

# 30th Annual Developmental Disabilities Conference



*A Conference Co-Sponsored by MDCH, AAIDD, and WMU School of Medicine*

**April 21-23, 2014**

**Kellogg Hotel & Conference Center**

**East Lansing, MI**

Category 1 CME Credit provided by WMU School of Medicine



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## Overview & Objectives

### **Overview**

*The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with developmental disabilities. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services.*

*The program format is designed to present a variety of expert viewpoints to encourage interaction with health professionals. The combination of didactic and workshop format will allow ample opportunity for participants to engage in discussion with the presenters.*

*This educational program is designed for physicians, nurses, psychologists, social workers, therapists, nutritionists, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities*

### **Objectives**

*From attending this conference, professionals in developmental disability care will be able to:*

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

# Planning Committee

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## Presenters

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Detroit Wayne Mental Health Authority

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**Michigan Public Health Institute**

**Prader-Willi Syndrome of MI**

**United Cerebral Palsy of Michigan**

**United HealthCare Community Plan**



## Workshops by Practice Level

### **Beginner**

- [A4 Oral Health Care for Persons with Developmental Disabilities](#)
- [A6 Supportive Parenting for individuals with Developmentally Disabled](#)
- [A7 Bone Health of Cerebral Palsy Patients](#)
- [A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination](#)
  
- [B2 The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly](#)
- [B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future](#)
  
- [C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)
  
- [D1 Medical Transition of Youth with Special Health Care Needs](#)
- [D4 Sensory strategies for individuals with Developmental disabilities, Part 1](#)
- [D5 Housing Alternatives](#)
- [D7 Family Support Program - "It Ain't Kids Stuff"](#)
  
- [E4 Sensory strategies for individuals with Developmental disabilities, Part 2](#)
- [E5 Mandela's Last Gift – Creating Access for the Deaf & Hard of Hearing Community](#)
- [E7 Michigan Child Collaborative Care \(MC3\): An Innovative Care Model to Increase Access to Mental Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and Telepsychiatry.](#)
- [E8 Autism Safety Training – Essential For Every Community](#)
  
- [F1 Respiratory care of the patient with neurodisability: an update in the assessment and management](#)
- [F3 Creating Links for A Fulfilling Life](#)
- [F4 Crucial Conversation Skills for Special Education Meetings](#)
  
- [P1 Move It To Lose It: Movement for a Healthier Lifestyle](#)
- [P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs](#)

### **Beginner/Intermediate**

- [A1 Vision Therapy: The best kept secret and its role for children with special needs](#)
- [C2 Social Skills and Human Development group learning. NEMCMH's experience.](#)

# Workshops by Practice Level

## Intermediate

- [A2 From Brain to Behavior: Preparing Your Direct Care Workforce](#)
- [A3 Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with Developmental Differences](#)
- [A5 Skill Building Fun Combining Art Therapy and Microenterprise](#)
  
- [B1 Genetics and Genomics: Applications to Developmental Disability](#)
- [B3 Children and Adolescents with ASD: Effective treatment for highly challenging cases](#)
- [B4 Medicaid Covered Services and Medical Necessity](#)
- [B5 The benefits of the Affordable Care Act for persons with Developmental Disabilities](#)
- [B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy](#)
  
- [C3 Changing Children's Lives: ABA Treatment of Autism](#)
- [C4 Appeals and Grievances](#)
- [C5 Basics of a Special Needs Trust](#)
- [C7 Building a System to Support the ASD Waiver Benefit within Current Practices](#)
  
- [D2 Legal Aspects of Disabilities in the Workplace](#)
- [D3 Understanding Trauma; Reactions, Biology, and Treatment](#)
- [D8 Building a System to Support the ASD Waiver Benefit within Current Practices](#)
  
- [E1 Occult Manifestations of Child Abuse in a Vulnerable Population](#)
- [E2 Autism 101 for medical practitioners and other interested clinicians](#)
- [E3 Sisterhood of the Traveling Briefcases](#)
  
- [F2 Autism 202 for medical practitioners and other interested clinicians](#)
- [F5 Using Facebook in Professional and Powerful ways Including Connecting with Your Legislators!](#)
- [F6 Effectively Integrating Data from the Supports Intensity Scale into an IPOS](#)
- [F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status](#)

## Advanced

- [C1 New Horizons in Spasticity Management](#)

## Workshops by Track

### **Pediatric Medical**

[A1 Vision Therapy: The best kept secret and its role for children with special needs](#)

[A7 Bone Health of Cerebral Palsy Patients](#)

[B1 Genetics and Genomics: Applications to Developmental Disability](#)

[B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy](#)

[C1 New Horizons in Spasticity Management](#)

[D1 Medical Transition of Youth with Special Health Care Needs](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD  
Need to Succeed](#)

[E1 Occult Manifestations of Child Abuse in a Vulnerable Population](#)

[E2 Autism 101 for medical practitioners and other interested clinicians](#)

[E7 Michigan Child Collaborative Care \(MC<sup>3</sup>\): An Innovative Care Model to Increase Access to Mental  
Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and  
Telepsychiatry.](#)

[F1 Respiratory care of the patient with neurodisability: an update in the assessment and management](#)

[P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial  
Needs](#)

### **Adult Medical**

[A3 Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with  
Developmental Differences](#)

[C1 New Horizons in Spasticity Management](#)

[C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)

