

WAYNE YMCA White Pines Day Camp wayneYMCA.org

## AT CAMP, CAN

2014 Summer Camp

#### CAMP OPEN HOUSES

Sunday, February 16 11:00am-2:00pm

Saturday, March 15 11:00am-2:00pm

Saturday, April 12 11:00am-2:00pm

## GENERAL INFORMATION

Wayne YMCA Day Camps provide a safe and enriching environment for children to participate in healthy, developmentally appropriate activities and learning experiences.

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All camps focus on building self-esteem, confidence and social skills while increasing independence and health and wellness awareness. Your child will have fun and make new friends while exploring new experiences.

#### STAFF

We carefully select and screen caring role models who demonstrate a passion for developing confidence and good character in youth. The Y maintains a commitment to a recruiting process that includes comprehensive training and background checks.

#### **HOW TO REGISTER**

Complete the registration form and return the original signed form to the Wayne YMCA. All campers are required to be members of one of the Metropolitan YMCA of the Oranges branches throughout the length of their camp participation. A \$100 deposit per session is required at the time of registration and the balance for all sessions is due in full by May 15, 2014. Payment plans are available.



#### **BEFORE AND AFTER CAMP CARE**

Available at all Wayne YMCA camps, Before and After Camp Care features a variety of activities such as organized games and crafts. Pre-registration is required. Please visit the registration form for Before Camp and After Camp Care times.

#### **FINANCIAL ASSISTANCE**

The Y is accessible to all people. Financial Assistance is available to individuals and families who need our programs and services most. Please call or visit our web site for more information and an application. **Deadline for camp Financial Assistance Application is April 15, 2014.** 

#### **WEEKLY NEWSLETTER**

#### **SAMPLE OF DAILY SCHEDULE**

9:00am	Flagpole, Camp Songs, Daily News, Pledge of Allegiance
9:30am	Activity Period 1 (Archery)
10:30am	Activity Period 2 (Arts and Crafts)
12:00pm	Lunch
1:00pm	Activity Period 3 (Soccer)
2:00pm	Swimming Lessons and Free Swim
3:30pm	Activity Period 4 (Cooking)
4:40pm	Closing Activity, Sign Out

Once camp begins we will email you a weekly newsletter. Contact our office immediately if you do not receive our weekly newsletters.

Refer to our web site for the Parent Handbook and more information, wayneYMCA.org.

# NEW SKILLS

I LEARNED NEW SKILLS

Experiencing a wide range of new and favorite activities, kids learn what interests them and develop new skills and talents. Days are filled with sports, swimming, crafts, performing arts, active games, and more to broaden their horizons.

### TRADITIONAL DAY CAMP

**Iraditional Day Camp** provides a safe and nurturing environment where children have fun, make new friends and explore new activities! All camp activities are exciting with an emphasis on building confidence, self-reliance, problem solving skills, and social skills. With the Y, you can be assured that your child will have a positive environment to play, learn and grow.

#### Campers are grouped as follows:

5-7, 8-10, and 11-13 years old.

#### Activities:

Archery, Arts and Crafts, Basketball, Cooking, Dance, Dodgeball, Drama, Field Games, Fitness, Flag Football, Ga-Ga, Game Room, Nature, Scooters, Soccer, Softball, Street Hockey, Swimming, Tennis, Trips, Ultimate Frisbee, Volleyball, Yoga and more.



#### **SPECIAL EVENTS**

Color War, Freaky Fridays, Wacky Wednesdays, Water Games Day Campers: Ages 5-13 Camp Dates and Hours: June 24 - August 30, 8:45am-5:00pm Before and After Camp Care: Available from 7:15-8:45am and 5:00-6:30pm for an additional cost. See registration form. Camp Lunch Option: \$30 per week Camper to Staff Ratio: 8 to 1 Camp Director: Josh Myers, 973 595 0100 x 280, Jmyers@metroymcas.org

### PERFORMING ARTS SPECIALTY CAMP

I LEARNED TO CHALLENGE MYSELF

Confidence grows in children with each passing day and new adventure. All activities are "challenge by choice." With the support of their friends and Y staff, campers are encouraged to push just a bit beyond their comfort zone and try new things.

