

AMSSM 25TH ANNUAL MEETING

BACK TO THE FUTURE

CELEBRATING 25 OF AMSSM
YEARS



DALLAS, TEXAS

Sheraton Dallas (Downtown) Hotel

APRIL 15-20, 2016

 AMERICAN
MEDICAL
SOCIETY FOR
SPORTS
MEDICINE
Leading Sports Medicine into the Future

The American Medical Society for Sports Medicine Foundation gratefully acknowledges its 2016 Foundation Supporters: Cardiac Insight Inc.; DJO Global; FUJIFILM SonoSite, Inc.; GE Healthcare; NCAA; Össur Americas; and Sanford Health.

The American Medical Society for Sports Medicine gratefully acknowledges the following companies for their educational grants in support of the AMSSM 25th Annual Meeting: Cardiac Insight Inc.; DJO Global; NCAA and Össur Americas.

The American Medical Society for Sports Medicine gratefully acknowledges its 2016 Annual Meeting Signature Supporters: BMJ (BJSM); Healthy Learning; and Wolters Kluwer (CJSM).



2016 FOUNDATION SUPPORTERS

The American Medical Society for Sports Medicine Foundation gratefully acknowledges its 2016 supporters.

GOLD LEVEL

(\$50,000 - \$99,999)

- Össur Americas



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(\$10,000 - \$24,999)

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- Sanford Health



ANNUAL MEETING SUPPORTERS

- Cardiac Insight Inc.
- DJO Global
- NCAA
- Össur Americas



ANNUAL MEETING SIGNATURE SUPPORTERS

- BMJ (BJSM)
- Healthy Learning
- Wolters Kluwer (CJSM)



BACK TO THE FUTURE

CELEBRATING 25 YEARS OF AMSSM



Marci Goolsby, MD
Program Chair



Matthew Gammons, MD
Incoming AMSSM President

- "What is the Evidence?" to repeat last year's successful session with four AMSSM members discussing challenging topics
- "Demystifying Low Back Pain" with national and international speakers providing practical tools and advice on back pain in our patients
- "Emerging Technologies" with talks on how technology, sports science and media applies to patient care with AOSSM exchange speaker, Dr. C. David Geier Jr.; Society for Tennis Medicine and Science exchange speaker, Kathleen Ann Stroia; and Dr. Philip Skiba
- Session on bone health including stress fracture workup and treatment and interpretation of bone edema on MRI
- New "Showcase Talks" with presenters chosen by a submission process who will speak on a variety of current hot topics in sports medicine

In addition to the main session, we will continue to have excellent opportunities for further education and participation, including:

- AMSSM Foundation Humanitarian Service Project (Friday, April 15)
- Fundamentals and Advanced Sports Ultrasound Pre-Conferences (Friday, April 15)
- Fellowship Forum
- AMSSM/ACSM CAQ Preparation Review Pre-Conference Session
- AMSSM/NCAA Pre-Conference Session
- Many exciting Instructional Course Lectures (ICLs), including special Faculty Development, Legislative and Sports Ultrasound ICLs as well as 2 workout classes
- Faculty Development Session
- S.M.A.R.T. Workshop
- Fellowship Fair
- Research Presentations
- Case Presentations

The 2016 Annual Meeting will be held at the Sheraton Dallas (Downtown) Hotel in the heart of Downtown Dallas' Arts District with many nearby restaurants, parks and museums. There are lots of great things to do with the family within walking distance and the hotel has an outdoor pool and fitness center.

Come join us in Dallas where the 2016 AMSSM 25th Annual Meeting will continue to advance our place in the future of sports medicine.

As Doc from Back to the Future said: "Roads? Where we're going, we don't need roads."

Marci Goolsby, MD
Program Chair

Matthew Gammons, MD
Incoming AMSSM President

On behalf of the 2016 Program Planning Committee, we invite you to the 25th Annual Meeting in Dallas, TX, April 15-20, 2016. This year marks the 25th Anniversary of our organization and we are thrilled to have many of our Founders involved in this year's program. Our theme is "Back to the Future", highlighting the past, present and future of sports medicine. Who better to kick off our meeting on this topic than four original Founders, Drs. Lombardo, MeKeag, Puffer and Rice? We are also excited to have Dr. Tanji give the Hough Memorial Lecture on "Leadership and Professionalism in Sports Medicine", Dr. Johnson on "25 Years of Tendinopathy", Dr. Eichner on "Thromboembolism in Athletes", Dr. Herring on "Back Pain" and Dr. Landry in the "What is the Evidence?" session.

So much has been done in the area of sports medicine research and education and we have made significant progress as an organization over the last 25 years. In order to continue our efforts of high quality research and an evidence-based approach to patients, this year's program will include focus on quality measures, patient outcomes and faculty development.

We are honored to have many world-renowned speakers, both international and domestic, speaking on a broad range of topics important to your practice today. A few key highlights, in addition to those above, include:

- Dr. Maurizio Casasco from the Italian Federation of Sports Medicine and the 2016 International Visiting Fellow speaking on "Establishing a Pre-Participation Screening and Prevention Program for Health"
- Dr. Gary S. Solomon speaking on the relationship between "Concussions and Mental Health"
- Dr. Andrew Morgan, from the NASA program, on "How Sports Medicine Prepared Him for Space"
- "Tendinopathy" with domestic and international experts including Dr. Håkan Alfredson
- "Running Medicine" with focus on nutrition, mechanics, youth running and ultramarathon
- "Medical Issues" including topics on thromboembolic events, diabetes, athlete's heart and hormone use in athletes
- "Event Medicine" covering domestic and international event planning, sideline management of abdominal and chest trauma, dealing with the aftermath of a tragedy, and NATA's statement on care of the spine-injured athlete.

PROGRAM PLANNING COMMITTEE

Marci Goolsby, MD; Program Chair
Irfan M. Asif, MD
Chad A. Asplund, MD
Kenneth P. Barnes, MD, MSC
Anthony Beutler, MD
David J. Berkoff, MD
Ellen Casey, MD
Stephanie Chu, DO
Katherine Dec, MD
John P. DiFiori, MD

Robert Dimeff, MD
Jon Divine, MD, MS
Sameer Dixit, MD
David Frankel, MD
Matthew Gammons, MD
Aaron Gray, MD
Mederic M. Hall, MD
Nathaniel Jones, MD
Jennifer Scott Koontz, MD, MPH
Dawn Mattern, MD

Jason M. Matuszak, MD
Ken Mautner, MD
William Meehan III, MD
A.J. Monseau, MD
Rebecca A. Myers, MD
Melissa Novak, DO
Richard A. Okragly Jr, MD
David Olson, MD
George G.A. Pujalte, MD
Ashwin Rao, MD

Justin D. Rothmier, MD
Daphne Scott, MD, MS
Carlin Senter, MD
Matthew Silvis, MD
Nicole Stern, MD
Brett Toresdahl, MD
David Webner, MD
Craig C. Young, MD

MEETING INFORMATION

PURPOSE

The AMSSM Annual Meeting is the premier educational meeting for sports medicine physicians and healthcare providers and it highlights the latest research and medical practices to enhance the care of sports medicine patients.

Clinical Practice and Patient Care: Attendees will gain a valuable breadth of medical knowledge regarding injury and disease evaluation, prevention, and treatment for individuals engaged in all levels of physical activity.

Scientific Research: The meeting provides an academic forum and support network to discuss cutting edge research and promote scientific inquiry.

Advocacy and Healthcare Quality: The meeting addresses important healthcare, practice and legislative issues affecting sports medicine providers and patients.

Education: Attendees will learn, discuss and develop the ability to teach current, future and controversial issues in sports medicine.

Professional Support and Collaboration: The meeting fosters faculty development, collegial relationships, camaraderie and networking among sports medicine physicians and healthcare providers with a variety of interests and backgrounds.

STATEMENT OF NEED

A need for this course has been determined based upon previous course evaluations. The content of this course was based on current issues and hot topics provided by the American Medical Society for Sports Medicine (AMSSM) membership and leadership. The learning need was determined by program meeting evaluations and members of the Program Planning Committee, which represent a diverse sample of the entire AMSSM membership. Networking with our members was also utilized to determine their need.

PROGRAM INFORMATION

AMSSM attests that the person(s) responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

FACULTY

A complete listing of the faculty will be included in the course syllabus.

TARGET AUDIENCE

Physicians and other health care providers interested in the field of sports medicine.

COURSE OBJECTIVES

Upon completion of this course, the participant should be able to:

- Describe how the history of primary care sports medicine will drive further research and improve patient-oriented outcomes.
- Apply guidelines for quality measures to their practice in order to provide quality patient care.
- Discuss current concepts in the management of sports medicine injuries.
- Identify the current controversies in sports medicine.
- Interpret current research in the field of sports medicine.
- Formulate an opinion regarding use of cardiovascular screening in athletes.
- Recognize the important relationship between concussions and mental health.
- Apply knowledge regarding tendinopathy pathology and patient-oriented outcomes of various treatment options.
- Define current trends in nutrition for runners.
- Outline the management of diabetes in athletes.
- Analyze the factors that go into event planning.
- Recognize the challenges in evidence regarding certain controversial sports medicine topics.
- Apply new approaches to prescribing physical therapy and other treatments for low back pain.
- Identify ways to use technology, sports science and media to improve patient care.
- Translate knowledge learned about patterns of bone edema on MRI.
- Recognize risk factors for stress fractures and the various treatment options.



DISCLAIMER

The material in this continuing medical education program is being made available by the AMSSM for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situation discussed, but rather is intended to present an approach, view, statement or opinion of the authors or presenters, which may be helpful, or of interest to other practitioners.

MEETING INFORMATION

EXHIBITS

Exhibits will be on display Saturday, April 16th through Monday, April 18th to complement the educational session.

IMAGE/LIKENESS/VOICE RELEASE

I understand and agree that, as a result of participating in an AMSSM conference, my image, likeness or voice may be recorded by photography, video or other medium. I hereby grant irrevocable and unrestricted permission to AMSSM and its representatives or assignees to use my image, likeness or performance in any medium and for any purpose. I hereby waive any right to inspect or approve such use or materials. Your submission of your registration form acknowledges acceptance of these terms.

REFUND POLICY

All refunds must be submitted in writing or email to [Kristin DeWitt](mailto:Kristin.DeWitt@amssm.org) by March 21, 2016. No refunds will be issued after that date. Refunds will be processed following the meeting and will be subject to a \$100 processing fee. If registering by mail and any optional educational activity requested is not available, you will be contacted to select an alternative option.

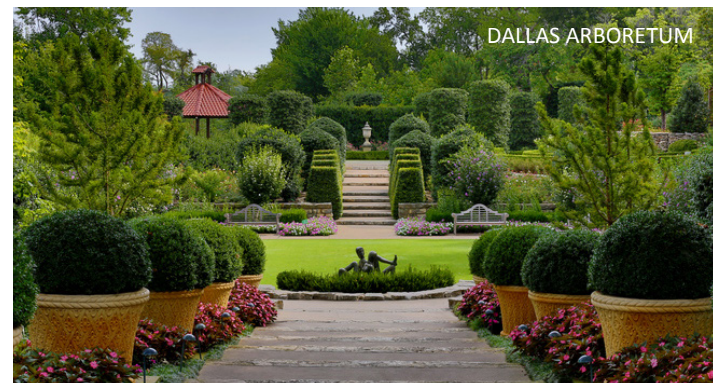
The planners and sponsors of this event claim no liability for the acts of any supplier(s) to this meeting, or for the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty.

Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee.

Your submission of the registration form acknowledges acceptance of these terms.



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DISCLOSURE STATEMENT

In accordance with the standards of the ACCME, it is the policy of AMSSM that faculty and planners disclose to the learners all financial relationships during the past 12 months with any commercial interest (any proprietary entity producing health care goods, or services consumed by, or used on, patients). All disclosures will be provided in the course syllabus, which will be distributed at the meeting to program participants. In accordance with AMSSM policy, faculty participation in this educational activity will be predicated upon timely submission and review of disclosures. Non-compliance will result in a faculty member being stricken from the program.

REGISTRATON INFORMATION

ADVANCE REGISTRATION

DEADLINE: MARCH 21, 2016

Advance registration is strongly encouraged and must be received by March 21, 2016. After this date, registration will still be open but the registration rates increase by \$50.00.

TO REGISTER FOR THE MEETING

- Please register online to reserve your place for the meeting. You have the option to pay by check or credit card when you register online. If you pay by credit card, a receipt will be generated upon completion of your online registration. [Click here for online registration](#) — AMSSM members will need to log-in through “Member Log-in” prior to clicking on the online registration link.
- PLEASE NOTE: If you are registering for any optional educational activities (ICLs, S.M.A.R.T. Workshop or Pre-Conferences), your online registration ensures availability and reserves your place in the requested activity. With online registration, you have the option to pay by check or credit card. When paying by check, please include a printed copy of your online registration received through email when mailing your payment to the AMSSM office.
- OR, print and return the registration form along with your payment to the AMSSM office by fax or U.S. Mail. This method is not recommended if you want to register for the optional educational activities (ICLs, S.M.A.R.T. Workshop or Pre-Conferences). PLEASE NOTE: You will only be charged for the optional educational activities that are available at the time your registration form is received.

ON-SITE REGISTRATION

On-site registration hours will be as follows:

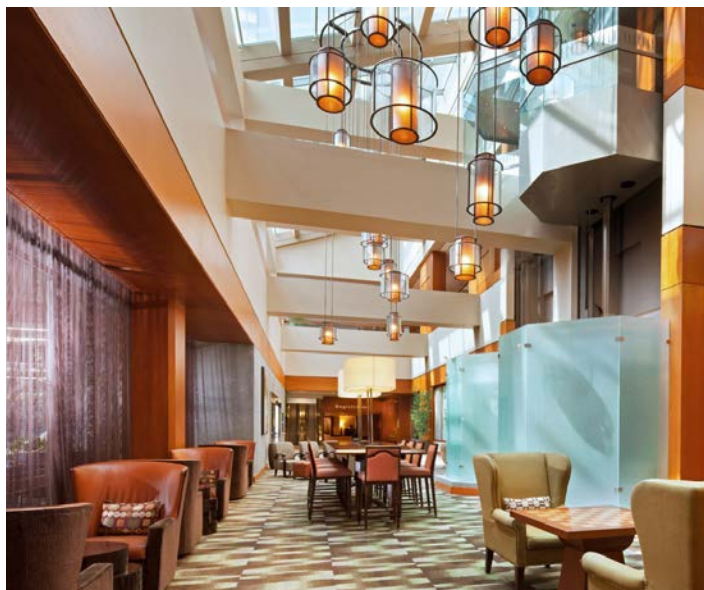
- Friday, April 15, 2016** 6:00 a.m. – 8:30 a.m.
(Sports US: Fundamentals of the Lower Extremity and Advanced Sports US Pre-Conference Registrants Only)
- Saturday, April 16, 2016**..... 5:45 a.m. – 7:05 p.m.
- Sunday, April 17, 2016** 6:15 a.m. – 7:10 p.m.
- Monday, April 18, 2016**..... 6:15 a.m. – 5:30 p.m.
- Tuesday, April 19, 2016**..... 6:15 a.m. – 5:30 p.m.
- Wednesday, April 20, 2016** 6:30 a.m. – 11:45 a.m.

REGISTRATION INCLUDES:

- Continental Breakfast (Sunday - Wednesday)
- Refreshment Breaks (Saturday - Wednesday)
- AMSSM Welcome Reception in Exhibit Hall (Sat., April 16)
- Participation in the Fellowship Fair *(for residents and students)*
- Conference Syllabus
- Access to the Exhibit Hall
- Opportunity to register for the optional events

COURSE LOCATION

All of the educational sessions and exhibits will be held at the Sheraton Dallas (Downtown) Hotel in Dallas, Texas. The hotel is located in the Arts and Entertainment District among shopping, restaurants and entertainment venues. Two major airports serve the Dallas/Fort Worth area: The Dallas/Fort Worth International Airport (DFW) is about 19 miles from the Sheraton Dallas (Downtown) Hotel and the Dallas Love Field Airport is about five miles from the hotel. The new DART Orange Line makes a direct stop at the Sheraton Dallas (Downtown) Hotel making it easy for guests arriving/departing from either of the Dallas/Fort Worth airports and travelling to/from the Sheraton Dallas (Downtown) Hotel.



HOTEL ACCOMMODATIONS FOR THE ANNUAL MEETING

COURSE LOCATION

SHERATON DALLAS (DOWNTOWN) HOTEL

400 North Olive Street
Dallas, TX 75201
(214) 922-8000 (Direct Hotel Line)

ROOM RATE

A block of rooms has been reserved at the single/double occupancy rate of \$179.00/night. This rate does not include the applicable state and local taxes (currently 13%) and Tourism District Fees (2%) which are subject to change without prior notice and any hotel specific fees in effect at the time of check-out. Rates will be available three days prior and three days after the meeting dates in the room block, subject to availability of guest rooms and rate at the time of reservation.

All reservations must be guaranteed to a major credit card with a deposit of one night's room rate plus applicable taxes.

ROOM AND RATE AVAILABILITY CAN ONLY BE GUARANTEED UNTIL 5:00 P.M. CT ON TUESDAY, MARCH 21, 2016 OR UNTIL THE BLOCK OF ROOMS IS SOLD OUT, WHICHEVER COMES FIRST!

Participants are encouraged to book their rooms in the hotel block to ensure AMSSM meets contracted obligations.

PLEASE MAKE YOUR RESERVATION EARLY.

MAKING YOUR ROOM RESERVATION

- **Online (Recommended):** The Sheraton Dallas (Downtown) Hotel has an online reservations website customized to reflect room rates and availability at: <https://www.starwoodmeeting.com/events/start.action?id=1508261294&key=29F396F2>. Guests can access the customized website to book, modify or cancel a reservation.
- **Telephone:** Individuals can make room reservations directly with the hotel or through the Central Reservations office at (888) 627-8191 by requesting the "2016 AMSSM Annual Meeting" room block group rate.

AIRPORT TRANSPORTATION

Mode of Transportation	Dallas/Fort Worth International Airport (DFW)	Dallas Love Field Airport
DART Orange Line	\$2.50 /person each way	\$2.50/person each way
Taxi	Fare Range: \$35-\$55 each way (approximately)	Fare Range: \$15-25 each way (approximately)



- Downtown hotel, located in the Arts & Entertainment District
- Close proximity to shopping, restaurants and entertainment venues
- Fitness Center and outdoor pool
- Airport Accessibility
- Check-in: 3:00 p.m. | Check-out: 12:00 p.m. (Noon)

EARLY DEPARTURE FEE

An early departure fee of \$50 will be applied if a hotel guest checks out prior to their confirmed checkout date.

CANCELLATION POLICY

Reservation must be cancelled at least 72 hours prior to arrival and a cancellation number must be obtained in order to avoid a late cancellation penalty fee of one night's room plus applicable taxes.

PARKING

Parking rates are based on a 24-hour period with unlimited in/out privileges for overnight guests:

- **Self-Parking**
\$21 per day (not including applicable taxes)
- **Valet Parking**
\$29 per day (not including applicable taxes)
- **Hourly Rates**
Available for day visitors.

AMSSM FOUNDATION

2016 FOUNDATION SILENT AUCTION

Saturday, April 16, 2016 1:30 p.m. – 8:00 p.m.

Sunday, April 17, 2016 7:00 a.m. – 6:05 p.m.

Monday, April 18, 2016 7:00 a.m. – 10:10 a.m.

(The Silent Auction ends five minutes before the conclusion of the mid-morning refreshment break)

For the last five years, the AMSSM Foundation Auction has collectively raised more than \$150,000 providing a substantial source of funding for AMSSM initiatives.

As we celebrate AMSSM's 25th Anniversary during the Annual Meeting, we're asking members to consider what item(s) or package(s) you, your team, university and/or company might donate for the 2016 Foundation Auction. Auction items ranging from authentic sports memorabilia and event tickets to scenic vacation stays and course registrations are popular items. You can view the 2016 Annual Meeting web page for a copy of the [Auction Donation form](#) and the [Prospective Donor letter](#) that you can pass on to your employer, team, league, etc. You can also submit your form [online](#). Donors will receive letters acknowledging the gift for tax purposes. Winning bidders may claim a tax deduction for anything paid above fair market value.

Note: Please submit the Auction Donation Form by March 14, 2016 to be included in the online catalog of Auction items donated.



AMSSM Foundation Mission

The American Medical Society for Sports Medicine Foundation is dedicated to the support & recognition of excellence in Sports Medicine education, research and scientific activities, while promoting opportunities for humanitarian outreach.

2016 AMSSM Foundation Contributors' Party (Off-Site)

By Invitation Only*

**Monday, April 18, 2016
7:00 p.m. – 11:00 p.m.**

Nasher Sculpture Center

2001 Flora Street
Dallas, TX 75201



Conceived as a serene urban retreat for the enjoyment of modern art, The Nasher Sculpture Center is home to one of the finest collections of modern and contemporary sculpture in the world. The building, designed by Pritzker-Prize winning architect Renzo Piano and the lush gardens created by Peter Walker, house more than 300 sculptures together with 20th century paintings, drawings, prints and photographs in a seamless blend of indoor and outdoor exhibition spaces.

A three-block walk from the Sheraton Dallas (Downtown) Hotel, join your AMSSM colleagues for a memorable evening where you will enjoy the World Class surroundings of the Nasher Sculpture Center; delight in a savory dinner served by Wolfgang Puck catering in the Nasher garden and a high-energy band to help set the stage for an enjoyable evening.

***All \$50 and higher Foundation contributions (\$25 and higher Foundation contributions by students, residents and fellows) since the 2015 AMSSM 24th Annual Meeting are invited to attend.**

This will be an event you won't want to miss!

Your gift to the AMSSM Foundation, regardless of size, is fully tax-deductible and is a great way to support AMSSM education and research initiatives as well as humanitarian efforts. Consider making your gift today.

ANNUAL GIVING LEVELS

Founders' Circle - A special level of recognition given by the Founders for cumulative gifts or pledges of \$10,000 or more made within a 5-year period.

- **Platinum** \$1,000+
- **Gold** \$500 - \$999
- **Silver** \$250 - \$499
- **Bronze** \$50 - \$249

AMSSM WELCOME RECEPTION

EXHIBIT HALL • Saturday, April 16 • 7:05 p.m. – 8:30 p.m.



The AMSSM Welcome Reception will be held on Saturday, April 16th from 7:05 p.m. – 8:30 p.m. in the Exhibit Hall at the Sheraton Dallas (Downtown) Hotel. Guests will enjoy entertainment, hors d'oeuvres and a cash bar will also be available.

Make plans to join all your AMSSM colleagues at the AMSSM Welcome Reception!

AWARDS

FOR PRESENTATION
DURING THE
AMSSM 25th ANNUAL MEETING



AMSSM FOUNDATION AWARDS

2016 Founders Award

Recipient receives \$500 cash award and a plaque.

Harry Galanty Young Investigator's Award

Recipient receives \$500 cash award and a plaque.

Best Overall Research Abstract

Recipient receives \$500 cash award and a plaque.

Resident Scholarship Awards

A minimum of six recipients, each receives \$500 cash award, complimentary registration to the 25th Annual Meeting and a plaque.



AMSSM AWARDS

Best Case Presentation Awards

Each recipient receives \$500 cash award and a plaque.



NCAA CSMAS AWARD

Best Research Presentation

\$500 cash award to the best research presentation that addresses the health and safety issues of college athletes.

3RD ANNUAL AMSSM FOUNDATION HUMANITARIAN SERVICE PROJECT

MAKE A DIFFERENCE AND IMPACT LIVES BY GIVING BACK

The AMSSM Foundation invites all AMSSM members, family and friends to arrive in Dallas, Texas on April 15, 2016 to participate in the 3rd Annual AMSSM Foundation Humanitarian Service Project. This project is part of the Foundation's Impacting Lives: Why We Give Back initiative.

