**Lead presenter:** Ronald V. McGuckin, *Attorney*, Ronald V. McGuckin and Associates

This special track will help participants better understand the role of each governing body in Head Start and their relationship to each other. The presenter will review and discuss the Head Start Program Performance Standards and will help participants understand how to use the information presented to appropriately govern a Head Start program. Participants will be shown how to use Robert's Rules of Order and develop a sound understanding of parliamentary procedure.

Fee: \$125

### **Disability Systems and Services Management for Children with Special Needs**

**Tuesday, April 28, 2009 • 8:30 a.m.–5 p.m.**

**Lead presenter:** Rose Troupe, Health Connections Inc.

This is an ideal training opportunity for any staff member who works with or on behalf of children with special needs. Participants will learn strategies for improving services to children with disabilities or special needs. They will also learn about important tools and resources that can be used to develop effective individualized treatment plans and build collaborations and support systems for children and parents. The following topics will be discussed:

- IDEA
- Disability Services Standards 101 and compliance updates
- Early intervention services
- Disability systems planning and service and monitoring tracking systems
- Speech and language challenges and the role of early education and care providers

**Fee:** \$125

### EARN COLLEGE CREDIT

#### **Addressing the Needs of Dual Language Learners I**

**Tuesday, April 28, 2009 • 8:30 a.m.–5 p.m.**

**Lead presenter:** Lisa Holstrom, *Director, Early Childhood Learning Community*, University of Cincinnati

This training will provide an in-depth study of second language acquisition for dual language learners in early childhood settings. Topics discussed in the course will include the impact of cultural and linguistic diversity on teaching and learning, second language learning processes and milestones, issues and factors related to second language acquisition and teaching, and working with parents and families of dual language learners. *This intensive one-day track will satisfy the requirements for one quarter-hour of college credit with payment of \$206.* For participants who prefer to earn credit for one entire college course, online participation will be required during May and June and an additional cost of \$412 or \$824, depending on whether the participant needs credit for a semester system or quarter system. Both graduate and undergraduate credit is available. Additional questions may be e-mailed to Shelby.ellis@uc.edu.

**Fee:** \$125 (*does not include college credit*)  
or \$206 (*earn college credit*)

## **FREE TRAINING SEMINARS**

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Several training seminars that take a comprehensive approach to exploring specific topics will be offered during the conference. There is no additional registration fee required to participate in a training seminar. However, due to space limitations, advance registration is required.

### **Using Positive Guidance Strategies to Support Children with Challenging Behaviors**

**Monday, April 27, 2009 • 8 a.m.–Noon**

**Lead presenter:** Kai-leé Berke, M.A., *Senior Product Development Associate*, Teaching Strategies Inc.

This training will examine positive child guidance strategies and discuss techniques for working with children who exhibit challenging behaviors. Participants will explore how effective guidance reduces behavioral problems, helps children learn to regulate their behaviors, builds a solid foundation for children's positive interactions with others, and contributes to the overall welfare of children. This interactive seminar will help participants to better meet the needs of children by providing specific positive guidance strategies.

### **Scaffolding for Academic Success of Preschool-Aged ELLs: Supporting the Needs of ELL Parents and Educators (Parent Session)**

**Monday, April 27, 2009 • 8 a.m.–Noon**

**Lead presenter:** Celeste Hentz, *Elementary ESOL School Improvement Specialist*, Clayton County Public Schools

This seminar is designed specifically for parents. Helping English language learners become proficient in the English language is a challenge for even the best teachers and parents. This training will focus on kindergarten readiness for preschool-aged ELLs and will highlight effective strategies and techniques. Research-based best practices and innovative strategies to involve parents will be shared as well as demonstrated. Parents will learn how to use scaffolding strategies to support children at home and in school.

### **Bridging Teaching with Learning: Instructional Assessment in Head Start Classrooms**

**Monday, April 27, 2009 • 9 a.m.–4 p.m.**

**Lead presenters:** Gillian McNamee, Ph.D., and Jie-Qi Chen, Ph.D., Erikson Institute

This seminar will introduce a newly developed instructional assessment named "Bridging" and will highlight how teachers can use Bridging to learn more about individual children, gain a deeper understanding of organizing concepts in diverse curriculum areas, and link the assessment of individual children to the process of planning for daily teaching and learning in the classroom. Participants will gain an understanding of why and how to implement the Bridging assessment process in early childhood classrooms. They will also learn about

the importance and feasibility of building bridges between instructional assessment and teaching practice. Equipped with the knowledge and tools offered through this session, participants will be able to take the Bridging approach back to their own classrooms and centers, resulting in improved teaching and learning.

**Strengthening Families through Early Care and Education**

**Monday, April 27, 2009 • 9 a.m.–4 p.m.**

**Lead presenter:** Kate Stepleton, *Associate, Center for the Study of Social Policy*  
 This seminar will focus on building five research-based protective factors in families that can enable early care and education providers to dramatically affect the lives of children and families. Strengthening Families emphasizes small but significant changes in day-to-day practice that can strengthen families, reduce the likelihood of child maltreatment, and create environments that support the optimal development of all children. Participants will discuss what they can do in their particular role to embed a protective factors approach into their day-to-day work in order to strengthen families and develop action plans. This seminar will include an introduction to the Strengthening Families Self Assessment for Early Care and Education Centers, as well as an overview of other available tools and materials.

**Cultural Diversity and Family Engagement: The Price of Silence**

**Monday, April 27, 2009 • 1–5 p.m.**

**Lead presenters:** Lee Lesser, M.S., *Project and Training Manager, Parent Services Project* and Steven Shuman, *Consultant and Trainer*

In order to successfully meet the complex needs of children and families, early childhood professionals must be able to connect with families. This seminar will help participants connect across boundaries and reach new heights with children and families by exploring bias and perceptions. Sometimes the things that are hardest to talk about are also the most important and can have the biggest impact. Participants will leave with a better understanding about the need for deeper reflection and awareness, will be better able to engage in a candid dialogue, and will learn strategies for bridging the cultural gap.

**The Resilient Educator: Energizing Head Start Teachers**

**Tuesday, April 28, 2009 • 8 a.m.–Noon**

**Lead presenter:** Robert Rees, Ph.D., *Director, Education and Humanities, Institute of HeartMath*

This seminar will introduce The Resilient Educator, a scientifically-based training program designed to help educators counter the effects of stress by teaching them a set of research-based tools and techniques that are reinforced by an innovative

coherence-building technology called the emWave. Participants will learn to transform their own stress, increase resiliency, and create coherent, harmonious classrooms.

**Fathering America’s Future: Establishing Your Father Involvement Program**

**Tuesday, April 28, 2009 • 8 a.m.–Noon**

**Lead presenter:** Randell D. Turner, Ph.D., *Child and Family Therapist and Senior Associate, ICF International and Caliber Associates Inc.*

Recruiting and engaging fathers in their child’s development are proving to be daunting challenges. This seminar is designed to help Head Start programs establish father involvement programs without needing additional staff or funding. Participants will learn how and where to find free resources that can be instrumental in creating and sustaining effective father involvement programs.

**Positive Discipline**

**Tuesday, April 28, 2009 • 9 a.m.–Noon**

**Lead presenter:** Melvin Gravely, *Executive Director, The Gravely Group*

In child rearing, discipline refers to a variety of parenting techniques that are designed to manage, direct, and reinforce positive behavior. Using a holistic approach to discipline can also help Head Start directors, teachers, and other professionals achieve positive outcomes. This seminar will help participants identify changes in workplace discipline over the years, identify the most common and costly disciplinary problems that occur in the workplace, and learn how to properly address these discipline issues.

**Picture This... The Arts and Family Literacy: A Head Start on Picturing America**

**Tuesday, April 28, 2009 • 9 a.m.–4 p.m.**

**Lead presenters:** Jacqueline Davis and Suzanne Thouvenelle, *Head Start Knowledge and Information Management Services*  
 Participants will explore how Picturing America artwork and materials can be used to promote and support art exploration in the home and the classroom. There will be fun-filled, hands-on activities designed to help participants learn how to use the *A Head Start on Picturing America* Resource Guide. Participants will also be shown strategies that promote parents and families’ active engagement with art as a way of bolstering children’s school readiness.

### **Scaffolding for Academic Success of Preschool-Aged ELLs: Supporting the Needs of ELL Parents and Educators (Directors and Head Start Staff)**

**Tuesday, April 28, 2009 • 9 a.m.–4 p.m.**

**Lead presenter:** Celeste Hentz, *Elementary ESOL School Improvement Specialist*, Clayton County Public Schools

This session is designed specifically for Head Start directors and staff members. Helping English language learners become proficient in the English language is a challenge for even the best teachers and parents. This training will focus on kindergarten readiness for preschool-aged ELLs and will highlight effective strategies and techniques. Research-based best practices, innovative language acquisition strategies, and strategies for involving parents will be shared as well as demonstrated. Participants will also learn how to develop activities and initiatives that promote parental involvement and establish critical connections between school and home.

### **Creating a Nourishing Environment to Promote a Family of Readers**

**Tuesday, April 28, 2009 • 9 a.m.–4 p.m.**

**Lead presenters:** Rebecca Chrystal and Patricia Oholeguy, Reading Is Fundamental Inc.

This train-the-trainer seminar will provide teachers and leaders with the tools they need to bring parents together to participate in fun workshops that demonstrate the importance of family involvement and include best practices to ensure that all children are given an opportunity to grow in a family of readers. The training's four main goals are as follows: 1) to improve family reading habits and enhance the time families spend sharing books with young children, 2) to promote the parent's role as an active participant in children's education, 3) to foster supportive relationships among parents through workshops, and 4) to encourage staff members to become effective facilitators.

### **Effective Practices for Including Young Children with Disabilities in Head Start**

**Tuesday, April 28, 2009 • 9 a.m.–4 p.m.**

**Lead presenter:** Gail E. Joseph, Ph.D., Head Start Center for Inclusion at the University of Washington

This seminar will help teachers understand how to use research-based practices to effectively include children with disabilities. The approach draws on the Building Blocks framework, which translates research-based practices into easy-to-follow steps for inclusion. After attending this workshop, participants will be able to describe the four essential elements of successful inclusion, list eight different types of curriculum modifications and adaptations for helping young children with disabilities participate and learn, embed IEP goals and objectives into the existing classroom curricular activities and daily routines, and implement user-friendly ways of monitoring a child's progress on IEP goals and objectives.

### **Fire and Burn Safety Program for Preschoolers and Their Families**

**Tuesday, April 28 • 9 a.m.–4 p.m.**

**Lead Presenter:** Angela D. Mickalide, Ph.D., Director of Education and Outreach, Home Safety Council

This seminar will help participants to administer the Start Safe program in their program. Participants will learn how to implement the program and to evaluate the program. In addition, participants will learn how to identify specific fire and burn risks to preschool children and ways to correct them.

### **Alternative Strategies for Challenging Behaviors**

**Tuesday, April 28, 2009 • 1–5 p.m.**

**Lead presenter:** Karin Ganz, LMHC, *Mental Health Specialist*, Sound to Harbor Head Start

Challenging behaviors erupt in early childhood classrooms everyday. Through a research-based presentation, activities, and sample materials, participants will leave this seminar with increased knowledge of child brain development and behavior, a greater understanding of adult-child relationship building, and practical guidance strategies — all of which they'll be able to apply in their own classrooms and programs.

### **Preschool Vision Screening**

**Tuesday, April 28, 2009 • 1–5 p.m.**

**Lead presenter:** P. Kay Nottingham Chaplin, Ed.D., *Preschool Vision Screening and Training Specialist*, Good-Lite

Preschool vision screening is much more than an item that merely needs to be checked off on your must-do-within-45-days list. This seminar will discuss strategies for working with screening-reluctant young children, provide materials and information you can share with parents, and discuss how to use American Academy of Pediatrics (AAP) approved vision screening tests. At the conclusion of the training, participants will be able to understand the importance of preschool screening, describe three common early childhood vision disorders, use vision screening materials approved by AAP, and describe vision developmental milestones.

### **Creating Strong Father Involvement**

**Tuesday, April 28, 2009 • 1–5pm**

**Lead presenter:** J. Michael Hall, M.Ed., President, Strong Fathers-Strong Families

Father involvement can help Head Start programs achieve optimal outcomes for children and families. This seminar is designed to help Head Start programs to establish a father involvement program within the context of their organizational goals and performance standards. Attendees will learn how to institute well-founded, researched-based, grass-roots father involvement strategies.

