



Malheur County

4-H News!

OSU
Oregon State
UNIVERSITY

Extension Service
Malheur County

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**February
2013**



Office Hours

Monday - Friday

8:00 a.m. - 12:00 p.m.

1:00 p.m. - 5:00 p.m.

OSU Satellite Office
581 SW 33rd
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4-H Website:

<http://extension.oregonstate.edu/malheur/4h>

Setting Club and Project Goals

Identifying and setting goals is a crucial part of the 4-H project. Establishing desired objectives are important to all age groups. If youth learn to set goals, plan, and work toward the goals they set, they learn self-discipline and decision making skills. Goal setting provides a roadmap for 4-H members in their 4-H projects as well as 4-H clubs. A goal is an "end" or something specific to be accomplished. It involves decision-making and setting priorities. Goals may be short term or long term, **individual or group**, and may be adjusted along the way. A goal should provide a challenge, and be realistically attainable.



Steps for goal setting are:

1. Define the goal. Make sure it is clear and specific.
2. Determine the action needed to achieve the goal; include all steps or objectives with specific timelines and measurable outcomes.
3. Identify resources needed to accomplish the goal.
4. Identify possible blocks and strategies to avoid them. This is where goal setting becomes a valuable planning tool.

There are many opportunities in 4-H to teach goal setting skills. Projects provide an ideal way for individuals to experience goal setting, evaluation, and achievement. Club goals provide an opportunity for teamwork!

Generally, very young 4-H members should set short term goals. As members mature and gain experience, they should be encouraged to set more challenging goals and to work on more than one goal at a time. Gradually, members are led by caring adults to visualize future possibilities and set long term goals for themselves.

Just as goals serve as maps for individuals, they guide groups. The steps for setting group and individual goals are the same. Group process, however, can be more involved and often takes longer. Consensus building and establishing group ownership takes time but is necessary for success. All clubs should be setting goals early on in the year!

You Are Invited.....

February 11, 2013

5:30—7:00 p.m.

**Informal Reception for our 4-H Extension Candidates
Extension Office Meeting Room**

We are encouraging all 4-H Members, 4-H Families, Leaders, Superintendents and Volunteers, to please come to this reception so you can meet and greet the finalists for the 4-H Extension Agent position.

Important information and deadlines for Spring Horse Classic

Entries with payment are due to the Malheur County Extension Office by March 29th.

This will allow time for us to compile all the paperwork and mail to the State Office by the April 5th deadline! Please make checks payable to **Malheur County 4-H Association**

- Entries received by the deadline are \$25 per contestant per event.
- Entries received between April 6 and April 12 are \$30 per contestant per event.
- No entries accepted after April 12.
- The following link has all the required forms. There is a new release needed for the site where the event is being held. All the forms are up to date.

<http://oregon.4h.oregonstate.edu/2010-spring-horse-classic>



Market Steer Weigh-in-Saturday, February 23, 2013

Market Steers will be weighed on Saturday, February 23, 2013, at Producer's Livestock Auction Yard in Vale, from 9 a.m. until 12 noon. Completed Cool Forms and Brand Papers are due at this weigh-in. Each animal must have a Health/COOL form and E-Slip signed by the person from whom the steer was purchased. If you did not get these signed when you purchased your animal, you must get it before weigh-in. Cool/Health Forms are available on the county website. You may purchase an e-slip for \$2.50 from the Brand Inspector, Jodi Moulton, 208-740-0497. Completed forms will be checked and returned to you. You will turn in all paperwork at the final weigh-in at fair.

Maximum weight for steers is 900 lbs. at Spring Weigh-in. Animals will go across the scale once! If you think your steer will be too heavy, it might be worth it to have a back-up steer ready to go at weigh-in.

Dairy Heifers

Dairy Heifers will be weighed from 12:00 to 12:15 p.m. Dairy Heifer owners will be required to turn in their report(s) at this weigh-in.