[D2 Legal Aspects of Disabilities in the Workplace](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD  
Need to Succeed](#)

[F2 Autism 202 for medical practitioners and other interested clinicians](#)

# Workshops by Track

## **Mental Health**

- [A2 From Brain to Behavior: Preparing Your Direct Care Workforce](#)
- [A5 Skill Building Fun Combining Art Therapy and Microenterprise](#)
- [A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination](#)
  
- [B3 Children and Adolescents with ASD: Effective treatment for highly challenging cases](#)
- [B4 Medicaid Covered Services and Medical Necessity](#)
- [B5 The benefits of the Affordable Care Act for persons with Developmental Disabilities](#)
- [B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future](#)
  
- [C3 Changing Children's Lives: ABA Treatment of Autism](#)
- [C4 Appeals and Grievances](#)
- [C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)
- [C7 Building a System to Support the ASD Waiver Benefit within Current Practices](#)
  
- [D3 Understanding Trauma: Reactions, Biology, and Treatment](#)
- [D4 Sensory strategies for individuals with Developmental disabilities, Part 1](#)
- [D5 Housing Alternatives](#)
- [D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)
- [D7 Family Support Program - "It Ain't Kids Stuff"](#)
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- [E4 Sensory strategies for individuals with Developmental disabilities, Part 2](#)
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- [E8 Autism Safety Training – Essential For Every Community](#)
  
- [P1 Move It To Lose It: Movement for a Healthier Lifestyle](#)
- [P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs](#)

# Workshops by Track

## Issues in Transition

[A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination](#)

[C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)

[D1 Medical Transition of Youth with Special Health Care Needs](#)

[D5 Housing Alternatives](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)

[E3 Sisterhood of the Traveling Briefcases](#)

[F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status](#)

## Psychiatry

[A2 From Brain to Behavior: Preparing Your Direct Care Workforce](#)

[B2 The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly](#)

[D3 Understanding Trauma: Reactions, Biology, and Treatment](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)

[E2 Autism 101 for medical practitioners and other interested clinicians](#)

[F2 Autism 202 for medical practitioners and other interested clinicians](#)

## Education

[A1 Vision Therapy: The best kept secret and its role for children with special needs](#)

[A4 Oral Health Care for Persons with Developmental Disabilities](#)

[A5 Skill Building Fun Combining Art Therapy and Microenterprise](#)

[A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination](#)

# Workshops by Track

## Education (continued)

[B3 Children and Adolescents with ASD: Effective treatment for highly challenging cases](#)

[B4 Medicaid Covered Services and Medical Necessity](#)

[C4 Appeals and Grievances](#)

[C5 Basics of a Special Needs Trust](#)

[C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)

[C7 Building a System to Support the ASD Waiver Benefit within Current Practices](#)

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[E3 Sisterhood of the Traveling Briefcases](#)

[F3 Creating Links for A Fulfilling Life](#)

[F4 Crucial Conversation Skills for Special Education Meetings](#)

[P1 Move It To Lose It: Movement for a Healthier Lifestyle](#)

[P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs](#)

## Trends

[A5 Skill Building Fun Combining Art Therapy and Microenterprise](#)

[B1 Genetics and Genomics: Applications to Developmental Disability](#)

[B5 The benefits of the Affordable Care Act for persons with Developmental Disabilities](#)

[B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future](#)

[B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy](#)

[C2 Social Skills and Human Development group learning. NEMCMH's experience.](#)

[C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)

## Workshops by Track

### Trends (continued)

[E2 Autism 101 for medical practitioners and other interested clinicians](#)

[E5 Mandela's Last Gift – Creating Access for the Deaf & Hard of Hearing Community](#)

[F1 Respiratory care of the patient with neurodisability: an update in the assessment and management](#)

[F2 Autism 202 for medical practitioners and other interested clinicians](#)

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[F5 Using Facebook in Professional and Powerful ways Including Connecting with Your Legislators!](#)

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[F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status](#)

[P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs](#)

### On the Front Line

[A3 Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with Developmental Differences](#)

[A6 Supportive Parenting for individuals with Developmentally Disabled](#)

[B1 Genetics and Genomics: Applications to Developmental Disability](#)

[B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future](#)

[C2 Social Skills and Human Development group learning. NEMCMH's experience.](#)

[C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)

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[E8 Autism Safety Training – Essential For Every Community](#)

[F4 Crucial Conversation Skills for Special Education Meetings](#)

[F6 Effectively Integrating Data from the Supports Intensity Scale into an IPOS](#)

## Workshops by Track

### **Children's Healthcare**

[A1 Vision Therapy: The best kept secret and its role for children with special needs](#)

[A7 Bone Health of Cerebral Palsy Patients](#)

[B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy](#)

[D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders \(FASD\) and What Individuals with an FASD Need to Succeed](#)

[D7 Family Support Program - "It Ain't Kids Stuff"](#)

[E8 Autism Safety Training – Essential For Every Community](#)

[F1 Respiratory care of the patient with neurodisability: an update in the assessment and management](#)

[P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs](#)



# Conference Schedule

## **Monday, April 21**

**4:00 pm – 7:00 pm Registration**

## **Tuesday, April 22**

**7:30 Registration & Breakfast**

**8:15 Welcoming Comments**

**8:30 Plenary Address**

**Patricia Haney, RN Memorial Lecture: Update from Michigan Department of Community Health**

Jane Turner, MD

The speaker will bring the latest news from the Michigan Department of Community Health about programs to address autism spectrum disorders and other developmental disabilities. Topics may include activities to promote the early identification of autism spectrum disorders as well as other developmental and social emotional disorders, a system of care for children and youth with Autism Spectrum Disorders and changes in Children's Special Health Care Services for children and youth enrolled in Medicaid as well as CSHCS.