**Strengthening Parent Involvement in Head Start**

**Tuesday, April 28, 2009 • 1-5pm**

**Lead presenter:** Louis W. Wiener, M.Ed., President, Learning and Leadership in Families

This interactive seminar provides an opportunity for participants to learn how to use a “strength-based” approach to parent involvement. Participants will learn the importance of identifying and building on the strengths of the parents in their program. The social nature of family learning and its relationship to increasing parent involvement, family literacy development, and producing positive child and family outcomes will be discussed.

**Managing Organizational Change**

**Wednesday, April 29, 2009 • 9 a.m.–Noon**

**Lead presenter:** Gail Elleby, *Management/Literacy Specialist*, T/TAS, Western Kentucky University

Head Start is undergoing transformational change! So how do you handle change? Do you resist it? If so, do you know why? This training will explore the dynamics of organizational change and provide strategies to help you successfully manage change. Participants will learn various strategies to manage change, the stages of change, and how to practice change strategies in the workplace.

**Thinking Outside of the Box: SOLAR — An Innovative Approach to Professional Development Planning**

**Wednesday, April 29, 2009 • 9 a.m.–4 p.m.**

**Lead presenter:** Myra G. Crouch, Ph.D., *Management and Administration Specialist*, Trans-Management Systems Corporation, Head Start Knowledge and Information Management Services

This seminar will offer strategies for meeting the new requirements for staff development that are emphasized in the recently reauthorized Head Start Act. Participants will learn about a new resource that can be used to customize their program’s professional development goals, to enhance their human resources systems, and to plan staff development efforts using state-of-the-art technology. The seminar will also examine the role program issues and staff skill levels play in developing a T/TA plan.

**Effective Classroom Strategies for Including All Children in Head Start**

**Thursday, April 30, 2009 • 9 a.m.–1 p.m.**

**Lead presenters:** Leslie Jackson, M.Ed., *Project Director* and Bob Siegel, M.Ed., *National Director, Early Care and Education*, Easter Seals Inc.

Head Start programs are required to include children who have special needs in the program. This seminar will address ways that Head Start programs can effectively support all children. Participants will learn effective ways to support the participation of children with disabilities and other special needs in activities and routines, and to provide educational activities that can be used with all children. Using a variety of didactic and interactive learning techniques, this training will provide practical, easy-to-use classroom strategies for meeting every child’s individual developmental needs.

**A Day in the Life of a Preschooler: Joyfully Weaving Best Practices from Circle Time to Good-Bye**

**Friday, May 1, 2009 • 9 a.m.–4 p.m.**

**Lead presenters:** Ellen Booth Church and Natalie Daise, Environments Inc.

This seminar will give participants the opportunity to be both the “child” and the “observer” as they experience a wide variety of fresh ideas for activities that can be used throughout the preschool day. There will be an emphasis on recent brain research that helps to explain the “why” and “how” behind these exciting activities, all of which meet early learning standards through play. Participants should come prepared to play and learn — and leave with a full “toolkit” of play-based learning ideas. The CLASS assessment will be a part of the evaluation process.

**Council for Professional Recognition  
CDA Training at the Conference**

**Council Representative Refresher Training**

**Tuesday, 4/28 • 9 a.m.–Noon**

**CDA General Information**

**Wednesday, 4/30 • 9–10:30 a.m.**

**CDA Advisor Training**

**Wednesday, 4/30 • 2–3:30 p.m.**

# SCHEDULED PLENARY SESSIONS

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## **Federal Early Education Initiatives: First 100 Days and Beyond**

**Libby Doggett, Ph.D.**  
*Executive Director*  
Pre-K Now

**Mazie K. Hirono**  
*U.S. Congresswoman*  
2nd District of Hawaii

**Marquita Furness Davis, Ph.D.**  
*Director, Office of School Readiness*  
Alabama Department of Children's Affairs

## **Evidence-Based Methods to Develop Pre-Reading and Communications Skills**

**Keli Richmond, MS, CCC-SLP**  
*Author and Speech-Language Pathologist*  
Northern Speech Services  
Fort Wayne Community Schools

## **Helping Children to Understand and Express Feelings: Introduction to KK and Friends**

**Karen Cuthrell**  
*Creator*  
KK and Friends Inc.

## **Head Start and High Scope: A Match Made in Heaven**

**Karen Rush, M.Ed.**  
*Early Childhood Specialist*  
High Scope Educational Research Foundation

**Janice G. Hall**  
*Head Start Center Manager and High Scope Trainer*  
The Order of Fishermen Ministry  
Head Start

## **Confidentiality**

**Melvin J. Gravely, M.P.A.**  
*Executive Director*  
The Gravely Group

## **Key Factors for Sustaining Head Start Best Practices: Ensuring Long Term Success**

**Cheryl M. Roberts, Ed.D.**  
*Executive Director*  
Office of School Readiness and Early Childhood Programs  
District of Columbia Public Schools

**Mari Blaustein**  
*Director of Preschool Initiatives*  
The Source for Learning Inc.

**Angela Card, MS**  
*Educational Project Manager*  
The Source for Learning Inc.

## **Getting a Head Start on a Lifetime of Oral Health**

**Jim Crall, D.D.S., Sc.D.**  
*Professor and Chair, Section of Pediatric Dentistry*  
Project Director, AAPD Head Start Dental Home Initiative  
UCLA School of Dentistry

**Jan Silverman, MS, MSW, LCSW**  
*Head Start Dental Home Project Manager*  
American Academy of Pediatric Dentistry

# SCHEDULED ROUNDTABLE DISCUSSIONS

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## **Head Start State Collaboration Office and State Head Start Association Partnerships: New Directions**

**Carmen Bovell, Ph.D.**  
*Senior Advisor on State Collaboration*  
Office of Head Start

**Jacqueline Rose, M.Ed.,**  
*Senior Fellow*  
Office of Head Start

## **Developing Meaningful Family Involvement to Enhance the Preschool Experience**

**Andrea Coddett, Ed.D.**  
*Director*  
Greenburgh Early Childhood Program

**Monsi Arns**  
*Parent Coordinator*  
Greenburgh Early Childhood Program

## **Walking through the NAEYC Code of Ethics: Supplement for Administrators**

**Sureshrani Paintal, Ph.D.**  
*Early Childhood Education Professor*  
Chicago State University

## **Expanding Infancy: Implications of Head Start Reauthorization on EHS Programs**

**Kelly Granberry, M.Ed.**  
*Early Childhood Development and Family Community Partnership Specialist*  
Booz Allen Hamilton

## **The Family Development Credential: Proven Skills for Frontline Family Workers**

**Irene G. Brammertz, M.P.H.**  
*FDC Training and Credentialing Coordinator*  
Redlands Christian Migrant Association

**Wednesday, April 29 • 9-10:30**

### **Special Events**

#### **Quality Initiative Awards**

**Wednesday, April 29 • 9–10 a.m.**

The National Head Start Association's Quality Initiative is the only recognition program dedicated exclusively to identifying and recognizing Head Start programs whose services positively affect the lives of the children and families they serve. Join us as we celebrate the outstanding accomplishments of the Quality Initiative 2009 award recipients.

*Space is limited!*

*A continental breakfast will be served.*

#### **Research Luncheon**

**Wednesday, April 29 • Noon–2 p.m.**

*ABCs, Friendship Skills, and Engaged Learning : Promoting Holistic School Readiness with REDI (Research-based, Developmentally-Informed) Strategies.*

**Speaker:** Karen L. Bierman, Ph.D. Distinguished Professor of Psychology, The Pennsylvania State University

**Tickets:** \$75

#### **Conference "Opening" General Session *Beyond the Boundaries: New Approaches and New Strategies***

**Wednesday, April 29 • 5-7 p.m.**

**Special Invited Guest:** Donna Brazile, Political Strategist and author of *Cooking with Grease: Stirring the Pots in American Politics*

### **Optimal Use of Screening Instrument: Linking Assessment, Educational Plans, and Classroom Instruction**

This session will focus on the translation of data generated from screening instruments into learning activities in the classroom and goals and objectives for the individual child. Examples will be provided using the Battelle Developmental Inventory, 2nd Edition, a screening instrument that is commonly used in Head Start. Participants will learn how to measure the child's progress using change-sensitive scores.

### **Brain Building: Experiences that Foster Synaptic Growth from Birth to Five**

This session will highlight curriculum development strategies that successfully access and build on children's prior knowledge while promoting and enhancing thinking skills.

Participants will learn strategies designed to motivate children to make connections within their world through engaging learning topics. Participants will increase their understanding about the theoretically and research-based justification for building a curriculum rooted in facts and ideas with which the child has likely had experience.

### **You Got It! Teaching Social and Emotional Skills**

Young children with social-emotional delays are more likely to have challenging behaviors. This session will discuss the instruction of key social skills, including friendship, problem-solving, and anger-management skills. Participants will learn strategies and instructional activities for teaching social and emotional skills directly.

### **Communication Intervention Methods for the Preschool Classroom**

Children in Head Start receive developmental screenings within the first 45 days of enrollment in the program. In this session participants will discuss the adequate communication skills of the preschool child, as well as signs that may indicate a communication weakness. Participants will also learn strategies that can be used with children to target communication skills.

### **Father Involvement and Children's Brain Development**

The foundational research-based knowledge that supports a link between father involvement and school readiness in the context of brain development provides new opportunities to plan, develop, and implement father involvement initiatives in early childhood education and care. This session will give participants the opportunity to exchange ideas and strategies for supporting fathers as they build their capacity to influence their children's development.

### **Bring Quality Health Services to Head Start Children**

In this session the presenters will share a successful model they developed to bring medical, dental and mental health services to Head Start children. Participants will be given tips on how to establish and sustain collaborative partnerships aimed at delivering health services to children. Specific steps taken by clinics to leverage community resources and how families can be taught to navigate health care systems to ensure coverage of their young children will be discussed.

### **Lead Poisoning Prevention in Homes, Schools and Early Childhood Centers: EPA Renovation Rule**

This session will discuss the federal law regarding renovations in early childhood facilities and the considerations required when hiring contractors to complete renovations. Participants will be given the tools to protect children from lead hazards in a facility and will learn about the importance of children being tested for lead.

### **Special Plenary: Helping Children Understand and Express Feelings: Introduction to KK and Friends (2-Hour Session)**

Journey with KK in concert as she introduces you to her baker's dozen of delightful Feeling Friends characters that symbolize the array of primary feelings that are considered universal to humanity. The Feeling Friends thrive in the ideal climate in which honesty, truth, mutual respect, appropriate timing, and expression come together to create a sense of security and acceptance of feelings for oneself and others.

### **Updating Hearing Screening Practices for Children 0-3 Years of Age**

Otoacoustic Emissions (OEA) hearing screening, used extensively in newborn screening programs, is the most effective screening method that can be used with children ages 0-3. Participants will be provided with information on how OAE screening is conducted and the resources available to help programs update their hearing screening practices.

### **Let's Get Physical! Growing Healthy Bodies and Brains**

This session will teach participants how to reinforce healthy food choices and increase moderate-to-vigorous physical activity through engaging, hands-on activities using inexpensive equipment, music, and homemade play props. Discover what research has taught us about brain development and its connection to movement, food, and cognitive development.

### **The Importance of Heart: A New Approach to Social and Emotional Learning**

This session will examine a new approach to teaching social and emotional skills that is based on recent scientific discoveries showing a dynamic relationship between the heart and brain. This relationship has significant implications for education, especially in helping children learn how to generate positive emotional states that can lead to improved learning, performance, and behaviors.

### **Understanding the Psychological Process of ADHD Preschoolers**

This session is designed to educate families and teachers about the importance of understanding the psychological processes that affect learning in preschool children diagnosed with Attention Deficit Hyperactivity Disorder. Participants will learn about characteristics of ADHD, comprehensive assessment, and multimodal interventions used in the diagnosis of ADHD.

### **The Best New Books for Preschool Children**

This session will look at the importance and benefits of reading aloud to young children. Participants will discuss what makes a good children's book and how to conduct a story time with young children. Participants will be exposed to the best new preschool books of the past year.

### **Preschool Vision Screening: Circle Time Problems May Be Related to Vision, Not Behavior**

Did you know that some inappropriate behaviors of children might be related to problems with vision? This session will examine vision-related behaviors and provide information about vision problems in young children that can lead to permanent vision impairment if not detected and treated early, preferably before age 5.

### **Effective Strategies for Dealing with Challenging Conversations with Families**

Building partnerships with families is essential to the well-being of children. Too often, however, we lose the sense of partnership and family centered practice that leads to more successful outcomes during challenging conversations with families. This session will focus on strategies for building connections with families even in the midst of difficult situations.

