

# BLUE & GOLD

## SOFTBALL CAMP INFORMATION

Elite Fall Softball Camp

November 23-24<sup>th</sup>, 2013

1:00-5:00pm (Saturday)

AND

10:00am to 2:00pm (Sunday)

Includes: Skill Development and Live Games

Cost: \$140.00

Tulsa softball staff and players will instruct campers on the advanced skills and fundamentals for defensive play and offensive philosophy and strategy on the advanced level during the Saturday section of the camp. In the Sunday session, we will be putting the girls into teams and creating live game situations. Participants eligible for the camp are high school varsity players only. If you were not on the varsity team the previous season, please bring a referral from your High School coach stating you will be on varsity. The camp format will cover the below topics on Saturday, with live game situations on Sunday. Parents are welcome to watch both sessions of the camp. Check in will be 30 minutes prior to the start of each day of the camp.

We are looking for a total of somewhere between 30-36 athletes to participate in this camp. This camp will be filled on a first come, first serve basis and you can reserve your spot by filling out the bottom portion of this registration form and getting it back to us along with your payment. If weather does not permit us to be outside on Sunday, then we will flip the format and have the games on Saturday and the skill instruction on Sunday.

### Offensive Coverage

Tulsa softball staff will instruct campers on TU's philosophy of hitting. We will cover fundamentals of hitting, bunting, slapping, and drills to improve your bat speed and power. This part of the camp will also provide hitters with the mental approach to help be a successful hitter and discover the TULSA's hitters' walk.

### Defensive Coverage

Tulsa softball staff will instruct campers on advanced skills and fundamentals for defensive play. This includes throwing, fielding (infield and outfield), positional work, and situations for all players. There will also be skill training and tips for improving pitchers.

### Additional

- \*Home to first times
- \*Catcher Pop Times
- \*Live game action

To reserve a spot please fill out the registration form and mail it in with payment. A \$85.00 non-refundable payment must be sent to secure a spot. Checks, money orders or cash are accepted. No credit card payments available. Spots are limited to first come, first serve. If you have any questions please call Brooke Smart, Assistant Coach & Camp Coordinator, @ 918-631-2741 or email: [Brooke-Smart@utulsa.edu](mailto:Brooke-Smart@utulsa.edu). Please make checks payable to **Brooke Smart**: (Mail to) Athletics Softball: 800 S. Tucker Dr. Tulsa, OK 74104

*The Blue and Gold Softball Camps are an independent commercial enterprise and are not sponsored by the University of Tulsa; open to any and all entrants limited only by number, age, gender, and/or grade level.*

# BLUE & GOLD

REGISTRATION FORM  
Elite Fall Softball Camp  
November 23-24<sup>th</sup>, 2013

NAME: \_\_\_\_\_ GRAD. YEAR: \_\_\_\_\_ AGE: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Parents' Names: (Mother) \_\_\_\_\_ (Father) \_\_\_\_\_

Home Address: (Street Address) \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_  
(Zip code) \_\_\_\_\_

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## INSURANCE INFORMATION

Insurance Provider: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation to Camper: \_\_\_\_\_

Telephone # in Emergency: \_\_\_\_\_

*I hereby state that the Blue and Gold 2013 Softball Camp is not responsible for any pre-existing injury or recurrence of any undisclosed pre-existing injury or illness of the below camper. I also authorize the directors of the Blue and Gold camp to act for me according to their best judgment in any emergency requiring medical attention. I further acknowledge that TU or anyone else associated with the Blue and Gold Camp will not be liable for any damage from injury or illness sustained at the Blue and Gold Camp.*

Camper's Name: \_\_\_\_\_

Signature of Parent: \_\_\_\_\_

Date: \_\_\_\_\_

Medical Conditions described (or attach):

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## SOFTBALL INFORMATION

Club Ball Team: \_\_\_\_\_ Club Ball Coach's Name: \_\_\_\_\_

Positions Played: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Bat: L / R Throw: L / R High School: \_\_\_\_\_ Coach's Name: \_\_\_\_\_

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