BEEF HEALTH/COOL FORMS ARE AVAILABLE AT:

- ◆ Malheur County Extension Office
- ◆ Malheur County Website: http://extension.oregonstate.edu/malheur/sites/default/files/beef_health_affidavit.pdf
- ◆ FFA Advisors

*Please be sure and have the person you purchase your market animal from fill out and sign the COOL portion (upper right) of the Health Form **when you buy** the animal.*

Mtk animal
flyer



Announcing the Oregon 4-H Science Rich Video Contest!

Contest is open to all 4-H youth enrolled in any 4-H project area.

Top prize \$125

The contest entry deadline is March 30, 2013.

Videos will be accepted in the categories:

- (1) Promotional video,
- (2) Documentary video, &
- (3) Educational video.

For more information visit http://oregon.4h.oregonstate.edu/sites/default/files/communications/videography_contest_flyer_3.pdf



2013 Youth Beef Field Day

Marsing High School Ag. Shop

Saturday, March 9th

Registration begins 12:30 PM

Program starts promptly at 1:00 PM.

Topics will be interactive and hands-on

- Introduction to Range
- Necropsy focused on plants
- Range Plant ID
- Toxic Plant ID
- Nitrate Testing
- Range Monitoring



Fee: \$2.00/person payable at the door.

Please RSVP by March 6th by calling or emailing the Owyhee County Extension office

Eastern Oregon Leadership Retreat

Interested in leadership?
Come to Leadership Camp
and improve your leader-
ship skills while having fun
with other teens!

March 7th-9th
Baker, Oregon

If interested please contact:
Barbara Brody 541-207-8078 or
Barbara.brody@oregonstate.edu



State 4-H Scholarships

The State 4-H Program in Oregon offers scholarships to college-bound high school seniors who are currently enrolled in the Oregon 4-H program, and have been members for a minimum of three years, including the current year. All information can be found at: <http://oregon.4h.oregonstate.edu/state-4h-scholarships>

2013 State 4-H Scholarship Summary

Specific eligibility information for each scholarship can be found on the OSU Website. Check the scholarship name, which links to the individual details for that scholarship. Applications **must be approved and signed by the** 4-H agent in your county Extension office. Applications are submitted to the applicant's **County Extension Office NO LATER THAN February 22, 2013**. Counties will forward approved applications to the State 4-H office before the March 1st deadline.

Application Process

Application for the scholarships must be accompanied by a brief essay, a copy of high school grades, and a copy of official SAT or ACT scores. **Detailed instructions** about the essay are included on the scholarship application form. Applications are submitted to the applicant's County Extension Office **NO LATER THAN February 22, 2012**. **All applications must be approved and signed by the county 4-H agent**, who then forwards approved applications with a county nomination form to the State 4-H Office by March 1. **Please be sure you meet eligibility criteria before selecting scholarships you are applying for.**

Please note: 4-H Members interested in applying for Oregon 4-H Scholarships should contact their county 4-H Agent **during their junior year** of high school for information. **Scholarships Available for any Accredited College or University**

CHS Foundation Scholarship	One \$1000 scholarship
Duane P. Johnson 4-H Scholarship	One \$500 scholarship Attendance at any 4-year college or university
O.M. Plummer Scholarship	One \$600 (approximate) scholarship Essay should include information about participating in beef, sheep, swine and/or livestock judging.
Jeanne Leeson Memorial 4-H Scholarship	One \$1250 scholarship
H. Joe Myers Memorial 4-H Scholarship	One \$1500 scholarship