### **CDA General Information**

This session will provide an overview of the CDA Assessment System's eligibility and documentation requirements, as well as a review of the six stages of the national credentialing process.

### **Brain Development and Learning through Physical Movement and Play: The Mind Body Link**

This session will focus on our rapidly increasing knowledge about brain development and what the research recommends in terms of creating early childhood curricula and environments in which play through physical movement is intentionally planned. Participants will explore classroom strategies that promote the conditions essential to learning through the integration of the hard-wired foundational brain functions.

### **Using Data to Make Decisions**

The use of data is an essential element of the "manager's toolkit" in a high-performing Head Start program. Through this workshop, participants will gain a better understanding of data-driven decision making, practice using relevant data to identify problems and generate solutions, and come away with a tool they can use to apply this framework to their own programs.

### **Special Plenary: Confidentiality (2-Hour Session)**

This session will discuss how to keep confidential information from unauthorized persons and what's involved in assuring that ethical standards are adhered to. The session will emphasize the importance of respecting the value of all individuals regardless of race, religion, sex, or national ancestry.

### **Integrating Nature into Outdoor Playscapes**

Early childhood educators will leave this session with a better understanding of natural play as well as the educational



and behavioral value of integrating nature into outdoor play. Participants will be shown examples of ideal natural play spaces and will leave armed with resources to help them create a plan for transforming their own play spaces through structured planning, fundraising, and implementation.

### **Empowering Parents, Teachers, and Children to get Ready for Kindergarten!**

Many states report that children are not entering school ready to learn and succeed. This action-packed session is designed to empower parents, children, and teachers to get children ready for Kindergarten! Learn the seven things that parents and children need to know and that every early childhood teacher needs to share! Let's all get ready for Kindergarten!

### **The Art of Overcoming**

The art of overcoming is a process that combines the elements of desire, hope, persistence, patience, and preparation. This session will help participants learn strategies for becoming more solution-driven, building efficient teams, and becoming more focused on achieving better outcomes.

### **Collaboration Between Private Head Start Grantees and Public School Systems: One Grantee's Journey**

This session will discuss how the collaborative environment was successfully enhanced between a Louisiana Head Start grantee and three public school districts. Three classroom models will be presented and discussed. The session will also examine ways to prevent common problems from arising.

### **Managing Multiple Funding Streams: When to Cost Allocate**

Head Start programs are experiencing a need to provide full-day/full-year services to children and families. To meet those needs, many programs must use funding from other funding streams. This session will provide information to assist programs in making decisions regarding the development and implementation of a cost allocation plan. Participants will learn how to develop a budget based on the methodology (ies) that best represent the cost of their centers.

### **The Decision Making Process for 21st Century Program Management in Head Start**

This session will examine decision-making concepts, how to frame a problem systematically, and how to apply good problem solving techniques. Participants will learn seven steps to decision making viewed from a Head Start perspective.

### **Beyond Modeling: Building Parenting Skills During Home Visits**

Home visitors will learn a new strategy for improving parenting skills and motivating parents to support their child's development. Participants will also have the opportunity to explore

the limitations associated with using modeling as a primary teaching strategy.

### **Creating and Maintaining Safe, Fun, and Challenging Outdoor Environments**

There is a clear need for children to be more active. In order to help address the challenge of childhood obesity, early childhood professionals must understand the importance of outdoor play and the need for establishing creative, fun, and challenging environments for the children in their programs. Participants will discover a balanced approach to proper maintenance and how creating equipment logs can help control costs, keep areas safe, and motivate children to play.

### **Getting a Head Start on a Dental Home: The American Academy of Pediatric Dentistry's Head Start Dental Home Initiative**

This session will focus on the AAPD Head Start Dental Home Initiative as it relates to oral health access and the establishment of good oral health practices for Head Start children. Participants will gain an understanding of the goals and activities for the initiative and strategies for creating local partnerships.

### **Strategic Planning in Early Care and Education Programs**

Participants will learn about the strategic planning process, including how to conduct a complete program/agency review. They will also engage in discussions related to goal setting and will be given strategies for assembling a Strategic Planning Team, promoting the open flow of ideas, and organizing and writing a strategic plan.

### **Role of the Policy Council**

This session will help participants gain a better understanding of the Head Start regulations and revised Head Start Program Performance Standards in order to reinforce and support the role and responsibilities of the policy council. The focus will be on the role of the policy council as established in the Program Performance Standards and common problems that come up.

**11 a.m. - 12:30 p.m.**

### **Evaluating an Employee's Performance**

This session will focus on the importance of conducting accurate employee performance appraisals. Participants will discuss various legal issues and suits that have resulted from inaccurate performance appraisals. They will also learn how to prepare a performance appraisal and present it to an employee, and will discuss the value of having employees complete a self appraisal as well as a performance survey for supervisors.

### **Start Now to Prepare Your Baby For a Lifetime of Learning**

Participants will learn helpful knowledge about brain functions, other basic neuroscience concepts, how to best provide children with appropriate stimulation that will facilitate healthy brain development. This session will also examine interactive methods that can be used to teach parents important concepts to support development.

### **Zula Ready, Set, Science! Simple Machines**

Participants will be presented with a dynamic model for implementing science and math in preschool using a multi-disciplinary approach that fulfills both national and state standards. The session will explore common science misconceptions, foundational concepts of scientific inquiry for young children, and hands-on activities for exploring simple machines.

### **Calling All Parents: The Truth About Media Today**

This session will address the cognitive, social, and emotional effects of the mass media on children. Research on how the media affects children's cognitive and social development will be presented. Participants will gain a better understanding of the positive and negative effects of the media and the importance of properly filtering media.

### **Improving Oral Health in Head Start through Community Partnerships**

Participants will be given hands-on information to help them establish an oral health care plan for Head Start families and staff. In addition, practical ideas will be offered on how to establish collaborative partnerships and referral networks, and participants will be given resource information related to prevention and education in oral health.

### **Let's Get Physical! Growing Healthy Bodies and Brains**

This session will teach participants how to reinforce healthy food choices and increase moderate-to-vigorous physical activity through engaging, hands-on activities using inexpensive equipment, music, and homemade play props. Discover what research has taught us about brain development and its connection to movement, food, and cognitive development.

### **Child Assessment: Using Data to Plan and Individualize**

In addition to being a Head Start mandate, using child assessment data to inform practice is an essential component of meaningful, individualized curriculum planning. This session will help teachers and education supervisors to more effectively analyze assessment data, use that data to plan and individualize, and get families more deeply invested in child outcomes.

### **Why Won't They Change?**

Change isn't easy, but it is unavoidable. During this session, participants will learn about strengths-based coaching, which is a practical approach to supporting adults through change that can fundamentally transform the way we work with others toward sustained quality improvements in care and education. Participants will have the opportunity to try out techniques that they can use right away in their own programs!

### **One Size Doesn't Fit All: Using Coaching to Individualize Professional Development and Improve Program Quality**

A growing trend in the field of early childhood education is the use of coaching to improve teacher quality and, ultimately, child outcomes. In this session, participants will gain a deeper understanding of their role as a coach, practice effective coaching skills, and learn how to individualize feedback for teachers.

### **Soar to New Heights! Successful Approaches and Strategies for Achieving Optimal Oral Health for Head Start Participants**

Head Start staff consistently cite oral health issues as one of their foremost challenges. During this session, participants will learn about available resources and how they can implement preventive strategies in order to achieve optimal oral health for pregnant women, infants, and children enrolled in Head Start.

### **Using Resources to Enhance Your Parent Involvement Component**

This session is designed to explore and examine how procuring donated items from corporations can enhance a program's parent involvement component. Participants will be shown various samples of donated items that are gender specific, age appropriate and politically correct. During the session, there will be a discussion about parent and staff challenges in regards to community outreach.

### **Update on Federal Laws and Regulations**

In this session, Attorney Ted Waters and CPA Howard Gesbeck will discuss changes to federal laws and regulations relating to Head Start and Early Head Start programs. In addition, the presenters will share insights on important issues that affect the management and administration of these programs.

### **Father's Presence Matters**

A father's presence can help a child's overall well being in so many ways. Lack of a father-child relationship places a child at risk cognitively, socially, and emotionally. This session will explore the risk factors that are often present and enable those who work with children to better understand how to address their needs. Participants will have a chance to learn how father involvement affects a child's development and how to effectively increase father involvement.

### **The Family Development Credential: Proven Skills for Frontline Family Workers—Round Table Discussion**

This session will help participants understand how the FDC curriculum teaches workers to “power with” families rather than “power over” them, creating a true partnership with families and resulting in improved family service.

### **Sticks and Stones May Break My Bones, but Words will Make Me Greater**

This empowering session will provide a dynamic learning experience for all Head Start members, including directors, teachers, and parents. This is an excellent opportunity to learn how to promote vocabulary development and create enriched learning environments that promote future reading success. Participants will take part in meaningful hands-on activities that are entertaining, informative, and relevant.

### **Understanding Child Abuse and Neglect and Implications for Prevention**

This session will take a close look at child abuse and neglect. Topics will include historical, social, political, and cultural variables that influence and define abuse, as well as the parent/caretaker variables that are often associated. Participants will explore various infant/toddler syndromes that encompass abuse and identify factors of vulnerability and resiliency.

### **Early Learners are Self-Disciplined in a Person-Centered Classroom**

This interactive session will focus on creating a climate that is person-centered with the goal of supporting student self-disciplined. By establishing a “we” environment, a person-centered classroom creates a balance between what teachers want and the efforts and needs of the students.

### **Raising Media Savvy Kids: How Teachers, Parents, and Caregivers Can Work Together**

Media and technology are evolving at a dizzying pace, bringing opportunities and challenges that are unique to this generation. During this session, participants will learn about the impact this has on children and how to forge partnerships with parents to raise healthy children in a 24/7 media world.

### **A Practical, Painless Monitoring System For Your Home Visitation Program**

During this session, program managers and directors will be given practical tools for monitoring home visits. The system that will be presented offers an easy to manage paper trail for Head Start reviews. The system includes how to structure and conduct ongoing supervision that is focused on building the skills needed to meet Head Start Program Performance Standards.

### **Play Nicely and Work Hard! Effective Strategies to Help Children Learn to Play and Work Well With Others**

Classroom learning is often interrupted because of behavior and social problems. Come learn teaching approaches that address Head Start’s mental health Program Performance Standards and help children express feelings, develop self-control, care about others, and solve problems. Puppets, music, and examples from the model program Al’s Pals: Kids Making Healthy Choices will be shared.

### **Developing the Leader Within: The 5 C’s of Leadership Development**

Create organizational ownership, buy in, and concrete strategic direction using the five Cs of leadership development! Support your organization’s leadership team by truly enhancing all of the major areas of importance that pertain to character development, competence, consistency, and creating cohesive teams of committed professionals.

### **Together We Can! Head Start and Early Reading First Achieve Excellence and Close the Achievement Gap**

This session is designed for directors, grant writers, and other leadership staff. The session will provide participants with a working knowledge of the Early Reading First program and how it is designed to support the current Head Start priorities of bringing research-based, effective practice to those who gain the most from it. This session will define and demonstrate how the requisite components of ERF are directly connected to Head Start objectives and how excellence can be achieved while maintaining and enhancing the comprehensive aspects of Head Start.

### **Moving to Cooperative Play: Illinois Head Start’s Experience with the Early Learning Council**

This session will teach participants about the Illinois experience from the Head Start perspective, including process, challenges and successes. Participants will also be presented with lessons learned, and resources will be shared to help other state Head Start communities successfully navigate this process.

### **Supporting Children in Reaching Their Highest Potential: Certified Teachers in Your Classrooms Without Cost to Your Head Start**

This session will share an innovative collaboration used in Houston, Texas, for school districts, Head Start programs, and licensed child care centers. Participants will learn how this collaboration helps children receive a structured pre-kindergarten curriculum and certified teachers in their classrooms. Information on how to provide these optimal services without cost will be shared.

2-3:30 p.m.

### **Improving Communication Skills**

The focus of this session will be on the development of effective communication skills. Participants will learn how to become a better communicator and how to train their staff or colleagues to successfully share information. This session will include a group exercise on communication.

### **Optimal Use of Screening Instrument: Linking Assessment, Educational Plans, and Classroom Instruction**

This session will focus on the translation of data generated from screening instruments into learning activities in the classroom and goals and objectives for the individual child. Examples will be provided using the Battelle Developmental Inventory, 2nd Edition, a screening instrument that is commonly used in Head Start. Participants will learn how to measure the child's progress using change-sensitive scores.