**9:30 Break and Exhibits**

# Conference Schedule

## 10:00 Concurrent Workshops

### **A1 Vision Therapy: The best kept secret and its role for children with special needs**

Marie L. Fox, OD

Vision is the dominant sense, yet it's often forgotten in the evaluation and care of children with I/DD. This presentation is user-friendly and will thoroughly review the visual system and its importance in the child who has special needs. Visual Therapy will be introduced, discussed, and practical applications for home, school, and co-management will be applied. Pertinent case studies will be examined.

Primary Track: Pediatric Medical

Secondary Tracks: Education, Children's Healthcare

Practice Level: Beginner/Intermediate

### **A2 From Brain to Behavior: Preparing Your Direct Care Workforce**

Alireza Amirsadi, MD

This is an interactive workshop which includes participation of the attendees. They will be asked to role play & their interactions will be modified as they act different roles & scenarios. Every day examples will be provided & attendees will be encouraged to provide their personal experiences & reactions to working with difficult individuals. This segment may take more than 1/2 of the time & is mixed as the material related to objectives are discussed & described.

Primary Track: Psychiatry

Secondary Track: Mental Health

Practice Level: Intermediate

# Conference Schedule

## **A3 Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with Developmental Differences**

David Laman, PhD & Sue Gabriel, PMHNP-BC

The vast majority of children and adults with developmental differences have not been allowed to reach their full potentials and have had limited opportunities to develop meaningful lives in our communities. Our expectations for them are too low and the opportunities we allow too few. It is time to make a real commitment to promoting meaningful opportunities and experiences, developing higher expectations for them and ourselves, and assisting people with developmental differences to really live in, and contribute to, the communities in which they live. This presentation will explore ways to promote real lives and will present interesting success stories, as well as discuss the many threats that still exist to really moving forward.

Primary Track: Adult Medical

Secondary Track: On the Front Line

Practice Level: Intermediate

## **A4 Oral Health Care for Persons with Developmental Disabilities**

Stephanie M. Munz, DDS

The workshop will focus on the unique strategies and nuances of oral health care for those with developmental disabilities, including everyday homecare and hygiene as well as diagnosis and treatment of oral disease and habits in a clinic versus operating room setting.

Primary Track: Education

Practice Level: Beginner

## Conference Schedule

### **A5 Skill Building Fun Combining Art Therapy and Microenterprise**

Janis S. Rossman-Kaufman, MEd, ATR, RSST, CMHP, QMHP, QMRP, Neighborhood Services Organization Life Choices; Susan Shelley, Director of Operations, North Oakland Vocational Association Inc. (NOVA); & Erica Whitlock, Microenterprise Program Director, North Oakland Vocational Association Inc. (NOVA)

Neighborhood Services Organization Life Choices and NOVA have teamed together to combine the creative flow of art therapy with the practical business practice of microenterprise for the developmentally disabled population. This workshop will include a case study, a hands-on art therapy experiential and a PowerPoint presentation of our successful model. We are assisting consumers who may be hard to reach, people who don't fit into niche categories and need help with socialization skills plus financial and creative opportunities. We are establishing a brand of community, raising self-esteem and allowing consumers to reach their full potential.

Primary Track: Trends

Secondary Tracks: Mental Health, Education

Practice Level: Intermediate

### **A6 Supportive Parenting for individuals with Developmentally Disabled**

Jessica Holmes LMSW – clinician and Neighborhood Service Organization & Penny Thomas LMSW- Unit Director Neighborhood Service Organization

NSO Life Choices SPIN Program is a home based parent training program for parents with cognitive disabilities who are rearing their own children within their home. The program is designed to provide parents with fun and informative parenting practices to foster healthy and happy families. The program utilizes a curriculum guide entitled Building Foundations – a Curriculum Guide for Supported Parenting. This curriculum focuses on areas that are critical to parenting and is specifically designed to meet the learning needs of parents with cognitive limitations. Weekly, in-home visits are conducted where hands-on training is provided and handouts are given and utilized as teaching tools. Modeling of parenting techniques in the natural home setting significantly increases the parent's ability for retention and generalization of skills that are learned. Parents are also given opportunity to try out new techniques in the presence of the therapist.

Primary Track: On the Front Line

Practice Level: Beginner

# Conference Schedule

## **A7 Bone Health of Cerebral Palsy Patients**

Philip Nowicki, MD

To discuss bone health of cerebral palsy patients including treatment and options for prevention

Primary Track: Pediatric Medical

Secondary Track: Children's Healthcare

Practice Level: Beginner

## **A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination**

Scott Fergus and Esther Onaga (mother)

Scott who is on the autism spectrum disorder and his mother will share how 5 years of being on the self-determination option has promoted his growth and development in the community. They will share specific examples of how this has affected his abilities to cook, read, and create joyful art. Scott will share his recipes and favorite cookbooks, his website for his art and some of his artwork. Finally they will show the difference between equality vs. equity and integration vs. inclusion.