Scholarships Available for Attendance at Oregon State University

Martha Mac Gregor 4-H Scholarship	One \$3500 Scholarship. Requires attendance at OSU.
Klein-Youngberg Family 4-H Scholarship	Three \$1250 scholarships. Requires attendance at OSU. Must have been in 4-H for at least five years
Oregon 4-H Foundation Memorial 4-H Scholarship	One \$1000 Scholarship. Requires attendance at OSU.
Kate Thiess Memorial 4-H Scholarship	One \$1000 Scholarship. Requires attendance at OSU.
Ted and Betty Dietz Memorial 4-H Scholarship	One \$500 Scholarship. Requires attendance at OSU.
Minnick Memorial 4-H Scholarship	One \$1000 Scholarship. Requires attendance at OSU. Preference to applicants with an agricultural background.
A. Lois Redman 4-H Scholarship	One \$1000 Scholarship. Requires attendance at OSU. Preference given to candidates majoring in the College of Health and Human Sciences, Outdoor Education or International Programs. Must have been in Home Economics 4-H project area for at least three years.

Malheur County 4-H Scholarship Application

Scholarships will be given by the Malheur County 4-H Association for the 2012-2013 school year. Financial need will not be considered, however, a commitment for furthering the recipient's education the fall after high school graduation will be a requirement. The top finalists will be interviewed. Two scholarships will be awarded to deserving Malheur County 4-H members.

1. You must be a senior in high school;
2. You must have at least a 3.0 GPA;
3. Must be enrolled as a 4-H member for the 2012-2013 4-H year;
4. Must have been enrolled in Malheur County 4-H for three consecutive years

Submit the following to the Malheur County Volunteer Association c/o Malheur County Extension Office located at 710 SW 5th Avenue, Ontario, OR 97914 by **April 2nd, 2013 by 4:00 pm**. **If selected as a finalist, you will be contacted by the selection committee for an interview.**

Must Have:

1. Completed Application
2. High School Transcript
3. Two letters of recommendation
4. Past record book for all years of 4-H participation

Malheur County 4-H Scholarship Application

Name _____ Telephone _____

Address _____ Zip _____

High School Name _____

Number of Years in 4-H _____ High School Accumulative GPA _____

Please use additional sheets to complete the following required information:

1. List your 4-H activities and awards. Include any community service activities. (Please provide dates for 4-H awards):
2. Briefly state your educational goals including your choice of institution:
3. How do you plan to finance your future education?
4. Write an essay on the following topic in 250 words or less:

"Explain how 4-H has impacted your life and how what you learned in 4-H will help you in the future."

If selected as the scholarship recipient, I accept the scholarship in the amount to be designated by the Malheur County Volunteer Association. Payment will be paid to me, in my name, when I provide proof of enrollment at the school of my choice. If I do not provide proper documentation of enrollment within 90 days the money will be refunded to the Malheur County Volunteer Association.

Scholarship Applicant Signature _____

Date _____

Leader's Corner

The dates for the 2013 Malheur County Fair are July 30th-August 3rd

The 2013 Fair Theme is: "Cow Pies and Curly Fries"

The 2013 Fair Colors are: Brown, Red, and Yellow



Leader / Volunteer Registration

It is important for all volunteers to turn in their registration forms ASAP. Leaders should not be meeting with 4-H clubs until they have been cleared. Volunteers are not covered on insurance until their registration is complete. Although member registration must be completed by January 31 to participate in fair, leaders can register following the January date. Volunteer committee members who have contact with members must be cleared to participate

E-Learning Modules for volunteers

These modules developed by 4-H Staff in Oregon are interactive and very easy to use.

Volunteers receive fundamental, consistent information that can supplement leader training. These modules provide volunteers an alternative to learn at a time convenient for them. County staff will receive an automatic email message when a volunteer has completed a module.

1. Go to the Oregon 4-H website, <http://oregon.4h.oregonstate.edu>
2. In the left bar, click on VOLUNTEERS
3. Under Volunteers, click on the 'e-Learning Course'
4. Complete the four boxes: First Name, Last Name, State, and type in the password: VOLUNTEER
5. Click on "About 4-H" to begin learning in the first of four E-learning modules.

Malheur County Extension will be notified upon your completion of the program.