### **Art Smart: Using the Feldman Approach of Art Criticism in the Early Childhood Classroom**

In this session participants will learn how to use open-ended questions to foster rich discussions in the classroom. This session will also give participants the tools to empower children to describe, analyze, interpret, and judge the visual arts all while building critical thinking skills and fostering social-emotional growth.

### **Developing Meaningful Family Involvement to Enhance the Preschool Experience Roundtable**

Parent involvement is one of the major predictors of student success in school and later in life. Learn how an integrated Head Start, pre-K, and special education public preschool programs and activities to facilitate the meaningful involvement of families in preschool learning experiences.

### **Sign Language: A Passage to Literacy**

Participants will learn how to use American Sign Language to enhance language and literacy through the use of stories, songs, and games. Participants will learn more than 125 words that they can use to enhance children's reading skills, support daily routines, and enhance classroom behavior.

### **Bring Quality Health Services to Head Start Children**

In this session, the presenters will share a successful model they developed to bring medical, dental, and mental health services to Head Start children. Participants will be given tips on how to build and sustain collaborative partnerships. There will be a discussion about specific steps that can be taken to leverage community resources and teach families how to navigate health care systems to ensure coverage of their young children.

### **Father Involvement and Children's Brain Development**

The foundational research-based knowledge that supports a link between father involvement and school readiness in the context of brain development provides new opportunities to plan, develop, and implement father involvement initiatives in early childhood education and care. This session will give participants the opportunity to exchange ideas and strategies for supporting fathers as they build their capacity to influence their children's development.

### **Care For Their Air: Protecting Head Start Children With Smoke-Free, Asthma-Friendly Environments**

Children's exposure to second hand smoke and asthma triggers can cause heart disease, cancer, bronchitis, pneumonia, SIDS, and death. The office of Head Start and EPA are partners in helping families reduce health risks and take control. This interactive session will provide participants with useful information, tools, and strategies to avoid problems.

### **Updating Hearing Screening Practices for Children 0-3 Years of Age**

Otoacoustic Emissions (OEA) hearing screening, used extensively in newborn screening programs, is the most effective screening method that can be used with children ages 0-3. Participants will be provided with information on how OAE screening is conducted and the resources available to help programs update their hearing screening practices.

### **Circle Time Fun and Transitional Tricks! Developmentally Appropriate Practices for Mixed-Age Groups**

This hands-on, participatory session will examine a variety of techniques and strategies for presenting music, movement, rhythm instruments, songs, finger plays, stories, puppets, and creative activities. Have fun, get inspired, and take home loads of new ideas to make your group time and transitions more enjoyable for all children.

### **Lead Poisoning Prevention in Homes, Schools, and Early Childhood Centers: EPA Renovation Rule**

This session will discuss the federal law regarding renovations in early childhood facilities and the considerations required when hiring contractors to complete renovations. Participants will be given the tools to protect children from lead hazards in an early childhood facility and learn about the importance of having children tested for lead.

### **Autism Spectrum Disorders: Recognize the Signs in order to Provide Effective Early Intervention Services**

This session will educate participants on the importance of recognizing the signs of the Autism Spectrum Disorders diagnosis

In order to provide early intervention with effective instructional practices. Participants will learn the signs of typical developmental milestones for children ages 3 months to 3 years and the signs that may indicate atypical development.

### **101 Transition Activities**

This session will discuss the importance of transition activities in the program day and provide methods for implementing proven transition activities. Participants will gain an understanding of the ease of planning and using engaging transition activities.

### **Preschool Vision Screening: Circle Time Problems May Be Related to Vision, Not Behavior**

Did you know that some inappropriate behaviors of children might be related to problems with vision? This session will examine vision-related behaviors and provide information about vision problems in young children that can lead to permanent vision impairment if not detected and treated early, preferably before age 5.

### **CDA Advisor Training**

This session will help participants understand the role and responsibilities of the advisor in the CDA Assessment System and how to complete the Candidate's CDA Assessment Observation Instrument.

### **Brain Development and Learning through Physical Movement and Play: The Mind Body Link**

This session will focus on our rapidly increasing knowledge about brain development and what the research recommends in terms of creating early childhood curricula and environments in which play through physical movement is intentionally planned. Participants will explore classroom strategies that promote the conditions essential to learning through the integration of the hard-wired foundational brain functions.

### **Using Data to Make Decisions**

The use of data is an essential element of the "manager's toolkit" in a high-performing Head Start program. Through this workshop, participants will gain a better understanding of data-driven decision making, practice using relevant data to identify problems and generate solutions, and come away with a tool they can use to apply this framework to their own programs.

### **Empowering Parents, Teachers and Kids to get ready for Kindergarten**

Many states report that children are not entering school ready to learn and succeed. This action-packed session is designed to empower parents, children, and teachers to get children ready for Kindergarten! Learn the seven things that parents and children need to know and that every early childhood teacher needs to share! Let's all get ready for Kindergarten!

### **Questions and Answers with Ted and Howard**

Attorney Ted Waters and CPA Howard Gesbeck will answer questions relating to Head Start. Waters and Gesbeck have been working with Head Start and Early Head Start programs for a combined total of more than 55 years, and they will use this experience to answer your questions. Whether you have questions about the board, policy council, or administration of a program, they will provide practical solutions that will point your program in the right direction so that you will know how to be in compliance with Federal Head Start requirements.

### **The Seven Steps to Promotion in the Workplace**

Being promoted is about positioning! This is an ideal session for those who seek career advancement. By reviewing the top reasons why people are not promoted, the value of soft skills, and other critical factors, participants will explore the elements not often talked about that can hinder job promotion.

### **Stress Management**

Participants of this session will learn about the various kinds of stress, how to identify individual stressors, and effective strategies for handling stress and time management. This session will also discuss the consequences of not monitoring or addressing stress, such as heart attacks, strokes, and high blood pressure.

### **Language Stimulation: Awakening Your Child's Mind, Language, and Creativity During the Intra-uterine Process and After Birth**

The purpose of this session is to provide participants with information, strategies, and techniques for providing language stimulation to their child during the intrauterine stages and after birth.

### **Collaboration Between Private Head Start Grantees**

This session will examine the ways the collaborative environment was promoted between a Louisiana Head Start grantee and three public school districts. Three classroom models will be presented and discussed. The session will also look at ways to prevent common problems from arising.

### **Understanding the Choices in Life that Influence Happiness**

This session will highlight numerous factors that contribute to satisfaction and happiness in life, including how you think and the lifestyle choices you make. Participants will be shown tools to help families and staff evaluate their current life satisfaction and happiness and fun activities that can be used with any group to promote a healthy lifestyle.

### **A Guide to Crisis Management**

When a crisis occurs, we are faced with incomprehensible uncertainty. The aftermath might include serious injury, loss of life, damaged property and reputation, litigation, or even the

loss of business. The best time to think about how to handle a crisis is well before it happens. Preparation is key. Participants will be introduced to the key elements of a crisis management program and will learn the importance of establishing key accountabilities within a center that are necessary for effectively managing a crisis.

### **Financial Monitoring: The Key to Accountability**

The Improving Head Start for school Readiness Act of 2007 requires that a Head Start program develop and implement an effective and efficient financial monitoring system.

This session will provide participants with information for developing monitoring procedures and analyzing the results of their monitoring activities.

### **Developing the Leader Within: The 5 C's of Leadership Development**

Create organizational ownership, buy in, and concrete strategic direction using the five Cs of leadership development! Support your organization's leadership team by truly enhancing all of the major areas of importance that pertain to character development, competence, consistency, and creating cohesive teams of committed professionals.

### **Special Plenary Session: Getting a Head Start on a Lifetime of Oral Health (2-Hour Session)**

This session will focus on oral health care strategies, including healthy habits, professional dental care, snacking, and nutrition. Participants will gain an understanding of preventive oral health practices and the dental home, as well as an understanding of the relationship between good oral health and healthy development.

### **Parent Issues**

This session will give participants the tools to understand what motivates parents to complain or have issues with the early childhood program and how to best deal with those complaints and concerns. The session will help participants view parent handbooks as an integral part of the communication between families and the agency and better understand how to effectively use the parent handbook.

### **Using Your Personnel Policy Manual as an Effective Personnel Management Tool**

The focus of this session is on the development and revision of a personnel policy manual. The focus will be on the legal impact of topics such as recruitment and hiring, at-will employment status, performance appraisal, hours of work, and hiring, termination, and disciplinary policies. Participants will gain an understanding of the role of the board of directors, parent policy council, and staff in the development and implementation of the policy manual.

**Thursday, April 30 • 9-10:30 a.m.**

## ***Special Events***

### **Grassroots Research Breakfast**

**Thursday, April 30 • 8–9:30 a.m.**

*Developing the Early Childhood Teacher Workforce*

**Speaker:** Richard Lambert, Ph.D., Ed.S.

University of North Carolina at Charlotte

**Tickets:** \$45

### **Special Presentation: *National Academies of Science Report on Developmental Outcomes and Assessments for Children Aged 0 to 5***

**Thursday, April 30 • 2-4 p.m.**

### **Celebration of Head Start...**

### **Over 25 Million Served!**

### **An Evening of Education, Dining, and Entertainment**

**Thursday, April 30 • 7–11 p.m.**

Since 1965, Head Start has improved the lives of millions of children and families. Working against many odds, Head Start has endured! Join us and our special guests for an amazing evening of reflections and celebrations as we commemorate our successes and prepare for many more to come.

*Head Start Makes a Difference*

**Special Guest Speaker:** Head Start Graduate

James "Butch" Rosser Jr., MD Professor,

Morehouse School of Medicine

**Tickets:** \$125

### **Connecting, Sharing, and Learning: Using the ECLKC Resources to Support Program Planning and Fiscal Accountability**

Accountability is a key issue in the current discussion about the future of Head Start. With the current emphasis on planning and accountability in the new Head Start Act, this session will focus on the Office of Head Start's ECLKC, a wealth of online resources designed to improve program quality. Participants will better understand regulations and requirements for implementing a systems approach to program planning and fiscal accountability. They will also learn strategies that can be used to locate resources and use the many features of ECLKC.

### **Performance Management for Head Start Success**

An effective Human Resource Information System (HRIS) is often the most critical difference between an under-performing and Gold standard certified Head Start program. This session will provide administrators and human resource professionals with proven ready-to-use compliance tools to ensure that their program is operating at maximum efficiency.

### **The Final Frontier for Student Achievement: Father and Family Involvement**

This session is intended to help participants get maximum results for their time and effort in order to achieve higher levels of academic success. Making parents more of a partner in this effort is vital to our efforts toward academic improvement. Come discover ways that you can make your parent involvement program improve achievement and be cost effective.

### **Autism Spectrum Disorders: Recognize the Signs to Provide Effective Early Intervention Services**

This session will educate participants on the importance of recognizing the signs of the Autism Spectrum Disorders diagnosis. In order to provide early intervention with effective instructional practices, participants will learn the signs of typical developmental milestones for children ages 3 months to 3 years and signs that may indicate atypical development.

### **Assessment Made Easy**

Participants of this session will learn the importance of assessment and what the teacher's role is in the assessment process. This session will also provide information about the basis of assessment and strategies for conducting effective assessments.

### **A Healthy Child is a Better Student: Combining Classroom Lessons with Nutrition and Physical Activity Education**

During this session, a nutrition curriculum designer will share information on a dynamic, classroom-based model for integrating nutrition and physical activity into the academic day. Learn how simple lifestyle modification principles can affect your student's alertness as well as your own.

### **Family Outcomes: Determining Key Indicators to Evaluating Family Success in Head Start**

This session will assist grantees in enhancing family services, family outcomes, and parent involvement. Topics will include a strength-based approach to family services, enrollment, waiting list trend data, community statistics, state pre-K data, and using PIR and monitoring data to support family outcomes after families have left the program.

### **My Peers Elected Me to Serve... Help!**

This session will provide information to support the program governance staff in its role in the governance structure. Come learn how to make every decision count.

### **Identifying the Academic Success of Head Start Teachers with TSU HS CAPP**

The replication of successful professional development programs discussed in this session is intended to provide encouragement and mentoring to teachers who are interested in pursuing their professional goals. The benefits identified by higher education institutions, Head Start partners, children, and families will reinforce the value of early childhood professional development for agencies, communities, states, and the nation.

