



Weekly Schedule

This weekly schedule template can help you organize the many responsibilities you have as a parent who studies or works, or as an employee with care-giving responsibilities or other outside obligations. A sample weekly schedule is provided in the fact sheet "Studies and Parenthood/Studies and Work."

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
08-10							
10-12							
12-14							
14-16							
16-18							
08-10							
10-12							
12-14							
14-16							
16-18							
18-20							

Don't forget that some lectures can be downloaded as podcasts.