**Performing Arts Specialty Camp** gives your child the opportunity to explore the world of performing arts guided by knowledgeable and caring staff. Campers will learn new skills and expand their experiences by performing on a professional stage, they will also spend part of their afternoon enjoying a traditional camp schedule including swim lessons.

#### SHOW CHOIR CONSERVATORY (July 7-18)

Campers will learn pop-rock vocal style and choreography to be presented at the end of the session for parents and friends.

#### DANCE INTENSIVES (July 21 - August 1)

Campers study a variety of dance disciplines such as tap, ballet and jazz. Campers receive more than two hours of quality dance instruction in the morning. The program will culminate in a showcase performance for parents in our state-of-the-art theater.



#### ACT'N YOUTH THEATER ARTS (August 4-22)

Campers will learn the ins and outs of theater production. Professionals from New Jersey's premier children's theater company, Pushcart Players, will teach acting, singing, choreography and theater enrichment. The session will culminate in a production of an original Pushcart Players show.

Campers: Ages 5-13

Camp Hours: 8:45am-5:00pm

**Before and After Camp Care:** Available from 7:15-8:45am and 5:00-6:30pm for an additional cost. See registration form.

Camp Lunch Option: \$30 per week

Camper to Staff Ratio: 8 to 1

Camp Director: Meryl Budnick, 973 595 0100 x 257, Mbudnick@metroymcas.org

## YMCA SUMMER SPORTS ACADEMY

I LEARNED TO BE A TEAM MEMBER

JU

P N N O R

Living and playing as a team is a way of life at camp. Kids celebrate shared achievements and work from each others' strengths. Teamwork is essential for success when playing on a team.

#### SPORTS CAMP (ages 6-12, week 1, 5 and 7)

The YMCA Sports Camp provides a combination of both planned and optional activities to give kids exposure to a variety of sports and recreational activities that build skills and confidence that lead to a lifetime of physical activity and wellness. Our enthusiastic and experienced counselors guide this multi–sport camp to provide a safe and fun environment for kids to play sports they already enjoy as well as try new activities. (Tennis, Wiffle Ball, Soccer, Dodge ball, Basketball, Badmitten, Kickball, Taekwon Do, Swimming, Volleyball, etc.)

#### **SOCCER** (ages 6-12, week 2 and 4)

Get ready for a week of soccer and other sporty fun. Kids play soccer in the morning, where we focus on building their skills and gaining confidence. In the afternoon, they'll enjoy more soccer, tabletop soccer games and more. Each day concludes with a soccer match. Your child will come home happy, tired and ready for more the next day!

#### TENNIS CAMP (ages 6-14, weeks 2-10)

Improve forehand, backhand, overhead smash, lob, serve, and volley techniques. We provide campers with actual play experience that no drill can duplicate. Instructors will focus on each camper to ensure maximum improvement and provide each child with a positive learning environment.

#### BASKETBALL CLINIC (ages 6-12, week 3, 6 and 9)

We will provide personalized instruction and exciting competitive games designed to enhance individual and teamwork skills. Children will be grouped according to age and skill level. The YMCA Basketball coaches stress fundamentals in game situations.



#### **RACQUET SPORTS** (ages 6-14, week 5 and 7)

Camp will introduce children to racquetball, tennis and squash. Our campers learn from experienced coaches in the sport and leave with confidence and a passion to enjoy the sport of a lifetime. Join us this summer for Tennis, Squash, Racquetball, new friends, and the best week of your summer!

#### **PARKOUR** (ages 8-12, week 8)

A physical discipline which focuses on efficient movement around obstacles. Similar to gymnastics and developed in France, this sport teaches participants how to move through their environment by vaulting, rolling, running, climbing, and jumping.

#### FLAG FOOTBALL (ages 6-12, week 10)

Open to children of all ability levels. Camp will focus on individual techniques such as: running with the ball, passing, receiving, creating space, accuracy and timing, running patterns and rules of the game. There is limited physical contact with other children.

Campers: Ages 6-14

Camp Hours: 8:45am-5:00pm

Before and After Camp Care: Available from 7:15-8:45am and 5:00-6:30pm for an additional cost. See registration form.