### **Calgon, Take Me Away! Maintaining Excellence Under Pressure**

This interactive session is designed to teach effective strategies for identifying and dealing with the stressors in our daily lives. Participants will learn to view stress factors from a different perspective. The session will include group discussions and stress-relieving laughter activities.

### **Afraid to Truly Love: Addressing Relationship Challenges in Abused and Neglected Children**

Fear of abandonment is a serious mental health concern for children who have been abused and neglected. This session will discuss this fear, its causes, and how it affects children's social-emotional development. The presenters will identify ways Head Start programs can address these challenges and, as a result, improve child's social-emotional development and ability to learn.

### **Using Data for Effective Program Planning and Management**

Data analysis has become increasingly important in making planning and management decisions in Head Start. This session is designed to help program staff use data to inform decisions regarding curriculum, professional development, program compliance, and more.

### **Effective Classroom Strategies for Including All Children in Head Start**

Head Start programs are required to provide services to children who have special needs. This session will address ways that Head Start programs can effectively support all children. Participants will learn effective ways to support the participation of children with disabilities and other special needs in daily activities and routines. Using a variety of didactic and interactive techniques, this training will provide practical, easy to use classroom strategies for meeting children's individual developmental needs.

### **ChildPlus.net: An Overview of a Head Start Management Software**

This session will discuss ChildPlus.net, the new user-friendly program management software available for Head Start programs. Participants will learn how to navigate ChildPlus.net and use the site as a monitoring tool.

### **The Power of You**

This session will describe a system of self-empowerment and provide a cycle of program delivery that can be used as the foundation of an effective fatherhood or male involvement program. Participants will gain a new perspective and leave equipped with a strategic plan for program implementation.

### **Sing, Dance, and Play: English and Spanish are Part of a Child's Day!**

This high-energy session (presented in English) will provide participants with songs, games, and fun ideas for bringing Spanish and English together in the classroom. Participants will learn about the many benefits of learning a second language during the first five years of life, including the improvement of early reading skills.

### **The Eyes Have It! The Role of Observation in Early Childhood Classrooms**

This session is intended to explore the importance of developing and using observation skills throughout the day in early childhood classrooms. Observing and recording accurate information about the experiences of both individual children and the classroom as a whole provides valuable information for intentional and purposeful planning. Participants will also explore how observation data can be used to build partnerships between schools and home and to identify needed collaborations.

### **Increase Learning with the Power of Music**

This session will introduce and demonstrate new songs and activities to help educators meet school readiness standards. Participants will learn fun song and movement activities designed to improve learning and memory skills.

### **Building Successful Family and Community Partnerships**

This session will give the participants a variety of strategies for engaging the parents and the community in providing comprehensive services to children and families. In order to accommodate different learning styles, this 90-minute presentation will consist of a lecture, small-group activity, role-playing, and question and answer period. Participants will also have the opportunity to share what they are currently implementing in their programs and receive recommendations on how to enhance what they have.

### **Special Plenary—Key Factors for Sustaining Head Start Best Practices: Ensuring Long-Term Success** (2-Hour Session)

This session will help participants better understand the debate over accountability and sustained gains. Participants will also consider the benefits of authentic assessment and best practices and learn what research reveals about the impact of instructional practices on how and what children learn.

### **Hip-Hop to Rock: Developing Critical Early Reading Skills**

Singing along with culturally relevant rhythms to children songs and stories can help build important early reading skills. Experiences such as these can be used to motivate children to learn how to read while building connections in their developing brains. Participants will learn how to integrate songs into reading activities and how to integrate singing and reading activities into other content areas.

### **Safe Transport of Head Start Students with Special Needs: Beyond Driving**

Participants will discuss the relationship between negative student behaviors among Head Start students with disabilities and bus safety. This session is designed to give education and transportation professionals new insight into training needed to ensure that students with disabilities are transported safely and ready to learn.

### **Managing Multiple Funding Streams: When to Cost Allocate**

Head Start programs are experiencing a growing need to provide full-day/full-year services to children and families. In order to meet those needs, many programs must use additional funding streams. This session will give participants information they can use in making decision regarding the development and implementation of a cost allocation plan. Participants will also learn how to develop a budget based on the methodology (ies) that best represent the cost of their centers.

### **The Literature Based Content Approach**

The literature based content approach to curriculum and documentation is a dynamic teaching and documentation strategy that integrates literature and other content areas. Participants will learn how to extract subject matter from literature books and more.

### **Over the River and Through the Woods**

The teacher's role in promoting social-emotional skills will be discussed, and participants will learn about tools for building relationships that help children develop a sense of belonging, self-esteem, confidence, and independence. The session will also include a discussion about establishing and implementing rules for guidance and nurturing positive attitudes.



## Discovering Temperaments

This session will focus on how our temperament traits affect the way we interact with others. Participants will learn the nine identified temperament traits and how to identify the temperamental differences of children in order to better meet their individual needs.

**11 a.m. - 12:30 p.m.**

## Stress Management for the Early Care and Education Professional

Stress is a major health issue in family and work environments. This session will review the symptoms and causes of stress and will discuss stress management skills that can be shared with parents and staff.

## Emergency Preparedness Program: Product Implementation

Participants of this session will discuss different emergency scenarios and the issues involved. Participants will learn strategies for setting up an emergency preparedness program.

## Self Confidence and Decision Making: It Begins with a Seed

This session will give participants the tools to increase their self-confidence and gain the courage and determination needed to achieve their goals. There is a seed in you that is waiting to bloom and become the best person possible.

## How to Have Parent Involvement Programs Without Kidnapping Children and Making Them Sing

This humorous, interactive session will show participants how to bring parents into their centers and engage, educate, and encourage them. Come learn how to have simple, inexpensive yet effective parent and family programs that will increase parent involvement.

## Math and Me

Let's make learning math fun! Through children's literature and interactive hands-on experiences, educators will be given the opportunity to explore a variety of math concepts. Strategies and activities that encourage critical thinking and problem solving will be offered. The training method will include a combination of lecture, small group discussions, and hands-on activities using high-quality children's literature.

## Helping Children Thrive in a Media-Saturated World

Learn how and why the media is so powerful in shaping children's attitudes, values, and behaviors. This research-based session will explore the effects of video games, the Internet, and television on children's health and development. Participants will learn practical strategies for taking advantage of the opportunities media offers while minimizing the risks to children.

## The Amazing Alphabet

Learn how to incorporate phonics, phonemic awareness, and the alphabet into your lessons. Ideas will be shared on how the alphabet can be incorporated into the classroom across the curriculum. Participants will have the opportunity to learn new ideas, share their own ideas, and come away with practical information to use in their classroom.

## Preparing for Emergencies the Sesame Way!

Join Sesame Street to get ready! This interactive session will provide resources that will help programs prepare families for emergencies. Participants will learn easy ways to use free bilingual multiple media tools (in English and Spanish) to creating a preparedness plan.

## My Peers Elected Me to Serve... Help! (Spanish Session)

This session will provide information to support the program governance staff in its role in the governance structure. Come learn how to make every decision count.

## Multiple Intelligences in the Preschool Classroom

This session is designed to familiarize participants with the multiple intelligences perspective and how it can be integrated into the Head Start classroom. By learning how to determine each child's dominant intelligence(s) and using curriculum activities that accommodate different intelligences, teachers can better meet the needs of all learners.

## Structure and Relationships: Major Components in the Classroom

Participants of this session will explore the teacher's role in the classroom, how to apply the components of classroom management, how to link classroom management and community/relationship building, and the stages, models, and benefits of involved in co-teaching.

## Transitions Made Fun and Easy with Music

Participants in this session will learn how to support each child's learning using strategies such as experimentation, observation, play, and exploration. The session will discuss opportunities for creative expression using music, movement, and dialogue.

## Using *NHSA Dialog* as a Research-to-Practice Tool for Head Start Administrators

This session will introduce participants to the *NHSA Dialog* by outlining the overall purpose, focus, and content of the journal. The purpose of each section of the journal will be described, and sample articles from each section will be discussed. Several strategies for accessing and using research articles in administrative decision making will also be offered.

### **Increase Learning with the Power of Music**

This session will introduce and demonstrate new songs and activities to help educators meet school readiness standards. Participants will learn fun song and movement activities designed to improve learning and memory skills.

### **Managing Aggressive Behaviors**

This session will provide participants with effective intervention strategies that can be implemented in their program. Participants will learn how to identify factors that lead to anger and aggression in children and specific classroom prevention and intervention strategies for dealing with anger and aggression.

### **Families and Schools: We Can't Spell Success Without U**

The primary purpose of this session is to remind educators of their professional responsibilities to strengthen relationships with parents, create safe and family-friendly schools, and provide high-quality classroom experiences that involve parents as partners in the learning process.

### **Embracing a New Alphabet Instruction Paradigm in order to Give Children a Head Start**

This session will help address the concern that English alphabet letters are abstract, meaningless, and confusing to children. Learn how to transform these abstract symbols into something that is meaningful using a research-based, inter-sensory process that stimulates visual-auditory-motor responses and integrates them into beginning reading-writing-spelling activities for successful early literacy development.

### **Moving Past Praise: Supporting Children with Encouragement**

This session will allow participants to identify the unintended consequences of praise on preschool children and will allow them to explore ways to incorporate three encouragement strategies in their everyday routine in the classroom. Participants will be given the opportunity to practice the encouragement strategies and develop a plan for using them in their own early childhood program.

### **Head Start State Collaboration Office and State Head Start Association Partnerships: New Directions**

This session will inform participants of the Office of Head Start's expectations regarding the HSSCO and its relationship with state Head Start associations. There will be a discussion on partnership-building strategies that are currently being used in identified states. A roundtable format will create an open forum for discussions about existing partnership issues, challenges, and solutions.

### **From the Ground Up: Building IMH For a Rural EHS Program**

This session examines the three components of IMH (relationship, reflection, and concrete assistance) and how they form a cohesive MH service delivery within a rural Hawaii Early Head Start program. Participants will be given the opportunity to "fix" a program with MH findings and individually evaluate their own programs for strengths and challenges.

**2-3:30 p.m.**

### **HRIS for Head Start Compliance**

This session will allow participants to gain strategic insight into cutting-edge, technological HR advances and proven application techniques. Participants will receive ready-to-use Head Start compliance tools for building an effective HRIS system. Participants will also learn quantitative measurements that can be used to validate effectiveness of current or future HRIS systems.

### **Curriculum Management System**

Curriculum is an important element of the Head Start experience. The written curriculum plan, as defined in the program performance standards, is the road map to school readiness. Success in providing high-quality service to children, however, is linked to the overall curriculum management system.

### **Understanding the Psychological Process of ADHD Preschoolers**

This session was designed to educate families and teachers about the importance of understanding the psychological processes that affect learning in preschool children diagnosed with Attention Deficit Hyperactivity Disorder. Participants will learn about the characteristics of ADHD, comprehensive assessment of children with ADHD, and interventions used in the diagnosis of ADHD.

### **Painless Parent Teacher Conferences**

This session will provide a win/win strategy for parent conferences. Participants will also learn to be particularly aware of the needs of parents during these meetings.

### **A Healthy Child is a Better Student: Combining Classroom Lessons with Nutrition and Physical Activity Education**

During this session, a nutrition curriculum designer will share information on a dynamic, classroom-based model for integrating nutrition and physical activity into the academic day. Learn how simple lifestyle modification principles can affect your student's alertness as well as your own.

### **Expanding Infancy: Implications of HS Reauthorization on EHS Programs Roundtable**

Head Start reauthorization allows grantees to convert slots from Head Start to Early Head Start. Programs must think strategically about converting slots using SA, CA, Head Start Federal Review, and PIR data. Programs can begin analyzing data on services provided to pregnant women, infants, and toddlers in order to rule out slot conversion.

### **Identifying the Academic Success of Head Start Teachers with TSU HS CAPP**

The replication of successful professional development programs discussed in this session is intended to provide encouragement and mentoring to teachers who are interested in pursuing their professional goals. The benefits identified by higher education institutions, Head Start partners, children, and families will reinforce the value of early childhood professional development for agencies, communities, states, and the nation.

### **Calgon, Take Me Away! Maintaining Excellence Under Pressure**

This interactive session is designed to teach effective strategies for identifying and dealing with the stressors in our daily lives. Participants will learn to view stress factors from a different perspective. The session will include group discussions and stress-relieving laughter activities.

### **Water Table Talk, Books About Blocks: Linking Science and Math with Language and Literacy**

This session will present best practices for integrating science and math with language and literacy in the early childhood classroom. Participants will explore how to plan a curriculum that addresses multiple elements of the Head Start Child Outcomes Framework, such as building vocabulary skills using science activities and literature to address math concepts.