Primary Track: Issues in Transition

Secondary Tracks: Mental Health, Education

Practice Level: Beginner

## **11:30 Lunch**

# Conference Schedule

## **12:30 Concurrent Workshops**

### **B1 Genetics and Genomics: Applications to Developmental Disability**

Helga V. Toriello, PhD

The workshop will describe how next generation molecular technologies (e.g., whole genome sequencing, genome-wide association studies, gene expression studies) have given us insight into causes of DD, as well as potential treatments which are being developed for individuals with conditions such as fragile X and Rett syndrome, as well as potential for treatment of autism spectrum disorders.

Primary Track: On the Front Line

Secondary Tracks: Pediatric Medical, Trends

Practice Level: Intermediate

### **B2 The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly**

Joseph L. Calles, Jr, MD

The use of psychotropic medications in the IDD population has outpaced research. Although there are some benefits to their use, there is also the potential for adverse reactions to medications. Another area of concern is the increase in percentage of healthcare expenditure on psychopharmacologic agents. This workshop will address each of these areas and provide opportunities for discussion.

Primary Track: Psychiatry

Practice Level: Beginner

### **B3 Children and Adolescents with ASD: Effective treatment for highly challenging cases**

Calvin Gage, MA, BCBA & Carly Piacentini, MS, BCBA

Unfortunately some children and adolescents with ASD present with such significant behavioral challenges that they are unable to effectively function at home, school, or in the community. Safety for themselves and others is often a major issue, particularly as they move into adolescence. This presentation will focus on the need to provide a continuum of effective, evidenced-based treatment options necessary to help these children learn new skills and reduce behavioral challenges. Presenters will discuss effective treatment, dealing with crises, and helping parents, as well as providing case examples.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

# Conference Schedule

## **B4 Medicaid Covered Services and Medical Necessity**

Stacy Coleman

Medicaid Covered Services and Medical Necessity will identify the specifics related to the Medicaid Covered Specialty Supports and Services that are available to individuals who receive services and supports based upon Medical Necessity.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

## **B5 The benefits of the Affordable Care Act for persons with Developmental Disabilities**

Audrey E. Smith, MPH

This workshop will provide participants with a brief overview of the Affordable Care Act. Participants will learn how components of the ACA impact persons with developmental disabilities in Michigan. Participants will learn how they can fully take advantage of this program to improve the health and well being of persons living with developmental disabilities.

Primary Track: Mental Health

Secondary Track: Trends

Practice Level: Intermediate

## **B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future**

David Taylor, Peer Mentor, Oakland County; Ray Schuhholz, Peer Mentor, Wayne County; Tom McCullough, Self-Advocate, CEI; & John Toppi, Self-Advocate, Wayne County

Every civil rights movement has important leaders that helped make a difference in the world as we know it. Do you know who those leaders are related to Disability Rights and the freedoms that resulted from their passion for a better tomorrow? Come hear about key people and events that have made a difference in the advancement of civil rights for people with developmental disabilities. . . Learn from the past, so you can help re-invent the future.

Primary Track: On the Front Line

Secondary Track: Mental Health, Trends

Practice Level: Beginner

## Conference Schedule

### **B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy**

Linda L. Fletcher, MS, CPNP

This workshop will offer the learners an opportunity to utilize the Medical Home Framework; care coordination; and telemedicine technology to improve access to care for children and youth with epilepsy in rural and medically underserved areas of Michigan. The impact on clinical practice and barriers to implementation will be discussed.

Primary Track: Children's Healthcare

Secondary Tracks: Pediatric Medical, Trends

Practice Level: Intermediate

### **2:00 Refreshment Break and Exhibits**

### **2:30 Concurrent Workshops**

#### **C1 New Horizons in Spasticity Management**

Ryan C. O'Connor, DO, FAAPMR/FAANEM

Review of the latest treatment approaches to controlling dysfunctional spasticity

Primary Track: Pediatric Medical

Secondary Track: Adult Medical

Practice Level: Advanced



# Conference Schedule

## **C2 Social Skills and Human Development group learning. NEMCMH's experience.**

Daniel Spaulding, Certified Peer Mentor; Alisha Edgar, LLBSW; & Deb Hemgesberg, LMSW

NEMCMH staff developed and are facilitating (currently in session with the 6th group) a 12-week social skills group for people who are identified as having a developmental disability. This curriculum is 12 weeks, where we focus on healthy relationships, recognizing and preventing abuse, bully proofing ourselves, human sexuality and development, understanding and preventing STD's, how to do self-exams, and how to use a condom. We will discuss the format we use, what we have learned along the way, and how we managed some challenges (food addictions, co-occurring mental health issues, romance in the room and conflict amongst group members). We will supply the bibliography that we accessed to get here.

Primary Track: Trends

Secondary Track: On the Front Line

Practice Level: Beginner/Intermediate

## **C3 Changing Children's Lives: ABA Treatment of Autism**

Conny Raaymakers, LLP, BCBA

ABA is finally a covered benefit for children with ASD in Michigan. This presentation will provide attendees with a basic understanding of ABA treatment, as well as exploring the many benefits of this early, intensive treatment for children with ASD and their families.

Primary Track: Mental Health

Practice Level: Intermediate

## **C4 Appeals and Grievances**

Stacy Coleman

Appeals and Grievances will provide a basic overview of the Appeal and Grievance mechanisms available to individuals served by a Community Mental Health Services Program.

