



continuing medical
education

7th Annual **Diabetes**
Management
Conference

Individualizing Care and
Improving Quality of Life

Friday, November 1, 2013

 **SOUTHWESTERN**
MEDICAL CENTER



Parkland

Crowne Plaza Hotel
North Dallas - Addison
14315 Midway Road
Addison, TX 75001

Sponsored by
Community Oriented Primary Care,
Parkland Health & Hospital System.
Co-Provided by UT Southwestern Department of
Internal Medicine, the Office of Continuing Education
and The Department of Nursing Education,
Parkland Health & Hospital System

7th Annual Diabetes Management Conference

Individualizing Care and Improving Quality of Life

Who Should Attend

This course is designed for physicians, pharmacists, nurses, dietitians, social workers and diabetes educators.

Purpose

Diabetes is a major public health problem. Currently, an estimated 25.8 million Americans have diabetes and 79 million have pre-diabetes. It is estimated that the number of Texans with diabetes will QUADRUPLE by 2040. Health care providers need to stay abreast with best practices in the treatment of diabetes and prevention of costly and devastating complications. This is the Seventh Annual Diabetes Management Conference and will provide the latest research for the prevention and treatment of chronic kidney disease and vascular complications. Other topics to be presented include insulin titration, inflammation and metabolic syndrome, exercise and diabetes, and the risks and benefits associated with statin therapy. How to use cognitive behavioral therapy will be presented to assist clinicians in helping patients engage more positively in self-care behaviors.

Educational Objectives

Upon completion of this symposium, the participants should be able to link the educational objectives to Core Competencies (Medical Knowledge and Patient Care) and be able to:

- Describe the pathophysiology of chronic kidney disease (CKD) and preventative measures for patients with diabetes
- Describe best practices in foot care to reduce risks of amputation and improve quality of life
- Identify the link between inflammation, nutrition, and chronic disease
- Describe various insulin initiation and titration protocols for optimal glycemic control
- Discuss the benefits of exercise and make specific recommendations to patients with diabetes to initiate a safe and sound exercise program
- Discuss the risks and benefits associated with use of statin therapy with patients who have diabetes
- Utilize cognitive behavioral therapy techniques to motivate patients in adopting self-care behaviors for diabetes

Accreditation

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity.



The Texas Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is eligible for ACPE credit; for program details go to our website at

www.utsouthwestern.edu/diabetesmanagementsymposium

Note: Effective January 1, 2013, all participants seeking CPE credit will be required to provide their NABP e-Profile ID # and date of birth (in MM.D.D format) for issuance of CPE Statements of Credit. For full details visit: <http://www.nabp.net/programs/cpe-monitor/cpe-monitor-service/index.php>

Parkland Health & Hospital System, Department of Nursing Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 7.5 hours for Registered Nurses who complete the entire program.

Application for the approval of 7.0 hours of Clinical Professional Education Activity has been submitted to the Commission on Dietetic Registration (CDR).

Parkland Health & Hospital System is an approved provider (Provider # 1510) of social work CEU's per the Texas social work licensing rules. The offering is approved for .7 CEU's.

Conflict of Interest

It is UT Southwestern's policy that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speaker's presentation(s). Each speaker has completed and signed a conflict of interest statement. The faculty members' relationships will be disclosed in the course syllabus.

Discussion of Off-Label Use Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be "off-label" use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Registration The registration fee entitles the participant admission to the conference, all course materials, continental breakfast, lunch and refreshment breaks during the meeting. Enrollment is confirmed upon receipt of registration fee. We are unable to process any registration without payment. Please register early. We cannot guarantee course materials on site to anyone registering later than October 26, 2013.

Refund Policy A handling fee of \$25 will be deducted from cancellation refunds. Refund requests must be received by mail or fax prior to October 26, 2013. **No refunds will be made thereafter.**

Location Crowne Plaza Hotel
North Dallas - Addison
14315 Midway Road
Addison, TX 75001



Parking Complimentary Parking

Additional Information For more information, please contact the Office of Continuing Medical Education at 214-648-3138 or cmeregistrations@utsouthwestern.edu

Cancellation Policy The Office of Continuing Medical Education reserves the right to limit registration and cancel courses, no less than one week prior to the course, should circumstances make this necessary.

Program Accessibility We accommodate people with disabilities. Please call 214-648-3138 for more information, or mark the space indicated on the registration form. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern Medical Center is an equal opportunity institution.

COURSE DIRECTORS

Philip Raskin, M.D.

Professor
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University of Texas Southwestern Medical Center
Dallas, TX

Meghan Jardine, MS, MBA, RD, LD, CDE

Diabetes Coordinator
Parkland Health & Hospital System
Dallas, TX

GUEST FACULTY

Bharat B. Aggarwal, Ph.D.

Ransom Horne, Jr., Professor of Cancer Research
Professor of Cancer Medicine (Biochemistry) and
Chief, Cytokine Research Laboratory,
Department of Experimental Therapeutics,
The University of Texas M. D. Anderson Cancer Center,
Houston, TX

Timothy Church, M.D., MPH, Ph.D.

Professor & John S. McIlhenny Endowed Chair
Director of Preventive Medicine Research Laboratory
Pennington Biomedical
Baton Rouge, LA

Ginny Ives, RD, LD, CDE, LPC

Diabetes Educator
Ruth Collins Diabetes Center
Baylor University Medical Center at Dallas
Dallas, TX

UT SOUTHWESTERN AND PARKLAND FACULTY

Zahid Ahmad, M.D.

