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PLACE LABEL HERE.
IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

PSYCHIATRY SERVICES - OCCUPATIONAL THERAPY TREATMENT PLAN

OT interventions to address goals established by interdisciplinary team	Week of Hospitalization				
	1	2	3	4	5
<i>Check all that apply</i>					
Behavioral					
Cognitive					
Affective/Mood					
Medical Problems					
Self Care					
Health Maintenance					
D/C Needs and Social Support System Needs					
General					
INTERVENTIONS					
Assessments to Expand Data Base					
ADL Screen					
ADL/Self Care					
ADL/Living Skills					
Cooking					
Allen Cognitive level					
Projectives					
Collage					
House Tree person					
Sand Tray					
Draw a Clock					
Complete OT Questionnaire/Interview					
Set Goals for OT Tx					
TREATMENT MODALITIES (estimate frequency)					
Structured tasks/crafts					
Cooking					
Self expressive/creative media					
Positive Parenting					
Career screen/job skills					
Life management (open topic)					
Healthy Lifestyles/Life Management					
Self Esteem/Life Management					
Assertiveness/Life management					
ADL Support					
Computer Basics					
Directive					
Images/Expanded ADL					
1:1					
OTHER					
Key: • = initiate D = daily x = times d.c. = discontinue pm = as needed Ⓢ = continue unchanged DF = defer tx M = met goal previous week c = consistently E = encourage	Comments/Other:				

OT GOALS		Week of Hospitalization				
LTG	Promotes Self Care — PT is expected to:	1	2	3	4	5
STG	Plan/prepare a nutritious meal					
STG	Care for work space; securing, storing supplies, cleaning work area _____.					
STG	Participate in dressing/hygiene _____.					
STG	Identify ___ ways to promote good nutrition.					
STG	Identify ___ ways to promote positive sleep habits.					
STG	Patient will identify ___ ways to prevent relapse.					
LTG	Promote role development in work/leisure/productive activity — Pt is expected to:					
STG	Identify realistic career choices					
STG	Initiate a new leisure skill					
STG	Learn _____ new leisure skills that may be used after d/c.					
STG	Obtain community resources regarding work/leisure time.					
STG	Engage in sensory/motor/perceptual activities to promote reorganization x/week.					
STG	Engage in a task for _____ minutes of each OT session.					
STG	Make project choices from _____ options.					
STG	Verbally identify _____ strategies to solve problem(s).					
LTG	Promote Positive Psychosocial/Self Concept — Pt is expected to:					
STG	Consistently maintain appropriate verbal/physical boundaries					
STG	Identify _____ strengths/accomplishments in OT					
STG	Identify _____ strategies for coping with current stressors.					
STG	Express feelings through creative media.					
STG	Practice assertiveness techniques.					
STG	Interact with peers _____ x in context of activity.					
STG	Identify _____ effective ways to manage anger.					
STG	Identify _____ ways to improve relationships					
STG						
STG						
<input type="checkbox"/> See OT Goals in OT notes of medical record.		Week	Signature			Date
		1				
<input type="checkbox"/> Defer OT treatment until patient's condition is conducive to participation.		2				
_____ Title _____ Date		3				
		4				
		5				