List of Possible Medical Expenses (For 21-8416)

Examples of different types of medical expenses are listed below. <u>This list is not all-inclusive</u>. You should report any unreimbursed expenses, which you have paid and which may be reasonably related to medical care. The VA will determine which are allowable expenses under the law. Ask your representative if you are unsure if an expense is covered.

You must have income other than just VA pension payments to qualify for these expenses.

Abdominal Supports Acupuncture Ambulance Anesthetist Arch Supports Artificial Limbs and Teeth Back Supports Braces Cardiographs Chiropodist Convalescent Home (Medical Treatment Only) Crutches Dental Services Dental Services Dentures Dermatologist Eyeglasses and Eye Care Food or Beverages (Prescribed) • Gynecologist Hearing Aids and Batteries Home Health Services Hospital Expenses Insulin and Diabetic Supplies Invalid Chair, Wheelchairs, Walkers	Optician Optometrist Oral Surgery Osteopath Pediatrician Physical Examinations Physical Therapist Podiatrist Prescription Drugs Psychiatrist Psychoanalyst Psychologist Psychotherapy Radiation Therapy Sacroiliac Belt Seeing-eye Dog and Maintenance Speech Therapy Telephone or Special Communications Equipment Vaccines Vitamins (Prescribed) Whirlpool Baths (Medical Purposes) X-Rays
Lab Tests Lip Reading, Sign Language Classes (Deaf) Neurologist Nursing Services and Nurse's Board Occupational & Physical Therapy Ophthalmologist	Transportation Expenses for Medical Purposes at \$0.20 per mile plus parking, tolls or actual other fees e.g. taxi, busses etc. YOU MUST KEEP A LOG.

- Food or Beverages must be for treatment of an illness and not a substitute for a regular diet. A Doctor's statement or prescription is needed.
- Medical insurance premiums and co-pay charges including Medicare Part B are covered.
- Over-the-counter drugs and items must have a doctor's statement or prescription.

You must have paid medical expenses during the reporting period and you have not been reimbursed by insurance or otherwise. You should report the total unreimbursed amount you paid for medical expenses for yourself and family member you are under an obligation to support. You may include premiums paid for health, sickness, or hospitalization insurance. In computing your countable income, the VA will exclude the amounts you paid for medical expenses if they qualify under the formula set by law.

Medical, legal or other expenses incurred because of a disability (disease or injury) for which civilian disability benefits have been awarded are deductible from the payments received for the year in which the expenses are paid in computing annual income for VA purposes. Do not include any expense for which you have been reimbursed.

Date Date you went to doctor etc.	To Doctor, lab, pharmacy, x-ray, hospital etc.	For Illness you were treated for or pick up medications etc.	Mileage Miles to and from appointment etc.	Remarks
	Total Miles for	this page		

Mileage Log - Supplement to VA Form 21-8416

SBVA Supplement to 21-8416.