4-H Association Meeting

The Malheur County 4-H Association will meet Monday, **January 28, 2013, at 6:30 p.m. at the Extension Office meeting room.**

*****Officer elections will take place at this meeting.*** Please consider holding an office in our 4-H Association.**

All Leaders / Volunteers are encouraged to attend these meetings to keep up on current information, as well as to have a say in what is going on in the 4-H program.

Junior Livestock Sale Committee

The Junior Livestock Sale Committee will be meeting on Thursday, **February 12th, 2013, at 6:30 p.m. in the Extension Office meeting room.**

Visitors are always welcome to attend this meeting.

Information from the State 4-H Office Regarding Background Checks for 4-H Volunteers



(#1) The safety of youth participants, their families, volunteers and staff, is a priority for the OSU 4-H Youth Development Program. While current 4-H program policies are designed to create and maintain safe learning environments, recent news stories have challenged us to make important decisions.

(#2) During this 4-H year (2012-2013), every county OSU Extension Office must have initiated a rotational structure to ask all volunteers who work in the 4-H program three or more times during the year, to successfully complete a background check, every two (2) years. This confidential information is handled by the OSU Human Resources office, not 4-H program staff.

(#3) When you receive the 2-page form requesting your “authorization” to conduct a background check, please complete the form carefully and legibly so the background check can be done efficiently and reflect accurate information. Suggestions include:

- ⇒ Print your full, legal name
- ⇒ Print your full middle name — or draw a line through that space if you have no middle name
- ⇒ Add the street address or RR number, as part of the current mailing address
- ⇒ Provide an e-mail and phone number to help OSU Human Resources office contact you, if needed
- ⇒ Attach a copy of an official photo ID (e.g., drivers’ license, student ID, passport)
- ⇒ Sign page 2

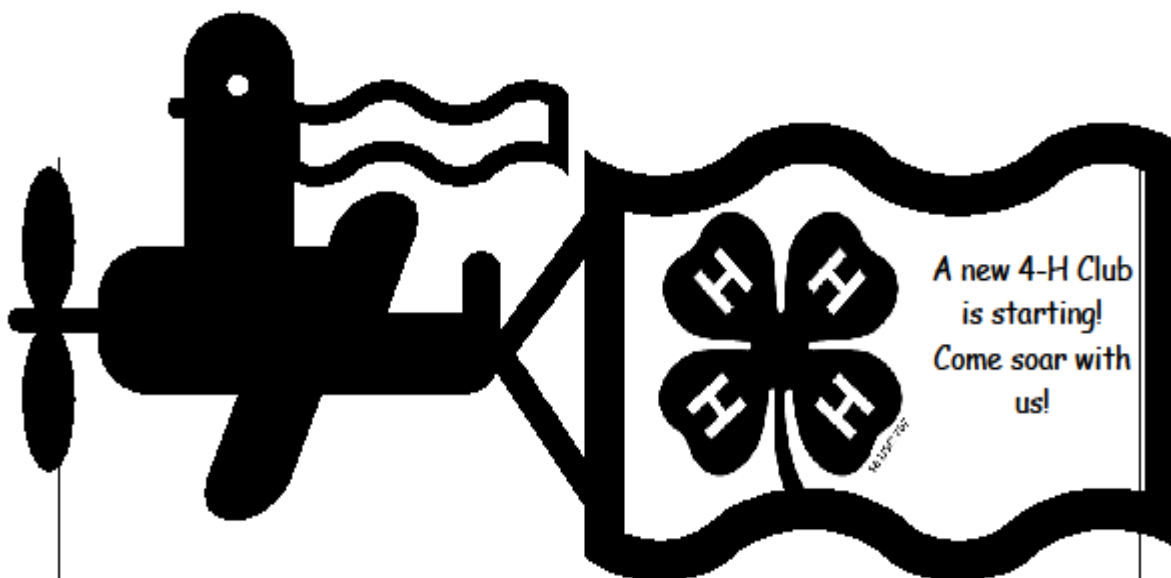
The rotation of volunteer background checks in your county might mean that volunteer names beginning with a letter from the first half of the alphabet are contacted this year, and names beginning with a letter from the last half of the alphabet may be contacted next year. If you successfully completed a background check within the past year, you will be asked to submit an authorization for a re-check during the 2013-2014 4-H year.