Camp Lunch Option: \$30 per week

Camper to Staff Ratio: 9 to 1

Camp Director: Shaquan Brown, 973 595 0100 x 279, Sbrown@metroymcas.org

# FRIENDSHIP

#### I LEARNED TO BE A FRIEND

New friendships bloom quickly at camp. Whether kids arrive on their own or bring friends, campers bond quickly as they share common goals, motivate and support each other with new challenges and enjoy songs and skits.

#### **YMCA Summer Play School** is the best preschool camp around! Give your child an unforgettable summer. Our youngsters have the opportunity to learn and explore in a nurturing and loving environment. Located in the comfort of our bright, cheerful, air-conditioned classrooms and fenced-in fully equipped yard, young children have the opportunity to enjoy outdoor activities and cool indoor fun! This program is led by our own experienced professional staff and well supervised by college and high school age assistants. Children are divided into different age groups to maximize their social experiences and to make sure that their activities are age-appropriate.

Activities: Daily swim, indoor fun, music, outdoor play with sprinklers and physical education

YMCA SUMMER PLAY SCHOOL

**Special Events:** Beach party, celebrating America parade, circus parade, Dora the Explorer day, go green treasure hunt, mini Olympics, pajama party, and road rally

**Weekly Themes:** Amazing Animal Week, Beach Week, Circus Week, Ecology Week, Fourth of July Week, Fun and Games Week, Healthy You Week, Imagination Week, Safety Week

#### BEARS (Age 2)

For 2 year-olds who may or may not have been to nursery school before. Designed to promote **early socialization** in a nurturing atmosphere, children will enjoy age-appropriate activities in the classroom and sand and water play in our yard. A daily snack is provided.

#### LIONS (Age 3)

Features outdoor activities including sprinklers and water play as well as climbing and ride-on toys. The classroom is enticing with bright toys and interesting arts and crafts and story time. A **swimreadiness program** takes place at our indoor pool. The program is supervised by our Aquatics staff. **Gym and music classes** are held weekly. Special events, such as Novelty Days and **cultural and nature programs** are included.



#### TIGERS (Age 4)

Children participate in a **daily swim-readiness program** at our indoor pool, supervised by our Aquatics staff. Gym and music classes are held weekly. We also feature **cultural and nature programs.** Daily snack is provided.

#### SUMMERTIME ENRICHMENT

For an additional fee, extend the day through a variety of enrichment classes for children who are enrolled in Lions or Tigers. Children will be escorted to their enrichment group or to their afternoon class. They will enjoy a special curriculum designed for the summer, including cooking, specialized art, and sports. See registration form for times.

Campers: Ages 2-5

Camp Dates: June 30 - August 22

**Camp Hours:** 9:00am-4:15pm – Some camps are ½ day, see registration form for times.

**Before and After Camp Care:** Available from 7:30–9:00am and 4:15–5:15pm for Lions and Tigers only for an additional cost. See registration form.

Camp Lunch: Available for an addtional fee.

Camper to Staff Ratio: 2 year olds: 4 to 1; 3 year olds and 4 year olds: 7 to 1

Camp Director: Alison Dorfman, 973 595 0100 x 247, Adorfman@metroymcas.org

## **CIT PROGRAM**



I LEARNED TO BE A LEADER

**FADERSHIP** 

Teens grow as leaders by planning, organizing and participating in all kinds of activities. Each CIT will be assigned to a group with an experienced Y counselor who models leadership daily, to help his or her group achieve their best. **The Counselor-In-Training Program** teaches teens the skills necessary to be a counselor. Teens get the opportunity to develop leadership and program skills that will hopefully lead to a counselor position in the future. The focus is on small group dynamics, communication skills, teamwork and values clarification. CITs help to organize games and activities with the campers and assist the counselors with daily responsibilities.

To apply, please complete the CIT application including references on our Web site and return it to the Wayne YMCA by April 30, 2014. Upon acceptance, CITs must attend a pre-camp orientation.