Primary Track: Mental Health

Secondary Tracks: Education

Practice Level: Intermediate

## Conference Schedule

### **C5 Basics of a Special Needs Trust**

Thomas Doyle & Keith Azar

Background & information on the laws and investments for a special needs trust

Primary Track: Education

Practice Level: Intermediate

### **C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!**

Annette Downey, Community Living Services, Oakland County Division; Tonnieo Graves, Peer Mentor, Wayne County; Dan Hughes, Self-Advocate, CEI; Emily Monroe, Self-Advocate, Oakland County; & David DeWitt Taylor, Self-Advocate, Oakland County

We know there is increased state and federal focus on the promotion of healthy living outcomes for those we serve with disabilities, so we've asked this question - Who could possibly promote wellness and healthy living better than self-advocates themselves? A panel of people with developmental disabilities will discuss how they've made changes in their lives to be healthier and happier citizens of their communities. They will share their challenges, successes, setbacks, and the Wellness Pledges and plans that made a difference in their lives. There will also be discussion about the steps self-advocates have taken to go above and beyond in promoting healthy living amongst their peers and the ways in which they inspire others to make their own personal Wellness Pledges and change their lives.

Primary Track: On the Front Line

Secondary Tracks: Adult Medical, Mental Health, Trends, Education, Issues in Transition

Practice Level: Beginner

### **C7 Building a System to Support the ASD Waiver Benefit within Current Practices**

Krista Clancy (Kennedy), MS, LLP, BCBA & Jamesena Ingram, MEd, CAS, ICA

Discussion will be around the requirements/implementation of the autism waiver benefit. As well as, evidence based treatment (EBT), implementation of the EBT, and supervision required/training implications for providing these services.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

**4:00 Adjourn**

# Conference Schedule

## Wednesday, April 23

### 7:30 Newcomer Registration & Breakfast

### 8:15 Welcoming Comments

### 8:30 Plenary Address

#### **Doctor, Have You Heard of Breaking the Vicious Cycle?**

Russell Cameron, MD, Pediatric Gastroenterologist

Review the role of diet in chronic disease

### 9:30 Break and Exhibits

### 10:00 Concurrent Workshops

#### **D1 Medical Transition of Youth with Special Health Care Needs**

Tisa M Johnson MD

This workshop will focus on identifying effective steps in transitioning youth with special health care needs from pediatric to adult medical care. The barriers to implementation will be discussed and strategies to overcome barriers will be explored.

Primary Track: Pediatric Medical

Secondary Track: Issues in Transition

Practice Level: Beginner

#### **D2 Legal Aspects of Disabilities in the Workplace**

Richard R. Roach, MD, FACP

Will discuss the definition of disability, accommodating disability, and the legal rights of disabled people in the workplace

Primary Track: Adult Medical

Practice Level: Intermediate

# Conference Schedule

## **D3 Understanding Trauma; Reactions, Biology, and Treatment**

Molly Gabriel, MA & Tracy Kroeger, PhD

This talk focus on various forms of trauma and some of the many resulting reactions individuals may experience, including post-traumatic stress disorder and acute stress disorder. Biological implications, risk factors, and treatment options will also be discussed. This talk will apply towards working both with populations with developmental disabilities, as well as with the general public.

Primary Track: Mental Health

Secondary Track: Psychiatry

Practice Level: Intermediate

## **D4 Sensory strategies for individuals with Developmental disabilities, Part 1**

Martha (Marty) J. Farrand OTR

Basic neurology will be provided that explains how three primary sensations (touch, proprioception, and vestibular) can be used to calm and organize the nervous system leading to improved behavior and increased skill development. Example “sensory diets” will be provided and discussed in the second part of this presentation in the afternoon.

Primary Track: Mental Health

Practice Level: Beginner

\*Part 2 of this workshop will be presented at session E4.

## **D5 Housing Alternatives**

Lisa P. Lepine

This session will present different living arrangements, with support, available to individuals using mental health services.

Primary Track: Mental Health

Secondary Track: Issues in Transition

Practice Level: Beginner

## Conference Schedule

### **D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed**

Shelly L Bania, BA, CPC-R, Certified FASD Trainer

Explore the world of FASD beginning with the basics and moving to common characteristics across the lifespan, resulting in a group mapping exercise to visually see the vital role YOU play in the life of a person with an FASD. This workshop will increase your knowledge in identifying a child, adolescent, young adult, etc. that may have an FASD, and more importantly discuss what they may need to succeed across systems and interventions.

Primary Track: On the Front Line

Secondary Tracks: Pediatric Medical, Adult Medical, Mental Health, Psychiatry, Trends, Education, Issues in Transition, Children's Health Care

Practice Level: Beginner

### **D7 Family Support Program - "It Ain't Kids Stuff"**

Deborah Dahlgren, LMSW, Support Coordinator, Children's Waiver Program; Pamela Herrmann, LBSW, Support Coordinator, Children & Family Program; Christine Mary, MA, LLP, Psychologist, Children & Family Program; & Valerie Stefanof, LBSW, MA, LLP, Supports Coordinator, Children & Family Program

The focus of the Children & Family Support Program at MORC is about helping families and their children feel as safe as possible and valued in a world that can be very demanding due to school and public mental health demands as well as the demands created by disabilities and other personal issues. Through the Person & Family Centered Planning process this team focuses on nurturing and supporting parents so that they, as the child's primary teacher, can create a sense of connectedness within the family as well as teaching specific skills. During this session the team will present specific tools, exercises and strategies that help to increase positive interactions and decrease demands by providing structure and routine, planning for transitions, and teaching social and adaptive skills for both the parents and the child(ren).