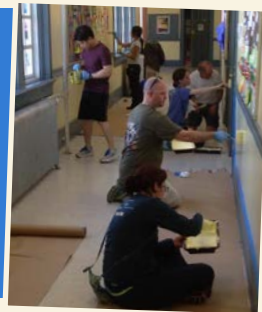
AMSSM has chosen to work with United Way Dallas for this service project. The Cooper Institute® and United Way of Metropolitan Dallas have come together to promote health in schools with the Healthy Zone School Recognition Program®. This program gives schools resources to engage teachers, students, parents and the broader community in a joint effort to improve the health of their communities. The program is open to all public, private and charter schools in Dallas, Rockwall, Colin and southern Denton counties Healthy Zone School.

PROJECT LOCATION:

Gray Elementary School | 3500 Pioneer Road | Mesquite, TX 75180

Possible scope of work for project include:

- Repainting/repairing of playgrounds
- Indoor painting of school building/community center
- Repair/removal of overgrowth
- Trimming trees/removal of limbs and litter
- Landscaping/mulch placement
- Possible beautification of local playground



There are two ways you can participate in this valuable and life-changing project:

- **Volunteer** — While the service project runs all day Friday (April 15th) from 9 a.m. – 5 p.m., volunteers have three shift options to choose from (9am-2pm; 11am-5pm; and entire day 9am-5pm). Family and friends of AMSSM members are also welcome to volunteer—Register for the service project by completing the Service Project section within the Annual Meeting Registration form or use the “volunteer” link below to sign-up. Please include each friend and family member as a volunteer on the registration form. If interested in volunteering, AMSSM requests your commitment by March 14, 2016. [Click here to volunteer.](#)
- **Make a gift to support the service project** — (The project will cost \$10,000 - \$12,000). To donate, please indicate “Humanitarian” as your Foundation gift designation option. [Click here to donate.](#)

Transportation, lunch and a commemorative t-shirt will be provided.

What is the Impacting Lives initiative? It is an AMSSM Foundation initiative designed to share the many ways AMSSM has enhanced members' lives, both professionally and personally. Through that impact, we hope to inspire you to consider giving back to the organization that strives to be your go to resource for up and coming sports medicine research, education and programming.

MAKE PLANS NOW TO PARTICIPATE IN THIS SERVICE PROJECT!

OPTIONAL EDUCATIONAL PRE-CONFERENCES

SPORTS ULTRASOUND: FUNDAMENTALS OF THE LOWER EXTREMITY PRE-CONFERENCE

FRIDAY, APRIL 15, 2016 • 8:00 a.m. – 5:40 p.m.

PRE-REGISTRATION REQUIRED
REGISTRATION FEE
MEMBERS \$550.00
NON-MEMBERS \$650.00

TARGET AUDIENCE/OVERVIEW

The Sports Ultrasound: Fundamentals of the Lower Extremity course is designed for those who have limited familiarity with sports ultrasound. It is designed to introduce the basic principles of diagnostic and interventional ultrasound in a sports medicine practice, with particular emphasis on the lower extremity. The appearance of normal and abnormal structures are discussed, with “clinical corner” lectures discussing the practical implementation of ultrasound for the treatment of sports injuries and conditions. Hands-on scanning time with experienced faculty is included.

PRE-CONFERENCE OBJECTIVES

Upon completion of this course, the participant should be able to:

- Discuss the basic principles and physics of ultrasound.
- Identify the tools to help differentiate normal from pathologic structures on ultrasound.
- Describe how to perform a systematic sonographic examination of the hip, knee, ankle, and foot.
- Cite examples of when ultrasound may be preferable to MRI or other imaging modalities.
- Describe how to properly bill, code and document diagnostic and interventional ultrasound examinations.

PROGRAM CHAIR — SPORTS ULTRASOUND COURSES

Jonathan T. Finnoff, DO

CO-COURSE DIRECTORS

Robert Monaco, MD, MPH
Evan Peck, MD

CONFIRMED COURSE FACULTY/ SCANNING FACULTY

Tariq M. Awan, DO
Joshua Hackel, MD
John C. Hill, DO
Elena “Ellie” Jelsing, MD
Gerard Malanga, MD
Robert Monaco, MD, MPH
Evan Peck, MD
Christopher J. Visco, MD

SCANNING FACULTY

Joanne Borg-Stein, MD
Arthur Jason De Luigi, DO
Emily E. Dixon, DO
Robert Flannery, MD
Sadiq Haque, DO
Garry W.K. Ho, MD, CIC
Kentaro Onishi, DO
Jacob L. Sellon, MD
Shane A. Shapiro, MD
J. Herbert Stevenson, MD
Thomas H. Trojjan, MD
Ricardo Vasquez-Duarte, MD

REGISTRATION INFORMATION

- Pre-registration and separate fee required
- Registration is on a first-come, first-served basis
- Register on the meeting registration form (online encouraged)
- Limited to 72 participants

PROGRAM

6:00 a.m. – 8:30 a.m.	Registration
8:00 a.m. – 8:10 a.m.	Introduction..... <i>Robert Monaco, MD, MPH and Evan Peck, MD</i>
8:10 a.m. – 8:40 a.m.	Fundamentals of Musculoskeletal Ultrasound: Physics and Echsignatures of Normal and Abnormal Tissues..... <i>Christopher J. Visco, MD</i>
8:45 a.m. – 9:30 a.m.	Anatomy, Ultrasound Live Demonstration, and Pathology of the Knee <i>Tariq M. Awan, DO, Joshua Hackel, MD, and Robert Monaco, MD, MPH</i>
9:35 a.m. – 10:00 a.m.	Clinical Corner: Use of Ultrasound in the Evaluation and Treatment of Knee Pain ... <i>Gerard Malanga, MD</i>
10:00 a.m. – 10:15 a.m.	Questions and Answers / Break
10:15 a.m. – 10:40 a.m.	Anatomy, Ultrasound Live Demonstration, and Pathology of the Hip <i>Robert Monaco, MD, MPH</i>
10:45 a.m. – 12:45 p.m.	Hands-on Ultrasound Examination of the Knee and Hip <i>Scanning Faculty</i>
12:45 p.m. – 1:00 p.m.	BOX LUNCH (provided)
1:00 p.m. – 1:25 p.m.	Billing, Coding, and Documentation of Musculoskeletal Ultrasound (lunch lecture) <i>Evan Peck, MD</i>
1:30 p.m. – 1:50 p.m.	Sonography of the Foot and Ankle <i>Evan Peck, MD</i>
1:50 p.m. – 2:10 p.m.	Foot and Ankle Ultrasound Live Demonstration..... <i>Elena “Ellie” Jelsing, MD</i>
2:10 p.m. – 2:30 p.m.	Sonographic Appearance of Foot and Ankle Pathology..... <i>Christopher J. Visco, MD</i>
2:35 p.m. – 3:15 p.m.	Clinical Corner: Use of Ultrasound in the Evaluation and Treatment of Foot and Ankle Pain <i>John C. Hill, DO</i>
3:15 p.m. – 3:30 p.m.	Questions and Answers / Break
3:40 p.m. – 5:40 p.m.	Hands-on Ultrasound Examination of the Foot and Ankle <i>Scanning Faculty</i>
5:40 p.m.	Adjourn

OPTIONAL EDUCATIONAL PRE-CONFERENCES

ADVANCED SPORTS ULTRASOUND PRE-CONFERENCE

FRIDAY, APRIL 15, 2016 • 7:00 a.m. – 3:45 p.m.

PRE-REGISTRATION REQUIRED
REGISTRATION FEE
MEMBERS \$550.00
NON-MEMBERS \$650.00

TARGET AUDIENCE/OVERVIEW

The Advanced Sports Ultrasound Pre-Conference is for those who are already competent at musculoskeletal ultrasound and are looking to refine and expand their skills. Those attending this course should have at least 20 hours of previous US CME and use ultrasound with reasonable frequency.

PRE-CONFERENCE OBJECTIVES

Upon completion of this course, the participant should be able to:

- Discuss the anatomy and sonoanatomy of the anterior, medial, and posterior thigh.
- Describe how to perform a sonographic evaluation of common and uncommon anterior, medial and posterior thigh pathologies in athletes.
- Discuss the anatomy and sonoanatomy of lateral hip structures.
- Describe how to perform a sonographic evaluation of lateral hip pathologies.
- Discuss the application of sonography for assessment of rheumatologic disorders.
- Describe the sonographic evaluation of common rheumatologic pathologies.

PROGRAM CHAIR — SPORTS ULTRASOUND COURSES

Jonathan T. Finnoff, DO

CO-COURSE DIRECTORS:

Mederic M. Hall, MD
Douglas F. Hoffman, MD

CONFIRMED COURSE FACULTY/ SCANNING FACULTY

Andrew L. Concoff, MD
Mederic M. Hall, MD
Douglas F. Hoffman, MD
Jon A. Jacobson, MD

SCANNING FACULTY

Erik Adams, MD, PhD	Timothy J. Mazzola, MD
Joseph J. Albano, MD	Ben Nelson, MD
Blake Boggess, DO	Jeffrey M. Payne, MD
John Cianca, MD	Charles S. Peterson, MD
Jerod Cottrill, DO	Adam M. Pourcho, DO
Kevin deWeber, MD	Sathish Rajasekaran, MD
Kimberly G. Harmon, MD	Ashwin Rao, MD
Anthony E. Joseph, MD	Jeremiah W. Ray, MD
Albert J. Kozar, DO	Stephen M. Simons, MD
Mark E. Lavallee, MD, CSCS	Phillip Steele, MD
Paul Lento, MD	Michael Kenji Yamazaki, MD

REGISTRATION INFORMATION

- Pre-registration and separate fee required
- Registration is on a first-come, first-served basis
- Register on the meeting registration form (online encouraged)
- Limited to 96 participants

PROGRAM

6:00 a.m. – 7:00 a.m.	Registration	
7:00 a.m. – 7:10 a.m.	Introduction	<i>Mederic M. Hall, MD</i>
7:10 a.m. – 7:30 a.m.	Sonographic Evaluation of the Anterior and Medial Thigh in Athletes	<i>Jon A. Jacobson, MD</i>
7:30 a.m. – 7:50 a.m.	Live Demonstration of the Sonographic Evaluation of the Anterior and Medial Thigh	<i>Jon A. Jacobson, MD</i>
7:50 a.m. – 8:10 a.m.	Sonographic Evaluation of the Posterior Thigh in Athletes.....	<i>Mederic M. Hall, MD</i>
8:10 a.m. – 8:30 a.m.	Live Demonstration of the Sonographic Evaluation of the Posterior Thigh	<i>Mederic M. Hall, MD</i>
8:30 a.m. – 8:40 a.m.	Questions and Answers	<i>Mederic M. Hall, MD and Jon A. Jacobson, MD</i>
8:40 a.m. – 8:50 a.m.	BREAK	
8:50 a.m. – 10:30 a.m.	Hands-on Scanning Session 1	<i>Scanning Faculty</i>
10:30 a.m. – 10:40 a.m.	BREAK	
10:40 a.m. – 11:00 a.m.	Sonographic Evaluation of the Lateral Hip in Athletes.....	<i>Douglas F. Hoffman, MD</i>
11:00 a.m. – 11:20 a.m.	Live Demonstration of Sonographic Evaluation of the Lateral Hip.....	<i>Douglas F. Hoffman, MD</i>
11:20 a.m. – 11:30 a.m.	Questions and Answers	<i>Douglas F. Hoffman, MD</i>
11:30 a.m. – 12:10 p.m.	Sonography of Rheumatologic Diseases	<i>Andrew L. Concoff, MD</i>
12:10 p.m. – 12:30 p.m.	Questions and Answers	<i>Andrew L. Concoff, MD; Mederic M. Hall, MD; Douglas F. Hoffman, MD; and Jon A. Jacobson, MD</i>
12:30 p.m. – 1:30 p.m.	BOX LUNCH (provided)	
1:30 p.m. – 3:30 p.m.	Hands-on Scanning Session 2	<i>Scanning Faculty</i>
3:30 p.m. – 3:45 p.m.	Questions and Answers; Final Wrap Up.....	<i>All Faculty</i>
3:45 p.m.	Adjourn	

OPTIONAL EDUCATIONAL PRE-CONFERENCES

FELLOWSHIP FORUM

SEPARATE FEE AND REGISTRATION NOT REQUIRED FOR ANNUAL MEETING REGISTRANTS

SATURDAY, APRIL 16, 2016 • 8:00 a.m. – 11:00 a.m.

OVERVIEW

The Fellowship Forum is a pre-conference meeting that presents current issues important to the training of primary care physicians in the discipline of sports medicine. The Fellowship Committee invites directors and fellows (current and future) to participate.

TARGET AUDIENCE

Students, residents, fellows, assistant fellowship directors and fellowship directors.

GOALS AND OBJECTIVES

Upon completion of this course, the participant should be able to:

- Present new information and provide a forum for new ideas that pertain to the training of fellows in primary care sports medicine.
- Offer updated information regarding ongoing projects of the Fellowship Committee.
- Create a venue for current fellows to voice comments and concerns regarding fellowship training.

CO-CHAIRS:

Irfan M. Asif, MD and Amanda Weiss Kelly, MD

CO-MODERATORS:

Irfan M. Asif, MD
Jennifer Malcolm, DO
Amanda Weiss Kelly, MD

PROGRAM

JOINT SESSION 8:00 a.m. – 9:00 a.m.

8:00 a.m. – 8:05 a.m.	Fellowship Forum Overview	<i>Irfan M. Asif, MD</i>
8:05 a.m. – 8:15 a.m.	Fellows Matters Subcommittee	<i>Jennifer Malcolm, DO</i>
8:15 a.m. – 8:20 a.m.	ITE Update	<i>Leah Concannon, MD</i>
8:20 a.m. – 8:25 a.m.	Match Ethics Committee	<i>Amanda Weiss Kelly, MD</i>
8:25 a.m. – 8:35 a.m.	Fellowship Survey	<i>Michael Henehan, DO</i>
8:35 a.m. – 8:45 a.m.	Faculty Development Primer for the AMSSM Annual Meeting	<i>Michael W. Wiederman, PhD</i>
8:45 a.m. – 9:00 a.m.	Question/Answer Session	<i>Faculty Panel</i>
9:00 a.m.	Split to Separate Sessions	

Directors' Session 9:00 a.m. – 11:00 a.m. (Concurrent Sessions)

9:00 a.m. – 9:30 a.m.	ACGME Update: Milestones, CLER and SAS	<i>Peter J. Carek, MD, MS</i>
9:30 a.m. – 9:40 a.m.	ACGME Ultrasound Program Requirements	<i>Mark Stovak, MD</i>
9:40 a.m. – 9:55 a.m.	Fellowship Director's Toolbox	<i>Richard A. Okragly Jr, MD</i>
9:55 a.m. – 10:10 a.m.	Fellowship Standards of Excellence	<i>Irfan M. Asif, MD</i>
10:10 a.m. – 10:25 a.m.	What is Faculty Development?	<i>Michael W. Wiederman, PhD</i>
10:25 a.m. – 11:00 a.m.	Question/Answer Session	<i>Faculty Panel</i>

Fellows' Session 9:00 a.m. – 11:00 a.m. (Concurrent Sessions)

9:00 a.m. – 9:30 a.m.	Overview (Job Search/Fellowship Fair/Fellow & Resident ICL/Fellows' Web Resource/ Fellowship Field Manual/Residency Prep Track/ETAS Review/CAQ Review
9:30 a.m. – 9:50 a.m.	Fellows' Web Library/Top 100 Project
9:50 a.m. – 10:10 a.m.	Job Salary Survey/Non-Traditional Track Project
10:10 a.m. – 10:30 a.m.	Committee Liaison Positions – Year in Review
10:30 a.m. – 10:50 a.m.	Year in Review and Goals for 2016-2017
10:50 a.m. – 11:00 a.m.	Question/Answer Session

OPTIONAL EDUCATIONAL PRE-CONFERENCES

AMSSM/NCAA: KEY ISSUES FOR THE COLLEGE TEAM PHYSICIAN

PRE-REGISTRATION REQUIRED
NO FEE

SATURDAY, APRIL 16, 2016 • 11:00 a.m. – 2:00 p.m.

The AMSSM Foundation gratefully acknowledges the NCAA for their educational grant in support of this pre-conference.

OVERVIEW

This workshop focuses on key areas to promote the health and safety of the college athlete.

COURSE OBJECTIVES

Upon completion of this pre-conference, the participant should be able to:

- Outline priorities and current initiatives from the NCAA Sport Science Institute.
- Discuss current concepts in diagnosis and management of concussion in the college athlete.
- Examine ECG abnormalities associated with conditions at risk for sudden cardiac death in athletes.
- Discuss considerations of pre-participation cardiac screening in college athletes.
- Outline “Best Practices” for understanding and supporting student athlete mental wellness.

CO-CHAIRS

Jonathan Drezner, MD and
Sourav K. Poddar, MD

FACULTY

Chad A. Asplund, MD
Casey G. Batten, MD
John P. DiFiori, MD
Jonathan Drezner, MD
Brian Hainline, MD
Margot Putukian, MD

REGISTRATION INFORMATION

- Pre-registration required, no fee
- Registration is on a first-come, first-served basis
- Register on the meeting registration form (online encouraged)

PROGRAM

11:00 a.m. – 11:25 a.m.	Update from the NCAA Sport Science Institute	<i>Brian Hainline, MD</i>
11:25 a.m. – 11:45 a.m.	Concussion Diagnosis and Management Update	<i>John P. DiFiori, MD</i>
11:45 a.m. – 12:05 p.m.	Student Athlete Mental Wellness	<i>Margot Putukian, MD</i>
12:05 p.m. – 12:25 p.m.	Medicolegal Considerations for the NCAA Team Physician	<i>Chad A. Asplund, MD</i>
12:25 p.m. – 12:45 p.m.	BREAK	
12:45 p.m. – 1:10 p.m.	ECG Interpretation: New International Consensus Standards	<i>Jonathan Drezner, MD</i>
1:10 p.m. – 1:35 p.m.	Cardiac Screening Programs: Key Considerations.....	<i>Casey G. Batten, MD and Jonathan Drezner, MD</i>
1:35 p.m. – 2:00 p.m.	Panel Discussion — Starting a Cardiac Screening Program: Pearls and Pitfalls	<i>Faculty Panel</i>

OPTIONAL EDUCATIONAL PRE-CONFERENCES

SEPARATE FEE AND REGISTRATION NOT REQUIRED FOR ANNUAL MEETING REGISTRANTS

AMSSM/ACSM CAQ PREPARATION REVIEW SESSION

SATURDAY, APRIL 16, 2016 • 11:30 a.m. – 1:30 p.m.

CO-CHAIRS:

William W. Dexter, MD; Carrie A. Jaworski, MD and Kevin Vincent, MD, PhD

FACULTY:

Eric Coris, MD
Karl B. Fields, MD
Carrie A. Jaworski, MD
Francis O'Connor, MD
Tracy Ray, MD

PROGRAM

- Special Populations: Keeping the Elderly Active..... *Karl B. Fields, MD*
- ECG's You Should Recognize *Francis O'Connor, MD, MPH*
- GI (Non-Traumatic)..... *Eric Coris, MD*
- Overtraining *Carrie A. Jaworski, MD*
- Vascular Issues (Paget Schroeder, TO, etc.) *Tracy Ray, MD*

2016 AMSSM 25TH Annual Meeting Twitter Feed #AMSSM16

Not familiar with Twitter? Not to worry. It's easy to sign up and begin following the Annual Meeting conversation. Go to [Twitter.com](https://twitter.com) and on the right side, complete the section that says, "New to Twitter? Sign Up." Once you've completed the sign up portion, you've officially joined the Twitterverse.

In order to keep up with all the latest AMSSM Tweets during the Annual Meeting, you'll need to follow us by locating the AMSSM in the search section. Enter "@TheAMSSM" and click on our profile. Then click follow. You'll then be able to tweet questions and comments to us throughout the week.

How do I connect with the AMSSM Annual Meeting conversation? Participants use hashtags (#) to organize conversations around a specific topic. Twitter is made up of 140-character messages called Tweets. Clicking on a hashtag takes you to search results for that term. For those of you who already have an active Twitter account, be sure to join the conversation by tweeting your questions and comments to @TheAMSSM using the hashtag, #AMSSM16, in your tweets.

For only messages related to the 2016 AMSSM 25th Annual Meeting – use #AMSSM16.



OPTIONAL EDUCATIONAL !/ꣳL'ꣳꣳ

FACULTY DEVELOPMENT

SEPARATE FEE AND REGISTRATION NOT REQUIRED FOR ANNUAL MEETING REGISTRANTS

TUESDAY, APRIL 19, 2016 • 3:30 p.m. – 5:30 p.m.

OVERVIEW

To help sports medicine physicians who teach medical students, residents and fellows improve the application of ultrasound both in their clinical practice and their teaching.

CO-CHAIRS:

William W. Dexter, MD and
Mark E. Lavalley, MD, CSCS

SMALL GROUP LEADERS:

William W. Dexter, MD
Jonathan T. Finnoff, DO
Mederic M. Hall, MD
Michael Henehan, DO
John C. Hill, DO
Mark E. Lavalley, MD, CSCS

Chris Madden, MD
Timothy J. Mazzola, MD
Rebecca A. Myers, MD
Jennifer M. Payne, MD
Stephen M. Simons, MD
Thomas H. Trojian, MD

MODERATOR:

Mark Stovak, MD

FACULTY:

William W. Dexter, MD
Jonathan T. Finnoff, DO
Michael Henehan, DO
John C. Hill, DO
Mark E. Lavalley, MD, CSCS

WORKSHOP OBJECTIVES

At the conclusion of the workshop, the participant should be able to:

- Identify the NEW ACGME Sports Medicine Fellowship program requirements regarding ultrasound.
- Describe the new AMSSM revision of teaching curriculum for Ultrasound in Fellowship.
- Identify “Best Practices” in regards to using and teaching ultrasound.

PROGRAM

3:30 p.m. – 3:35 p.m.	Opening Remarks <i>William W. Dexter, MD and Mark E. Lavalley, MD, CSCS</i>
3:35 p.m. – 3:45 p.m.	Overview of New ACGME Program Requirement <i>Mark Stovak, MD</i>
3:45 p.m. – 3:55 p.m.	Overview of Revised Ultrasound Teaching Curriculum <i>Jonathan T. Finnoff, DO</i>
3:55 p.m. – 4:05 p.m.	Program Directors Ultrasound Survey Results <i>Mark E. Lavalley, MD, CSCS</i>
4:05 p.m. – 4:20 p.m.	How to Improve Ultrasound Curricula to Meet or Surpass Requirements..... <i>Mark E. Lavalley, MD, CSCS</i>
4:20 p.m. – 4:40 p.m.	Panel Discussions Faculty: <i>William W. Dexter, MD; Jonathan T. Finnoff, DO; Michael Henehan, DO; John C. Hill, DO; and Mark E. Lavalley, MD, CSCS</i> Moderator: <i>Mark Stovak, MD</i> <ul style="list-style-type: none">• Private Practice• Academic Center• Community-Based Program
4:40 p.m. – 5:10 p.m.	Small Group Discussions (<i>Divide into Small Groups Based on Your Setting</i>) <ul style="list-style-type: none">• Private Practice Small Group Leaders: <i>Chris Madden, MD; Timothy J. Mazzola, MD; and Rebecca A. Myers, MD</i>• University-Based Academic Center Small Group Leaders: <i>William W. Dexter, MD; Jonathan T. Finnoff, DO; Mederic M. Hall, MD; John C. Hill, DO; and Thomas H. Trojian, MD</i>• Community-Based Program Small Group Leaders: <i>Michael Henehan, DO; Mark E. Lavalley, MD, CSCS; Jennifer M. Payne, MD; and Stephen M. Simons, MD</i>
5:10 p.m. – 5:30 p.m.	Reconvene for Small Group Summary..... <i>William W. Dexter, MD and Mark E. Lavalley, MD, CSCS</i> (<i>One Speaker from Each Small Group to Present Highlights and Unresolved Issues</i>)
5:30 p.m.	Recess

OPTIONAL EDUCATIONAL ACTIVITY S.M.A.R.T. WORKSHOP

SIDELINE MANAGEMENT ASSESSMENT RESPONSE TECHNIQUES WORKSHOP

TUESDAY, APRIL 19, 2016 • 3:30 p.m. – 7:30 p.m.