Assistant Professor
Department of Internal Medicine
Division of Nutrition and Metabolic Diseases
Center for Human Nutrition
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Physical Medicine & Rehabilitation
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Department of Clinical Sciences
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Dallas, TX

Elizabeth Moss, PharmD, CDE, BCACP

Senior Clinical Pharmacy Specialist
Parkland Center for Internal Medicine
Parkland Health & Hospital System
Dallas, TX

Noel Santini, M.D.

Chief of Adult Medicine
Community Oriented Primary Care
Parkland Health & Hospital System
Dallas, TX

Robert Toto, M.D.

Associate Dean,
Translational Science
Professor
Endowed Title:
Mary M. Conroy Professorship
in Kidney Disease
Internal Medicine,
Department of Clinical Sciences
University of Texas Southwestern Medical Center
Dallas, TX

Amy Wentworth-Kotara, PA-C, CDE

Associate Clinical Provider
Department of Internal Medicine
Division of Endocrinology & Metabolism
University of Texas Southwestern Medical Center
Dallas, TX

7th Annual Diabetes Management Conference

REGISTRATION FORM

Friday, November 1, 2013

#RP1311B



Register on-line at utsouthwestern.edu/diabetesmanagementsymposium

Name _____

Address _____

City _____ State _____ Zip Code _____

Last Four Digits of SS# _____ UT Southwestern Alumni

Business Phone _____ Fax _____

Degree _____ Specialty _____

Email Address: _____

Please indicate preferred method to receive registration confirmation: Email Fax Mail

Check here to receive our free monthly email calendar of upcoming CME activities.

Indicate Credit Desired: AMA PRA Category 1 General

Registration Fees: UT Southwestern, Parkland, St. Paul and Children’s Medical Center Employees

_____ \$50 - Before October 4, 2013

_____ \$60 - After October 4, 2013

Physicians and Other Health Care Professionals

_____ \$95 - Before October 4, 2013

_____ \$130 - After October 4, 2013

Method of Payment:

MASTERCARD

VISA

Security Code

CARD #

Exp. Date _____ Signature of Cardholder _____

Print Cardholder’s Name _____

Billing Address of Cardholder: _____

City _____ State _____ Zip Code _____

AMERICAN EXPRESS

Security Code

CARD #

Exp. Date _____ Signature of Cardholder _____

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City _____ State _____ Zip Code _____

CHECK:

If paying by check make checks payable to:

UT Southwestern / CME

Fax completed registration form to 214/648-4804.

Mail completed registration form to:

UT Southwestern Medical Center

5323 Harry Hines Blvd., / Dallas, Texas 75390-9059

Dietary Restrictions: _____

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ADA Statement

Please check this box if you require assistance because of a disability to make this program accessible to you. Someone from our office will be in touch with you.

7th Annual

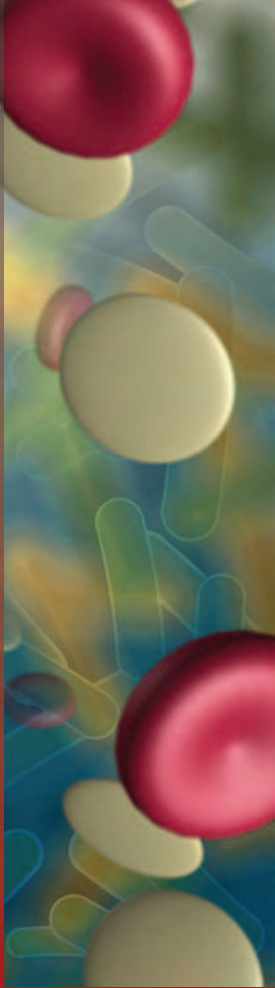
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SYMPOSIUM AGENDA - Friday, November 1, 2013

- 7:00 am Registration and Breakfast
- 7:45 am Opening Remarks - *Noel Santini, M.D.*
- 8:00 am Chronic Kidney Disease and Diabetes - *Robert Toto, M.D.*
- 9:00 am Diabetes Foot Screening, Risk Stratification, and Prevention
- *Lawrence Lavery, D.P.M.*
- 10:00 am **Break**
- 10:15 am Targeting Inflammatory Pathways by Nutritional Agents
for Prevention and Treatment of Chronic Diseases
- *Bharat B. Aggarwal, Ph.D.*
- 11:45 am **Lunch**
- 12:45 pm The ABC's of CBT: Cognitive Behavioral Therapy
- *Ginny Ives, RD, LD, CDE, LPC*
- 1:45 pm Optimal Exercise Program for Individuals with Diabetes
- *Timothy Church, M.D., Mp.H., Ph.D.*
- 2:45 pm **Break**
- 3:00 am The Benefits and Risks of Statins
- *Zahid Ahmad, M.D.*
- 3:45 am Individualizing and Implementing Insulin Protocols:
A Multidisciplinary Approach
- *Ildiko Lingvay, M.D., Elizabeth Moss, Pharm.D., CDE, BCACP,*
Amy Wentworth-Kotara, PA-C, CDE
- 4:45 pm **Adjourn**



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Not printed or mailed at State expense

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Register on-line at utsouthwestern.edu/diabetesmanagement/symposium

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