#### Leadership • Teamwork • Problem Solving • Guiding Children's Behavior

#### **CITs:** Ages 14-15

Camp Dates: June 24 – August 30 (Choose a 4-week or a 2-week session), Camp Hours: 8:45am-5:00pm Before and After Camp Care: Available from 7:15–8:45am and 5:00–6:30pm for an additional cost. See registration form. Camp Lunch Option: \$30 per week Camper to Staff Ratio: 8 to 1 Camp Director: Josh Myers, 973 595 0100 x 280, Jmyers@metroymcas.org

#### 2014 Wayne YMCA White Pines Day Camp Registration Form

			npleted and <b>re</b>	eturned to	: Wayne YMCA, 1 F	Pike Drive, Wa	ayne, NJ 07470			
	Address							`		
										(14)
		Birth Dat								
Parent/Guardian Na										
	cityCity									
Parent/Guardian Na						Cell #				
Address (if different than										
		City			Work #					
Primary E-mail: E-mail is our primary method or	f communicating	ommunicating camp information, schedules and any r		<b>Secondary</b> possible last minu	Secondary E-mail					
Emergency Notification two additional people who can	be contacted an	d would be a	uthorized to p	ick up your	camper. Photo ID	will be requir	ed.			
				Phone # Relation Phone # Relation						
		-		Phon	e #		Rela	tion		
WHITE PINES DAY CAM	i i i i i i i i i i i i i i i i i i i	1	1	1		ř	i	ř	i	
CAMPS AND WEEKS	<b>Week 1</b> 6/23-6/27	Week 2 6/30-7/3	Week 3 7/7-7/11	Week 4 7/14-7/18		<b>Week 6</b> 7/28-8/1	<b>Week 7</b> 8/4-8/8	Week 8 8/11-8/15	Week 9 8/18-8/22	Week 10 8/25-8/29
Traditional Day Camp	1		1				1		1	
Choose your session	Session 1		Session 2	2 - \$600	Session 3	-	□Session 4	- \$600	Session	5 - \$600
Counselor-In-Training (CIT)		□\$60	00			□\$6	00		□\$300	
Performing Arts Special	y Camps		1			1		1		
Show Choir Conservatory			□\$7	00						
Dance Intensives					□\$70	0				
Act'n Youth Theater Arts								□\$995		
YMCA Summer Sports Ac	ademy				Tennis		Tennis			
Choose a Sport \$310 per Week	Sports Camp	Tennis Soccer	Tennis Basketball	Tennis	Racquet Sports	Tennis Basketball	Racquet Sports	Tennis	☐Tennis □Basketball	Tennis
Add-ons available for th	e above camp	5.								
Lunch Option: \$30 per week	☐ Yes	Yes	Yes	🗌 Yes	Yes	☐ Yes	🗌 Yes	Yes	Yes	□Yes
Before and After Camp Care AM \$75, PM \$75, Both \$125	□ AM □ PM □ Both	□ AM □ PM □ Both	□ AM □ PM □ Both	□ AM □ PM □ Both	M □ AM □ PM □ Both	□ AM □ PM □ Both	AM DPM	□ AM □ PM □ Both	□ AM □ PM □ Both	□ AM □ PM □ Both
YMCA Summer Play School		Sess	ion 1	S	iession 2	Ses	sion 3	Sess	ion 4	All
Bears - 2 by 6/30/14	Facility Member	□ \$24	7.50		\$247.50	□ \$2	47.50	□ \$24	7.50	\$990
9:00am-12:00pm, T & Th	Program Member	\$297.50		\$297.50		\$297.50		\$297.50		\$1,190
Lions - 3 by 10/15/14 9:00am-2:00pm, M, W & F	Facility Member		2.50		\$472.50		72.50	· · ·	2.50	\$1,890
	Program Member		551		\$551		551		51	<b>\$2,204</b>
Lions - 3 by 10/15/14 9:00am-2:00pm, M-F	Facility Member Program Member		)7.50 		\$607.50 \$731		07.50		7.50	\$2,430
<b>Tigers</b> - 4 by 10/15/14	Facility Member		□ \$731 □ \$731		\$731		<b>\$731</b>		\$731 \$731	
10:00am-4:15pm, M-F	Program Member	\$832.50		□ \$832.50		□ \$832.50		\$832.50		\$2,924
Before and After Camp Care ( AM \$75, PM \$50, Both \$110	(Lions and Tigers)	AM DPM	□ AM □ PM □ Both	□ AM □ PI □ Both		□ AM □ PM □ Both	🗆 AM 🗆 PM 🗆 Both	□AM □PM □Both	□ AM □ PM □ Both	
Swim Tech				Add Ti	raditional Camp	for only \$20	00 a week.			
Choose a stroke (\$125 per wee	⊵k)		□ Freestyle	□ Backstrok	ce 🗆 Butterfly	Breaststroke	Starts and Turns	□ Freestyle/ Backstroke	Breaststroke/ □ Butterfly	Starts     and Turns
PAYMENT SUMMARY										
Membership Fee: \$80 individe			\$			Camp Balanc	e Due \$			
(Required of all campers. Must be a current member through 9/1/14)		•		I authorize you to charge my balance due to my credit card on 5/15/14.						
•		\$		Signature:						
Give the gift of camp, donate to the Camp Assistance Fund.		\$		-	zation for EASY PAYMENT plan: five equal credit card payments on the 15 <sup>th</sup>					
Total for Camp (Membership + Camp fee + Donation) Deposit due at registration (\$100 per session of camp)		\$		of each month, starting 1/15/14. (only available if register before 1/15/14 balance due by 5.			ue by J/ IJ/ 14j			
Check#		_		Signature:						
(Please make check payable to the Wayne YMCA)				ard #	rd # Exp. Date					
Name of card holder (Print):				Sig	Signature:					