Pre-registration and separate fee required

Register for the S.M.A.R.T. Workshop on the Meeting Registration Form

PRE-REGISTRATION REQUIRED

REGISTRATION FEE

MEMBERS \$125.00

NON-MEMBERS \$175.00

WORKSHOP OVERVIEW

This workshop will provide the physician with the skills to appropriately evaluate and manage injuries on the athletic field and sideline. This is a hands-on, interactive workshop; participants will be expected to participate in functional, physical activities, immobilization and evaluation techniques. An emphasis will be placed on current Concussion Assessment skills. Methods to teach the program will be provided so that attendees will be able to bring this program back to their home communities and become an educational resource.

TARGET AUDIENCE/GOALS

The workshop will increase the confidence and competence of the physician who currently desires to provide medical coverage of athletic events. An emphasis will be placed on providing teaching points of the evaluation and management techniques for physicians interested in bringing this program back to their local communities.

The S.M.A.R.T. Workshop will offer 4 EBP CEU's to athletic trainers and physicians who also maintain their athletic training certification.

REGISTRATION INFORMATION

- Pre-registration and separate fee required
- Registration is on a first-come, first-served basis
- Register on the meeting registration form (online encouraged)

WORKSHOP OBJECTIVES

At the conclusion of the workshop, the participant should be able to:

- Appropriately manage, on the field, an athlete with a suspected acute spinal injury.
- Appropriately manage, on the field, airway management for an athlete in distress.
- Perform a musculoskeletal evaluation of the upper and lower extremities on individuals wearing protective athletic equipment.
- Appropriately manage, on the field, an athlete with a suspected acute fracture and/or dislocation.
- Complete appropriate sideline assessment with a concussion.
- Assess an individual's readiness to return to physical activities utilizing a progression of functional activities.
- Have the ability to provide a targeted message so that the information can be taught at local meetings and increase the community awareness of proper sideline management techniques.

FACULTY

Michael J. Petrizzi, MD,
Workshop Chair
Kenneth M. Bielak, MD
Andy Carter, ATC
James "Jay" R. Clugston, MD, MS
Steven L. Cole, ATC
B. Kent Diduch, MD
Matthew Gammons, MD

Benjamin A. Hasan, MD
Garry W.K. Ho, MD, CIC
Neil Mathews, MD
Lara E. P. Quinlan, MD
Andrew Reisman, MD, ATC
Jeff Roberts, MD
Matt Ryan, MA, ATC
Anna L. Waterbrook, MD
Timothy Yu, MD

PROGRAM

3:30 p.m. – 3:50 p.m.

Review of Game Plan

Pre-Event Organization

- Program Administration
- Event Pre-Planning
- Development of Emergency Response Plan

Pre-Game Warm-up

Step-by-Step Approach to the On-Field Assessment of Injuries

4:00 p.m. – 7:20 p.m.

Game Time: *Jamboree/Round Robin Approach*

On-Field Management of Injuries

Breakout Lab Session with attendees participation where each group will rotate through all sections of 60 minutes each

- **On-Field Management of the Spine Injured Athlete/ Airway Management**
 - Log roll and lift of athlete with/without football protective equipment
 - Football shoulder pad, helmet and face mask removal
 - On-Field Airway Management Techniques
- **Upper Extremity Evaluation of Athlete in Football Protective Equipment**
 - Sideline Management of Fractures and Dislocations: Immobilization and Splinting Techniques
- **Sideline Concussion/Head Injury Screening**
 - Return to Play Functional Assessment
 - Functional Testing with attendee participation
 - Progression of Activities for the Return to Participation

7:20 p.m. – 7:30 p.m.

Post-Game Wrap-Up/Conclusion

- Questions and Answer Period
- Closing Remarks
- Workshop Evaluation

FELLOWSHIP FAIR

TUESDAY, APRIL 19, 2016

7:00 a.m. – 7:50 a.m. • 9:55 a.m. – 10:25 a.m. • 3:00 p.m. – 3:30 p.m.

Based on positive feedback from almost 300 Resident and Student members and just over 100 fellowship programs that participated in last year's Fellowship Fair in Hollywood, Florida, AMSSM will host the 5th Annual Fellowship Fair during the 2016 Annual Meeting in Dallas, Texas. The Fellowship Fair will provide students and residents a chance to interact with fellowship programs. The Fellowship Fair will take place inside the Exhibit Hall during Continental Breakfast from 7:00 a.m. – 7:50 a.m. and during the refreshment breaks at 9:55 a.m. – 10:25 a.m. and 3:00 p.m. – 3:30 p.m. on Tuesday, April 19th (exhibits will end on Monday).

The Fellowship Fair will be free to residents and students attending the Annual Meeting.

Fellowship programs: To participate, please register your program online for a \$100 fee to cover the cost of signage/table rental. Note: Please submit the online Fellowship Program Registration form by March 21st to be included in the Meeting Program and Exhibit Guide booklet. After the Advance Registration deadline (March 21st), please contact the AMSSM office for space availability and please be aware that the late registration fee will be \$200 and your program will not be guaranteed to be included in the Meeting Program and Exhibit Guide booklet. [Click here for the Online Fellowship Program Registration submission form.](#)

Don't miss out on this great opportunity for residents and students to meet with sports medicine fellowship programs during the Annual Meeting.

AMSSM MENTOR PROJECT

AMSSM is committed to continually cultivate and invest into the next generation of sports medicine physicians. Developed by the AMSSM Membership Committee, the AMSSM Mentor Project connects current AMSSM members (Actives/Associates) with interested residents and medical students. Mentorship, in part, involves giving perspective and answering questions about the field of sports medicine while creating a more personal connection, as at its core is the hope of passing on certain tenants of sports medicine that cannot be learned from any textbooks.

Serving as a mentor will offer a valuable resource to interested resident and medical student attendees as it can be difficult to make personal connections at such a large conference. Last year's Annual Meeting in Hollywood, Florida, the response was tremendous with 25 AMSSM members volunteering as mentors to over 60 interested residents and medical students! Mentoring sessions were organized as "meet and greet" sessions during Continental Breakfast and also during the Welcome Reception.

If you are interested in signing up as a mentor, click here to [Volunteer as a Mentor](#).

If you are an interested resident or student, click here [I Want to be Matched with a Mentor](#).



By indicating your desire to participate, mentors and mentees will be matched by their primary specialty, year of residency/ medical school and the day/time preferences for availability during the Annual Meeting. The mentors will receive their mentee(s) name and contact information (email address and cell phone number) so an initial connection can be made by the mentors prior to the Annual Meeting. There will be a sign in the designated area within the Exhibit Hall to serve as a point of contact for mentor/mentee(s) pairings to meet; or mentor/mentee(s) pairings can make their own meeting arrangements during the Annual Meeting.

Questions regarding the AMSSM Mentor Project, please contact [Joan Brown](#), AMSSM Membership Manager.

"We make a living by what we get, we make a life by what we give." –Winston Churchill

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

SATURDAY, APRIL 16, 2016 (Sports US ICL & Legislative ICL Only)

SUNDAY, APRIL 17, 2016 • MONDAY, APRIL 18, 2016 • TUESDAY, APRIL 19, 2016 • WEDNESDAY, APRIL 20, 2016

ICL REGISTRATION FEES

Category	AMSSM Member	Non-Member
Workout Classes #W1 and #W2	No Fee	No Fee
ICLs (unless noted below)	\$50 each	\$60 each
Sport US ICLs #1, #3, #10, #17	\$75 each	\$85 each
Legislative ICL #2	No Fee	\$25 Fee
Faculty Development ICLs #4, #11, #18, #24	No Fee	\$25 each
Resident/Fellow Specific ICLs #9, #23, #27 <i>Must be a current resident/fellow to register</i>	\$25 each	\$35 each

REGISTRATION INFORMATION

- Pre-registration and separate fee required (unless otherwise noted)
- Each ICL is limited to 50 participants
- Registration will be on a first-come, first-served basis
- Register for the ICLs on the meeting registration form

6:30 A.M. – 7:30 A.M. WORKOUT CLASSES (CONCURRENT WITH ICLs on Monday, April 18th and Tuesday, April 19th)

SATURDAY, APRIL 16	SUNDAY, APRIL 17	MONDAY APRIL 18	TUESDAY, APRIL 19	WEDNESDAY, APRIL 20
		#W1 Ironstrength Workout <i>Jordan Metz, MD</i> Pre-Registration Required, No Fee	#W2 Yoga Vinyasa Flow Class <i>Monique Burton, MD</i> Pre-Registration Required, No Fee	

6:15 A.M. – 7:45 A.M. SPORTS US ICLs

SATURDAY, APRIL 16	SUNDAY, APRIL 17	MONDAY APRIL 18	TUESDAY, APRIL 19	WEDNESDAY, APRIL 20
#1 Forefoot <i>Leader: Jon A. Jacobson, MD</i>	#3 Rheumatologic Disorders <i>Leader: Andrew L. Concoff, MD</i>	#10 Sideline Sports Ultrasound <i>Co-Leaders: Jonathan T. Finnoff, DO Mederic M. Hall, MD</i>	#17 Intra-Articular Knee <i>Leader: Ken Mautner, MD</i>	

7:00 A.M. – 8:00 A.M. LEGISLATIVE ICL

SATURDAY, APRIL 16	SUNDAY, APRIL 17	MONDAY APRIL 18	TUESDAY, APRIL 19	WEDNESDAY, APRIL 20
#2 Team Medicine, Team Advocacy <i>Michael S. O'Brien</i> Pre-Registration Required, No Fee				

7:00 A.M. – 7:45 A.M. FACULTY DEVELOPMENT ICLs

SATURDAY, APRIL 16	SUNDAY, APRIL 17	MONDAY APRIL 18	TUESDAY, APRIL 19	WEDNESDAY, APRIL 20
	#4 Faculty Development: Masterful Mentoring — Getting the Most Out of Being a Mentor or Mentee <i>James M. Daniels II, MD, MPH George D. Harris, MD, MS Michael W. Wiederman, PhD</i>	#11 Faculty Development: Facing Feedback — Failures, Fears and Fixes <i>Diana L. Heiman, MD Michael Henehan, DO Michael W. Wiederman, PhD</i>	#18 Faculty Development: Getting Published in Sports Medicine Journals <i>Michael W. Wiederman, PhD Along with the Editors of the British Journal of Sports Medicine, Clinical Journal of Sport Medicine and Sports Health</i>	#24 Faculty Development: Jazzing Up Journal Club <i>Irfan M. Asif, MD Rahul Kapur, MD Michael W. Wiederman, PhD</i>

7:00 A.M. – 7:45 A.M. ICLs

	#5 Management of Recalcitrant Achilles Tendinopathy <i>Håkan Alfredson, MD, PhD</i>	#12 Reconditioning — A Performance-Based Approach for Injured Athletes <i>Bill Knowles, ATC, CSCS</i>	#19 Prescribing Sitting and Bending Posture for Patients with Low Back Pain <i>Kieran O'Sullivan, BScPT (Hons), PhD</i>	#25 Pediatric Fracture Management <i>Thomas M. Jinguji, MD</i>
	#6 Preventing Morbidity in Sports-Related Concussion: A Clinical Management Approach <i>Gary S. Solomon, PhD</i>	#13 Practical Guide to Glucose Management in Athletes with Diabetes <i>Matthew H. Corcoran, MD, CDE</i>	#20 Steps to Safe and Smart Social Media Communication <i>C. David Geier Jr, MD</i>	#26 Strategies for Preventing Injuries In Racket Sports <i>Kathleen Ann Stroia, MS, PT, ATC</i>
	#7 Motivating the Masses: Physicians' Role in Promoting Fitness <i>Jordan Metz, MD</i>	#14 The Next Generation of Seattle Criteria: International Consensus Standards for ECG Interpretation in Athletes <i>Henry Pelto, MD</i>	#21 Practical Tools for Implementing Female Athlete Triad Guidelines <i>Aurelia Nattiv, MD</i>	
	#8 Herbs and Supplement Use in Athletes <i>Leslie Bonci, MPH, RD, CSSD, RDN</i>	#15 Injury Prevention Using Running Analysis <i>D.S. Blaise Williams III, PhD, MPT</i>	#22 Facial Injuries and Emergencies <i>Christopher Hogrefe, MD Ross Mathiasen, MD</i>	
		#16 Pre-Participation Evaluation for the Wilderness Athlete and Adventurer <i>Aaron D. Campbell, MD, MHS</i>		

7:00 A.M. – 7:45 A.M. RESIDENT/FELLOW SPECIFIC ICLs

	#9 Fundamentals of OMT <i>Warren A. Bodine, DO Douglas Comeau, DO Claudia Dal Molin, DO</i>		#23 Fundamentals of Fracture and Dislocation Care <i>Anna L. Waterbrook, MD</i>	#27 Fundamentals of Musculoskeletal MRI <i>Gabrielle P. Konin, MD</i>
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OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

SATURDAY, APRIL 16, 2016

SPORTS ULTRASOUND ICL: 6:15 a.m. – 7:45 a.m.

ICL #1: Forefoot *Leader: Jon A. Jacobson, MD*

Pathology of the forefoot that can be assessed with ultrasound includes metatarsal fractures as well as plantar plate injuries. There are a number of other pathologic processes that should also be considered, such as Morton neuroma, intermetatarsal bursa, plantar fibroma, soft tissue foreign body, infection and other masses.

At the conclusion of the workshop, the participant should be able to:

- Describe the role of ultrasound in evaluation of the forefoot.
- Discuss with familiarity common pathology of the forefoot as seen with ultrasound.

LEGISLATIVE ICL: 7:00 a.m. – 8:00 a.m.

ICL #2: Team Medicine, Team Advocacy *Michael S. O'Brien*

Advocacy is important to shape sound policies for sports medicine physicians and to the sports medicine industry in general. Learn what AMSSM is doing to advocate on behalf of our members. Most importantly, learn how you can get involved in AMSSM's advocacy efforts.

At the conclusion of the workshop, the participant should be able to:

- Discuss grass roots advocacy.
- Discuss how to engage legislators on behalf of AMSSM.
- Identify how to engage others in the advocacy process.

SUNDAY, APRIL 17, 2016

SPORTS ULTRASOUND ICL: 6:15 a.m. – 7:45 a.m.

ICL #3: Rheumatologic Disorders *Leader: Andrew L. Concoff, MD*

The musculoskeletal complaints of athletes presenting for sports medicine evaluation may reflect unrecognized rheumatologic disorders. The recognition of systemic inflammatory, autoimmune and/or arthritic conditions is an important skill in sports ultrasound. This lecture will focus upon the recognition of the ultrasound findings and “red flags” that suggest underlying rheumatologic disorders.

At the conclusion of the workshop, the participant should be able to:

- Recognize the musculoskeletal ultrasound findings suggestive of rheumatologic disease.
- Perform a directed investigation for evidence of synovitis, erosions and other specific rheumatologic “red flags.”

FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.

ICL #4: Faculty Development: Masterful Mentoring —

Getting the Most Out of Being a Mentor or Mentee..... *James M. Daniels II, MD, MPH; George D. Harris, MD, MS; and Michael W. Wiederman, PhD*

Do you have the opportunity to be a mentor and/or mentee? In this participatory workshop we will be examining what makes for a good mentoring relationship, the characteristics of a good mentor and mentee, and solutions for common problems that arise in mentoring relationships.

At the conclusion of the workshop, the participant should be able to:

- Identify the features of a productive mentoring relationship.
- Identify the characteristics of effective mentors and mentees.
- Generate multiple solutions to common dilemmas and problems in mentoring relationships.

ICLs #5-#8: 7:00 a.m. – 7:45 a.m.

ICL #5: Management of Recalcitrant Achilles Tendinopathy..... *Håkan Alfredson, MD, PhD*

This ICL will discuss the correct diagnosis and basis for treatment of midportion Achilles tendinopathy as well as discuss the pathology and surgical treatment of insertional Achilles tendinopathy.

At the conclusion of the workshop, the participant should be able to:

- Diagnose and treat midportion Achilles tendinopathy.
- Describe the tissue pathology in insertional Achilles tendinopathy.

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

SUNDAY, APRIL 17, 2016 (CONTINUED)

ICL #6: Preventing Morbidity in Sports-Related Concussions — A Clinical Management Approach ... *Gary S. Solomon, PhD*

Prolonged symptoms and neuropsychological morbidity can occur in athletes who sustain a sports-related concussion. This ICL will present a clinically-based strategy designed to prevent morbidity in sports-related concussion.

At the conclusion of the workshop, the participant should be able to:

- Discuss possible reasons for neuropsychological morbidity in sports-related concussion.
- Discuss the evidence for the utility of educational interventions in reducing morbidity in sports-related concussion.

ICL #7: Motivating the Masses — Physicians' Role in Promoting Fitness *Jordan Metz, MD*

This ICL will review the science around the medicine of exercise and provide guidelines for how physicians can step beyond the role of prescriber to fitness instructor. Concepts of how to implement community fitness programs will be provided along with a case study of the Ironstrength community fitness program in New York City.

At the conclusion of the workshop, the participant should be able to:

- Identify the role of the physician in prescribing exercise.
- Describe how to develop community-based programs for fitness.
- Discuss guidelines for implementing these programs in the community.

ICL #8: Herbs and Supplement Use in Athletes *Leslie Bonci, MPH, RD, CSSD, RDN*

Supplementation is seen as a replacement, enhancement and advancement over traditional sports nutrition recommendations. However, as health care professionals we must keep our athletes safe, smart, selective and sure. This session will examine risks, benefits and dosing to safeguard health and optimize performance.

At the conclusion of the workshop, the participant should be able to:

- Identify supplements that may be of risk to athletes.
- Provide appropriate recommendations regarding dosing and quality of supplements.

RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. – 7:45 a.m.

ICL #9: Fundamentals of OMT *Warren A. Bodine, DO; Douglas Comeau, DO; and Claudia Dal Molin, DO*

Geared for both beginner and advanced practitioners of Osteopathic Manipulative Therapy (OMT), this ICL will review the real and practical application of the principles of osteopathy in treating athletes for a variety of conditions and injuries. There will be a focus on honing the fundamental skill of palpation, regardless of the practitioner's level of experience. Participants will have an opportunity to practice and apply this skill in both diagnosis and treatment in an open forum, allowing them to practice and learn techniques of their choosing. Participants will be able to use what they have learned to make individual treatment sessions with their own patients more effective.

At the conclusion of the workshop, the participant should be able to:

- Identify physical signs of somatic dysfunction and conditions that are easily treatable with OMT.
- Identify within their own skill-set, how to target and treat common somatic dysfunctions.
- Describe and perform a variety of OMT techniques to better serve your patients.

MONDAY, APRIL 18, 2016

WORKOUT CLASS: 6:30 a.m. – 7:30 a.m.

#W1: Ironstrength Workout..... *Jordan Metz, MD*

This one-hour session will teach the ways to employ functional strength in the community setting. (Participants should wear exercise clothing and be prepared for meaningful use.)

At the conclusion of the workshop, the participant should be able to:

- Discuss how to implement fitness programming.
- Describe how to develop these programs first-hand.

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

MONDAY, APRIL 18, 2016 (Continued)

SPORTS ICL: 6:15 a.m. – 7:45 a.m.

ICL #10: Sideline Sports Ultrasound..... *Co-Leaders: Jonathan T. Finnoff, DO and Mederic M. Hall, MD*
Faculty: Christopher Hogrefe, MD; Elena "Ellie" Jelsing, MD; Ross Mathiasen, MD; Adam M. Pourco, DO; Sathish Rajasekaran, MD; Amish Shah, MD, MPH; Timothy Thomsen, MD; and Anna L. Waterbrook, MD

This ICL will provide the team physician with an overview of the basic principles of sports ultrasound for acute injuries of tendon, ligament, bone/joint, muscle/soft tissue and chest/abdominal trauma. Hands-on instruction will focus on specific high-yield scanning techniques for selected acute injuries that may be encountered on the sideline/training room.

At the conclusion of the workshop, the participant should be able to:

- Perform a diagnostic sports ultrasound of select structures relevant to the team physician.
- Discuss ultrasound characteristics of fractures and soft tissue injuries.
- Describe ultrasound applications in chest and abdominal trauma in athletes.

FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.

ICL #11: Faculty Development —

Facing Feedback — Failures, Fears and Fixes ... *Diana L. Heiman, MD; Michael Henehan, DO; and Michael W. Wiederman, PhD*

In this participatory workshop we will be grappling with the good, the bad and the ugly when it comes to giving and receiving feedback. Whether you're on the giving or receiving end of feedback, emerge better equipped to employ feedback effectively.

At the conclusion of the workshop, the participant should be able to:

- Identify the most frequent problems that interfere with effective feedback.
- Generate multiple solutions to common dilemmas and problems when providing and receiving feedback.
- Provide and receive feedback in ways that minimizes defensiveness and maximizes educational benefit.

ICLs #12-#16: 7:00 a.m. – 7:45 a.m.

ICL #12: Reconditioning — A Performance-Based Approach for Injured Athletes..... *Bill Knowles, ATC, CSCS*

ICL #13: Practical Guide to Glucose Management in Athletes with Diabetes *Matthew H. Corcoran, MD, CDE*

This session will include a brief overview of the exercise physiology of type 1 diabetes and exercise. Exercise-induced hypoglycemia and hyperglycemia will be explored. Practical strategies for hypoglycemia and hyperglycemia avoidance during and/or after exercise will be reviewed, with a focus on insulin and fueling strategies.

At the conclusion of the workshop, the participant should be able to:

- Describe the basic physiologic response to exercise as it relates to hormonal flux and fuel metabolism, as well as its perturbations in type 1 diabetes.
- Discuss exercise-induced hypoglycemia and hyperglycemia.
- Identify how to employ basic diabetes management strategies for hypoglycemia and hyperglycemia prevention in exercise and sport.

ICL #14: The Next Generation of Seattle Criteria: International Consensus Standards for ECG

Interpretation in Athletes..... *Henry Pelto, MD*

Cardiac muscle undergoes many adaptations with extended and repeated exercise. Understanding of these changes and how they manifest on ECG is critical to differentiating normal findings from those that may indicate pathologic cardiac changes in athletes. The criteria used for distinguishing these two groups is continually changing as studies emerge to guide our knowledge of these two groups. This ICL will review the most up-to-date criteria for interpreting ECGs in athletes.

At the conclusion of the workshop, the participant should be able to:

- Identify normal ECG changes in athletes.
- Describe the conditions being evaluated for when reviewing an athlete's ECG.
- Describe the ECG findings that are concerning for pathologic cardiac conditions.

ICL #15: Injury Prevention Using Running Analysis *D.S. Blaise Williams III, PhD, MPT*

The purpose of this ICL is to assist clinicians in the evaluation and identification of common structural abnormalities and pathomechanics of the running athlete. Current research unique to structural and running gait assessment will be presented with detailed strategies for the clinician to use in practice for management and prevention.

At the conclusion of the workshop, the participant should be able to:

- Identify structural factors common to lower extremity overuse injuries in runners.
- Discuss how to perform a quick running gait analysis in running athletes.
- Describe functional assessment techniques for the hip, knee, and lower leg in running athletes.

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

MONDAY, APRIL 18, 2016 (Continued)

ICL #16: Pre-Participation Evaluation for the Wilderness Athlete and Adventurer *Aaron D. Campbell, MD, MHS*

This ICL will discuss and review protocols and expert opinion on pre-participation evaluation for the wilderness athlete.

At the conclusion of the workshop, the participant should be able to:

- Describe basic principles of a PPE and apply to wilderness sports.
- Identify resources for guidelines on the PPE for the wilderness athlete.
- Discuss how to develop a protocol and apply a suggested Health History Plan to a wilderness sports PPE.

TUESDAY, APRIL 19, 2016

WORKOUT CLASS: 6:30 a.m. – 7:30 a.m.