### **I've Fought Fewer Fires Since Recognizing I was the Arsonist**

This session will help participants understand that love is more than an emotion, the importance of forgiveness, and how to keep work issues in perspective. Participants will also learn how to reframe life's experiences to become not merely a survivor of workplace conflict but someone who can skillfully navigate this sometimes difficult terrain.

### **Working with Challenging Behaviors: What to Do When Nothing Else Works!**

This presentation is a survival program intended to give educators the information and skills they need to cope with children's challenging behaviors and to teach young children appropriate ways to behave. Come learn how you can make a real difference in the lives of children and their families.

### **E-Rate Funding: Tips and Strategies for Your Head Start's Success**

This session will discuss how Head Start programs can benefit from the federal E-Rate program, what qualifies as E-Rate eligible products and services, the E-Rate timeline, documentation requirements, and the program's policies and procedures. The session will also emphasize to Head Start programs why their participation in the E-Rate program should be viewed as an ongoing process and how it can be used as an opportunity for self-assessment.

### **Structure and Relationships: Major Components to Efficiently Run a Classroom**

Participants of this session will explore the teacher's role in the classroom, how to apply the components of classroom management, how to link classroom management and community/relationship building, and the stages, models, and benefits of involved in co-teaching.

### **The Power of You**

This session will describe a system of self-empowerment and provide a cycle of program delivery that can be used as the foundation of an effective fatherhood or male involvement program. Participants will gain a new perspective and leave equipped with a strategic plan for program implementation.

### **Sing, Dance and Play: English and Spanish Are A Part of A Child's Day**

This high-energy session (presented in English) will provide participants with songs, games, and fun ideas for bringing Spanish and English together in the classroom. Participants will learn about the many benefits of learning a second language during the first five years of life, including the improvement of early reading skills.

### **The Eyes Have It! The Role of Observation in Early Childhood Classrooms**

This session is intended to explore the importance of developing and using observation skills throughout the day in early childhood classrooms. Observing and recording accurate information about the experiences of both individual children and the classroom as a whole provides valuable information for intentional and purposeful planning. Participants will also explore how observation data can be used to build partnerships between schools and home and to identify needed collaborations.

### **Meeting the Diverse Needs of Young Children**

This session will engage participants using a multi-sensory, hands-on learning approach to teaching a variety of strategies, which include the use of American Sign Language and music, that support the diverse needs of young children. Participants will leave with practical strategies and modifications that can be used to support diverse learners.

### **Taking Stock of Your Technology: Effective and Proactive Assessment of Technology Solutions**

There are many reasons for an organization to take stock of its technology solutions, including budget concerns, senior management turnover, and regulatory changes. Participants will learn how these periodic assessments, if properly performed, can be an effective method for determining the extent to which your technology solutions are supporting your organization's objectives. Participants will also learn more about methods and tools they can use to begin assessing and improving their use of technology.

### **Building Successful Family and Community Partnerships**

This session will give the participants a variety of strategies for engaging the parents and the community in providing comprehensive services to children and families. In order to accommodate different learning styles, this 90-minute presentation will consist of a lecture, small-group activity, role-playing, and question and answer period. Participants will also have the opportunity to share what they are currently implementing in their programs and receive recommendations on how to enhance what they have.

### **Hip-Hop to Rock: Developing Critical Early Reading Skills**

Singing along with culturally relevant rhythms to children songs and stories can help build important early reading skills. Experiences such as these can be used to motivate children to learn how to read while building connections in their developing brains. Participants will learn how to integrate songs into reading activities and how to integrate singing and reading activities into other content areas.

### **The Use and Misuse of Student Information for Head Start Personnel**

Participants will explore parameters for sharing student information under federal law. The presenters will discuss practical approaches that enable providers to have the information needed to carry out their responsibilities safely and efficiently without compromising the children's privacy interests.

### **Special Plenary Session: Head Start and High Scope: A Match Made in Heaven (2-Hour Session)**

This session will identify strategies for incorporating the principles of the High Scope curriculum into the Head Start program as well as ways to integrate the Head Start component areas into High Scope's daily routine and content areas.

### **Financial Monitoring: The Key to Accountability**

The Improving Head Start for school Readiness Act of 2007 requires that a Head Start program develop and implement an effective and efficient financial monitoring system. This session will provide participants with information for developing monitoring procedures and analyzing the results of their monitoring activities.

### **Sense of Wonder: Science for Young Learners and Their Teachers**

Come learn about a national demonstration project that resulted in the development of activities to help Head Start teachers bring a "sense of wonder" about science to young learners and their teachers and parents. Participants will explore activities for engaging preschool children in the science of their everyday world.

**Friday, May 1 • 9-10:30 a.m.**

### **Special Events**

#### **Research Plenary and Poster Session**

Friday, May 1 • 9-10:30 a.m. and 2-4 p.m.

#### **Scholarship and Awards Breakfast**

Friday, May 1 • 8-9:30 a.m.

Honoring achievement! Join us for the 2008-2009 Scholarship and Awards Breakfast. This event recognizes individuals who have provided exceptional services to Head Start. Come and support the honorees at this event. A limited number of tickets will be available the day of the event; we suggest purchasing tickets in advance.

**Tickets: \$45**

#### **Legislative Luncheon**

Friday, May 1 • Noon-2 p.m.

Would you like to know what's on the horizon for the Head Start program, its directors, teachers, children, family service workers, and others? If so, be sure to participate in this informative event and get the most current information directly from lawmakers. *Members of Congress Invited.*

**Tickets: \$75**

### **Write On! Fostering Early Writing Interests and Abilities**

This session will help participants become better acquainted with the stages of early writing development and will explore a variety of ways that they can foster early writing interests and abilities in children. A number of the activities that will be highlighted will include the use of children's books.

### **Walking Through the NAEYC Code of Ethics Supplement for Administrators Roundtable**

This session will enable participants to better understand the historical perspective, conceptual framework, content and context of the NAEYC Code of Ethics and Supplement for Administrators. Participants will be given the opportunity to use case studies to practice the application of the Code of Ethics to issues and dilemmas faced by program administrators on a day-to-day basis.

### **Up Your Attitude: The Power of a Positive Attitude**

Participants will learn how they can choose to have a positive attitude each and every day. The session will emphasize how negativity destroys productivity and how your attitude impacts creativity and learning.

### **Rocking, Rhythm, and Rhyme**

Early literacy entails much more than just reading. Rocking, Rhythm and Rhyme will show participants how to make music, movement, and language an integral part of any program. Literacy starts long before the ABCs or 123s. Participants will receive a free reproducible literacy kit that will help involve parents in improving family literacy outcomes.

### **Teaching Children Social Skills: from Theory to Practice**

This session will focus on the need and importance of teaching young children social skills that have lifelong benefits. Specific skills that can be taught and how language can be incorporated into daily conversations and connections will be discussed. The session will also look at practical, hands-on materials that can be used for implementing these skills in the classroom.

### **Empowering Head Start Programs to Plan and Manage Systems that Influence Cultural Diversity**

This session is designed for directors, managers, and coordinators who plan and manage inclusive environments. There will be an interactive discussion about system barriers, personal belief systems regarding diversity, and program policies and practices.

### **Parenting and Educational Excellence to Save Our Children, Save Our Schools**

This session will explore the importance of and relationship between high-quality parenting skills and children's success in school. It will highlight how effective parenting can be in improving children's academic success and increasing children's self-image, pride, and confidence in their ability to learn and be successful.

### **The Peaceful Classroom: Preventing and Responding to Aggressive Anger**

All children can learn to develop peaceful responses to feelings of anger. This session is designed to help early childhood professionals use environmental and guidance techniques to support children who exhibit aggressive behavior when they are angry. Participants will learn about the stages of anger, guidance techniques that can be used to prevent aggression, how to support an angry child before aggression occurs, and peaceful tools that can be used to effectively avoid or reduce angry outbursts.

### **What You Focus on You Get More Of: 7 Cooperative Class Book Projects that Support Conscious Discipline**

While Encouraging Helpful Behaviors Young children think in pictures. Seven structures from Conscious Discipline including as active calming, ways to be helpful, class jobs, and I-love-you rituals will be presented as cooperative class bookmaking projects as a way of creating visual guides that document and reinforce positive behaviors.

### **Our Stories, Our Connectedness: Building Leadership Together**

This session will highlight effective strategies that can be used to develop strong parent and staff partnerships and provide participants with a forum for candid discussion about the challenges and benefits of parent leadership in action. Participants will learn how to use stories and core values to build relationships and will discover practices that encourage parent engagement and leadership within program.

### **Step into the Splash Zone: Activities with the Monterey Bay Aquarium and Head Start**

Monterey and Santa Cruz County Head Start have partnered with the Monterey Bay Aquarium to provide opportunities for staff, children, and their families to learn about and appreciate ocean life. Participants will learn about this unique relationship and experience some of the activities that have made this program successful.

### **Early Literacy Outreach: A Model for Professional Development**

This session will discuss the methods and content of a professional development program for teachers that uses best practices to teach them about early literacy. Participants will be given the opportunity to compare and augment their current early literacy practices and strategies for including parents as partners.

### **Strategic Partnerships: The Key to Capacity Building**

This highly interactive session will give participants an opportunity to learn new strategies for forming strategic partnerships and effective collaborations. By identifying what makes a Head Start program unique, participants will learn how to build its capacity by involving community partners. This session will benefit those who wish to increase their program's visibility in the community and stretch their Head Start dollars.

### **Walking in Their Shoes: Understanding the Parental Perspective When Concerns Arise**

Participants will examine strategies for helping families who have a difficult time accepting or acting on a developmental or health concern identified in their child. There will be an emphasis on how early childhood professionals can respect families' individual reactions, how to support families in the decisions they need to make, and how these steps can be included in the FPA.

### **Prenatal Beginnings to Age 5: Nurturing and Protecting the Developing Brain**

In this session, participants will learn how to support healthy early brain development while examining how the brain is wired using a three-step process. Participants will also learn the effects of adverse factors such as stress, neglect, exposure to toxins, and injury to the developing brain, and how to reduce and prevent these harmful consequences.

### **Innovative Classroom Strategies to Combat Childhood Obesity**

This session will shift the focus from treatment of childhood obesity to the causes and prevention of this growing problem. Dr. Rosser will present resources and strategies for addressing this important issue and will help unravel the mystery that surrounds this disease. Participants will learn to recognize early signs, commence intervention, and be exposed to exergaming video techniques/solutions that can be incorporated into the Head Start experience.

### **Using Parent-Child Interaction Games to Strengthen Family Partnerships**

Family child care providers are in a unique position to build strong, positive relationships with families. This partnership is an essential factor in how children experience family child care. This session will focus on how family child care providers can strengthen partnerships with families using a set of parent-child game-like interactions.

### **Instructional Opportunities in Preschool Class- rooms: Best Practice in Practice**

This session is designed to help teachers and administrators learn knowledge and skills needed to implement and evaluate Instructional and Caring Contacts (ICC) in the early childhood classroom. ICCs are a collection of research-supported instructional strategies. Participants will learn to identify and incorporate ICC strategies in classroom settings and to evaluate the use of ICC strategies.

### **Promoting Children's Social Emotional Health in Today's World**

Studies confirm that the social and emotional competence of young children is a more accurate predictor of academic performance in first grade than cognitive skills and family background! These days, children often face serious risks that can jeopardize their well being. This session will explore how children's social and emotional needs can be successfully supported in today's world.

### **Optimizing Outcomes: Using the 3 M's**

In this session, participants will learn how to design and integrate a comprehensive monitoring system that is guided by Head Start performance measures. They will also learn how to use quantitative and qualitative data to identify suitable benchmarks and goals.

### **Communication: Creating a Working Relationship with Families**

This session will teach participants the elements of effective communication and the effects of communication on the family partnership process. Participants will also learn how to communicate clearly and create relationships that will enhance family goal setting.

### **The Blueprint of a Successful Classroom**

In this session, participants will learn the clinical diagnosis that relates to adolescent behavior and real life solutions for real life situations. Participants will also discuss positive tips for improving teacher-parent interaction, implementing successful character education, and improving classroom control.

### **Building Blocks for Families: A Healthy Future**

Building Blocks for a Healthy Future offers free online tips and tools that can be used to reach out to families and create risk-resistant children. Discover how to access online lesson plans, family activities, discussion starters, and games to help families build confidence and skills in order to make positive, healthy decisions.