Primary Track: Mental Health

Secondary Tracks: Children's Healthcare

Practice Level: Beginner

# Conference Schedule

## **D8 Building a System to Support the ASD Waiver Benefit within Current Practices**

Krista Kennedy, MS, LLP, BCBA & Jamesena Ingram, MEd, CAS, ICA

Discussion will be around the requirements/implementation of the autism waiver benefit. As well as, evidence based treatment (EBT), implementation of the EBT, and supervision required/training implications for providing these services.

Primary Track: Mental Health

Secondary Tracks: Education

Practice Level: Intermediate

## **11:30 Lunch**

## **12:30 Concurrent Workshops**

### **E1 Occult Manifestations of Child Abuse in a Vulnerable Population**

Colette A. Gushurst

This workshop will review those findings that are associated with a high degree of concern for physical, sexual abuse, or psychological abuse particularly in vulnerable developmentally disabled population. Resources for referral and further evaluations will be reviewed.

Primary Track: Pediatric Medical

Practice Level: Intermediate

### **E2 Autism 101 for medical practitioners and other interested clinicians**

Mary P. Sharp, MD

Dr. Sharp will provide review of new diagnosis definitions, review of bench research on etiology, demographics of youth population in Michigan, and the principles of vigilance, screening, and referral for early diagnosis and intervention. (EIBI)

Primary Track: Pediatric Medical

Secondary Tracks: Psychiatry, Trends

Practice Level: Intermediate

# Conference Schedule

## **E3 Sisterhood of the Traveling Briefcases**

Sue Brown, COTA/L, BS WED and Mother to a child with a Developmental Disability & Tracy Kroeger, PhD, Psychologist with a specialty in Neurodevelopmental Disabilities

Travel along with two women as they share their respective journeys through the world of developmental disabilities—one planned, the other unexpected—and learn how their parallel paths at times converge, leading to potential enrichment for each of them. The goal is to offer both parents and service providers insight into the similarities and differences in personal v. professional perspectives on parenting, and suggest strategies for managing common challenges encountered by parents of children with developmental disabilities.

Primary Track: Mental Health

Secondary Tracks: On the Front Line, Education, Issues in Transition

Practice Level: Intermediate

## **E4 Sensory strategies for individuals with Developmental disabilities, Part 2**

Martha (Marty) J. Farrand OTR

Basic neurology will be provided that explains how three primary sensations (touch, proprioception, and vestibular) can be used to calm and organize the nervous system leading to improved behavior and increased skill development. Example “sensory diets” will be provided and discussed in the second part of this presentation in the afternoon.

Primary Track: Mental Health

Practice Level: Beginner

\*Part 1 of this workshop will be presented at session D4.

## Conference Schedule

### **E5 Mandela's Last Gift – Creating Access for the Deaf & Hard of Hearing Community**

Sheryl Emery, MA Director Division on Deaf and Hard of Hearing

During the memorial service for Nelson Mandela, the world watched unaware as one of greatest deceptions involving the largest gathering of heads of state unfurled on an international stage. The event generated unparalleled international attention and awareness on Sign Language Interpreters and how easily it is for unqualified individuals to “fake it”. Bringing awareness to the struggle for effective communication and the need for qualified interpreters has been labeled by some members of the Deaf Community as Mandela's Last Gift. The truth is that every day, in every corner of the world unqualified individuals label themselves Sign Language Interpreters. They can be found in schools, courts, employment and mental health situations. Now is the time for organization that do not regularly serve deaf persons to understand what their legal obligations are to this group and how to determine if an individual is actually qualified to interpret. Michigan and other states are establishing Sign Language standards. Appointing authorities face jail time and fines for utilizing unqualified individuals. This is your opportunity to get up to date information and achieve compliance activities in your organization.

Primary Track: Trends

Practice Level: Beginner

### **E6 TBA**

### **E7 Michigan Child Collaborative Care (MC3): An Innovative Care Model to Increase Access to Mental Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and Telepsychiatry.**

Danielle Sackrider, LMSW, Lindsay Bryan, LLMSW

This presentation will share the results of implementation and evaluation of a telephone and telepsychiatry consultation program designed to improve access to psychiatric consultation and improve mental health competencies in primary care physicians. The UM Depression Center in collaboration with primary care consultants and community mental health centers in Northern and Western Michigan, implemented the UM Child Collaborative Care Program (MC3). MC3 aims to improve access to crucial mental health services for children, encourage appropriate use of evidence-based pharmacotherapy and reduce overuse of psychotropic agents in children and increase primary care physician comfort and knowledge and abilities in treating mental health problems.

Primary Track: Pediatric Medical

Secondary Track: Mental Health

Practice Level: Beginner



# Conference Schedule

## **E8 Autism Safety Training – Essential For Every Community**

Sgt. Scott Schuelke & Lisa Grost, MHSA

People with developmental disabilities, including autism, are seven times more likely to be in contact with emergency services in their lives. This encounter could be when someone is misinterpreting an individual's behavior, the person does not understand policies/procedures or when services are being provided by an agency and an unexpected situation occurs. This presentation will provide "hands on" information on how agencies servicing people with developmental disabilities can be proactive with safety interventions, most common on duty situations and the best way to safely and effectively manage it. The session will also include community outreach strategies to increase the safety and support of individuals with autism, as well as, proactive ideas on how to engage emergency responders, community service partners and families. This training has been provided to over 5,000 law enforcement in the state of Michigan.