#W2 Yoga Vinyasa Flow Class *Monique Burton, MD*

This one-hour yoga session is described as movement synchronized to the breath. This style is sometimes also called flow yoga, because of the smooth way that the poses run together like a dance. The breath acts as an anchor to the movement as you flow from one pose to the next in time with an inhale or an exhale.

SPORT ULTRASOUND ICL: 6:15 a.m. – 7:45 a.m.

ICL #17: Intra-Articular Knee *Leader: Ken Mautner, MD*

Faculty: Jerod Cottrill, DO; Jonathan T. Finnoff, DO; Paul Lento, MD; Gerard Malanga, MD; Robert Monaco, MD, MPH; Evan Peck, MD; and Christopher J. Visco, MD

This hands-on workshop will demonstrate how to use ultrasound to evaluate for Intra-Articular Knee pathology. First, a 20-minute lecture will look at the literature to see how ultrasound can visualize inside the knee joint. Next, there will be a demonstration followed by hands-on scanning by the participants on live subjects.

At the conclusion of the workshop, the participant should be able to:

- Identify which intra-articular knee structures can be successfully evaluated with ultrasound.
- Discuss when an ultrasound can be used in lieu of an MRI for intra-articular knee pathology.
- Perform an ultrasound examination to look at the ACL, PCL, menisci and articular cartilage of the knee.

FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.

ICL #18: Faculty Development — Getting Published in Sports Medicine Journals *Michael W. Wiederman, PhD* *along with the editors of the British Journal of Sports Medicine, Clinical Journal of Sport Medicine and Sports Health*

After a very brief crash course in overcoming the challenges of getting published, a panel from several sports medicine journals will provide their perspectives and advice, while fielding questions from the audience.

At the conclusion of the workshop, the participant should be able to:

- Identify the scope of articles published in three common sports medicine journals.
- Delineate the factors associated with a high likelihood of potential publication.
- Discuss how to respond to reviewer comments to maximize the chance for success in publishing.

ICLs #19-#22: 7:00 a.m. – 7:45 a.m.

ICL #19: Prescribing Sitting and Bending Posture for Patients with Low Back Pain *Kieran O'Sullivan, BScPT (Hons), PhD*

Sitting, bending and lifting are very common aggravating factors for low back pain. Consequently, a barrage of “helpful” advice on how to perform these tasks “properly” is available. This session will examine how practical and evidence-based this advice is and explore whether it may sometimes actually reinforce fragility in athletes.

At the conclusion of the workshop, the participant should be able to:

- Differentiate between beliefs about what is safe for the spine and what the evidence says is safe for the spine.
- Challenge unhelpful myths regarding the vulnerability of the spine to everyday postures and tasks.
- Discuss how you can sit any way you want and not feel bad about it!

ICL #20: Steps to Safe and Smart Social Media Communications *C. David Geier Jr, MD*

Become a leader in sports medicine and help the public in a greater way than you can in your clinic by learning to communicate effectively online. This presentation will offer 12 simple principles to communicate in a safe and smart manner.

At the conclusion of the workshop, the participant should be able to:

- Identify how to build an online platform that fits within the guidelines of your practice and institution.
- Describe how to promote yourself and your practice in a manner that helps the public and your potential patients.
- Discuss the risks and benefits of interacting with your current patients online.

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

TUESDAY, APRIL 19, 2016 (Continued)

ICL #21: Practical Tools for Implementing Female Athlete Triad Guidelines *Aurelia Nattiv, MD*

Highlights of the 2014 Female Athlete Triad Coalition Consensus Statement on Treatment and Return to Play of the Female Athlete Triad will be discussed, with an emphasis on the clinical applications of the Triad Cumulative Risk Assessment, and Clearance and Return to Play Guidelines by Medical Risk Stratification. Clinical case examples will be reviewed, followed by Q&A.

At the conclusion of the workshop, the participant should be able to:

- Identify how to implement the Female Athlete Triad Cumulative Risk Assessment Tool.
- Describe the Female Athlete Triad Clearance and Return to Play Guidelines by Medical Risk Stratification.
- Discuss the important role of clinical decision making, and how decisions may be modified on a case-by-case basis when applying these guidelines.

ICL #22: Facial Injuries and Emergencies *Christopher Hogrefe, MD and Ross Mathiasen, MD*

An interactive, procedure-based overview of the evaluation and management of sports-related HEENT injuries and emergencies. Topics highlighted will include auricular hematoma, nasal fracture, epistaxis, dental injuries, ocular trauma as well as lacerations of the lip, oral cavity, ear and face. Additionally, local and regional facial anesthesia techniques will be demonstrated.

At the conclusion of the workshop, the participant should be able to:

- Identify common HEENT sports-related injuries and initiate appropriate procedure-based treatment.
- Describe how to utilize local and regional anesthesia techniques to facilitate emergent HEENT procedures.
- Identify which HEENT injuries necessitate emergent referral for definitive management.

RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. – 7:45 a.m.

ICL #23: Fundamentals of Fracture and Dislocation Care *Anna L. Waterbrook, MD*

This ICL will cover the basic principles of fracture care and dislocations. Attention will be given to those injuries most commonly seen in athletes. Principles of fracture healing in adults and the pediatric population will be covered. Common reduction techniques for dislocation will be discussed. Course will include hands-on basic splinting/casting and reduction techniques.

At the conclusion of the workshop, the participant should be able to:

- Identify the length of time it takes fractures to heal.
- Describe reduction techniques for common dislocations.
- Discuss Return to Play criteria for common fractures and dislocations.

WEDNESDAY, APRIL 20, 2016

FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.

ICL #24: Faculty Development — Jazzing Up Journal Club *Irfan M. Asif, MD; Rahul Kapur, MD; and Michael W. Wiederman, PhD*

Do you organize, facilitate or participate in a journal club? Perhaps you're looking for ways to make your journal clubs more worthwhile, meaningful and engaging. In this participatory workshop we will identify the features of an outstanding journal club and address solutions to commonly encountered problems.

At the conclusion of the workshop, the participant should be able to:

- Identify the features of an outstanding journal club.
- Engage in behaviors that facilitate highly productive journal club meetings.
- Generate multiple solutions to common dilemmas and problems encountered in the journal club setting.

ICLs #25-#26: 7:00 a.m. – 7:45 a.m.

ICL #25: Pediatric Fracture Management *Thomas M. Jinguji, MD*

This ICL will focus on the evaluation of common pediatric injuries and fractures seen in a sports/urgent care setting. We will discuss how adult and pediatric fractures differ and how to manage growth plate injury. There will be ample time to discuss management of specific fractures and answer participant questions.

At the conclusion of the workshop, the participant should be able to:

- Identify the differences in pediatric and adult fractures and how this guides management.
- Describe how to safely and confidently manage many common pediatric extremity fractures.
- Discuss the pitfalls with management of certain fractures and know when to refer.

OPTIONAL EDUCATIONAL ACTIVITY • WORK OUT CLASSES and INSTRUCTIONAL COURSE LECTURES (ICL)

ICL #26: Strategies for Preventing Injuries in Racket Sports..... Kathleen Ann Stroia, MS, PT, ATC

RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. – 7:45 a.m.

ICL #27: Fundamentals of Musculoskeletal MRI Gabrielle P. Konin, MD

This ICL will briefly review the basic pulse sequences of magnetic resonance imaging (MRI), the normal anatomy of commonly imaged joints as depicted on MRI as well as common pathology with emphasis on injuries relevant to sports medicine specialists.

At the conclusion of the workshop, the participant should be able to:

- Discuss the basic pulse sequences of musculoskeletal MRI.
- Describe the normal anatomy of commonly imaged joints.
- Identify common injury patterns relevant to the sports medicine specialist.

FRIDAY, APRIL 15, 2016

9:00 a.m. – 5:00 p.m.

AMSSM FOUNDATION HUMANITARIAN SERVICE PROJECT

Impact Lives By Giving Back — United Way Dallas

PRE-CONFERENCES

FRIDAY, APRIL 15, 2016

6:00 a.m. – 8:30 a.m.

Registration

(Sports Ultrasound: Fundamentals of the Lower Extremity and Advanced Sports Ultrasound Registrants Only)

8:00 a.m. – 5:40 p.m.

SPORTS ULTRASOUND: FUNDAMENTALS OF THE LOWER EXTREMITY PRE-CONFERENCE

(Pre-registration and separate fee required)

Program Chair of Sports Ultrasound Courses: Jonathan T. Finnoff, DO

Co-Course Directors: Robert Monaco, MD, MPH and Evan Peck, MD

Faculty/Scanning Faculty: Tariq M. Awan, DO; Joshua Hackel, MD; John C. Hill, DO; Elena “Ellie” Jelsing, MD; Gerard Malanga, MD; Robert Monaco, MD, MPH; Evan Peck, MD; and Christopher J. Visco, MD

Scanning Faculty: Joanne Borg-Stein, MD; Arthur Jason De Luigi, DO; Emily E. Dixon, DO; Robert Flannery, MD;

Sadiq Haque, DO; Garry W.K. Ho, MD, CIC; Kentaro Onishi, DO; Jacob L. Sellon, MD; Shane A. Shapiro, MD;

J. Herbert Stevenson, MD; Thomas H. Trojan, MD; and Ricardo Vasquez-Duarte, MD

7:00 a.m. – 3:45 p.m.

ADVANCED SPORTS ULTRASOUND PRE-CONFERENCE

(Pre-registration and separate fee required)

Program Chair of Sports Ultrasound Courses: Jonathan T. Finnoff, DO

Co-Course Directors: Mederic M. Hall, MD and Douglas F. Hoffman, MD

Faculty/Scanning Faculty: Andrew L. Concoff, MD; Mederic M. Hall, MD; Douglas F. Hoffman, MD; and Jon A. Jacobson, MD

Scanning Faculty: Erik Adams, MD, PhD; Joseph J. Albano, MD; Blake Boggess, DO; John Cianca, MD;

Jerod Cottrill, DO; Kevin deWeber, MD; Kimberly G. Harmon, MD; Anthony E. Joseph, MD; Albert J. Kozar, DO;

Mark E. Lavalley, MD, CSCS; Paul Lento, MD; Timothy J. Mazzola, MD; Ben Nelson, MD; Jeffrey M. Payne, MD;

Charles S. Peterson, MD; Adam M. Pourcho, DO; Sathish Rajasekaran, MD; Ashwin Rao, MD; Jeremiah W. Ray, MD;

Stephen M. Simons, MD; Phillip Steele, MD; and Michael Kenji Yamazaki, MD

SATURDAY, APRIL 16, 2016

5:45 a.m. – 7:05 p.m.

REGISTRATION

6:15 a.m. – 7:45 a.m.

SPORTS US INSTRUCTIONAL COURSE LECTURE *(Pre-registration and separate fee required)*

#1 Forefoot..... **Leader:** Jon A. Jacobson, MD

7:00 a.m. – 8:00 a.m.

LEGISLATIVE INSTRUCTIONAL COURSE LECTURE

(Pre-registration required; AMSSM members - No Fee, Non-Members — \$25 Fee)

#2 Team Medicine, Team Advocacy Michael S. O'Brien

8:00 a.m. – 11:00 a.m.

FELLOWSHIP FORUM

Co-Chairs: Irfan M. Asif, MD and Amanda Weiss Kelly, MD

Co-Moderators: Irfan M. Asif, MD; Jennifer Malcolm, DO; and Amanda Weiss Kelly, MD

Faculty: Irfan M. Asif, MD; Peter J. Carek, MD, MS; Leah Concannon, MD; Michael Henehan, DO;

Jennifer Malcolm, DO; Richard A. Okragly Jr, MD; Mark Stovak, MD; Amanda Weiss Kelly, MD; and

Michael W. Wiederman, PhD

11:00 a.m. – 2:00 p.m.

AMSSM/NCAA: KEY ISSUES FOR THE COLLEGE TEAM PHYSICIAN *(Pre-registration required, no fee)*

Co-Chairs: Jonathan Drezner, MD and Sourav K. Poddar, MD

Faculty: Chad A. Asplund, MD; Casey G. Batten, MD; John P. DiFiori, MD; Jonathan Drezner, MD;

Brian Hainline, MD; and Margot Putukian, MD

**The AMSSM Foundation gratefully acknowledges the NCAA for their educational grant in support of this pre-conference.*

11:30 a.m. – 1:30 p.m.

AMSSM/ACSM CAQ PREPARATION REVIEW SESSION

Co-Chairs: William W. Dexter, MD; Carrie A. Jaworski, MD; and Kevin Vincent, MD, PhD

Faculty: Eric Coris, MD; Karl B. Fields, MD; Carrie A. Jaworski, MD; Francis O'Connor, MD, MPH; and Tracy Ray, MD

AMSSM 25TH ANNUAL MEETING

SATURDAY, APRIL 16, 2016



5:45 a.m. – 7:05 p.m.	REGISTRATION
1:30 p.m. – 8:00 p.m.	AMSSM FOUNDATION SILENT AUCTION
2:30 p.m. – 2:45 p.m.	MEETING KICKOFF President’s Welcome..... <i>Jon Divine, MD, MS; AMSSM President</i> Welcome and Announcements..... <i>Matthew Gammons, MD; First Vice President</i> <i>Marci Goolsby, MD; Program Chair</i>
2:45 p.m. – 4:00 p.m.	FOUNDERS KEYNOTE TALKS: PAST, PRESENT AND FUTURE OF SPORTS MEDICINE Moderator: <i>Craig C. Young, MD</i>
2:45 p.m. – 3:00 p.m.	History of Primary Care Sports Medicine: How AMSSM and PCSM Began Presidential Keynote: <i>John A. Lombardo, MD</i>
3:00 p.m. – 3:15 p.m.	The Evolution of the Careers in Sports Medicine Presidential Keynote: <i>Douglas B. McKeag, MD, MS</i>
3:15 p.m. – 3:30 p.m.	The Evolution of the Science in Sports Medicine Presidential Keynote: <i>E. Lee Rice, DO</i>
3:30 p.m. – 3:45 p.m.	The Future of Sports Medicine..... Presidential Keynote: <i>James C. Puffer, MD</i>
3:45 p.m. – 4:00 p.m.	Discussion and Questions
4:00 p.m. – 4:10 p.m.	FOUNDERS AWARD PRESENTATION <i>Presented by Jon Divine, MD, MS; AMSSM President</i>
4:10 p.m. – 4:25 p.m.	2015 AMSSM TRAVELING FELLOWSHIP Senior Fellow. <i>Douglas B. McKeag, MD, MS</i> Junior Fellows <i>M. Alison Brooks, MD, MPH and James MacDonald, MD, MPH</i>
4:25 p.m. – 4:55 p.m.	REFRESHMENT BREAK (Exhibit Hall)
4:55 p.m. – 7:05 p.m.	SESSION #1: “SPORTS ON THE EDGE” Moderator: <i>Chad A. Asplund, MD</i>
4:55 p.m. – 5:00 p.m.	Introduction <i>Chad A. Asplund, MD</i>
5:00 p.m. – 5:10 p.m.	The Future of Sports Medicine: Quality Measures and Healthcare Transformation <i>Jennifer Scott Koontz, MD, MPH</i>
5:10 p.m. – 5:30 p.m.	INTERNATIONAL VISITING FELLOW LECTURE: Establishing a Pre-Participation Screening and Prevention Program for Health Keynote: <i>Maurizio Casasco, MD</i> <i>Presented by the 2016 International Visiting Fellow</i>
5:30 p.m. – 5:50 p.m.	AMSSM Position Statement on Cardiovascular Screening in Athletes <i>Jonathan Drezner, MD</i> <i>and Francis O’Connor, MD, MPH</i>
5:50 p.m. – 6:10 p.m.	Concussion and Mental Health Keynote: <i>Gary S. Solomon, PhD</i>
6:10 p.m. – 6:30 p.m.	Team Physician Consensus Statement on Illness and Injury Prevention <i>Margot Putukian, MD</i>
6:30 p.m. – 6:50 p.m.	Sports in Space: How Sports Medicine Prepared Me for NASA Keynote: <i>Andrew Morgan, MD</i>
6:50 p.m. – 7:05 p.m.	Discussion and Questions
7:05 p.m.	RECESS
7:05 p.m. – 8:30 p.m.	AMSSM WELCOME RECEPTION (Exhibit Hall)

SUNDAY, APRIL 17, 2016

6:15 a.m. – 7:10 p.m.	REGISTRATION
6:15 a.m. – 7:55 a.m.	CONTINENTAL BREAKFAST (Exhibit Hall)
6:15 a.m. – 7:45 a.m.	SPORTS US INSTRUCTIONAL COURSE LECTURE (<i>Pre-registration and separate fee required</i>) #3 Rheumatologic Disorders Leader: <i>Andrew L. Concoff, MD</i>

PROGRAM

SUNDAY, APRIL 17 CONTINUED...

7:00 a.m. – 7:45 a.m.	FACULTY DEVELOPMENT INSTRUCTIONAL COURSE LECTURE <i>(Pre-registration required; AMSSM members – No Fee, Non-Members - \$25 Fee)</i> #4 Masterful Mentoring — Getting the Most Out of Being a Mentor or Mentee <i>James M. Daniels II, MD, MPH;</i> <i>George D. Harris, MD, MS; and Michael W. Wiederman, PhD</i>
7:00 a.m. – 7:45 a.m.	INSTRUCTIONAL COURSE LECTURES <i>(Pre-registration and separate fee required)</i> #5 Management of Recalcitrant Achilles Tendinopathy <i>Håkan Alfredson, MD, PhD</i> #6 Preventing Morbidity in Sports-Related Concussion: A Clinical Management Approach <i>Gary S. Solomon, PhD</i> #7 Motivating the Masses: Physicians’ Role in Promoting Fitness <i>Jordan Metz, MD</i> #8 Herbs and Supplement Use In Athletes <i>Leslie Bonci, MPH, RD, CSSD, RDN</i> #9 RESIDENT/FELLOW SPECIFIC ICL: Fundamentals of OMT <i>Warren A. Bodine, DO;</i> <i>Douglas Comeau, DO; Claudia Dal Molin, DO</i>
7:00 a.m. – 7:50 a.m.	EYE-OPENING CASES Moderator: <i>Blake Boggess, DO</i> Panelists: <i>Deborah Light, MD and Robert C. Oh, MD, MPH</i>
7:00 a.m. – 6:05 p.m.	AMSSM FOUNDATION SILENT AUCTION
8:00 a.m. – 8:05 a.m.	ANNOUNCEMENTS
8:05 a.m. – 9:45 a.m.	SESSION #2: TENDINOPATHY IN THE ATHLETE — EVOLVING CONCEPTS AND CONTROVERSIES Moderator: <i>Mederic M. Hall, MD</i>
8:05 a.m. – 8:10 a.m.	Introduction <i>Mederic M. Hall, MD</i>
8:10 a.m. – 8:30 a.m.	Evolution of Tendinopathy in the United States — 25-Year Perspective <i>Rob Johnson, MD</i>
8:30 a.m. – 8:50 a.m.	The Umeå Model — Targeting Treatment Outside the Tendon Keynote: <i>Håkan Alfredson, MD, PhD</i>
8:50 a.m. – 9:10 a.m.	Tendinopathy: Training Around the Injury Keynote: <i>Bill Knowles, ATC, CSCS</i>
9:10 a.m. – 9:30 a.m.	Tendinopathy: The Role of Advanced Imaging in Diagnosis and Treatment . Keynote: <i>Jon A. Jacobson, MD</i>
9:30 a.m. – 9:45 a.m.	Discussion and Questions
9:45 a.m. – 10:15 a.m.	REFRESHMENT BREAK POSTER SESSION 1 (Exhibit Hall)
10:15 a.m. – 11:55 a.m.	SESSION #3: RUNNING MEDICINE Moderator: <i>Matthew Silvis, MD</i>
10:15 a.m. – 10:20 a.m.	Introduction <i>Matthew Silvis, MD</i>
10:20 a.m. – 10:40 a.m.	Trends in Sports Nutrition — Fueling for Exercise (Training and Competition) Keynote: <i>Leslie Bonci, MPH, RD, CSSD, RDN</i>
10:40 a.m. – 11:00 a.m.	ACSM EXCHANGE LECTURE: The Roles of Gender and Maturation on Running — Mechanics, Injury Incidence, Neuromuscular Control and Rehabilitation Keynote: <i>D. S. Blaise Williams III, PhD, MPT</i>
11:00 a.m. – 11:20 a.m.	AAP EXCHANGE LECTURE: To Run or Not to Run? The Questions Regarding Running in the Pediatric Athlete Keynote: <i>Tracy Zaslow, MD</i>
11:20 a.m. – 11:40 a.m.	Ultramarathon — Racing and Event Coverage <i>John C. Hill, DO</i>
11:40 a.m. – 11:55 a.m.	Discussion and Questions
11:55 a.m. – 1:15 p.m.	LUNCH <i>(on your own)</i>
12:00 p.m. – 1:00 p.m.	INDUSTRY-SPONSORED LUNCH SYMPOSIUM <i>(Optional, pre-registration required, no fee)</i> Managing Hip OA — Functional Healing Protocols for Cartilage Disorders (Össur Americas) <i>This program is not an AMSSM educational activity. AMSSM is not responsible for the planning, content or the speakers of this program. CME Credit is not available for this optional educational activity.</i>
12:00 p.m. – 1:00 p.m.	SPECIAL INTEREST GROUP BREAKOUT <ul style="list-style-type: none">• Academic• Emergency Medicine• Internal Medicine• Pediatrics• PM&R• Resident/Student

PROGRAM

SUNDAY, APRIL 17 CONTINUED...

- 1:00 p.m. – 1:15 p.m.** **DIVERSITY SPECIAL INTEREST GROUP BREAKOUT**
- 1:15 p.m. – 3:15 p.m.** **SESSION #4A-B: CONCURRENT SESSIONS – RESEARCH PRESENTATIONS – PART 1**
- 3:15 p.m. – 3:45 p.m.** **REFRESHMENT BREAK | POSTER SESSION 1 (Exhibit Hall)**
- 3:45 p.m. – 6:05 p.m.** **SESSION #5A-B: CONCURRENT SESSIONS – CASE PRESENTATIONS**
Session #5A: Case Presentations..... **Moderator:** Jason A. Mogonye, MD
Panelists: Korin Hudson, MD and Rahul Kapur, MD
- Session #5B: Case Presentations.....**Moderator:** Stephanie Chu, DO
Panelists: Jeffrey R. Bytowski, DO and Maria Reese, MD
- 6:10 p.m. – 7:10 p.m.** **TEAM PHYSICIAN BREAKOUT SESSIONS**
- High School
 - Collegiate/NCAA
 - Olympic/Paralympic
 - Professional
- 7:10 p.m.** **RECESS**

MONDAY, APRIL 18, 2016

- 6:15 a.m. – 5:30 p.m.** **REGISTRATION**
- 6:15 a.m. – 7:55 a.m.** **CONTINENTAL BREAKFAST (Exhibit Hall)**
- 6:15 a.m. – 7:45 a.m.** **SPORTS US INSTRUCTIONAL COURSE LECTURE (Pre-registration and separate fee required)**
#10 Sideline Sports Ultrasound.....**Co-Leaders:** Jonathan T. Finnoff, DO and Mederic M. Hall, MD
Faculty: Christopher Hogrefe, MD; Elena “Ellie” Jelsing, MD; Ross Mathiasen, MD; Adam M. Pourcho, DO; Sathish Rajasekaran, MD; Amish Shah, MD, MPH; Timothy Thomsen, MD; and Anna L. Waterbrook, MD
- 6:30 a.m. – 7:30 a.m.** **WORKOUT CLASS (Pre-registration required, no fee)**
#W1: Ironstrength Workout..... Jordan Metz, MD
- 7:00 a.m. – 7:45 a.m.** **FACULTY DEVELOPMENT INSTRUCTIONAL COURSE LECTURE**
(Pre-registration required; AMSSM members – No Fee, Non-Members - \$25 Fee)
#11 Faculty Development: Facing Feedback — Failures, Fears and FixesDiana L. Heiman, MD;
Michael Henehan, DO; and Michael W. Wiederman, PhD
- 7:00 a.m. – 7:45 a.m.** **INSTRUCTIONAL COURSE LECTURES (Pre-registration and separate fee required)**
#12 Reconditioning — A Performance-Based Approach for Injured Athletes.....Bill Knowles, ATC, CSCS
#13 Practical Guide to Glucose Management in Athletes with Diabetes.... Matthew H. Corcoran, MD, CDE
#14 The Next Generation of Seattle Criteria:
International Consensus Standards for ECG Interpretation in AthletesHenry Pelto, MD
#15 Injury Prevention Using Running Analysis..... D. S. Blaise Williams III, PhD, MPT
#16 Pre-Participation Evaluation for the Wilderness Athlete
and Adventurer..... Aaron D. Campbell, MD, MHS
- 7:00 a.m. – 7:50 a.m.** **EYE-OPENING CASES.....** **Moderator:** Peter H. Seidenberg, MD
Panelists: Yvonne C. Chow, MD and Cayce Onks, DO, MS, ATC
- 7:00 a.m. – 10:10 a.m.** **AMSSM FOUNDATION SILENT AUCTION**

PROGRAM

MONDAY, APRIL 18 CONTINUED...

