

PLAYING AND PRACTICE SEASON DECLARATION FORM

A COMPETITION SCHEDULE MUST ALSO BE ATTACHED.

Sport: _____

Head Coach: _____

TEAM SPORTS A maximum of **132 days** (except basketball and football)

A 132-day consecutive-day season, which may be divided into two consecutive segments and which may exclude only the time between these segments, required off days per NCAA Bylaw 17.1.5.4 and official vacation, holiday and final examination periods during which no practice or competition shall occur:

Championship: From: _____ to _____ (____ days)
Non-Championship: From: _____ to _____ (____ days)
Days-off (Vacation period/break in segment): From: _____ to _____ (____ days)
From: _____ to _____ (____ days)

INDIVIDUAL SPORTS A maximum of **144 days**

A 144-day consecutive-day season, which may be divided into two consecutive segments and which may exclude only the time between these segments, required off days per NCAA Bylaw 17.1.5.4 and official vacation, holiday and final examination periods during which no practice or competition shall occur.

Championship: From: _____ to _____ (____ days)
Non-Championship: From: _____ to _____ (____ days)
Days-off (Vacation period/break in segment): From: _____ to _____ (____ days)
From: _____ to _____ (____ days)

TRACK & FIELD/WOMEN'S ROWING A maximum of **156 days**

A 156-day consecutive-day season, which may be divided into two consecutive segments and which may exclude only the time between these segments, required off days per NCAA Bylaw 17.1.5.4 and official vacation, holiday and final examination periods during which no practice or competition shall occur.

Championship: From: _____ to _____ (____ days)
Non-Championship: From: _____ to _____ (____ days)
Days-off (Vacation period/break in segment): From: _____ to _____ (____ days)
From: _____ to _____ (____ days)

OUTSIDE COMPETITION

Total Number of countable contests (per Bylaw 17.02.3) _____ NCAA minimum: _____
(MBA, MBB, WBB, WFH, MFB, MIH, WIH, MSO, WSO, and WSB) _____ NCAA maximum: _____

Total Dates of countable competition (per Bylaw 17.02.5) _____ NCAA minimum: _____
(CC, FE, GO, WLX, WRO, SK, SW, MTE, WTE, TR, and WVB) _____ NCAA maximum: _____

Date of first championship segment competition: _____

Date of first non-championship segment competition: _____

Date(s) of season ending conference championship: (if applicable) _____

Name of person responsible for completing CARA Forms: _____

Designation of week (championship segment) _____ to _____

Designation of week (non-championship segment) _____ to _____

My signature below attests that the information provided above is complete and accurate. In the event that any of the information changes, or I wish to make a change in the declared playing/practice season for this sport program, I must complete and sign an updated Playing Season Declaration Form prior to instituting any such changes.

Head Coach's Signature: _____

Date: _____

Compliance Approval: _____

Date: _____