### **Information Security for Head Start Leaders**

Leaders in today's Head Start organization face many threats to the security of their information. Using common security issues as examples, this session is designed to help organizational leaders better understand what they need to do to maintain information security. Technical jargon, or "geek speak," will not be used.

### **Operating Efficiently: Tools for Process Streamlining**

The need for fiscal accountability and effective internal controls is more important than ever. At the same time, Head Start agencies have fewer resources available for business office operations. This session will introduce participants to methods and tools they can use to begin to assess and improve the processes used in their programs.

### **Generational Diversity: Four Generations Working Together**

Generational diversity is not new, but never before have four generations come together in the workplace. This session is designed to address the struggle organizations experience when it comes to hiring and retain qualified staff. Participants will gain a better understanding of the rich resources and opportunities four generations can bring to the workplace.

### **Plenary Session – Evidence Based Methods for Developing Pre-Reading and Communication Skills (2-Hour Session)**

Orthographic instruction (or printed cues) is a new learning approach that can be used to develop a strong literacy foundation while improving communication skills. Participants will be given the tools to improve reading and writing skills and academic success! The importance of early intervention with orthographic instruction will be discussed and classroom activities will be demonstrated.

### **Meeting the Developmental Needs of Boys**

This session will examine the developmental needs of boys and tools that can be used to understand their brain development. The session will discuss how educators can adapt environments and teaching techniques to make them responsive to the developmental needs boys.

**11 a.m. - 12:30 p.m.**

### **101 Ways to Use a Word Wall... But Who's Counting**

This session will offer ideas and practical information on classroom management, early childhood education, early literacy, ESL/ELL, Head Start Program Performance Standards, instructional practices, pre-reading skills development, and correlations with state pre-K standards. Participants will learn new strategies for using the word wall in the Head Start classroom.

### **HRIS for Head Start Compliance!**

This session will allow participants to gain strategic insight into cutting-edge, technological HR advances and proven application techniques. Participants will receive "ready to use" Head Start compliance tools for building an effective HRIS system. They will also learn quantitative measurements that can be used to validate the effectiveness of current or future HRIS systems.

### **Autism, Asperger's, and Autism Spectrum Disorders: Diagnosing and Treating Young Children**

This session will explore criteria for Autism Spectrum Disorders, including autism and Asperger's disorder. Challenging communication and social-emotional behaviors can raise many questions for Head Start staff and parents. With young children, it is often difficult to know whether a particular child has unusual personality traits that are within normal limits or has a developmental disorder.

### **Quality Enhancement: Supporting Transformation through Evidence-Based Practice**

This educational session will examine results from three years of using QE STEP, a professional development model, to implement the CLASS in 72 Head Start and Early Head Start classrooms. The lessons learned, outcomes, and implementation data will be useful for Implementing the program in Head Start classrooms nationwide.

### **Let's Get Physical with Zoo-phonics!**

Participants will learn how the Zoo-phonics Program teaches the alphabet using a cast of animal characters and a body movement that directly relate to the animal/letter and, therefore, give children meaningful ways of use the alphabet immediately and recognizing a word as a unit of print. You'll find out how Zoo-phonics uses the alliterative names of animals to teach letter sounds.

### **Homelessness in Head Start: Building Collaborations to Support Children and Families**

This session will focus on Head Start requirements regarding homelessness and how programs can serve homeless families more effectively through strong community collaborations. Participants will learn the best practices for serving homeless families and begin to develop a Homelessness Strategic Plan.

### **Wild Kids: Exploring Nature with Young Children**

This session will explore a new environmental education initiative from the Council for Environmental Education that early childhood educators can use with children ages 3-7 to explore the fascinating world of nature. Learn how children can participate in simple investigations to test observations and engage in dramatic play activities.

### **A Grand Stand for Literacy: Supporting Parents, Teachers, and Administrators in Their Instruction Using Literacy Traveling Trunks**

This session will empower parents, teachers, and administrators to take a grand stand for literacy! Using tools designed to ensure early literacy success and research-based activities, participants will examine how to make maximize their efforts and involvement in supporting early literacy development. The session will include the use of community resources (local libraries, story hour, resource rooms, resource persons, and authors).

### **Cooking with Papi: Sharing Your Passion with Children While Building Relationships that Last**

This session will provide ways in which parents can build relationships with their children while participating together in a variety of activities that are of interest to both the child and parent. Through these activities, children and parents will increase their desire to learn about a wide variety of topics and ideas.

### **Integrating Service Area Topics into the Curriculum**

Literacy-based active learning activities and experiences will be used to provide participants with practical ideas and strategies for integrating Head Start service area topics into the curriculum in order to improve Head Start outcomes.

### **The Pivotal Role of Emotions in Children's Learning, Behavior, and Relationships**

In this era of rising standards and increased stress among children, more educators are using ideas and practices from neuroscience to help children manage their emotions and be better prepared to learn. This session will explore how emotions affect the brain and body and numerous hands-on activities that can be used to address these issues in the classroom.

### **Adapting the Curriculum to Support Children with Special Needs**

This research-to-practice session provides basic knowledge and skills for creating and supporting inclusive classrooms. Participants will learn best practices for supporting children with special needs, working in collaborative groups to create a welcoming environment, and using hands-on experiences that help support learning.

### **Using Songs, Rhymes, and Chants to Foster Early Literacy Skills**

This lively session will teach participants how to use singing, chants, rhyming words, poems, and finger plays in ways that will have a lasting effect on early literacy development in young children. Participants will also discuss new brain research on language development and strategies for vocabulary enrichment.

### **Ask the *NHSA Dialog* Editor**

Participants will have the opportunity to learn about *NHSA Dialog*, a research-to-practice journal. The purpose, focus, and content of the journal will be outlined. Potential authors are encouraged to attend and ask the journal's editor questions about potential submissions. A publisher's report that includes details about the circulation and readership of the journal will be presented.

**2-3:30 p.m.**

### **Write On! Fostering Early Writing Interests and Abilities**

This session will help participants become better acquainted with the stages of early writing development and will explore a variety of ways that they can foster early writing interests and abilities in children. A number of the activities that will be highlighted will include the use of children's books.

### **Soar Higher with Humor**

Participants in this session will learn how to use positive humor to promote creativity and learning as well as how to gain a better appreciation of the dramatic differences between laughter, humor, and play. This session will allow participants to discover their own humor profile and learn how to have more fun in life.

### **Empowering Head Start Programs to Plan and Manage Systems that Influence Cultural Diversity**

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### **Prenatal Beginnings to Age 5: Nurturing and Protecting the Developing Brain**

In this session, participants will learn how to support healthy early brain development while examining how the brain is wired using a three-step process. Participants will also learn the effects of adverse factors such as stress, neglect, exposure to toxins, and injury to the developing brain, and how to reduce and prevent these harmful consequences.

### **The Use of Video Games as Teaching Tools in the 21st Century Head Start Classroom**

When compared globally, American students rank low in scholastic performance in reading, science, and math. By using a modern, engaging, interactive learning strategy that taps the collateral learning assets found in video games, Dr. Rosser will show participants how to harness the intellectual potential of our children and stimulate Head Start retention.

### **Taking the Routine Out of Routines for Infants and Toddlers**

Routines are important for infants and toddlers. One-on-one time spent easing a child through hellos and good-byes, soothing a child to sleep, diapering and toileting, feeding, and dressing helps children learn to trust and feel secure. Routines also nurture children's curiosity and guide them as they learn to understand their world. This session will discuss daily routines and how they promote development and learning.

### **Instructional Opportunities in Preschool Classrooms: Best Practice in Practice**

This session is designed to help teachers and administrators learn knowledge and skills needed to implement and evaluate Instructional and Caring Contacts (ICC) in the early childhood classroom. ICCs are a collection of research-supported instructional strategies. Participants will learn to identify and incorporate ICC strategies in classroom settings and to evaluate the use of ICC strategies.

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Studies confirm that the social and emotional competence of young children is a more accurate predictor of academic performance in first grade than cognitive skills and family background! These days, children often face serious risks that can jeopardize their well being. This session will explore how children's social and emotional needs can be successfully supported in today's world.

### **The Melding Pot: Combining Strategies from Second Step and DECA Programs to Enhance the Early Childhood Curriculum**

This session will focus on the need for promoting pro-social behaviors such as empathy, relaxation, problem-solving and protective factors of initiative, self-control, and attachment. Participants will be given the opportunity to become more familiar with using violence prevention and resiliency programs to create a nurturing environment within their Head Start program.

### **No More Big, Bad Bullies**

The act of bullying often begins in preschool and can have devastating consequences on the overall development of a child. With proper teacher intervention, however, bullying can be stopped and even prevented. Participants will learn how to recognize bullying behaviors in their preschool classrooms and practice age-appropriate strategies for stopping such behaviors.

### **Optimizing Outcomes Using the 3 M's**

In this session, participants will learn how to design and integrate a comprehensive monitoring system that is guided by Head Start performance measures. They will also learn how to use quantitative and qualitative data to identify suitable benchmarks and goals.

### **Adapting Curriculum to Support Children with Special Needs**

This research-to-practice session provides basic knowledge and skills for creating and supporting inclusive classrooms. Participants will learn best practices for supporting children with special needs, working in collaborative groups to create a welcoming environment, and using hands-on experiences that help support learning.

### **Not Just Icing on the Cake: Harnessing the Power of Music and Movement**

This session will look at why the power of music in early childhood is often overlooked and misunderstood. The focus will be on music's ability to enhance and support learning and strengthen bonds at school and at home. Participants will learn to understand why music is more than just an educational add-on and how to make music a main course in early childhood offerings.

### **Communication: Creating a Working Relationship with Families**

This session will teach participants the elements of effective communication and the effects of communication on the family partnership process. Participants will also learn how to communicate clearly and create relationships that will enhance family goal setting.

### **The Blueprint of Parenting**

Participants will learn how to build their child's self-esteem and be given the tools to teach their children how to set goals. This session will explore how to talk about and teach good decision making skills to children.

### **Special Plenary – Federal Early Education Initiatives: First 100 Days and Beyond (2-Hour Session)**

The first 100 days of a new presidential administration and Congress bring renewed federal interest in early education. A discussion of new initiatives with national and state early education policy readers will allow participants to gain a better understanding of these federal initiatives and the opportunities and challenges associated with them.

### **Building Blocks for Families: A Healthy Future**

Building Blocks for a Healthy Future offers free online tips and tools that can be used to reach out to families and create risk-resistant children. Discover how to access online lesson plans, family activities, discussion starters, and games to help families build confidence and skills in order to make positive, healthy decisions.

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The need for fiscal accountability and effective internal controls is more important than ever. At the same time, Head Start agen-

cies have fewer resources available for business office operations. This session will introduce participants to methods and tools they can use to begin to assess and improve the processes used in their programs.

**Saturday, May 2 • 8-9:30 a.m.**

### **Creative Team Building**

This session will help participants to learn how to effectively communicate, convey respect toward others, offer praise, give positive feedback, and hone their team-building skills. Participants will also learn how to celebrate a job well done as well as six new skills that promote mutual respect and team unity.

### **Quality Enhancement: Supporting Transformation through Evidence-Based Practice**

This educational session will examine results from three years of using QE STEP, a professional development model, to implement the CLASS in 72 Head Start and Early Head Start classrooms. The lessons learned, outcomes, and implementation data will be useful for Implementing the program in Head Start classrooms nationwide.

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Family child care providers are in a unique position to build strong, positive relationships with families. This partnership is an essential factor in how children experience family child care. This session will focus on how family child care providers can strengthen partnerships with families using a set of parent-child game-like interactions.

### **Knock, Knock. Can We Come In? Strategies for the Successful Inclusion of Young Children with Disabilities**

Using lecture, discussion, and videos, this session will present various approaches and strategies for planning and implementing inclusion practices in Head Start. Discussion will include two specific models of support, the use of one-to-one paraprofessionals, and issues and strategies related to teamwork, collaboration, and conflict resolution.

### **2007 Head Start Reauthorization: Implication and Opportunities for Curriculum, Professional Development, and Collaboration**

This session will identify current initiatives for addressing the Head Start reauthorization priorities regarding curricula and assessment, professional development, promoting linkages with other child and family agencies, and identifying opportunities for collaborative planning and shared resources.

### **Assessment and Treatment of Speech and Oral Motor Skills: Practical Tips and Tricks**

Participants will learn about various speech and language tests available to use with young children. Find out what you should be looking for in the assessment of oral motor skills and more about the development of oral motor skills in children. Participants will be given several hands-on examples of group activities that can be used in the classroom to facilitate the development of oral motor articulation skills.