#### 2014 Wayne YMCA Summer Camp Registration Form

(One form per child, please print - MUST be completed and returned to: Wayne YMCA, 1 Pike Drive, Wayne, NJ 07470 or Faxed to: 973 595 5234)

Your child's medical insurance carrier:	Group Policy #	#:
Current Immunization: Vaccinations are required by the N can not use records already on file with the Wayne YMCA, a Please list only the most recent dates below: Diphtheria, Tetanus, Pertussia (DPT): / / Measle Turberculin test given: / / Results:	nd the information must be updated each y	year for licensing purposes.
Medications to be administered at camp must be in originarian parents or doctor on a Permission to Medicate Form. C	ampers may not carry medication at an	y time.
Reasons for the above medications:		
List any current medications (prescription and over the cour	nter):	
If Yes, attach a release from the doctor attesting to the chil	d's emotional fitness to attend camp.	
Has your child received any psychiatric or counseling therap	ies - 🗌 Yes 🗌 No	
Are there any activities your child should be restricted from		
List any current or past medical treatment that would affect	t your child's day at camp:	
List any current allergies or dietary restrictions:		
HEALTH HISTORY		
Camper's Name: First	Last	Gender M /
	<b>cumed to:</b> wayne mich, i nike brive, wayne, no e	

Name of Physician:

Name of Dentist:

#### **Parent/Guardian and YMCA Agreement**

Phone #:

Phone #:

**RULES FOR ACCEPTANCE AND PARTICIPATION IN CAMP** – are the same for everyone without regard to race, color, national origin, sex, age or disability. It is understood that all campers will be treated as individuals and respect will be shown for differences in tastes, preferences, abilities and range of behavior patterns. The Y reserves the right to dismiss a child from camp whose special needs we are not able to meet or whose conduct is not in the best interest of the total camp — without refund.

#### Initials\_

**CURRENT MEMBERSHIP AND A \$100 DEPOSIT PER SESSION ARE REQUIRED UPON REGISTRATION** – The registration deposit fee is applied to the total camp bill. REFUND POLICY: deposit fees are non-refundable and non-transferable. It is understood that in the case of dismissal or voluntary withdrawal, THERE ARE NO REFUNDS OF CAMP FEES AFTER MAY 15, 2014. If it is deemed advisable to dismiss a camper for medical reason, one-half of the unused portions of the session will be refunded.

#### Initials\_

Initials\_

**DISCIPLINE POLICY** – I will review and reinforce the camper conduct and other camp policies with my child prior to the start of camp. Discipline at the Y is handled with much care and thought. Redirection and positive reinforcement are used to help children understand proper behavior. Campers not following the conduct policy may be suspended or expelled from camp with no refund.

**OTHER FEES** – should they occur, include: \$35 for changes in registration after May 15th; a late pick-up fee of \$15 per 15 minute interval starting from your child's scheduled pick up time: \$35 for returned checks: and \$50 surcharge for late payments after May 15th – (if your child's spot is not opened up to the wait list). All requested changes, transfers, and/or credits must be submitted in writing.