Primary Track: On the Front Line

Secondary Track: Mental Health, Children's Healthcare

Practice Level: Beginner

## **2:00 Refreshment Break and Exhibits**

## **2:30 Concurrent Workshops**

### **F1 Respiratory care of the patient with neurodisability: an update in the assessment and management**

Myrtha Gregoire-Bottex, MD & Polly Hollenbeck, RT,AeC

A review of the physiology, clinical approach to diagnosis and management of the pulmonary complications of the child with neurologic impairment, neuromuscular disorders and tracheotomy. Will also review newest approach in evaluation and management of the technology-dependent children.

Primary Track: Pediatric Medical

Secondary Track: Trends, Children's Healthcare

Practice Level: Beginner

# Conference Schedule

## **F2 Autism 202 for medical practitioners and other interested clinicians**

Mary P. Sharp, MD

Dr. Sharp will provide review of co-occurring disorders and co-morbidities, and proposed treatment options as well as brief discussion of the adult service system.

Primary Track: Adult Medical

Secondary Tracks: Psychiatry, Trends

Practice Level: Intermediate

## **F3 Creating Links for A Fulfilling Life**

Sue Brown

How to build community to enhance the quality of life for people with disabilities.

Primary Track: Education

Practice Level: Beginner

## **F4 Crucial Conversation Skills for Special Education Meetings**

Cheryl Levine, Program Coordinator, Michigan Special Education Mediation Program

Conversations and planning sessions involving persons with disabilities can be confusing, emotional and pressure filled. Effective communication, even in stressful or emotional conversations, is essential to good outcomes.

When advocating for yourself or others, identifying emotional triggers and sharing information and ideas so others listen can be challenging. This workshop will provide an overview of effective communication techniques and conflict management.

Primary Track: Education

Secondary Tracks: Trends, On the Front Line

Practice Level: Beginner

## Conference Schedule

### **F5 Using Facebook in Professional and Powerful ways Including Connecting with Your Legislators!**

Christy Jane Courtney and Jen Gossett

By using Facebook we can connect and advance relationships, increase awareness, and build our individual brands. Letting our Legislators know where we stand on policies is important! Our state and federal Senators and Representatives are in office to represent us; how will they know which way to vote if we don't give them our opinions and share our stories? During this session, we will learn how to find out who our Legislators are, how find them on Facebook, and how to begin regular conversation with them. If you are new to speaking with your Legislators, don't worry! We will cover how to best word your Facebook messages to your Legislators, go over tips for successful online communication, and show examples of how real people are using Facebook to connect with their Legislators. We will also discuss the differences between profiles, groups, and pages and how to best use each.

Primary Track: Trends

Practice Level: Intermediate

### **F6 Effectively Integrating Data from the Supports Intensity Scale into an IPOS**

Adam Fuhrman, MA, LLPC & Suzanne M. Gipperich BA, LBSW

The Supports Intensity Scale is a semi-structured interview that is being increasingly utilized in Michigan. The SIS looks at the support structure needed for an individual to be successful, just like any other similarly-aged peer, in a wide variety of life activities. In order to best serve these individuals, it is imperative that one knows how best to integrate the information from the SIS into the Individualized Plan of Service. This presentation will include a brief overview of the SIS before walking the participants through a sample SIS Report. The presenters will then use the report to help participants generate sample goal objectives that are meaningful, measurable and attainable – meeting Medicaid standards of medical necessity, amount, scope and duration while maintaining a core of person-centeredness.

Primary Track: Trends

Secondary Tracks: On the Front Line

Practice Level: Intermediate

## Conference Schedule

### **F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status**

Tracy L. Kroeger, PhD

This workshop will review the prevalence and nature of criminal behavior for those with developmental disabilities, but focus upon relevant transitional issues necessary to maximize an individual's successful community reintegration and to facilitate relapse prevention.

Primary Track: Issues in Transition

Secondary Track: Trends

Practice Level: Intermediate

**4:00 Adjourn**

## Poster Presentations

### **P1 Move It To Lose It: Movement for a Healthier Lifestyle**

Dawn Moore, Enclave Supervisor, Peckham, Inc.

The Move It To Lose It program was created to help employees with disabilities live a healthier lifestyle. The program aims to encourage behaviors for healthier food choices, exercise, mental health and overall education on living a healthy lifestyle. It is the hope of the MITLI program to reach out and improve the lives of more persons with developmental disabilities, their family and friends.

Primary Track: Education

Secondary Track: Mental Health

Practice Level: Beginner

### **P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs**

Molly Peabody

This qualitative research partners with the University of Michigan Mott Children's Hospital to explore how iPads and applications can address and support the biopsychosocial needs of pediatric patients. Prolonged hospitalization presents great challenges for ill children. Beyond the obvious biological, or medical needs, hospital personnel must consider the psychological (mental and emotional) and social ( environmental ) implications of being sick or injured. Medical procedures, pharmaceuticals, etc., treat the body, but what about the mind? This study investigates how specific iPad apps can help children manage pain and anxiety while improving their coping and goal setting skills.