8:00 a.m. – 8:05 a.m.	ANNOUNCEMENTS
8:05 a.m. – 9:45 a.m.	SESSION #6: MEDICAL ISSUES Moderator: Richard A. Okragly Jr, MD
8:05 a.m. – 8:10 a.m.	Introduction Richard A. Okragly Jr, MD
8:10 a.m. – 8:30 a.m.	Deep Vein Thrombosis and Pulmonary Embolism in Athletes: Clots and Consequences E. Randy Eichner, MD
8:30 a.m. – 8:50 a.m.	Managing the Athlete with Diabetes: Navigating the Ups and Downs Keynote: Matthew H. Corcoran, MD, CDE
8:50 a.m. – 9:10 a.m.	Echocardiographic Characterization of the Athlete’s Heart in Professional Basketball Players — New Data from the NBA Cardiac Screening Program..... Keynote: David J. Engel, MD
9:10 a.m. – 9:30 a.m.	Use of Hormone Replacement Therapy and Contraceptive Agents in Female Athletes Elizabeth A. Joy, MD, MPH
9:30 a.m. – 9:45 a.m.	Discussion and Questions
9:45 a.m. – 10:15 a.m.*	REFRESHMENT BREAK POSTER SESSION 2 (Exhibit Hall) <i>*Silent Auction ends five minutes before the conclusion of this refreshment break</i>
10:15 a.m. – 12:00 p.m.	SESSION #7: EVENT MEDICINE Moderator: A.J. Monseau, MD
10:15 a.m. – 10:20 a.m.	Introduction A.J. Monseau, MD
10:20 a.m. – 10:40 a.m.	Setting Up a Mass Event..... Aaron Rubin, MD
10:40 a.m. – 11:00 a.m.	International Event Planning..... Jace Provo, MD, MHCM
11:00 a.m. – 11:15 a.m.	Sideline Management of Abdominal and Chest Trauma..... Anna L. Waterbrook, MD
11:15 a.m. – 11:30 a.m.	When Events Happen in Event Medicine Casey G. Batten, MD
11:30 a.m. – 11:45 a.m.	Care of the Spine Injured Athlete: NATA Consensus Statement Keynote: Ron Courson, ATC, PT, MREMT-I, CSCS
11:45 a.m. – 12:00 p.m.	Discussion and Questions
12:00 p.m. – 1:30 p.m.	LUNCH (on your own)
12:15 p.m. – 1:15 p.m.	AMSSM COMMITTEE MEETINGS #1 <ul style="list-style-type: none">• Education Anthony Beutler, MD; Co-Chairperson and Eugene Hong, MD; Co-Chairperson• International/Inter-Organizational Relations Mark Halstead, MD; Chairperson and Stephanie Chu, DO; Vice-Chairperson• Membership..... Neeru Jayanthi, MD; Chairperson and Selina Shah, MD; Vice-Chairperson• Research..... David J. Berkoff, MD; Co-Chairperson and M. Alison Brooks, MD, MPH; Co-Chairperson• Sports Ultrasound Jonathan T. Finnoff, DO; Chairperson and Mederic M. Hall, MD; Vice-Chairperson
1:30 p.m. – 2:00 p.m.	HOUGH MEMORIAL LECTURE: Leadership and Professionalism in Sports Medicine Keynote: Jeffrey L. Tanji, MD
2:00 p.m. – 3:00 p.m.	STATE OF THE UNION FOR AMSSM AND ANNUAL AWARD PRESENTATIONS <i>(All members encouraged to attend)</i>
3:00 p.m. – 4:00 p.m.	RESEARCH POSTER ORAL PRESENTATIONS REFRESHMENT BREAK EXHIBITORS (Exhibit Hall)
4:00 p.m. – 5:30 p.m.	SESSION #8: WHAT IS THE EVIDENCE? Co-Moderators: Kenneth P. Barnes, MD, MSc and Rebecca A. Myers, MD
4:00 p.m. – 4:05 p.m.	Introduction Kenneth P. Barnes, MD, MSc and Rebecca A. Myers, MD
4:05 p.m. – 4:23 p.m.	Achilles Tendinitis; Non-Surgical Management of TOS; Little Leaguer's Shoulder Katherine L. Dec, MD
4:23 p.m. – 4:41 p.m.	Pediatric Elbow Osteochondroses: 50 Shades of Cartilage Injuries; Hamate Fracture; Pitch Perfect or Thrown Out: UCL Injuries in the Throwing Athlete Holly J. Benjamin, MD
4:41 p.m. – 4:59 p.m.	Infectious Mono: When is It OK to Play; ACL Tear and Open Physes, Oh My!; Heads Up: Post-Concussion Syndrome, Medicate or Not?..... Gregory Landry, MD
4:59 p.m. – 5:17 p.m.	Gameday IV Fluid Use; Toradol in Sports; Achilles Tendon Rupture..... Jeffrey R. Bytowski, DO
5:17 p.m. – 5:30 p.m.	Discussion and Questions

PROGRAM

MONDAY, APRIL 18 CONTINUED...

- 5:30 p.m. RECESS**
- 5:30 p.m. – 6:30 p.m. AMSSM COMMITTEE MEETINGS #2**
- Communications Verle D. Valentine, MD; Chairperson and George Pujalte, MD; Vice-Chairperson
 - Fellowship Irfan M. Asif, MD; Co-Chairperson and Amanda Weiss Kelly, MD; Co-Chairperson
 - Practice & Policy Chad A. Asplund, MD; Chairperson and Jason M. Matuszak, MD; Vice-Chairperson
 - Publications Stephen Paul, MD; Chairperson and Sourav K. Poddar, MD; Vice-Chairperson
- 7:00 p.m. – 11:00 p.m. AMSSM FOUNDATION CONTRIBUTORS' PARTY (Off-Site)**
Nasher Sculpture Center
2001 Flora Street | Dallas, TX 75201
All \$50 and higher Foundation contributions (\$25 and higher Foundation contributions for students, residents and fellows) since the 2015 AMSSM 24th Annual Meeting are invited.

TUESDAY, APRIL 19, 2016

- 6:15 a.m. – 5:30 p.m. REGISTRATION**
- 6:15 a.m. – 7:55 a.m. CONTINENTAL BREAKFAST**
- 6:15 a.m. – 7:45 a.m. SPORTS US INSTRUCTIONAL COURSE LECTURE (Pre-registration and separate fee required)**
#17 Intra-Articular Knee **Leader:** Ken Mautner, MD
Faculty: Jerod Cottrill, DO; Jonathan T. Finnoff, DO; Mederic M. Hall, MD; Paul Lento, MD; Gerard Malanga, MD; Robert Monaco, MD, MPH; Evan Peck, MD; and Christopher J. Visco, MD
- 6:30 a.m. – 7:30 a.m. WORKOUT CLASS (Pre-registration required, no fee)**
#W2: Yoga Vinyasa Flow Class Monique Burton, MD
- 7:00 a.m. – 7:45 a.m. FACULTY DEVELOPMENT INSTRUCTIONAL COURSE LECTURE**
(Pre-registration required; AMSSM members – No Fee, Non-Members - \$25 Fee)
#18 Faculty Development: Getting Published in Sports Medicine Journals ... Michael W. Wiederman, PhD
Along with the Editors of the British Journal of Sports Medicine, Clinical Journal of Sport Medicine and Sports Health
- 7:00 a.m. – 7:45 a.m. INSTRUCTIONAL COURSE LECTURES (Pre-registration and separate fee required)**
#19 Prescribing Sitting and Bending Posture for Patients
with Low Back Pain Kieran O'Sullivan, BScPT (Hons), PhD
#20 Steps to Safe and Smart Social Media Communication C. David Geier Jr, MD
#21 Practical Tools for Implementing Female Athlete Triad Guidelines Aurelia Nattiv, MD
#22 Facial Injuries and Emergencies Christopher Hogrefe, MD and Ross Mathiasen, MD
#23 RESIDENT/FELLOW SPECIFIC ICL: Fundamentals of Fracture
and Dislocation Care Anna L. Waterbrook, MD
- 7:00 a.m. – 7:50 a.m. FELLOWSHIP FAIR**
- 7:00 a.m. – 7:50 a.m. EYE-OPENING CASES** **Moderator:** Kristina Wilson, MD, MPH
Panelists: B. Elizabeth Delasobera, MD and Bradley Sandella, DO, ATC
- 8:00 a.m. – 8:05 a.m. ANNOUNCEMENTS**

TUESDAY, APRIL 19 CONTINUED...

8:05 a.m. – 9:55 a.m.	SESSION #9: DEMYSTIFYING LOW BACK PAIN FOR THE SPORTS MEDICINE PHYSICIAN Moderator: Ken Mautner, MD
8:05 a.m. – 8:10 a.m.	Introduction Ken Mautner, MD
8:10 a.m. – 8:30 a.m.	History and Physical Examination Pearls..... Ellen Casey, MD
8:30 a.m. – 8:50 a.m.	Rehabilitation of Low Back Pain: Why the “One Approach Fits All” Doesn’t Work Keynote: Julie M. Fritz, PT, PhD
8:50 a.m. – 9:10 a.m.	Rehabilitation of Low Back Pain: Value of the Biopsychosocial Approach Keynote: Kieran O’Sullivan, BScPT (Hons), PhD
9:10 a.m. – 9:40 a.m.	AAPM&R EXCHANGE LECTURE: Treating Low Back Pain in 2016 — What Have We Learned Over the Past 25 Years?..... Keynote: Stanley A. Herring, MD
9:40 a.m. – 9:55 a.m.	Discussion and Questions
9:55 a.m. – 10:25 a.m.	REFRESHMENT BREAK FELLOWSHIP FAIR POSTER SESSION 3 (Exhibit Hall)
10:25 a.m. – 11:45 a.m.	SESSION #10: EMERGING TECHNOLOGIES Moderator: Aaron Gray, MD
10:25 a.m. – 10:30 a.m.	Introduction Aaron Gray, MD
10:30 a.m. – 10:50 a.m.	AOSSM EXCHANGE LECTURE: Being a Sports Medicine Physician in the Digital Age Keynote: C. David Geier Jr, MD
10:50 a.m. – 11:10 a.m.	SOCIETY FOR TENNIS MEDICINE AND SCIENCE EXCHANGE LECTURE: Using Sports Science for Player Development in the Current Age..... Keynote: Kathleen Ann Stroia, MS, PT, ATC Introduced by Neeru Jayanthi, MD
11:10 a.m. – 11:30 a.m.	Applying Sports Technology to Your Sports Medicine Practice
11:30 a.m. – 11:45 a.m.	Philip Skiba, DO, PhD Discussion and Questions
11:45 a.m. – 1:00 p.m.	LUNCH (on your own)
1:00 p.m. – 3:00 p.m.	SESSION #11A-B: CONCURRENT SESSIONS – RESEARCH PRESENTATIONS – PART 2
3:00 p.m. – 3:30 p.m.	REFRESHMENT BREAK FELLOWSHIP FAIR POSTER SESSION 3 (Exhibit Hall)
3:30 p.m. – 5:30 p.m.	SESSION #12A: CONCURRENT SESSIONS – FACULTY DEVELOPMENT (FACULTY TRACK) Co-Chairs: William W. Dexter, MD and Mark E. Lavallee, MD, CSCS Faculty: William W. Dexter, MD; Jonathan T. Finnoff, DO; Michael Henehan, DO; John C. Hill, DO; and Mark E. Lavallee, MD, CSCS Moderator: Mark Stovak, MD Small Group Leaders: William W. Dexter, MD; Jonathan T. Finnoff, DO; Mederic M. Hall, MD; Michael Henehan, DO; John C. Hill, DO; Mark E. Lavallee, MD, CSCS; Chris Madden, MD; Timothy J. Mazzola, MD; Rebecca A. Myers, MD; Jennifer M. Payne, MD; Stephen M. Simons, MD; and Thomas H. Trojan, MD
5:30 p.m.	RECESS
3:30 p.m. – 7:30 p.m.	SESSION #12B: CONCURRENT SESSIONS – S.M.A.R.T. WORKSHOP (Sideline Management Assessment and Response Technique Workshop) Chair: Michael J. Petrizzi, MD Faculty: Kenneth M. Bielak, MD; Andy Carter, ATC; James “Jay” R. Clugston, MD, MS; Steven L. Cole, ATC; B. Kent Diduch, MD; Matthew Gammons, MD; Benjamin A. Hasan, MD; Garry W.K. Ho, MD, CIC; Neil Mathews, MD; Lara E. P. Quinlan, MD; Andrew Reisman, MD, ATC; Jeff Roberts, MD; Matt Ryan, MA, ATC; Anna L. Waterbrook, MD; and Timothy Yu, MD

PROGRAM

WEDNESDAY, APRIL 20, 2016

6:30 a.m. – 11:45 a.m.	REGISTRATION
6:30 a.m. – 7:55 a.m.	CONTINENTAL BREAKFAST
7:00 a.m. – 7:45 a.m.	FACULTY DEVELOPMENT INSTRUCTIONAL COURSE LECTURE <i>(Pre-registration required; AMSSM members – No Fee, Non-Members - \$25 Fee)</i> #24 Faculty Development: Jazzing Up Journal Club..... <i>Irfan M. Asif, MD; Rahul Kapur, MD; and Michael W. Wiederman, PhD</i>
7:00 a.m. – 7:45 a.m.	INSTRUCTIONAL COURSE LECTURES <i>(Pre-registration and separate fee required)</i> #25 Pediatric Fracture Management <i>Thomas M. Jinguji, MD</i> #26 Strategies for Preventing Injuries in Racket Sports <i>Kathleen Ann Stroia, MS, PT, ATC</i> #27 RESIDENT/FELLOW SPECIFIC ICL: Fundamentals of Musculoskeletal MRI..... <i>Gabrielle P. Konin, MD</i>
7:00 a.m. – 7:50 a.m.	EYE-OPENING CASES Moderator: <i>Douglas Comeau, DO</i> Panelists: <i>Yaowen Eliot Hu, MD and Nathaniel Nye, MD</i>
8:00 a.m. – 8:05 a.m.	ANNOUNCEMENTS
8:05 a.m. – 9:25 a.m.	SESSION #13: BONE UP ON BONES Moderator: <i>Melissa Novak, DO</i>
8:05 a.m. – 8:10 a.m.	Introduction <i>Melissa Novak, DO</i>
8:10 a.m. – 8:30 a.m.	Bone Health, Metabolic Work Up and Impact on Fracture Risk..... <i>Aurelia Nattiv, MD</i>
8:30 a.m. – 8:50 a.m.	High vs. Low Risk Stress Fractures: Treatment Decisions and Return to Play <i>Michael Fredericson, MD</i>
8:50 a.m. – 9:10 a.m.	Demystifying Bone Edema on MRI..... Keynote: <i>Gabrielle P. Konin, MD</i>
9:10 a.m. – 9:25 a.m.	Discussion and Questions
9:25 a.m. – 9:45 a.m.	AWARD PRESENTATIONS: RESEARCH AND CASE AWARDS RESIDENT SCHOLARSHIP
9:45 a.m. – 10:00 a.m.	REFRESHMENT BREAK
10:00 a.m. – 11:45 a.m.	SESSION #14: SHOWCASE TALKS Moderator: <i>Justin D. Rothmier, MD</i>
10:00 a.m. – 10:05 a.m.	Introduction <i>Justin D. Rothmier, MD</i>
10:05 a.m. – 11:15 a.m.	SHOWCASE TALKS <i>(Presenters chosen by a submission process who will speak on a variety of current hot topics in sports medicine)</i>
10:05 a.m. – 10:17 a.m.	Epidemiology and Current Practices of Mental Health in Collegiate Student-Athletes..... <i>Giselle A. Aerni, MD</i>
10:17 a.m. – 10:29 a.m.	Topical Diclofenac: The Rub on Where We Are and Where We (It) Should Go... <i>Christopher M. Miles, MD</i>
10:29 a.m. – 10:41 a.m.	Rehabilitation Programs After Regenerative Interventions..... <i>Fernando Sepulveda-Irizarry, MD</i>
10:41 a.m. – 10:53 a.m.	Are Athletes Experiencing a Global Warming?..... <i>M. Seth Smith, MD, PharmD</i>
10:53 a.m. – 11:05 a.m.	Return to Drive After a Concussion: Where Do We Start? <i>Emily Stuart, MD</i>
11:05 a.m. – 11:17 a.m.	ACL Prevention Programs: An Evidence-Based Approach..... <i>David A. Wang, MD</i>
11:17 a.m. – 11:29 a.m.	Prevention of Throwing Injuries: Is the UCL the New ACL? The Ulnar Collateral Ligament Injury Epidemic and How to Stop It..... <i>Jason L. Zaremski, MD</i>
11:29 a.m. – 11:45 a.m.	Award to Winner of Showcase Talks
11:45 a.m.	CLOSING REMARKS/ADJOURN

FEATURED SPEAKERS

AMSSM FOUNDERS — PRESIDENTIAL KEYNOTE SPEAKERS



John A. Lombardo, MD

A native of Brooklyn, New York, John Lombardo attended the University of Dayton, Ohio State University College of Medicine with Family Medicine residency at St. Elizabeth Medical Center, Dayton Ohio. He has served as Medical Director of Sports Medicine at Cleveland Clinic, Ohio State University and MAX Sports Medicine and team physician for Cleveland Cavaliers, Cleveland State University, Ohio State University, Chagrin Falls High School, Upper Arlington High School and the 1988 US Olympic Team in Calgary, Canada. He is the Independent Administrator for the NFL Policy for Performance Enhancing Substances.



Douglas B. McKeag, MD, MS

Dr. McKeag served as Chairman of the Indiana University School of Medicine's Department of Family Medicine from 1999 – 2009. He is the OneAmerica® Professor Emeritus for family, sports and preventive medicine and Founding Director of the Indiana University Center for Sports Medicine. As an AMSSM Founder, he served as the second President from 1994-1996. He is also credited as one of the founding fathers of primary care sports medicine. After receiving his medical degree from Michigan State University, he completed residency and concurrent fellowships in family practice and adolescent medicine at the Grand Rapids Area Medical Education Program. Beginning in 1977, Dr. McKeag was a member of the Department of Family Practice at the College of Human Medicine at Michigan State University for 18 years. Then, he began as the Director of Primary Care Sports Medicine and Vice Chairman for the Departments of Family Medicine and Orthopedic Surgery at the University of Pittsburgh, where he held the Arthur J. Rooney Sr. Chair for Sports Medicine. Dr. McKeag serves as the Team Physician for the U.S. Lacrosse National Team and has served as a consultant to the 2000 Sydney and 2008 Beijing Olympic Committees as well as numerous schools, Olympic and professional teams. He is an author on a variety of medical and sports medicine topics as well as currently serving on the editorial boards of nine medical journals.



James C. Puffer, MD

As one of the Founders of AMSSM, Dr. Puffer served as the third AMSSM President from 1996-1997. He is a Professor in the Department of Family and Community Medicine at the University of Kentucky School of Medicine in Lexington, Kentucky. He currently serves as President and Chief Executive Officer of the American Board of Family Medicine (ABFM), located in Lexington, Kentucky. Dr. Puffer is an internationally recognized expert in sports medicine, having served as Team Physician for the 1984 United States Winter Olympic Team and Head Team Physician for the 1988 United States Summer Olympic Team. He served as Team Physician for the UCLA Department of Intercollegiate Athletics for over 20 years prior to assuming his current position at the American Board of Family Medicine.



E. Lee Rice, DO

Not only is Dr. Rice a Founder and Past President of the AMSSM but he is also a Founder, Past President and Fellow of the American Osteopathic Academy of Sports Medicine. Dr. E. Lee Rice is an internationally known authority in sports medicine, wellness and preventative medicine. In 1980, he founded the San Diego Sports Medicine and Family Health Center, where he started one of the first primary care sports medicine fellowship programs in the country. Then, in 2002, Dr. Rice founded the Lifewellness Institute, specializing in health risk evaluation, wellness and health promotion. Two innovative programs, Project L.I.F.E. (Lifestyle Interventions for Executives) and Chief Wellness Officer (CWO) helped the Lifewellness Institute win the national 2004 AstraZeneca Healthy Heart Award in recognition of initiating a "dramatic" improvement in the health care environment focusing on the global fight against coronary heart disease. Over the years, he has been a Team Physician for many professional, Olympic and University teams in the San Diego area. Dr. Rice gives back to the community by serving as Chairman for San Diego Senior Olympics, Medical Director of the San Diego Rock and Roll Marathon, medical organizer for a medical mission to Nepal and as a facilitator for groups building homes for the poor in Mexico with Youth with a Mission.

FEATURED SPEAKERS

AMSSM FOUNDERS — KEYNOTE SPEAKERS



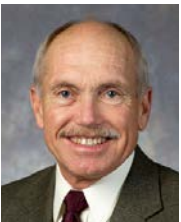
E. Randy Eichner, MD

After receiving his medical degree from John Hopkins University School of Medicine and completing a Hematology fellowship at the University of Washington, Dr. Eichner's dedication to the medical field has spanned over 50 years. In addition to being one of the AMSSM Founders, he is a Fellow and Trustee of ACSM (Emeritus). He is Professor Emeritus of Medicine at the University of Oklahoma Health Sciences Center. From 1996-2009, Dr. Eichner served as the Team Internist for OU Sooner football and other varsity athletics. While having over 230 articles or chapter published, Dr. Eichner was also on the Editorial Board for *Current Sports Medicine Reports* and *Sportsmedicine*. Since 2007, he has written articles regularly for the *Current Sports Medicine Reports* and he has also had a weekly news column on healthy fitness in the *Daily Oklahoman* for 18 years. The NCAA, ACSM, USADA, CDC and NIH have used his service and leadership on multiple committees and workshops. In 2011, Dr. Eichner received the "President's Challenge Award" from NATA during their Annual Meeting.



Stanley A. Herring, MD

Dr. Herring completed his medical degree at the University of Texas Southwestern Medical School and went on to complete his residency at the University of Washington Department of Rehabilitation Medicine. He is currently Clinical Professor in the Department of Rehabilitation Medicine, Orthopaedics and Sports Medicine and Neurological Surgery at the University of Washington (UW). He also serves as the Director of Spine, Sports and Musculoskeletal Medicine for the UW Medicine Health system and Co-Medical Director of the Seattle Sports Concussion Program, a partnership between UW Medicine and Seattle Children's. Dr. Herring has held many national leadership positions, including President of the North American Spine Society, member of the Board of Trustees of the American College of Sports Medicine and Board member of the Foundation for Physical Medicine & Rehabilitation. As one of the AMSSM Founders, Dr. Herring is also a founding member of the Pediatric Association of Sports, Spine & Occupational Rehabilitation. He has served on the editorial boards of professional journals and has been an editor of multiple textbooks as well as a contributor to numerous professional journal articles and textbook chapters. Dr. Herring is a team physician for the Seattle Seahawks, Seattle Mariners and a consultant to the UW Sports Medicine Program and the Seattle Storm as well as serving as a member on the NFL's Head, Neck and Spine Committee.