#### Initials\_

**PERMISSION TO TREAT – INFORMED CONSENT –** By signing this agreement, I believe that my child is qualified physically, mentally and emotionally for camp and understand there is some risk involved in all physical activities. I agree to place my child in the care of the camp staff, subject to its program policies. I give permission for him/her to take part in all camp activities and field trips. In the event the responsible parents/guardians cannot be reached, I give my permission to the medical personnel selected by the camp to transport, hospitalize, secure proper treatment for, and to order injections, x-rays, routine tests, anesthesia or surgery for my child and to release any records necessary for treatment, referral, billing and insurance purposes.

#### Initials\_

**PHOTOGRAPHY POLICY** – I give the Y permission to use any and all photographs taken of my child in camp activities in Y publicity. The Wayne YMCA values the privacy of its members. No photos or video of any type are to be made of any camper or staff person without the consent of the Y Staff. This includes the use of cell phone cameras. As a result, Wayne YMCA Day Camps expressly prohibit cell phone use of non-Y phones.

#### Initials\_

I have read all of the above information and I am fully aware of all of the terms and principles contained herein. All questions have been answered to my satisfaction. I agree that certain activities at the Y have risks which are inherent to the activity. No insurance has been included in membership or program fees. I further agree to indemnify and hold harmless the Y from any claims or demands arising out of any such injuries and losses.

## **SWIM TECH CAMP**

**Swim Tech Camp** is dedicated to helping serious swimmers work on stroke development, conditioning, and preparation for the upcoming swim team season. Swimmers will benefit from stroke clinics, instructional videos, stretching and conditioning exercises. This camp is perfect for the competitive swimmer or for those looking to become a competitive swimmer. **Limited to 30 campers per week.** 

Prerequisite: Must have advanced swimming ability. (Fish level or above)

#### Swimmers: Ages 8+

#### Camp Dates:

Week 3: July 7-11	Freestyle
Week 4: July 14-18	Backstroke
Week 5: July 21-25	Butterfly
Week 6: July 28 - August 1	Breaststrok

Week 7:	August 4-8	Starts and Turns
Week 8:	August 11-15	.Freestyle/Backstroke
Week 9:	August 18-22	Breaststroke/Butterfly
Week 10	: August 25-29	.Starts and Turns

**Camp Hours:** Each day consists of dry-land in the gym, 3:30–4:00pm and stroke development in the pool, 4:30–5:30pm.

Experience Camp All Day! Add Traditional Camp to your child's Summer for only \$200 a week. Before and After Camp Care is available for an additional cost. See registration form. Camp Director: Vlad Popel, 973 595 0100 x 227, Vpopel@metroymcas.org

#### I LEARNED TO SET GOALS

The thrill of accomplishment is within reach for every child, every day at camp. Counselors guide kids in setting and reaching goals that fit their unique abilities, as well as motivate and encouraged campers to achieve their group's goals.



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

WAYNE YMCA 1 Pike Drive, Wayne, NJ 07470 P 973 595 0100 F 973 595 5234 wayneymca.org



In an environment created just for you, each person is empowered to strengthen relationships by participating in a wide variety of activities designed to build lasting memories. At camp, magic happens. Join us.

#### SUMMER CAMPS (Grades 2-11) (June-August)

- Traditional Sleep-Away
- Environmental Trips for Challenge (E.T.C.)
- Ranch Camp
- Specialty Camps
- Counselor In Training Program (C.I.T.)

#### ENVIRONMENTAL EDUCATION (August-June)





The Environmental Education program provides a once-in-a-lifetime experience for students. Leave the classroom and explore the Kittatinny Ridge: a three-mile hike to the highest point of our facility. Along the way, students gain valuable insight and experience a brief section of the renowned Appalachian Trail.

P You

#### FAMILY AND SPECIALTY WEEKENDS (August-June)

Family Camp Weekends • Mother/Daughter Weekend Father/Son Weekend • Father/Daughter Weekend Mother/Son Weekend • Women's Wellness Weekends Guy's Weekend

Visit our web site to view our Adult and Family Weekends Brochure for Dates, Rates and more...

#### FAIRVIEWLAKEYMCA.ORG