The county OSU Extension staff will NOT have access to any personal, confidential information obtained from a background check. The OSU Human Resources receives the “authorization to release information,” conducts the background check, and will contact you if there are questions about the information you have provided, or regarding information received as a result of the background check.

Approximately seven years ago, Oregon began asking all first-time 4-H volunteers to submit an application, provide personal references, and successfully complete a background check before being qualified to represent the OSU 4-H Youth Development Program. Today, this is common practice for schools and most youth development programs. This policy is now in effect for all OSU volunteers.

Your role as a volunteer partner in the Oregon 4-H program is deeply appreciated. Thank you for working with local county 4-H staff in this rotation of background checks, as just one part of important program policies that help keep the 4-H learning environment safe for all participants.

If there are questions, county 4-H staff can provide contact information to reach Marilyn Lesmeister, OSU 4-H Volunteer Development Specialist.



Aerospace Adventures are Taking Off! Come join the adventure!

Date: Saturday, January 28th

Time: 10 am to noon

Where: OSU Satellite Office

Ontario Airport/
Frazier Aviation

581 SW 33rd Street

Ontario

Please dress warm because we will be outside!

Bring your record book materials.

Be ready for fun!

If you are interested in anything to do with airplanes and rockets, you will want to join us!

This club is an outstanding opportunity for Cloverbuds to be involved.

Amanda Vansickle 541.889.9197

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This publication will be made available in accessible formats upon request. Please call 541.207.8078 for information. If you have a physical disability that requires special considerations in order for you to attend the 4-H meeting, please notify Barbara Brody at 541.207.7078 by January 21, 2013.

4-H At-A-Glance for 2013

January	
26	Aerospace Adventures Club Meeting. See club information inside
28	4-H Association Meeting, 6:30 p.m., Extension Office
31	4-H Member and Leader Enrollment Deadline! Please don't wait until the last minute!
February	
11	Reception for 4-H Extension Candidates, 5:30—8:00, Extension Office
12	Interviews for 4-H Extension Candidates, Extension Office
12	Junior Sale Committee, 6:30 p.m., Extension Office
23	Steer weigh-in and tagging 9-12:00; Dairy weigh-in 12:00-12:15 (Saturday)
March	
7-9	Eastern Oregon Leadership Retreat. See information inside
9	Beef Field Day, Marsing Idaho. See information inside
April	
26	Horse Declarations Due at Extension Office, no later than 5:00 p.m.
27	Market Goat & Market Hog Weigh-in, MC Fairgrounds on new scale. 9-10 a.m. Goats, 10:00 a.m. - 12:00 p.m. Hogs ALL GOATS AND HOGS WILL BE WEIGHED AT THIS TIME
May	
17	Market Lamb Weigh-in, Malheur County Fairgrounds on new scale. 3-6 p.m. (Friday) All lambs will be weighed at this time.
June	
28	Chicken & Rabbit Weigh-in; Malheur County Fairgrounds
July	
12	Record Books, Fair Entries, County Medal Applications and Special Award Applications are due to Extension Office. Forms are available on our website.
13	Record Book Judging Begins
25	Static Exhibits due to Extension Office. Call to schedule an appointment for an interview with the judge
30– August 3	Malheur County Fair July 30th—August 3rd
29	Horse Projects In Place
30	Malheur County Fair Market Animal Weigh-in
30	All Livestock Must Be In Place
August	
	Malheur County Fair July 30th-August 3rd

Call the Extension Office and let us know what activities you have coming up so you can be featured in the next newsletter!

4-H News!

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Malheur County
Extension Service
710 SW 5th Avenue
Ontario, OR 97914

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4-H Enrollment Deadline is January 31, 2013!

<http://extension.oregonstate.edu/malheur>