Rob Johnson, MD

As one of the AMSSM Founders, Dr. Rob Johnson served as the President of AMSSM from 2002-2003 and currently serves as the Secretary/Treasurer for the AMSSM Foundation. He attended medical school at the University of Minnesota and then completed a family medicine residency at the Hennepin County Medical Center. Dr. Johnson is a Professor at the University of Minnesota in the Department of Family and Community Medicine. He leads courses and workshops for medical students, residents and fellows and is the Director Emeritus of the Hennepin County Medical Center Sports Medicine Fellowship. He has served as a team physician to the University of Minnesota, Team USA Minnesota University of St. Thomas, Bethel University and Eden Prairie High School. Over his career, Dr. Johnson has published over 50 articles and book chapters on sports medicine topics.



Gregory Landry, MD

As one of 20 Founders of AMSSM, Dr. Landry also served as the fourth AMSSM President from 1997-1998. He attended medical school at Indiana University School of Medicine and then completed a pediatric residency and fellowship at the University of Wisconsin Hospital and Clinics in Madison, Wisconsin. Dr. Landry specializes in pediatric and adolescent primary care sports medicine. He is board certified in pediatrics and sports medicine. Dr. Landry served as a team physician for the University of Wisconsin Athletic Department from 1984-2015. His special interests include concussions in athletes, pediatric sports medicine, pre-participation evaluations and weight control in athletes.



Jeffrey L. Tanji, MD

Dr. Jeffrey Tanji is Associate Medical Director of Sports Medicine at the University of California Davis School of Medicine. He is an AMSSM Founder and Past President from 2001-2002 and currently serves as Vice President of the AMSSM Foundation. His fellows and former students serve as team physicians at every level of sport participation and he takes full credit for their success at every opportunity.

FEATURED SPEAKERS

KEYNOTE SPEAKERS



Håkan Alfredson, MD, PhD

Professor Alfredson is a world renowned Tendon Specialist and Orthopaedic Consultant. He gained his doctorate in Sports Medicine from Umeå University in 1997 where he received an Associate Professorship in Orthopaedic Surgery and Sports Medicine in 1999 and a full Professorship in Sports Medicine in 2002. He has served as the doctor for the Swedish National Junior Ice Hockey Team and has served as the physician for one of the best Ice Hockey teams in Sweden (Färjestad BK) for nine years. Initially, his research focused on bone mass and articular cartilage, but during the last 10 years the main focus has been to perform research on the chronically painful tendon. Dr. Alfredson has published more than 100 original peer-reviewed research articles, book chapters and reviews, and has been invited as a keynote speaker at international conferences in more than 20 countries. Dr. Alfredson was awarded the *Distinguished Swedish Price in Sports Science* in 2003. Currently, his clinical work is located at the Alfredson Tendon Clinic Inc. in Umeå, Sweden as well as Pure Sports Medicine Inc. in London, England. Professor Alfredson also serves at the Sports Medicine Unit at the University of Umeå in London, England.



Leslie Bonci, MPH, RD, CSSD, RDN

Leslie Bonci is the owner of Active Eating Advice — be fit, fed, fearless — a nutrition consulting company. She is the sports dietitian for the Pittsburgh Pirates, Carnegie Mellon University, Toronto Blue Jays, Kansas City Chiefs, Pittsburgh Ballet Theatre and WNBA. She authored *Sports Nutrition for Coaches*, *The American Dietetic Association Guide to Better Digestion* and co-authored *Run Your Butt Off*, *Walk Your Butt Off*, *the Active Calorie Diet* and *Bike Your Butt Off*.



Maurizio Casasco, MD

Dr. Casasco is the President of the Italian Sports Medicine Federation (FMSI). As a member of the National Executive Board of the Italian National Olympic Committee (CONI) and the Executive Committee for the European Federation of Sports Medicine Association (EPSMA), he is also a member of the Multidisciplinary Joint Committee in Sports Medicine of the European Union of Medical Specialists (UEMS). Dr. Casasco serves as Professor in Sports Medicine, Faculty of Medicine, Specialisation School in Sports Medicine at the University of Brescia in Brescia, Italy. He is the Director of the Scientific Magazine, *Medicina dello Sport* and he is also a member of the Editorial Board for the *Current Sports Medicine Report* for the American College of Sports Medicine.



Matthew H. Corcoran, MD, CDE

Dr. Corcoran graduated from the Georgetown University School of Medicine in 1995 and he specializes in endocrinology, diabetes and metabolism. Dr. Corcoran is affiliated with Atlanticare Regional Medical Center in Egg Harbor Township, New Jersey.



Ron Courson, ATC, PT, MREMT-I, CSCS

Ron Courson has served as Director of Sports Medicine with the University of Georgia Athletic Association since 1995. After he received his undergraduate degree from Samford University, he completed two years of graduate work at the University of Tennessee-Chattanooga and graduated with honors from the Medical College of Georgia with a degree in physical therapy and he is a national registered emergency medical technician-intermediate as well as a certified strength and conditioning specialist by the National Strength and Conditioning Association. Ron Courson has been involved in many athletic training activities including work as an athletic trainer with the U.S. Olympic Teams, Goodwill Games; World University Games and the Pan American Games. Ron is active in his profession, having served as the President of the SEC Sports Medicine Committee, Chairman of the College and University Athletic Trainers' Committee of the NATA, a member of the NCAA Competitive Safeguards and Medical Aspects of Sports committee as well as currently serving on the NFL Health and Safety Committee. Ron serves as an adjunct instructor in the Department of Kinesiology at the University of Georgia, teaching in the athletic training education program and as a clinical instructor teaching student physical therapists from the Medical College of Georgia and other physical therapy schools. He is active in research and education in the field of sports medicine, having authored a textbook, *Athletic Training Emergency Care*, published a number of professional papers and text chapters as well as frequently presented at regional and national sports medicine meetings.

FEATURED SPEAKERS



David J. Engel, MD

Dr. Engel is an Associate Professor of Medicine at Columbia University Medical Center. He has worked with the National Basketball Association since 2014 to help provide oversight of player cardiac health and safety. He has conducted a league wide echocardiographic analysis to create a database of parameters of cardiac structure and function that now serves as the guide and reference for NBA team physicians to monitor their players and to evaluate new players entering the league.



Julie M. Fritz, PT, PhD

Dr. Julie Fritz is a Professor in the Department of Physical Therapy and the Associate Dean for Research in the College of Health at the University of Utah in Salt Lake City, Utah. She received her Master of Science in Physical Therapy from the University of Indianapolis and her doctorate in Rehabilitation Science at the University of Pittsburgh. She served on the faculty in the Physical Therapy Department at the University of Pittsburgh for six years prior to moving to Utah. In her time in Salt Lake City, she has also worked closely with Intermountain Healthcare evaluating the implementation of evidence-based interventions and patient-reported outcomes into clinical practice. Her research interests have focused on examining treatments for individuals with low back pain, matching the most effective treatments to various sub-groups of patients and examining the outcomes of translation of decision-making strategies into physical therapy practice. Dr. Fritz is currently Editor of the *Journal of Orthopedic and Sports Physical Therapy*, and an Editorial Board Member of the *European Spine Journal* as well as a member of the Cochrane Back Review Group. She has been recognized by the Orthopedic Section with the Rose Excellence in Research Award and by the American Physical Therapy Association with the Marian Williams Award for Research in Physical Therapy as well as designation as a Catherine Worthingham Fellow.



C. David Geier Jr, MD

Dr. David Geier is an orthopaedic surgeon and sports medicine specialist in Charleston, South Carolina. After spending eight years as Director of MUSC Sports Medicine at the Medical University of South Carolina, he left to start Sports Medicine Specialists of Charleston. He serves as Medical Director of East Cooper Sports Medicine. Through an extensive online and social media platform, Dr. Geier offers athletes and active individuals leading commentary and education on injury treatment and prevention to keep you performing at your best!



Jon A. Jacobson, MD

Dr. Jacobson is a Professor of Radiology and Director of the Division of Musculoskeletal Radiology at the University of Michigan, whose research interests include musculoskeletal ultrasound and MRI. His academic achievements include over 200 peer-reviewed publications and numerous teaching and mentoring awards. Dr. Jacobson is a frequent speaker nationally and internationally and is the author of the textbook "Fundamentals of Musculoskeletal Ultrasound," which is now in its second edition.



Bill Knowles, ATC, CSCS

Bill Knowles is world-renown in the field of Sports Reconditioning and Athletic Development. He is a Certified Athletic Trainer and Certified Strength and Conditioning Specialist with 26 years of experience at the Professional, Olympic and Elite Junior levels of sport. He specializes in designing Return to Competition strategies for athletes following injury. These same concepts are also designed and implemented for teams to improve performance and reduce the incidence of injury.

FEATURED SPEAKERS

KEYNOTE SPEAKERS *continued...*



Gabrielle P. Konin, MD

Dr. Gabrielle Konin is a Board certified radiologist specializing in diagnostic and interventional musculoskeletal procedures. She is an Assistant Attending Radiologist at Hospital for Special Surgery and an Assistant Professor of Radiology at Weill Cornell Medicine in New York, New York. At the Hospital for Special Surgery, Dr. Konin performs diagnostic interpretations and interventional procedures utilizing CT, ultrasound and fluoroscopic guidance. She also has research and teaching responsibilities in all imaging modalities. Dr. Konin received her medical degree from Albert Einstein College of Medicine, went on to complete an internship in preliminary medicine at Mount Sinai Hospital and completed a diagnostic radiology residency at North Shore University Hospital in Manhasset, New York. She went on to complete a musculoskeletal radiology fellowship at Thomas Jefferson University Hospital in Philadelphia, Pennsylvania. Dr. Konin has received multiple Radiological Society of North America research awards. She has published numerous articles in professional journals, has written two book chapters and has given multiple presentations at national and international scientific conferences.



Andrew Morgan, MD

Initially he completed his Bachelors of Science degree at the U.S. Military Academy, West Point, in New York. Dr. Morgan was a member of the West Point Parachute Team, the “Black Knights,” where he participated in stadium demonstrations and in 1996 his team earned the Collegiate National Title in competitive skydiving. Then, he attended medical school and completed his residency training before volunteering for the Army special operations community. During his initial assignment as an attending physician at Womack Army Medical Center, Fort Bragg, North Carolina, Dr. Morgan served as a medical team member in the Joint Special Operations Command and worked as a part-time physician for the U.S. Army Parachute Team, the “Golden Knights,” where he maintained his parachuting skills. After three years serving on flight, combat dive and airborne status with the Desert Eagles, Dr. Morgan was selected for a strategic special operations assignment in Iraq, Afghanistan and Africa. Several years later, in 2013, Dr. Morgan completed a primary care sports medicine fellowship at Virginia Commonwealth University in Fairfax, Virginia. In June 2013, Dr. Morgan was selected as one of eight members of the 21st NASA astronaut class. Two years later, he completed Astronaut Candidate Training that included Russian language training, scientific and technical briefings, intensive instruction in International Space Station systems, Extravehicular Activity (EVA), robotics, physiological training, T-38 flight training and water and wilderness survival training. Dr. Morgan is now qualified for future assignment and is currently assigned to the EVA/Robotics branch.



Kieran O’Sullivan, BScPT (Hons), PhD

Kieran O’Sullivan is a Physiotherapy lecturer at the University of Limerick and he also practices part-time as a Specialist Musculoskeletal Physiotherapist at the Glenstal Physiotherapy Clinic, both of Limerick, Ireland. Kieran O’Sullivan completed his doctorate on low back pain. He is currently coordinating several research projects, including a multi-centre randomized controlled trial on Low Back Pain and his research group disseminates their research into the clinical and public domains using their online platform.



Gary S. Solomon, PhD

Dr. Solomon is an Associate Professor Neurological Surgery, Orthopaedic Surgery & Rehabilitation and Psychiatry as well as Co-Director of the Vanderbilt Sports Concussion Center at the Vanderbilt University School of Medicine. Dr. Solomon is the Team Neuropsychologist for the Nashville Predators and the Consulting Neuropsychologist for the Tennessee Titans. He is an Associate Section Editor for *Neurosurgery*, and is an editorial board member of the *American Journal of Sports Medicine*, *Archives of Clinical Neuropsychology*, and *Concussion*.

FEATURED SPEAKERS

KEYNOTE SPEAKERS *continued...*



Kathleen Ann Stroia, MS, PT, ATC

Kathleen Ann Stroia joined the Women's Tennis Association (WTA) in 1990. In her role as Senior Vice President, Stroia has been responsible for supervising the Sport Sciences & Medicine and Transitions staff as well as overseeing all departmental functions and the provision of health and medical services for the WTA players, at 57 events/4 Grand Slams, in 33 countries. She was also instrumental in developing and implementing the Age Eligibility Rule, Player Development and Transitions program initiatives, which provides sophisticated education, training and career guidance to maximize opportunities for athletes during and after their tennis careers.



Michael W. Wiederman, PhD

Dr. Wiederman received his doctoral training as a clinical psychologist at Bowling Green State University in Ohio. After teaching psychology as a college faculty member for 20 years, he became the inaugural Director of Faculty Development at the University of South Carolina School of Medicine in Greenville, South Carolina and currently serves in this position. Dr. Wiederman has published more than 200 articles, chapters and books. He has given more than 1,000 presentations and he is not only known for his extensive knowledge on psychology but he is also known for his lively delivery and keen sense of humor.



D.S. Blaise Williams III, PhD, MPT

Dr. Williams is Associate Professor and the Director of the VCU RUN LAB in the Department of Physical Therapy and Kinesiology, and Health Sciences at the Virginia Commonwealth University. He has lectured extensively internationally and has more than 30 publications related to lower extremity biomechanics and injuries. Clinically, Dr. Williams works with athletes at all skill levels. He specializes in video and three-dimensional gait analyses as they relate to the evaluation and treatment of injuries.



Tracy Zaslow, MD

Dr. Zaslow is the Director of the Sports Concussion Program at the Children's Hospital Orthopedics Group in Los Angeles, California. After graduating from medical school at the New York Medical College, she completed a general pediatric residency at the Children's Hospital in Los Angeles followed by the completion of a primary care sports medicine fellowship at the University of California Los Angeles. She is board-certified in pediatrics, and also fellowship-trained, with board certification in sports medicine. Her clinical interests include a spectrum of orthopaedic and medical conditions affecting young athletes, including sports-related concussion, overuse injuries and injury prevention. Dr. Zaslow, a team physician for the L.A. Galaxy soccer team, understands the goals and challenges faced by young athletes.

CONFIRMED COURSE FACULTY

GUEST SPEAKERS

Håkan Alfredson, MD, PhD; Tendon Specialist and Orthopaedic Consultant, Alfredson Tendon Clinic, Inc., Umeå, Sweden and Pure Sports Medicine Inc., London, England; Professor, Sports Medicine Unit, University of Umeå, London, England

Leslie Bonci, MPH, RD, CSSD, RDN; Sports Nutrition Consultant and Owner-Active Eating Advice by Leslie, Pittsburgh, Pennsylvania

Peter J. Carek, MD, MS; Professor and Chair, Department of Community Health and Family Medicine, University of Florida, Gainesville, Florida

Andy Carter, ATC; Senior Associate Athletic Trainer, College of William and Mary, Williamsburg, Virginia

Maurizio Casasco, MD; President, Italian Sports Medicine Federation (FMSI); Member, National Executive Board of the Italian National Olympic Committee (CONI); Member, Executive Committee, European Federation of Sports Medicine Association (EPSMA); Member, Multidisciplinary Joint Committee in Sports Medicine of the European Union of Medical Specialists (UEMS); Professor in Sports Medicine, University of Brescia, Faculty of Medicine, Specialisation School in Sports Medicine, Brescia, Italy; Director of Scientific Magazine, *Medicina dello Sport*; Member, Editorial Board, *Current Sports Medicine Report*, American College of Sports Medicine, USA

Steven L. Cole, ATC; Associate Athletic Director, College of William and Mary, Williamsburg, Virginia

Matthew H. Corcoran, MD, CDE; ACSM Exercise Specialist; Medical Director, APG Diabetes & Endocrinology at Atlanticare Regional Medical Center, Egg Harbor Township, New Jersey; Founder, Diabetes Training Camp Foundation

Ron Courson, ATC, PT, MREMT-I, CSCS; Director of Sports Medicine, University of Georgia Athletic Association; Adjunct Instructor, Department of Kinesiology, University of Georgia, Athens, Georgia; Clinical Instructor, Medical College of Georgia, Augusta, Georgia

David J. Engel, MD; Associate Professor of Medicine at Columbia University Medical Center, New York, New York

Julie M. Fritz, PT, PhD; Associate Dean for Research, College of Health; Professor, Department of Physical Therapy, University of Utah, Salt Lake City, Utah

C. David Geier, Jr, MD; Sports Medicine Specialists of Charleston; Medical Director, East Cooper Sports Medicine, Mount Pleasant, South Carolina

Jon A. Jacobson, MD; Professor of Radiology, University of Michigan, Ann Arbor, Michigan

Bill Knowles, ATC, CSCS; Director of Reconditioning and Athletic Development, HPSports, Wayne, Pennsylvania

Gabrielle P. Konin, MD; Assistant Attending Radiologist, Hospital for Special Surgery, New York, New York

Andrew Morgan, MD; NASA Astronaut, 21st Astronaut Class, EVA Robotics Branch, New Castle, Pennsylvania

Michael S. O'Brien; Founder and Principal of MOB Advocacy State and Local Government Relations, Washington, DC; AMSSM Legislative Consultant, Practice and Policy Committee and the Advocacy Task Force

Kieran O'Sullivan, BScPT (Hons), PhD; Physiotherapy Lecturer, University of Limerick; Specialist Musculoskeletal Physiotherapist, Glenstal Physiotherapy Clinic, Limerick, Ireland

Matt Ryan, MA, ATC; National Athletic Trainers' Association (NATA) Liaison, Palo Alto Medical Foundation (PAMF), Santa Cruz, California

Gary S. Solomon, PhD; Associate Professor, Departments of Neurological Surgery, Orthopedic Surgery and Rehabilitation, and Psychiatry; Co-Director, Vanderbilt Sports Concussion Center, Vanderbilt University School of Medicine, Nashville, Tennessee

Kathleen Ann Stroia, MS, PT, ATC; Senior Vice President, Sport Sciences & Medicine and Transitions, Women's Tennis Association (WTA), St. Petersburg, Florida

Michael W. Wiederman, PhD; Director of Faculty Development, University of South Carolina School of Medicine Greenville, Greenville, South Carolina

D. S. Blaise Williams III, PhD, MPT; Director, VCU RUN LAB, Department of Physical Therapy, Department of Kinesiology and Health Sciences, Virginia Commonwealth University, Richmond, Virginia

Tracy Zaslow, MD; Children's Hospital Orthopedics Group, Los Angeles, California

CONFIRMED COURSE FACULTY

VOLUNTEER MEMBER SPEAKERS

The following Faculty are members of the AMSSM who volunteer their time and pay the member conference registration rate and receive no expense reimbursement.

Marci Goolsby, MD; Program Chair; Assistant Attending Physician, Hospital for Special Surgery, New York, New York

Erik Adams MD, PhD, Private Practice, Middleton, Wisconsin

Giselle A. Aerni, MD; Director, UConn Primary Care Sports Medicine Fellowship Program; Team Physician, UConn; Assistant Professor, Department of Family Medicine, UConn Health, Hartford, Connecticut; Team Physician, WNBA CT Sun

Joseph J. Albano, MD; Private Practice, Comprehensive Orthopedics & Sports Medicine, Salt Lake City, Utah

Irfan M. Asif, MD; Vice Chair, Academics and Research; Director, Sports Medicine Fellowship Program; Associate Professor, Department of Family Medicine, Greenville Health System, University of South Carolina, School of Medicine, Greenville, South Carolina; Board of Director, Co-Chairperson, Fellowship Committee, American Medical Society for Sports Medicine

Chad A. Asplund, MD; Director of Sports Medicine; Associate Professor of Family Medicine, Georgia Regents University, Augusta, Georgia; Board of Director; Chair, Practice & Policy Committee, American Medical Society for Sports Medicine

Tariq M. Awan, DO; Assistant Professor, Department of Orthopaedic Surgery and U-M MedSport, University of Michigan, Detroit Medical Center, Ann Arbor, Michigan

Kenneth P. Barnes, MD, MSc; Private Practice, Greensboro Orthopaedics, Greensboro, North Carolina; Assistant Professor, Department of Exercise Science, Elon University, Elon, North Carolina; Adjunct Faculty, Cone Sports Medicine Fellowship Program, Greensboro, North Carolina; Clinical Adjunct Assistant Professor, Department of Family Medicine, University of North Carolina, Chapel Hill, North Carolina

Casey G. Batten, MD; Head Team Physician, University of California, Berkeley, California

Holly J. Benjamin, MD; Associate Professor, Department of Pediatrics and Orthopedic Surgery; Director of Primary Care Sports Medicine, University of Chicago, Chicago, Illinois

Kenneth M. Bielak, MD; Director, Primary Care Sports Medicine Fellowship Program; Professor, Department of Family Medicine; Graduate School of Medicine, University of Tennessee Health Science Center, Knoxville, Tennessee

Warren A. Bodine, DO; Director of Sports Medicine, Lawrence Family Medicine Residency; Assistant Professor, Department of Family Medicine, Tufts University, School of Medicine, Lawrence, Massachusetts

Blake Boggess, DO; Associate Professor, Department of Orthopedic Surgery, Duke University Medical Center; Team Physician, Duke Sports Medicine, Durham, North Carolina

Joanne Borg-Stein, MD; Associate Professor, Associate Chair and Chief of Sports and Musculoskeletal Rehabilitation, Director, Sports Medicine Fellowship Program, Department of Physical Medicine and Rehabilitation, Harvard Medical School, Spaulding Rehabilitation Hospital, Boston, Massachusetts

M. Alison Brooks, MD, MPH; University of Wisconsin, Madison, Wisconsin; Board of Director, Co-Chairperson, Research Committee; American Medical Society for Sports Medicine

Monique Burton, MD; Seattle Children's Hospital, Seattle, Washington

Jeffrey R. Bytowski, DO; Associate Professor, Department of Community and Family Medicine; Head Medical Team Physician, Duke University, Durham, North Carolina

Aaron D. Campbell, MD, MHS; Sports Medicine and Urgent Care, University of Utah Healthcare, Park City, Utah

Ellen Casey, MD; Assistant Professor, Department of Physical Medicine and Rehabilitation, Northwestern University, Feinberg School of Medicine; Co-Director, Women's Sports Medicine Program; Attending Physician, Spine and Sports Rehabilitation Center, Rehabilitation Institute of Chicago, Chicago, Illinois

Yvonne C. Chow, MD; Associate Director, Emergency Medicine Residency Program; Assistant Professor, Departments of Emergency Medicine and Internal Medicine - Division of Sports Medicine, Albany Medical College, Albany, New York

Stephanie Chu, DO; Associate Professor, Department of Family Medicine, University of Colorado, School of Medicine; Team Physician, University of Colorado, Boulder, Colorado

John Cianca, MD; Human Performance Center, Houston, Texas

James "Jay" R. Clugston, MD, MS; Associate Professor, Department of Community Health and Family Medicine, University of Florida, Team Physician, University of Florida Athletic Association, Gainesville, Florida

Douglas Comeau, DO; Medical Director, Sports Medicine Ryan Center for Sports Medicine at Boston University, Boston Medical Center; Assistant Professor, Department of Family Medicine, Boston University, School of Medicine; Head Team Physician, Boston University; Team Physician, Boston College, Boston, Massachusetts

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VOLUNTEER MEMBER SPEAKERS

Leah Concannon, MD; University of Washington, Seattle, Washington

Andrew L. Concoff, MD; Adjunct Clinical Professor, Division of Sports Medicine, Department of Family Medicine, David Geffen School of Medicine at UCLA, Los Angeles, California; St. Jude Heritage Medical Group, Fullerton, California

