

MATT BENNINGFIELD

[Street Address] | [City, ST ZIP Code] | [Phone Number] | [E-mail Address]

EDUCATION

Dual Degree: Bachelor of Science, Accounting, Bachelor of Science, Expected December 2015
GPA: X.XX/4.00 Major GPA: X.XX/4.00
Economics
University of Southern Indiana, Evansville, Indiana

WORK EXPERIENCE

Founder of Benny Fitness
October 2011-Present
Dale, Indiana

- Founded a local Travelling Personal Training Business, Benny Fitness, in which I made sales, worked with local gyms to train clients, and traveled to perform in-home training for clients who were incapable of making it to a gym.
- Experience with clientele ranging from post-gastric bypass patients to bodybuilders.
- Performed manipulation of variables within nutrition and exercise to create optimal results for clients.
- Benny Fitness is currently in operations.

Anytime Fitness Personal Trainer and Nutrition Consultant
October 2012–April 2013
Newburgh, Indiana

- Made personal training and nutrition consulting sales.
- Created and performed training and nutrition programs for clientele.

Koch Development Corp.
May 2006-Present (Seasonal)
Santa Claus, Indiana

- One year of cleaning experience throughout the park.
- Two years of cashier experience.
- Two years of cooking experience.
- One year of grounds keeping experience
- Two years of warehousing and inventory experience.

Spencer Industries
November 2011-February 2012

- Read maintenance plans and form plastic parts for customers.
- Operate rotary machines, CNC routers, and shuttle machines.

SKILLS, ACTIVITIES, AND INTERESTS

Languages: Conversational in Spanish
Technical Skills: Microsoft Office (All Versions)
Interests: Competitive Bodybuilding, Video Games, Poker