Primary Track: Children's Healthcare

Secondary Track: Pediatric Medical, Mental Health, Trends, Education

Practice Level: Beginner

# Conference Info

## Registration

The registration fee includes admission to the conference, program materials, breakfasts, refreshments, and lunches. Confirmation notices will be sent by email.

## Group Registration

A group is three or more attendees whose registration will be on a single check or credit card. Please email [cme@med.wmich.edu](mailto:cme@med.wmich.edu) with any questions about registering your group. Unfortunately, group registrations cannot be paid online.

## Cancellations

All cancellations must be received in writing by fax or email. If you cancel with at least 7 days notice, on or before April 15th, you will receive a full refund of your registration fee. If you cancel with 1-6 days notice, between April 16th and April 21st, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to [cme@med.wmich.edu](mailto:cme@med.wmich.edu) or fax to (269) 337-6268.

## Attire

Since meeting room temperatures and personal comfort levels vary considerably, it is recommended that you dress in layers and bring a sweater.

## Location

The Kellogg Hotel and Conference Center is located on Harrison Road on the campus of Michigan State University. From I-496, take the Trowbridge exit. Turn left on Harrison Road at the first traffic light. After passing through three traffic lights, the Center will be located on the right. For more detail, [click here](#).

## Parking

Parking is available in the parking ramp immediately adjacent to the Kellogg Hotel and Conference Center. Parking passes for free one-day parking can be picked up at the conference registration table on each day of the conference.

## Messages

Messages for conference attendees can be left with the operator at the Kellogg Hotel and Conference Center at (517) 432-4000.

## ADA

To request disability accommodation, please email [cme@med.wmich.edu](mailto:cme@med.wmich.edu) or call (269) 337-4611. Two week's advance notice is appreciated.

For disability accommodation in lodging, please contact the hotel reservations desk.

# Conference Info

## **Photo Release**

A photographer will be present at the Developmental Disabilities Conference. Therefore, please note that any photographs taken at the Developmental Disabilities Conference may be used in future Developmental Disabilities Conference publications, on the Developmental Disabilities Conference website, or in other Developmental Disabilities Conference materials. Attendance or participation in the Developmental Disabilities Conference constitutes an agreement with the Developmental Disabilities Conference by the registrant for the Developmental Disabilities Conference to use and distribute the registrant's image in photographs or other electronic media of such events and activities.

## **Certificates**

Record of Attendance Certificates will be available upon completion of an online evaluation form. Paper certificates will not be distributed at the conference.

## **Educational Accreditation**

### **Physicians**

Western Michigan University School of Medicine is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians.

Western Michigan University School of Medicine designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses**

The MSMS Committee on CME Accreditation is recognized by the ACCME. The Michigan Board of Nursing accepts continuing education credits that are approved by the Accreditation Council for Continuing Medical Education (ACCME).

# Conference Info

## Lodging

[Kellogg Hotel and Conference Center](#), \$97. Reservations may be made by phone at (800) 875-5090 or (517) 432-4000. Reservations also may be made online at <http://www.kelloggcenter.com/>. This rate is guaranteed through March 24, 2014. The Group Rate Code is ADD041414.

[Comfort Inn Lansing](#), \$79. Reservations may be made by phone at (517) 627-8381. This rate is guaranteed through April 7, 2014. Mention the Developmental Disabilities Conference or WMU School of Medicine to receive the group rate.

## Additional Information

For more information, please email [cme@med.wmich.edu](mailto:cme@med.wmich.edu).



Registration Form

Online registration at the individual rate is available at: <http://cmetracker.net/WMUMED/Login?FormName=RegLoginLive&Eventid=23411> . The group rate is only available by mail. You can register by mailing this form to the address below or by faxing it to 269-337-6268. All checks must be mailed to the address below. By registering, you agree to the terms of our photo release policy listed under Conference Info. By registering, you also agree to the cancellation policy listed under Conference Info. No refunds will be issued after the conference begins. Your confirmation letter and links to handouts will be sent by email; please print legibly.

Name \_\_\_\_\_ Title  Mr.  Ms.  Dr.

Degree

MD  DO  RN  PhD  MSW  Other

SW License No \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

This is for my  home  work

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Early Bird Discounts, postmarked by March 18

Individual  \$180, One Day, indicate day: \_\_\_\_\_

\$240, Two Days, entire conference

Group  \$165, One Day, indicate day: \_\_\_\_\_

\$225, Two Days, entire conference

Regular Registration, postmarked by April 8

Individual  \$200, One Day, indicate day: \_\_\_\_\_

\$255, Two Days, entire conference

Group  \$185, One Day, indicate day: \_\_\_\_\_

\$240, Two Days, entire conference

Late Registration, postmarked after April 8 or onsite

Individual  \$220, One Day, indicate day: \_\_\_\_\_

\$270, Two Days, entire conference

Group  \$205, One Day, indicate day: \_\_\_\_\_

\$255, Two Days, entire conference

Lunch Selection

Regular  Vegetarian  Gluten-Free

Credit Type

CME  Social Work  AFC  SB-CEU

Payment Options

Check is enclosed: Check # \_\_\_\_\_

Personal Check

Company Check, payer

Approved Purchase Order form is enclosed

PO# \_\_\_\_\_

Credit Card



Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Signature \_\_\_\_\_

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