Eric Coris, MD; USF Health Carol and Frank Morsani Center for Advanced Healthcare, University of South Florida, Tampa, Florida

Jerod Cottrill, DO; Rebound Orthopedics & Neurosurgery, Portland, Oregon

Claudia Dal Molin, DO; Assistant Professor, Department of Orthopedics, University of Maryland Medical School, Baltimore, Maryland

James M. Daniels II, MD, MPH; Professor and Vice Chair, Department of Family and Community Medicine; Director, SIU Primary Care Sports Medicine Fellowship Program; Adjunct Professor of Orthopaedic Surgery, Southern Illinois University, School of Medicine, Quincy, Illinois

Katherine L. Dec, MD; Professor, Department of Orthopaedic Surgery and Physical Medicine and Rehabilitation, Virginia Commonwealth University; Director, Sports Medicine Division, VCUHealth N.O.W., Richmond, Virginia; Second Vice President, American Medical Society for Sports Medicine

B. Elizabeth Delasobera, MD; Assistant Professor, Department of Emergency Medicine, Medstar Georgetown University Hospital, Washington, DC

Arthur Jason De Luigi, DO; Associate Professor, Department of Rehabilitation Medicine, Georgetown University, School of Medicine, Washington, DC

Kevin deWeber, MD; Director, Family Medicine of SW Washington Sports Medicine Fellowship Program, Vancouver, Washington; Affiliate Associate Professor, Oregon Health and Science University, Portland, Oregon

William W. Dexter, MD; Director, Sports Medicine Program, Maine Medical Center, South Portland, Maine; Professor, Department of Family Medicine, Tufts University, School of Medicine; Team Physician, University of Southern Maine; Second Past President, American College of Sports Medicine

B. Kent Diduch, MD; Associate Professor; Health Center Clinician; Team Physician, James Madison University, Harrisonburg, Virginia

John P. DiFiori, MD; Professor, Departments of Family Medicine and Orthopaedics; Chief, Division of Sports Medicine and Non-Operative Orthopaedics, David Geffen School of Medicine at UCLA; Head Team Physician, UCLA, Department of Intercollegiate Athletics, University of California, Los Angeles, California; Past President, American Medical Society for Sports Medicine

Jon Divine, MD, MS; Associate Professor, Department of Orthopedics and Sports Medicine, University of Cincinnati, Cincinnati, Ohio; President, American Medical Society for Sports Medicine

Emily E. Dixon, DO; Trihealth Orthopedic and Spine Institute, Cincinnati, Ohio

Jonathan Drezner, MD; Professor, Department of Family Medicine; Director, Center for Sports Cardiology, University of Washington, Seattle, Washington; Past President, American Medical Society for Sports Medicine

E. Randy Eichner, MD; Professor Emeritus of Medicine, University of Oklahoma Health Sciences Center, Enid, Oklahoma; Fellow and Trustee, American College of Sports Medicine (Emeritus); Founder, American Medical Society for Sports Medicine

Karl B. Fields, MD; Director, Sports Medicine Fellowship Program, Cone Health System, Greensboro, North Carolina; Professor, Department of Family Medicine, University of North Carolina, Chapel Hill, North Carolina; Board of Director, AMSSM Foundation, Past President, American Medical Society for Sports Medicine

Jonathan T. Finnoff, DO, Professor, Department of Physical Medicine and Rehabilitation, Mayo Clinic College of Medicine, Rochester, Minnesota; Medical Director, Mayo Clinic Sports Medicine Center, Minneapolis, Minnesota; Board of Director; Chair, Sports Ultrasound Committee; American Medical Society for Sports Medicine

Robert Flannery, MD; Assistant Fellowship Director, Lemak Sports Medicine and Orthopedics, Birmingham, Alabama

Michael Fredericson, MD; Stanford University, Redwood City, California

Matthew Gammons, MD; Private Practice, Vermont Orthopaedic Clinic/Killington Medical Clinic, Rutland, Vermont; First Vice President; American Medical Society for Sports Medicine

Aaron Gray, MD; Assistant Professor, Departments of Family Medicine and Orthopaedics; Team Physician, University of Missouri Athletics, University of Missouri, Columbia, Missouri; Team Physician, US Soccer

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VOLUNTEER MEMBER SPEAKERS *continued...*

Joshua Hackel, MD; Director, Primary Care Sports Medicine Fellowship Program, The Andrews Institute, Gulf Breeze, Florida; Team Physician, University of West Florida

Brian Hainline, MD; NCAA Chief Medical Officer, Indianapolis, Indiana; Clinical Professor of Neurology, New York University, School of Medicine; Clinical Professor of Neurology, Indiana University, School of Medicine, Indianapolis, Indiana

Mederic M. Hall, MD; Assistant Professor, Department of Orthopedics and Rehabilitation, Department of Family Medicine, University of Iowa Sports Medicine; Director of Musculoskeletal Ultrasound; Associate Director, University of Iowa Primary Care Sports Medicine Fellowship Program, Iowa City, Iowa; Vice Chairperson, Ultrasound Committee, American Medical Society for Sports Medicine

Sadiq Haque, DO; Faculty, Department of Orthopedics and Sports Medicine, Detroit Medical Center, Detroit, Michigan; Associate Team Physician, Detroit Pistons

Kimberly G. Harmon, MD; Professor, Department of Family Medicine and Orthopaedics and Sports Medicine; Team Physician, University of Washington, Seattle, Washington; Board of Director, AMSSM Foundation; Past President, American Medical Society for Sports Medicine

George D. Harris, MD, MS; Chair and Professor, Department of Family Medicine, West Virginia University – Eastern Division, Martinsburg, West Virginia; Family Medicine Residency, Harpers Ferry, West Virginia

Benjamin A. Hasan, MD; Family Medicine and Sports Medicine, NCH Medical Group, Arlington Heights, Illinois; Team Physician, USA Triathlon; Team Physician, US Soccer Federation; Assistant Clinical Professor, Department of Family Medicine, University of Illinois, College of Medicine; Assistant Professor of Clinical Family and Community Medicine, Northwestern University, Feinberg School of Medicine, Chicago, Illinois

Diana L. Heiman, MD; Director, East Tennessee State University Family Medicine Residency Program; Associate Professor, Department of Family Medicine, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee

Michael Henehan, DO; Adjunct Clinical Professor, Division of General Medical Disciplines, Department of Medicine, Stanford University, Stanford, California; Director, Sports Medicine Fellowship Program, O'Connor Hospital, San Jose, California; Team Physician, San Jose State University

Stanley A. Herring, MD; Clinical Professor, Departments of Rehabilitation Medicine, Orthopaedics and Sports Medicine, and Neurological Surgery, University of Washington; Director, UW Medicine Sports Health and Safety Institute; Co-Medical Director, UW Medicine Sports Concussion Program, Zackery Lystedt Sports Concussion Endowed Professorship; Team Physician, Seattle Seahawks; Team Physician, Seattle Mariners, Seattle, Washington; Founder, American Medical Society for Sports Medicine

John C. Hill, DO; Professor, Director, Primary Care Sports Medicine Fellowship Program, University of Colorado, School of Medicine; Team Physician, University of Denver, Denver, Colorado

Garry W.K. Ho, MD, CIC; Family and Sports Medicine Physician, Private Practice, VCU – Fairfax Family Practice; Director, VCU – FFPC Sports Medicine Fellowship Program; Associate Medical Co-Director, VCU – FFPC, Comprehensive Concussion Center, Fairfax, Virginia; Assistant Professor, Department of Family Medicine, VCU – Inova, School of Medicine, Falls Church, Virginia; Assistant Clinical Professor, Department of Family Medicine, VCU, School of Medicine, Richmond, Virginia; Assistant Professor, USUHS Tri-Service Military Sports Medicine Fellowship, Department of Family Medicine, Bethesda, Maryland; Medical Director, Athletic Training Program, Fairfax County Public School System, Falls Church, Virginia; Medical Director, AED First Responder and Early Defibrillation Program, Fairfax County Public School System, Falls Church, Virginia

Douglas F. Hoffman, MD; Attending Physician, Departments of Radiology and Orthopedics, Essentia Health, Duluth, Minnesota

Christopher Hogrefe, MD; Assistant Professor, Departments of Medicine — Sports Medicine, Emergency Medicine and Orthopaedic Surgery — Sports Medicine, Northwestern Medicine, Northwestern University, Feinberg School of Medicine, Chicago, Illinois

Yaowen Eliot Hu, MD; Urgent Care, Sports Medicine, Kaiser Permanente Mid-Atlantic Physicians Medical Group, Fairfax, Virginia; Assistant Team Physician, George Mason University, Fairfax, Virginia; Team Physician, Herndon High School, Herndon, Virginia; Credentialed IMPACT Consultant, Registered in Musculoskeletal Sonography

Korin Hudson, MD; Associate Professor, Department of Emergency Medicine, Georgetown University, MedStar Sports Medicine, Washington, DC; Team Physician, Georgetown Athletics; Consulting Physician, Washington Capitals

Carrie A. Jaworski, MD; Director, Division of Primary Care Sports Medicine, NorthShore University HealthSystem; Director, Primary Care Sports Medicine Fellowship Program, University of Chicago, Pritzker School of Medicine, Glenview, Illinois

CONFIRMED COURSE FACULTY

VOLUNTEER MEMBER SPEAKERS *continued...*

Neeru Jayanthi, MD; Director, Tennis Medicine; Associate Director, Primary Care Sports Medicine Fellowship Program; Associate Professor, Departments of Orthopaedics and Family Medicine, Emory University, Emory Healthcare Network Physician, Atlanta, Georgia; President, International Society for Tennis Medicine and Science (STMS); Board of Director, Chairperson, Membership Committee, American Medical Society for Sports Medicine

Elena “Ellie” Jelsing, MD; Department of Physical Medicine and Rehabilitation, University of Washington, Seattle, Washington

Thomas M. Jinguji, MD; Clinical Associate Professor, Department of Pediatrics, Department of Orthopedics and Sports Medicine, University of Washington, Seattle, Washington

Rob Johnson, MD; Professor, Department of Family Medicine and Community Health, University of Minnesota; Director, Emeritus, University of Minnesota Sports Medicine Fellowship Program; Team Physician, University of Minnesota Athletics, Minneapolis, Minnesota; Founder, American Medical Society for Sports Medicine; Secretary/Treasurer, AMSSM Foundation; Past President, American Medical Society for Sports Medicine

Anthony E. Joseph, MD; Pocatello Orthopaedic and Sports Medicine Institute; Associate Professor, Idaho State University and the University of Washington; Medical Director, Portneuf Sports Medicine Institute, Pocatello, Idaho

Elizabeth A. Joy, MD, MPH; Medical Director, Clinical Outcomes Research, Intermountain Healthcare; Adjunct Professor, Department of Family and Preventive Medicine, University of Utah, School of Medicine, Salt Lake City, Utah

Rahul Kapur, MD; Associate Professor, Family Medicine and Sports Medicine; Director, Penn Primary Care Sports Medicine Fellowship Program; Chief Medical Physician, Penn Athletics, University of Pennsylvania, Department of Family Medicine and Community Health & Penn Sports Medicine Center, Philadelphia, Pennsylvania

Jennifer Scott Koontz, MD, MPH; Private Practice, Newton Orthopaedics and Sports Medicine, Newton, Kansas; Clinical Assistant Professor, University of Kansas, School of Medicine-Wichita, Wichita, Kansas

Albert J. Kozar, DO; Team Physician, University of Hartford; Associate Clinical Professor, University of New England College of Osteopathic Medicine, Biddeford, Maine; Private Practice, Valley Sports Physicians & Orthopedic Medicine, Inc., Avon, Connecticut

Gregory Landry, MD; Faculty, Department of Pediatrics, University of Wisconsin, School of Medicine and Public Health, Madison, Wisconsin; Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

Mark E. Lavallee, MD, CSCS; Director, York Hospital Sports Medicine Fellowship Program; Associate Director, York Hospital Family Medicine Residency Program, York, Pennsylvania; Team Physician, Gettysburg College; Clinical Associate Professor, Department of Family and Community Medicine, Pennsylvania State University, College of Medicine, Hershey, Pennsylvania; Adjunct Clinical Associate Professor, Department of Family, Community and Preventive Medicine, Drexel University, College of Medicine, Philadelphia, Pennsylvania; Chairman, USA Weightlifting, Sports Medicine Society, Colorado Springs, Colorado; Director, International Weightlifting Federation, World Masters Championships, Sports Medicine, Budapest, Hungary

Paul Lento, MD; Clinical Faculty, Florida State University Medical School, Tallahassee, Florida; Sarasota Orthopedic Associates, Sarasota, Florida

Deborah Light, MD; Assistant Professor, Albany Medical Center, Primary Care Sports Medicine, Departments of Internal Medicine and Pediatrics, Albany, New York

John A. Lombardo, MD; Independent Administrator, NFL Policy for Performance Enhancing Substances, Johns Island, South Carolina; Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

James MacDonald, MD, MPH; Nationwide Children’s Hospital, Dublin, Ohio

Chris Madden, MD; Clinical Professor, Department of Family Medicine, University of Colorado; Denver, Colorado; Private Practice, Longs Peak Sports Medicine, Longmont, Colorado; Immediate Past President, American Medical Society for Sports Medicine

Gerard Malanga, MD; Clinical Professor, Department of Physical Medicine and Rehabilitation, Rutgers-UMDNJ, Newark, New Jersey; Director, Physical Medicine and Rehabilitation Sports Medicine Fellowship Program, Atlantic Sports Health, Morristown, New Jersey; Team Physician, New Jersey City University

Jennifer Malcolm, DO; Associate Medical Director, Lafene Health Center, Kansas State University, Manhattan, Kansas

Neil Mathews, MD; Director, Primary Care Sports Medicine Fellowship Program, Lehigh Valley Health Network, Allentown, Pennsylvania

CONFIRMED COURSE FACULTY

VOLUNTEER MEMBER SPEAKERS *continued...*

Ross Mathiasen, MD; Assistant Professor, Department of Emergency Medicine, Department of Orthopaedic Surgery, University of Nebraska Medical Center, Omaha, Nebraska

Ken Mautner, MD; Assistant Professor, Department of Physical Medicine and Rehabilitation and Department of Orthopedic Surgery; Director, Physical Medicine and Rehabilitation Sports Medicine Fellowship Program; Team Physician, Emory University, Atlanta, Georgia; Team Physician, Agnes Scott College; Consulting Physician, Georgia Tech Athletes

Timothy J. Mazzola, MD; Cornerstone Orthopedics & Sports Medicine; Associate Clinical Instructor, Department of Family Medicine, University of Colorado Health Sciences, Denver, Colorado

Douglas B. McKeag, MD, MS; OneAmerica® Professor Emeritus for Family, Sports and Preventive Medicine, Founding Director, Indiana University Center for Sports Medicine, Indianapolis, Indiana; Team Physician, US Lacrosse Team; Consultant, Olympic Committee, Sydney (2000), Beijing (2008); Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

Jordan Metzl, MD; Hospital for Special Surgery, New York, New York

Christopher M. Miles, MD; Assistant Professor, Department of Family and Community Medicine; Associate Director, Primary Care Sports Medicine Fellowship Program, Wake Forest University, School of Medicine; Team Physician, Wake Forest University, Winston-Salem, North Carolina

Jason A. Mogonye, MD; Assistant Director, John Peter Smith Sports Medicine Fellowship Program, Arlington, Texas; Team Physician, Texas Christian University

Robert Monaco, MD, MPH; Director of Sports Medicine, Rutgers University Athletics; Rutgers–Robert Wood Johnson Medical School, Piscataway, New Jersey

A.J. Monseau, MD; Assistant Professor, Department of Emergency Medicine and Department of Orthopaedics, West Virginia University, Morgantown, West Virginia

Rebecca A. Myers, MD; Private Practice, Longs Peak Sports Medicine, Longmont, Colorado; Associate Clinical Professor, Department of Family Medicine, University of Colorado, Denver, Colorado

Aurelia Nattiv, MD; Professor, UCLA Departments of Family Medicine and Orthopaedic Surgery, Division of Sports and Non-Operative Orthopaedics; Director, UCLA Osteoporosis and Metabolic Bone Disease Center, David Geffen School of Medicine at UCLA; Team Physician, UCLA Department of Intercollegiate Athletics, University of California, Los Angeles, California

Ben Nelson, MD; Essentia Health Orthopedics and Sports Medicine, Duluth, Minnesota

Melissa Novak, DO; Assistant Professor, Department of Family Medicine, Oregon Health Sciences University, Portland, Oregon

Nathaniel Nye, MD; US Air Force, JBSA – Lackland, Texas

Francis O'Connor, MD, MPH; Professor and Chair, Military and Emergency Medicine; Associate Director, Consortium for Health and Military Performance (CHAMP), Uniformed Services University of the Health Sciences, Bethesda, Maryland; Past President, American Medical Society for Sports Medicine

Robert C. Oh, MD, MPH; Associate Professor, Department of Family Medicine, Uniformed Services University, Bethesda, Maryland

Richard A. Okragly Jr, MD; Director of Sports Medicine, TriHealth Family Medicine Residency and Primary Care Sports Medicine Fellowship Programs, Cincinnati, Ohio

Kentaro Onishi, DO; Assistant Professor, Department of Physical Medicine and Rehabilitation; Assistant Director, PM&R Sports Medicine Fellowship Program, University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania

Cayce Onks, DO, MS, ATC; Assistant Professor, Department of Family & Community Medicine and Orthopaedics & Rehabilitation, Penn State Hershey Medical Center, Hershey, Pennsylvania

Jeffrey M. Payne, MD; Instructor, Physical Medicine and Rehabilitation, Mayo Clinic Health System, Faribault, Minnesota

Jennifer M. Payne, MD; Clinical Assistant Director, Lancaster General Family and Community Medicine Residency Program, Lancaster, Pennsylvania

Evan Peck, MD; Section of Sports Health, Department of Orthopaedic Surgery, Cleveland Clinic Florida, West Palm Beach, Florida; Affiliate Assistant Professor, Charles E. Schmidt College of Medicine, Florida Atlantic University, Boca Raton, Florida

Henry Pelto, MD; Acting Assistant Professor, Department of Family Medicine, University of Washington, Seattle, Washington

Charles S. Peterson, MD; Arizona Sports Medicine Center, Mesa, Arizona

Michael J. Petrizzi, MD; Clinical Professor, Department of Family Medicine and Population Health, Virginia Commonwealth University; Primary Care Physician; VCU Athletics/VCU Sports Medicine Center, Richmond, Virginia; Private Practice, Hanover Family Physicians, Mechanicsville, Virginia

CONFIRMED COURSE FACULTY

VOLUNTEER MEMBER SPEAKERS *continued...*

Sourav K. Poddar, MD; Director, Primary Care Sports Medicine, University of Colorado School of Medicine, Denver, Colorado; Head Medical Team Physician, University of Colorado Buffaloes

Lauren P. Porras, MD; Clinical Assistant Professor, Department of Family Medicine and Department of Orthopaedics, University of North Carolina, Chapel Hill, North Carolina

Adam M. Pourcho, DO; Swedish Sports Spine and Musculoskeletal, Seattle, Washington

Jace Provo, MD, MHCM; Senior Vice President and Chief of Medical Affairs, National Basketball Association; Sports and Orthopedic Center, Boca Raton, Florida

James C. Puffer, MD; President and Chief Executive Officer, American Board of Family Medicine; Professor, Department of Family and Community Medicine, University of Kentucky, College of Medicine, Lexington, Kentucky; Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

Margot Putukian, MD; Director of Athletic Medicine; Head Team Physician; Assistant Medical Director, University Health Services, Princeton University, Princeton, New Jersey; Associate Clinical Professor, Rutgers–Robert Wood Johnson Medical Center, New Brunswick, New Jersey; President, AMSSM Foundation; Past President, American Medical Society for Sports Medicine

Lara E. P. Quinlan, MD; Private Practice, Tidewater Physicians Multispecialty Group, Orthopedics and Sports Medicine Division; Williamsburg and Newport News, Virginia

Sathish Rajasekaran, MD; Fellow, Department of Orthopaedics and Rehabilitation, University of Iowa Sports Medicine, Iowa City, Iowa

Ashwin Rao, MD; Associate Professor, Department of Family Medicine — Sports Medicine Section; Director, Primary Care Sports Medicine Fellowship Program, University of Washington; Team Physician, UW Husky Athletics, Team Physician, Seattle Seahawks, Seattle, Washington

Jeremiah W. Ray, MD; Musculoskeletal Ultrasound Fellow, Visiting Professor, Division of Emergency Medicine, University of Utah, Salt Lake City, Utah

Tracy Ray, MD; Associate Professor, Director, Sports Medicine/Primary Care; Director, Primary Care Sports Medicine Fellowship Program; Team Physician, Duke University, Durham, North Carolina

Maria Reese, MD; Rehabilitation Institute of Chicago, Chicago, Illinois

Andrew Reisman, MD, ATC; Head Team Physician, Student Health Services; Assistant Athletic Director, Sports Medicine; Associate Professor, Physical Therapy, University of Delaware, Newark, Delaware

E. Lee Rice, DO; Lee Rice, DO Medical Corporation, San Diego, California; Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

Jeff Roberts, MD; Director, St. Francis Primary Care Sports Medicine Fellowship Program, St. Francis Family Medicine Center and Residency Program, Bon Secours Sports Medicine, Midlothian, Virginia

Justin D. Rothmier, MD; The Sports Medicine Clinic; Clinical Associate Professor, Department of Family Medicine, University of Washington, Seattle, Washington

Aaron Rubin, MD; Director, Kaiser Permanente Sports Medicine Fellowship Program, Fontana California; Medical Director, Special Olympics World Games, Los Angeles (2015)

Bradley Sandella, DO, ATC; Director of Sports Medicine; Director, Sports Medicine Fellowship Program, Christiana Care Health System, Wilmington, Delaware

Peter H. Seidenberg, MD; Director, Penn State Primary Care Sports Medicine Fellowship Program — State College; Associate Professor of Orthopaedics and Rehabilitation; Associate Professor of Family and Community Medicine; Team Physician, Penn State University, State College, Pennsylvania

Jacob L. Sellon, MD; Assistant Professor, Department of Physical Medicine and Rehabilitation, Mayo Clinic Sports Medicine Center, Rochester, Minnesota

Fernando Sepulveda-Irizarry, MD; Assistant Professor, Sports Medicine Fellowship, Department of Physical Medicine, Rehabilitation & Sports Health, University of Puerto Rico, San Juan, Puerto Rico

Amish Shah, MD, MPH; Private Practice, Scottsdale, Arizona

Shane A. Shapiro, MD; Assistant Professor, Department of Orthopedic Surgery, Mayo Clinic, College of Medicine, Jacksonville, Florida

Matthew Silvis, MD; Director, Penn State Hershey Primary Care Sports Medicine Fellowship Program; Associate Professor, Departments of Family Medicine & Orthopaedics, Penn State Milton S. Hershey Medical Center, Hershey, Pennsylvania

CONFIRMED COURSE FACULTY

VOLUNTEER MEMBER SPEAKERS *continued...*

Stephen M. Simons, MD; Director of Sports Medicine, Saint Joseph Regional Medical Center; Co-Director, South Bend/Notre Dame Sports Medicine Fellowship Program, Mishawaka, Indiana

Philip Skiba, DO, PhD; Advocate Lutheran General Hospital, Park Ridge, Illinois

M. Seth Smith, MD, PharmD; Assistant Professor, Department of Orthopedics and Rehabilitation, University of Florida, Gainesville, Florida

Phillip Steele, MD; Performance Injury Care and Sports Medicine, Helena, Montana

J. Herbert Stevenson, MD; Director, Sports Medicine Fellowship Program; Associate Professor, University of Massachusetts Medical School, University of Massachusetts, Department of Family and Community Medicine; Joint Appointment, University of Massachusetts, Department of Orthopedics and Rehabilitation, Fitchburg, Massachusetts

Mark Stovak MD; Professor, University of Nevada, School of Medicine, Department of Family and Community Medicine, Reno, Nevada; Secretary/Treasurer, American Medical Society for Sports Medicine