### **Stickers or Just Because: Intrinsic Motivation and Building Self-Regulation**

Children who are dependent on receiving stickers or stars as a reward for completing tasks may experience difficulty developing the ability to self-regulate, build self-esteem, and adopt positive attitudes toward learning. In this session, participants will actively explore the importance of mastery versus the use of a reward system in developing intrinsic motivation in young children.

### **Head Start and Yoga: A Perfect Fit**

In this session, participants will learn how yoga can be used to address ADD/ADHD, sensory integration dysfunction, and special needs. Participants will be given the opportunity to engage in yoga as a child would, with partners, songs, games, and meditation. They will learn how to adapt yoga for the classroom and integrate it into their curriculum, discovering how to make yoga fun and safe and how to empower children and keep them focused.

### **Play Your Way to Early Literacy Development**

This interactive session will offer creative activities for developing skills that lay the foundation for literacy success in children of all abilities. Participants will learn the developmental stages of writing readiness and letter formation and will acquire effective teaching strategies for creating multi-sensory activities that facilitate pre-writing success.

### **Understanding the Impact of Homeless Shelters on Young Children and Their Families**

The early years are essential in setting the course of a child's life. Unfortunately, homeless during these important early years can complicate children's mental and physical development. In this session, participants will explore what life is like for these young children and how they can create supportive environments to address children's needs.

## ***Closing General Session***

***Going Beyond the Boundaries***  
Saturday, May 2 • 10 a.m.–Noon

# REGISTRATION INFORMATION

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## **Pre-Registration Deadline**

All registrations must be received by 4/13/2009 to allow adequate time for processing. Registrations received after this date will be processed on site. *In order to help expedite on-site registration, however, even those who will need to register on site (i.e., anyone registering after the April 13<sup>th</sup> deadline) are asked to fax their registration form to (703) 548-8305.*

**Note:** NHSA encourages all attendees to take advantage of pre-registration discounts and convenience by registering as early as possible.

## **Payment**

Complete payment must accompany all registration forms. Purchase orders will be accepted until 04/13/2009. *Complete payment of purchase orders must be received at the registration booth before entering the conference.* Telephone registrations will not be accepted. Only registrations that include a credit card payment or purchase order will be accepted by fax. Registrations received without full payment or purchase order, with incorrect payment information, or with incorrect purchase orders will not be processed.

## **Confirmation**

Once NHSA has received your registration and payment, a confirmation letter will be sent to you. This letter will be mailed within 5 business days of processing your registration(s). All attendees are highly encouraged to bring this letter to the conference. Doing so will help to expedite the distribution of conference packets.

## **Cancellations/Refunds**

No Cancellations or refunds will be given after Friday, March 27, 2009. After this date full payment will be assessed to any registrations. If cancelling before March 27<sup>th</sup>, you will be reimbursed any monies already paid minus a \$47 cancellation fee per registration. If no monies have been paid but you are cancelling a registration before March 27<sup>th</sup>, you will be assessed a \$47 cancellation fee per registration.

## **On-Site Registration**

On-site registration will be available. Individuals who choose to register on site will need to complete a registration application at the conference registration desk. Full payment must be received at the time of on-site registration. Agency checks, money orders, cashier's checks, Visa, MasterCard, American Express, and cash will be accepted. **Personal checks will not be accepted.** *If you plan to register on site, please take a moment to fill out the registration form before the conference and fax it to (703) 548-8305 in order to expedite registration.*

## **Online Registration**

Online registration will be available beginning January 26, 2009, and will close April 7, 2009. In order to register online, you must pay at the time you register. Visa, MasterCard, American Express, and PayPal are all valid forms of payment. *Purchase orders cannot be accepted as payment for online registrations.* Those who register online will receive a \$30-discount per registration.

### **Registrations and payment can be mailed to:**

National Head Start Association  
P.O. BOX 890080  
Charlotte, NC 28289-0080

### **or faxed to:**

Attention: Fiscal Department  
Fax (703) 548-8305

### **or can be completed online at:**

[www.nhsa.org](http://www.nhsa.org)

# NHSA's 36<sup>th</sup> Annual National Training Conference

Mr.  Ms.  Mrs.  Dr. Name: \_\_\_\_\_ Position/Role: \_\_\_\_\_

Program Name: \_\_\_\_\_ NHSA 2008/2009 Membership ID No: \_\_\_\_\_

Street Address:  Home  Business \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Participant's Email: \_\_\_\_\_

Do you require special assistance, meals, or interpretation?  yes  no

Please provide brief description of your needs: \_\_\_\_\_

## CONFERENCE REGISTRATION FEES

	Member	Non-member		Member	Non-member
<b>Early Bird Registration</b> full payment must be received by 2/28/2009	<input type="checkbox"/> \$325	<input type="checkbox"/> \$425	Scholarship and Awards Breakfast	<input type="checkbox"/> \$45	<input type="checkbox"/> \$45
<b>*Regular Registration</b> after 2/28/2009	<input type="checkbox"/> \$425	<input type="checkbox"/> \$525	Research Luncheon	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75
Onsite Registration after 4/7/2009	<input type="checkbox"/> \$525	<input type="checkbox"/> \$625	Legislative Luncheon	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75
Continuing Education Unit (CEU)	<input type="checkbox"/> FREE	<input type="checkbox"/> FREE	Celebration of Head Start Event	<input type="checkbox"/> \$125	<input type="checkbox"/> \$125
Grassroots Research Breakfast	<input type="checkbox"/> \$45	<input type="checkbox"/> \$45			

## SPECIAL TRACKS REGISTRATION FEES

*Note: You must register for the conference in order to participate in a special track.*

Hot Topics and the Reauthorized Head Start Act - What do you need to know?	<input type="checkbox"/> \$395	Two Bodies Working as One... A Governance Overview	<input type="checkbox"/> \$125
Legal Aspects of the Employment Relationship	<input type="checkbox"/> \$225	Health and Nutrition: Promoting Effective Systems and Quality Services	<input type="checkbox"/> \$125
Strengths-Based Coaching for Directors	<input type="checkbox"/> \$225	Disability Systems and Services Management for Children with Special Needs	<input type="checkbox"/> \$125
Appreciative Supervision	<input type="checkbox"/> \$225	CPR Training	<input type="checkbox"/> \$75
ABC's and Beyond: Literacy Development	<input type="checkbox"/> \$125	STARS	<input type="checkbox"/> \$225
Developing Father and Male Involvement	<input type="checkbox"/> \$125	GEMS XVI	<input type="checkbox"/> \$225
Inclusive Environments: Accommodations and Adaptations <small>No College Credit Earn College Credit</small>	<input type="checkbox"/> \$125 <input type="checkbox"/> \$206	Leadership and the Challenges in the New Head Start Are You Ready?	<input type="checkbox"/> \$225
LeaderLift: Motivating Performance & Creating a Conducive Work Culture	<input type="checkbox"/> \$125	Addressing the Needs of Young Dual Language Learners I <small>No College Credit Earn College Credit</small>	<input type="checkbox"/> \$125 <input type="checkbox"/> \$206

**Total Registration Fees: \$** \_\_\_\_\_

## TRAINING SEMINARS

*Note: Free with conference registration. Space is limited, and registration is required.*

*Please refer to pages 8-10 for dates and exact times of morning, afternoon and full-day seminars to avoid registering for seminars scheduled at the same time.*

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Using Positive Guidance Strategies to Support Children with Challenging Behaviors (4/27 am)                 | <input type="checkbox"/> Fathering America's Future: Establishing Your Father Involvement Program (4/28 am)   | <input type="checkbox"/> Creating Strong Father Involvement (4/28 pm)  |
| <input type="checkbox"/> Cultural Diversity and Family Engagement: The Price of Silence (4/27 pm)                                    | <input type="checkbox"/> Alternative Strategies for Challenging Behaviors (4/28 pm)   | <input type="checkbox"/> Fire and Safety Program (4/28 am-pm)  |
| <input type="checkbox"/> Scaffolding for Academic Success of Pre-school ELLs: Supporting the Needs of ELL (parent session) (4/27 am) | <input type="checkbox"/> Preschool Vision Screening (4/28 pm)   | <input type="checkbox"/> Strengthening Parent Involvement in Head start (4/28 pm)  |
| <input type="checkbox"/> Bridging Teaching with Learning: Instructional Assessment in Head Start Classrooms (4/27 am-pm)             | <input type="checkbox"/> Creating a Nourishing Environment to Promote a Family of Readers (4/28 am-pm)  | <input type="checkbox"/> Managing Organizational Change (4/29 am)  |
| <input type="checkbox"/> Strengthening Families through Early Care and Education (4/27 am-pm)  | <input type="checkbox"/> Scaffolding for Academic Success of Pre-school ELLs: Supporting the Needs of ELL (Directors and Head Start Staff) (4/28 am-pm) | <input type="checkbox"/> Thinking Outside of the Box: SOLAR-An Innovative Approach to Professional Development Planning (4/29 am-pm) |
| <input type="checkbox"/> Positive Discipline (4/28 am)   | <input type="checkbox"/> Picture This... The Arts and Family Literacy A Head Start on Picturing America (4/28 am-pm)                                    | <input type="checkbox"/> Effective Classroom Strategies for Including All Children in Head Start (4/30 am)                           |
| <input type="checkbox"/> The Resilient Educator: Energizing Head Start Teachers (4/28 am)  | <input type="checkbox"/> Effective Practices for Including Young Children with Disabilities (4/28 am-pm)  | <input type="checkbox"/> A Day in the Life of a Preschool: Joyfully Weaving Best Practices (5/01 am-pm)                              |

## SELECT PAYMENT TYPE

Check No. : \_\_\_\_\_

Am Ex  MC  VISA Card No.: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

**Registrations and payment can be mailed to:** National Head Start Association | P.O. BOX 890080 | Charlotte, NC 28289-0080

**or faxed to:** Attention: Fiscal Department | FAX: (703) 548-8305 **or register online:** www.nhsa.org

\*All attendees are encouraged to register prior to 4/13/2009 or to fax in their forms by this date if paying onsite.

Should you need to cancel your registration, please do so by 3/27/2009. All cancellations will be assessed a \$47 cancellation fee. No refunds or cancellations after 3/27/2009.

# ***HOTEL RESERVATION INSTRUCTIONS AND INFORMATION***

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## ***Peabody Orlando***

9801 International Drive  
Orlando, FL 32819  
(800) 732-2639

**Single/Double room rate:** \$229

**Hotel cut-off date:** 6 p.m. on April 3, 2009

[www.peabodyorlando.com](http://www.peabodyorlando.com)

The Peabody Orlando believes in pampering its guests at every turn, with luxurious accommodations such as its signature Peabody Dream Bed and nationally acclaimed fine dining. With impeccable service, widely varied recreational options, and one of the best locations in Orlando — Florida's most-visited city — it's no wonder the world-famous Peabody Ducks keep coming back time after time.

## ***Rosen Centre Hotel***

9840 International Drive  
Orlando, FL 32819  
(800) 204-7234

**Single room rate:** \$179; **Double room rate:** \$199

**Hotel cut-off date:** April 3, 2009

[www.rosencentre.com](http://www.rosencentre.com)

In a city known as a world-class destination, this award-winning Orlando hotel establishes a spectacular standard of meeting quality. Exceptional facilities, a highly respected staff, and one of Orlando's most beautiful accommodations assure comprehensive, in-house solutions to the meeting needs of groups ranging from 10 to 4,000. A perfect location adjacent to the Orange County Convention Center in Orlando, Florida, makes Rosen Centre Hotel an ideal hotel.

## ***Rosen Plaza Hotel***

9700 International Drive  
Orlando, FL 32819  
(800) 627-8258

**Single/Double room rate:** \$175

**Hotel cut-off date:** April 6, 2009

[www.rosenplaza.com](http://www.rosenplaza.com)

Located in the heart of the International Drive Resort area, Rosen Plaza invites you to experience deluxe accommodations. Only 15 minutes from the Orlando International Airport and adjacent to the Orlando Orange County Convention Center; the Rosen Plaza's superior location is hard to beat. Ideally situated, it is only minutes from Orlando's World Famous theme parks and directly across from Pointe Orlando, an upscale dining, shopping, and entertainment complex.



NHSA's 36<sup>th</sup> Annual National Training Conference

# Beyond the Boundaries:

*New Approaches and New Strategies*



NATIONAL HEAD START ASSOCIATION

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Fax: 703.739.0878  
[www.nhsa.org](http://www.nhsa.org)