Emily Stuart, MD; Children's Hospital Colorado Sports Medicine, Aurora, Colorado

Jeffrey L. Tanji, MD; Associate Medical Director of Sports Medicine, University of California Davis, School of Medicine; Founder, American Medical Society for Sports Medicine; Past President, American Medical Society for Sports Medicine

Timothy Thomsen, MD; Fellow, University of Iowa Primary Care Sports Medicine Fellowship, Iowa City, Iowa

Thomas H. Trojian, MD; Director, Sports Medicine Fellowship Program; Professor, Department of Family, Community and Preventative Medicine; Lead Physician, Drexel Athletics; Chief, Division of Sports Medicine, Drexel University, College of Medicine, Philadelphia, Pennsylvania

Ricardo Vasquez-Duarte, MD; Advanced Neuro and Spine Institute, Miami, Florida

Kevin Vincent, MD, PhD; Department of Orthopaedics and Rehabilitation, University of Florida, Gainesville, Florida

Christopher J. Visco, MD; Assistant Professor, Columbia University Medical Center; Associate Director, Residency Program; Director, Sports and Spine Rehabilitation Fellowship Program, Department of Rehabilitation and Regenerative Medicine, Columbia University College of Physicians and Surgeons, New York Presbyterian Hospital, New York, New York

David A. Wang, MD; Assistant Attending Physician, Department of Medicine, Hospital for Special Surgery; Assistant Professor of Medicine, Weill Cornell Medical College, New York, New York

Anna L. Waterbrook, MD; Associate Professor, Department of Emergency Medicine; Associate Director, South Campus Residency Program; Associate Director, Sports Medicine Fellowship Program; Assistant Team Physician, Intercollegiate Athletics, The University of Arizona, Tucson, Arizona

Amanda Weiss Kelly, MD; Division Chief, Pediatric Sports Medicine, University Hospitals Case Medical Center; Division Chief, Pediatric Sports Medicine, University Hospitals Rainbow Babies and Children's Hospital; Director, Pediatric Sports Medicine Fellowship Program, University Hospitals Case Medical Center; Associate Professor, Department of Pediatrics, Case Western Reserve University School of Medicine, Cleveland, Ohio; Board of Director, Co-Chairperson, Fellowship Committee, American Medical Society for Sports Medicine

Kristina Wilson, MD, MPH; Director, Primary Care Sports Medicine, Center for Pediatric Orthopaedics, Phoenix Children's Hospital; Co-Director, Concussion and Brain Injury Program, Barrow Neurologic Institute at Phoenix Children's Hospital; Assistant Clinical Professor, Department of Child Health, University of Arizona, School of Medicine, Phoenix, Arizona

Michael Kenji Yamazaki, MD; The Bone and Joint Center at Straub Clinic and Hospital, Honolulu, Hawaii

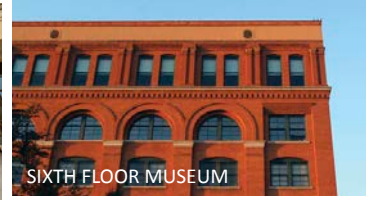
Craig C. Young, MD; Professor, Departments of Orthopaedic Surgery and Family Medicine, Medical College of Wisconsin, Milwaukee, Wisconsin; Team Physician, Milwaukee Brewers; Team Physician, Milwaukee Ballet; Board of Director, AMSSM Foundation; Past President, American Medical Society for Sports Medicine

Timothy Yu, MD; Virginia Commonwealth University Health System — Fairfax Family Practice Sports Medicine, Fairfax, Virginia

Jason L. Zaremski, MD; Assistant Professor, Divisions of PM&R, Sports Medicine, & Research, Department of Orthopaedics and Rehabilitation; Co-Medical Director, Adolescent & High School Outreach Program, University of Florida, College of Medicine, Gainesville, Florida

OTHER ACTIVITIES — DALLAS, TEXAS

As the ninth-largest city and part of the fourth-largest metropolitan area in the nation, Dallas is filled with gardens, architecture and legendary attractions. Getting around is easy as Dallas has one of the fastest-growing light rail systems in the nation called the DART or take a ride on the historic, free McKinney Avenue Trolley that travels to and from the Dallas Arts District as well as throughout the Uptown area that is known for its restaurants, pubs and shops. Dallas...known for its moderate weather, year-round sports and true Southern hospitality, explore Dallas for a true “taste” of the what sets the city apart. Visitors are exposed to a city of success ... where optimism meets opportunity. Below is a list of the top 10 Dallas attractions.



[AT&T STADIUM](#) — The Dallas Cowboys’ \$1.2 billion football palace in Arlington — On a clear day, you can see the stadium from the GeO-Deck at Reunion Tower in downtown Dallas. Take a tour to see the field, the Cowboys’ and Cowboys Cheerleaders’ locker rooms, postgame interview room, a collection of world-class art and more. **1 Legends Way, Arlington | 1-800-745-3000**

[DALLAS HERITAGE VILLAGE AT OLD CITY PARK](#) — If you’re interested in Dallas’ history, then this is the place to go. The park features a large collection of 19th-century pioneer and Victorian homes, along with historic commercial buildings. One of the houses, Millermore, is reputed to be haunted, and docents will happily tell you all about the resident ghost. **1515 S. Harwood Street (South of downtown Dallas) | 214-421-5141**

[GEO-DECK AT REUNION TOWER](#) — Atop that big ball at the west end of the downtown, you’ll get a bird’s-eye view, 470 feet above the ground, of the downtown and beyond. It’s one of the best places to see the layout of Dealey Plaza, and you’ll also get a great view of the Trinity River and its spectacular white Margaret Hunt Hill bridge. The circular deck has inside and outside viewing areas. **300 Reunion Blvd. East | 214-978-8010**

[GEORGE W. BUSH PRESIDENTIAL CENTER](#) — Putting all politics aside, the museum within the center offers a fascinating look at the eight years when the 43rd President was in office, including an especially poignant section on 9/11. While visiting the center, get your photo taken in the replica of the Oval Office. **2943 SMU Blvd. (near the intersection of Mockingbird Lane and North Central Expressway), University Park | 214-200-4300**

[KLYDE WARREN PARK](#) — This 5.2-acre park is built atop of a busy downtown freeway. This \$110 million park offers games (pingpong tables and equipment on-site, for instance), a reading area with magazines and books, a dog park, a special kids’ area and oodles of activities and performances by local musical, theater and dance troupes. **2012 Woodall Rodgers Freeway (between Pearl and St. Paul streets on the northern edge of downtown) | 214-716-4500**

[NORTHPARK CENTER](#) — A shopper’s paradise where one can shop at Neiman Marcus, Tiffany, Valentino or Burberry, and stroll hallways featuring artworks by the likes of Andy Warhol, Frank Stella, Jonathan Borofsky among others. **8687 N. Central Expressway at Northwest Highway | 214-363-7441**

[OLD RED MUSEUM OF DALLAS COUNTY HISTORY & CULTURE](#) — Tucked inside the 1892 Richardsonian Romanesque courthouse building, The Old Red Museum is just a block from The Sixth Floor Museum. This venue is a treasure-trove of things you never knew about Dallas. For instance, these things were invented here: the integrated circuit, Liquid Paper, the Slurpee, the Fletcher’s corny dog and the Hams (our first pro baseball team, in 1888). Exhibits take visitors from prehistory to the present and there’s a small section devoted to the Kennedy assassination. **100 S. Houston Street | 214-745-1100**

[PIONEER PLAZA](#) — It’s the ultimate Dallas photo op...The 4-acre span of green space has a waterfall, man-made cliffs and a herd of nearly 50 bronze steers, horses and cowboys. While visiting the Pioneer Plaza, visitors will learn about the 19th-century cattle drives that took place along the Shawnee Trail. **Southeast corner of Young and Griffin Streets in downtown Dallas.**

[SIXTH FLOOR MUSEUM AT DEALEY PLAZA](#) — Detailing the life, death and legacy of President John F. Kennedy, this permanent exhibit occupies the sixth floor of the circa-1901 former Texas School Book Depository. **411 Elm Street at Houston Street | 214-747-6660**

[SOUTHFORK RANCH](#) — The TV show Dallas had its first run from 1978 to 1991 on CBS. The new iteration of the show has run on TNT since 2012 and, like its predecessor, shoots some of its scenes on this real-life ranch. Tours take you through a Dallas museum, two gift shops and the ranch house, home to fictional Ewings for 35 years. It’s not really in Dallas, it’s 25 miles northeast in Parker but it’s a must-see for Dallas fanatics! **3700 Hogge Road, Parker | 972-442-7800**

[WONDERING WHERE TO DINE IN DALLAS?](#)

Click on this link for an ultimate guide to downtown Dallas dining, links to restaurant reviews and slide shows about Dallas signature dishes and iconic Texas foods.

SATELLITE EDUCATION PROGRAM

Registration Required

No Fee

Presented by Össur Americas



LIMIT: 80 PARTICIPANTS

Register online to secure an available spot.

OPTIONAL INDUSTRY-SPONSORED LUNCH SYMPOSIUM

Sunday, April 17

12:00 p.m. – 1:00 p.m.

MANAGING HIP OA — FUNCTIONAL HEALING PROTOCOLS FOR CARTILAGE DISORDERS

Biomechanical intervention for the conservative management of hip osteoarthritis is a much needed treatment option. The Hip Unloader is an innovative device, reducing pain and improving function, in patients with hip osteoarthritis. Physician treatment protocols incorporating the Hip Unloader will be presented and discussed.

Innovative Functional Healing clinical protocols specific to the management of acute meniscal injuries and cartilage disorders, including case studies, will be presented by physician content experts.

Empower, a comprehensive DME program uniquely designed for the primary care sports medicine physician, will be presented. Specifically focusing on best practices concerning compliance requirements and billing processes.

*AMSSM is not responsible for the planning, content or speakers of this program.
This program is not an AMSSM educational activity. CME Credit is not available.*



2016 AMSSM 25th ANNUAL MEETING
APRIL 15 - 20, 2016
 Sheraton Dallas (Downtown) Hotel



REGISTRATION FORM

REGISTRATION OPTIONS: PLEASE READ BEFORE COMPLETING REGISTRATION

Please complete the registration form – type or print legibly. One form must be completed for each registrant and payment must accompany the registration form. Registration at the advance registration rate will be accepted until March 21, 2016. After that date, registration will still be available but the registration rates increase by \$50.00.

Please register online to reserve a place at the meeting. You have the option to pay by check or credit card when you register online. If you pay by credit card, a receipt will be generated upon completion of your online registration. PLEASE NOTE: If you are registering for any optional educational activities (ICLs, S.M.A.R.T. Workshop or Pre-Conferences), your online registration not only ensures availability but also reserves your place in the requested activity. If you register online and indicate you are paying by check, please include a printed copy of the online registration received through email when mailing your payment to the AMSSM office.

OR, you can print and return this registration form along with your payment to the AMSSM office by fax or U.S. Mail. This method is not recommended if you want to register for the optional educational activities (ICLs, S.M.A.R.T. Workshop or Pre-Conferences). PLEASE NOTE: You will only be charged for the optional educational activities that are available at the time your registration form is received.

REGISTRATION INFORMATION (Mailing address listed below will be used on the participant's list)

Full Name: _____

Address Line 1: _____

Address Line 2 (if needed): _____

City: _____ State/Province: _____ Postal Code: _____ Country (If other than U.S.A.): _____

Office Phone: _____ Office Fax: _____

Home Phone: _____ Cell Phone: _____

REGISTRANT WILL BE SENT A RECEIPT AND REGISTRATION CONFIRMATION TO THE EMAIL ADDRESS(ES) LISTED BELOW:

Registrant's Email Address: _____ For reimbursement purposes, please email an additional receipt to: _____

BADGE INFORMATION

Nickname or First Name: _____

First Name: _____ Last Name: _____ Degree: _____

Company/Affiliation: _____

City: _____ State/Province: _____ Postal Code: _____ Country (If other than U.S.A.): _____

PHYSICAL OR DIETARY REQUIREMENTS

Check here if you have physical or dietary requirements which necessitate accommodation in order to fully participate in this activity.
 List requirements: _____

REGISTRATION FEES • ADVANCE REGISTRATION DEADLINE: MARCH 21, 2016

	Member ID#	By March 21, 2016	After March 21, 2016	Amount Enclosed
AMSSM Member (Active, Associate, Affiliate, Emeritus)		\$500.00	\$550.00	
AMSSM Fellowship Member (AMSSM member currently in a sports medicine fellowship)		\$450.00	\$500.00	
AMSSM Resident Member		\$450.00	\$500.00	
AMSSM Student Member		\$350.00	\$400.00	
AMSSM International Member (Residing outside USA)		\$375.00	\$425.00	
Non-Member International Attendee (Outside USA)		\$600.00	\$650.00	
Non-Member Physician (residing in the USA)		\$850.00	\$900.00	
Non-Member Non-Physician		\$500.00	\$550.00	

AAFP PRESCRIBED CREDIT

AAFP Prescribed Credit

NO FEE

AMA PRA CATEGORY 1 CREDITS™
 AMA PRA Category 1 Credit™ (\$25.00 fee).....\$ _____

PLEASE NOTE: IF YOU REPORT YOUR CME TO THE AAFP, YOU DO NOT NEED TO ADD THIS \$25.00 FEE TO YOUR REGISTRATION. In order to receive AMA PRA Category 1 Credit™, please check here and include the \$25.00 fee with your meeting registration payment. Physicians requesting the AMA PRA Category 1 Credit™ will need to report their attendance online with the Medical College of Wisconsin (our A.M.A. Accredited Provider) to claim their AMA PRA Category 1 Credit™ by August 1, 2016.

ONLY INCLUDE THE \$25 FEE IF YOU NEED AMA PRA CATEGORY 1 CREDITS™ – THIS FEE CANNOT BE REFUNDED.

3rd Annual AMSSM Foundation Humanitarian Service Project**FRIDAY, APRIL 15, 2016**

Name of Volunteer	Is the Volunteer an AMSSM Member or Other Relation or Non-Member	T-shirt Size of Volunteer	Please select the volunteer work shift you want to work
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Family/Friend of AMSSM Member <input type="checkbox"/> Non-Member	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	<input type="checkbox"/> 9am-2pm <input type="checkbox"/> 11am-5pm <input type="checkbox"/> Entire Day (9am-5pm)
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Family/Friend of AMSSM Member <input type="checkbox"/> Non-Member	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	<input type="checkbox"/> 9am-2pm <input type="checkbox"/> 11am-5pm <input type="checkbox"/> Entire Day (9am-5pm)
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Family/Friend of AMSSM Member <input type="checkbox"/> Non-Member	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	<input type="checkbox"/> 9am-2pm <input type="checkbox"/> 11am-5pm <input type="checkbox"/> Entire Day (9am-5pm)
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Family/Friend of AMSSM Member <input type="checkbox"/> Non-Member	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	<input type="checkbox"/> 9am-2pm <input type="checkbox"/> 11am-5pm <input type="checkbox"/> Entire Day (9am-5pm)

OPTIONAL EVENTS: Please check applicable box(es) to register for events

Optional Activity

Time

Member Fee

Non-Member Fee

Amount Enclosed

FRIDAY, APRIL 15, 2016**Sports Ultrasound Pre-Conferences (YOU CAN ONLY REGISTER FOR ONE OF THESE PRE-CONFERENCES.)**

<input type="checkbox"/> Fundamentals of the Lower Extremity Pre-Conference	8:00 a.m. - 5:40 p.m.	\$550.00	\$650.00	\$ _____
<input type="checkbox"/> Advanced Sports Ultrasound Pre-Conference	7:00 a.m. - 3:45 p.m.	\$550.00	\$650.00	\$ _____

SATURDAY, APRIL 16, 2016
 AMSSM/NCAA: Key Issues for the College Team Physician 11:00 a.m. – 2:00 p.m. NO FEE NO FEE NO FEE
AMSSM WELCOME RECEPTION
 Yes, I will attend plus _____ number of additional guests. 7:05 p.m. – 8:30 p.m. NO FEE NO FEE NO FEE
SUNDAY, APRIL 17, 2016**INDUSTRY-SPONSORED LUNCH SYMPOSIUM (OPTIONAL)**
 Össur Americas 12:00 p.m. – 1:00 p.m. NO FEE NO FEE NO FEE
Managing Hip OA — Functional Healing Protocols for Cartilage Disorders
Limit: 80 participants
TUESDAY, APRIL 19, 2016
 S.M.A.R.T. WORKSHOP 3:30 p.m. - 7:30 p.m. \$125.00 \$175.00 \$ _____
Sideline Management Assessment Response Techniques Workshop**IF REGISTERING FOR THE S.M.A.R.T. WORKSHOP, PLEASE ANSWER THE QUESTION BELOW:**

Select one: Which sentence best describes your level of involvement in covering sports events and your goals for attending this workshop?

- #1 — I cover no athletic events, practices or schools but have been asked to do so and/or see the need and would like to learn the basics involved so that I may be competent and comfortable.
- #2 — I have covered an occasional athletic event at the high school level and below and see the need to improve my diagnostic, management and return to play skills so that I feel more competent and comfortable.
- #3 — I have covered athletic events at the high school level and below and feel fairly comfortable with my skills but am looking for a refresher and the latest information and thinking on management of specific injuries and illnesses as they relate to return to play decisions and management.
- #4 — I regularly cover college and high school athletic events and feel very comfortable with my skills but am looking to ensure that I am understanding the latest science behind decision making and to obtain some CME credits that I need.

INSTRUCTIONAL COURSE LECTURES/WORKOUTS: REGISTRATION IS LIMITED Based on a first-come, first-served basis**AMSSM Members**

ICLs (unless noted)\$50 each
 Sports US ICLs #1, #3, #10, #17\$75 each
 Legislative ICL #2No Fee
 Faculty Development ICLs #4, #11, #18, #24.....No Fee
 Resident/Fellow Specific ICLs #9, #23, #27.....\$25 each
 W1: Ironstrength Workout (Mon., April 18).....No Fee
 W2: Yoga Vinyasa Flow Class (Tues., April 19).....No Fee

Non-Members

ICLs (unless noted)\$60 each
 Sports US ICLs #1, #3, #10, #17\$85 each
 Legislative ICL #2\$25 Fee
 Faculty Development ICLs #4, #11, #18, #24.....\$25 each
 Resident/Fellow Specific ICLs #9, #23, #27.....\$35 each
 W1: Ironstrength Workout (Mon., April 18).....No Fee
 W2: Yoga Vinyasa Flow Class (Tues., April 19).....No Fee

INSTRUCTIONAL COURSE LECTURES/WORKOUTS: REGISTRATION IS LIMITED *Based on a first-come, first-served basis*

MEMBERS	NON-MEMBERS	RESIDENT/FELLOW MEMBERS	RESIDENT/FELLOW NON-MEMBERS	ICL #	ICL TITLE
SATURDAY, APRIL 16 (Choose only 1)					
SPORTS US ICL: 6:15 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$75	\$85	-	-	#1 Forefoot
LEGISLATIVE ICL: 7:00 a.m. – 8:00 a.m.					
<input type="checkbox"/>	No Fee	\$25	-	-	#2 Team Medicine, Team Advocacy

SUNDAY, APRIL 17 (Choose only 1)					
SPORTS US ICL: 6:15 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$75	\$85	-	-	#3 Rheumatologic Disorders
FACULTY DEVELOPMENT ICL 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	No Fee	\$25	-	-	#4 Masterful Mentoring – Getting the Most Out of Being a Mentor or Mentee
ICLs 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$50	\$60	-	-	#5 Management of Recalcitrant Achilles Tendinopathy
<input type="checkbox"/>	\$50	\$60	-	-	#6 Preventing Morbidity in Sports-Related Concussion: A Clinical Management Approach
<input type="checkbox"/>	\$50	\$60	-	-	#7 Motivating the Masses: Physician’s Role in Promoting Fitness
<input type="checkbox"/>	\$50	\$60	-	-	#8 Herbs and Supplement Use in Athletes
RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. - 7:45 a.m. (Must be a current resident or fellow to register for this ICL)					
<input type="checkbox"/>	-	-	\$25	\$35	#9 Fundamentals of OMT

MONDAY, APRIL 18 (Choose only 1)					
SPORTS US ICLs: 6:15 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$75	\$85	-	-	#10 Sideline Sports US
WORKOUT: 6:30 a.m. – 7:30 a.m.					
<input type="checkbox"/>	No Fee	No Fee	-	-	W1 Ironstrength Workout
FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	No Fee	\$25	-	-	#11 Facing Feedback – Failures, Fears and Fixes
ICLs: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$50	\$60	-	-	#12 Reconditioning: A Performance-Based Approach for Injured Athletes
<input type="checkbox"/>	\$50	\$60	-	-	#13 Practical Guide to Glucose Management in Athletes with Diabetes
<input type="checkbox"/>	\$50	\$60	-	-	#14 The Next Generation of Seattle Criteria: International Consensus Standards for ECG Interpretation in Athletes
<input type="checkbox"/>	\$50	\$60	-	-	#15 Injury Prevention Using Running Analysis
<input type="checkbox"/>	\$50	\$60	-	-	#16 Pre-Participation Evaluation for the Wilderness Athlete and Adventurer

TUESDAY, APRIL 19 (Choose only 1)					
SPORTS US ICLs: 6:15 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$75	\$85	-	-	#17 Intra-Articular Knee
WORKOUT: 6:30 a.m. – 7:30 a.m.					
<input type="checkbox"/>	No Fee	No Fee	-	-	W2 Yoga Vinyasa Flow Class
FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	No Fee	\$25	-	-	#18 Getting Published in Sports Medicine Journals
ICLs: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$50	\$60	-	-	#19 Prescribing Sitting and Bending Posture for Patients with Low Back Pain
<input type="checkbox"/>	\$50	\$60	-	-	#20 Steps to Safe and Smart Social Media Communication
<input type="checkbox"/>	\$50	\$60	-	-	#21 Practical Tools for Implementing Female Athlete Triad Guidelines
<input type="checkbox"/>	\$50	\$60	-	-	#22 Facial Injuries and Emergencies
RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. - 7:45 a.m. (Must be a current resident or fellow to register for this ICL)					
<input type="checkbox"/>	-	-	\$25	\$35	#23 Fundamentals of Fracture and Dislocation Care

WEDNESDAY, APRIL 20 (Choose only 1)					
FACULTY DEVELOPMENT ICL: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	No Fee	\$25	-	-	#24 Faculty Development: Jazzing Up Journal Club
ICLs: 7:00 a.m. – 7:45 a.m.					
<input type="checkbox"/>	\$50	\$60	-	-	#25 Pediatric Fracture Management
<input type="checkbox"/>	\$50	\$60	-	-	#26 Strategies for Preventing Injuries in Racket Sports
RESIDENT/FELLOW SPECIFIC ICL: 7:00 a.m. - 7:45 a.m. (Must be a current resident or fellow to register for this ICL)					
<input type="checkbox"/>	-	-	\$25	\$35	#27 Fundamentals of Musculoskeletal MRI

TOTAL for ICL Registration \$ _____

TOTAL PAYMENT ENCLOSED \$ _____

PAYMENT INFORMATION

PLEASE NOTE: For Direct Deposit Payment Requests – Please contact [Michele Lane](#) prior to making a payment in this manner.

Check (payable to AMSSM in U.S. Dollars) Fed ID: 39-1715104 Visa MasterCard Discover American Express

Account Number: _____ Expiration Date (mm/yy): _____ / _____

Name on Credit Card: _____

CVV (last 3 digits on the back; 4 digits on the front of AMEX): _____

Signature: _____

FOR MORE INFORMATION AND TO RETURN COMPLETED REGISTRATION/PAYMENTS:



American Medical Society for Sports Medicine
 4000 West 114th Street, Suite 100 Leawood, KS 66211
 (913) 327-1415 (Phone) • (913) 327-1491 (Fax) • [Kristin DeWitt](mailto:Kristin_DeWitt@amssm.org)
www.amssm.org

Secured online registration is available
 (Members: Please log-in first, then click link above.)