

WELCOME LETTER

Prior to attending registration, all participants need to have NHYFSC registration forms completed. These registrations forms can be found at the following link: http://www.nhyfsc.org/playerreg.htm

NHYFSC FORMS

NHYFSC Folder Front

• NHYFSC Folder Rear

NHYESC Medical Clearance

All participants are required to provide all of the following documents and pay all fees before they will be allowed to pick up equipment/uniform or participate. The following Nashua Crusaders form can be found at the following link:

www.nashuacrusaders.com

REGISTRATION FORMS

- Equipment Agreement
- Birth Certificate
- Medical Release Form
- Volunteer Agreement

- Parental Code of Conduct
- Rules and Regulations
- Fundraising Agreement
- Final Report Card (2 copies)

Waiting List

In the event a team roster is full, a waiting list will be created. Please complete all of the registration paperwork as required. You will be contacted as soon as a position on the team becomes available. Fees will be collected at this time.

Physicals

New Hampshire Youth Football and Spirit Conference require all children to have an updated annual physical. A physical form must be completed by the physician within the current year (must be dated after Jan. 1, 2014) and must be stamped with the physician's name, address, date, and doctor's signature or seal on it. Any participant without a current physical form on file will not be permitted to participate in practice or games. Please call for an appointment as soon as possible. If we do not have a physical form before the first day of practice, the participant will not be allowed to take the field.

TIME COMMITMENT

The first day of practice will begin Monday, July 28, 2014. Prior to the start of school, there will be approximately 10 hours of practice per week. Once school begins, practice time is decreased to 6 hours a week. It is important your child be prompt for practices and games since there is a lot to learn. Please inform us now if you think you may have vacation plans in August.

There are eight games in the regular season, generally starting the last weekend in August, skipping Labor Day weekend and then seven more thereafter. Games are on Sundays and the game day schedules are determined by New Hampshire American Youth Football Conference. Game times are confirmed by Thursday night prior to Sunday's games. The players and spirit participants are generally required to be at the game field one hour prior to game time. If a team makes the playoffs, there will be additional games.

Practices

It is important to arrive to practice on time. It is your responsibility to coordinate a ride home from practice for your child/children if you choose to leave the field. Practices for all spirit teams, flag football and tackle football grade 3, 4, 5, & 6 teams will be held at Pennichuck Middle School, 207 Manchester Street, Nashua, NH. Practices for tackle football grades 7 & 8 will be held at Nashua High School South, 36 Riverside Street, Nashua, NH. The practice schedule for each team is set individually by the coaching staff.

Games

You will receive a schedule and directions for away games as they occur from your team parent or coaching staff. Most home games will be held at Stellos Stadium, 7 Riverside St, Nashua, NH with one potential home game (Columbus Day weekend) being held at Artillery Field, Artillery Lane (located alongside of Holman Stadium). As stated above, the game schedules are controlled at the state level – patience/flexibility is key. Games typically start between 8am and 9am. Subsequent games occur every 2 hours for the remaining teams. Game information can be retrieved from the Team Parent or Coaching Staff. Game Locations/Directions can also be found on our website: www.nashuacrusaders.com

Spirit Competition

Spirit competitions begin in late October. All spirit teams have the potential to compete at at least four spirit completions. The amount of competition in which a team will compete will be determined by each team's coaching staff. All teams will compete at the NHYSFC state competition usually held the last weekend of October and will take place at SNHU Fieldhouse, 2500 N. River Rd, Manchester, NH. This is an all-day event. All competition information will be Tickets handed out at the appropriate time by the team parent or coaching staff.

FINANCIAL COMMITMENT

A non-refundable registration fee is required: Spirit and Tackle Football: 1st child \$150, \$75 for each additional child in the program, Flag participants registration fee will be \$100. In addition to the registration fee there will be an equipment/uniform deposit in the form of a post-dated check in the amount of \$200 for football/spirit and \$50 for flag. The equipment/uniform deposit is required for each child. All checks should be made payable to "Nashua Elks Crusaders" and dated for December 1, 2014. Bank fees will be assessed for each returned check from your bank and our bank. Payment will then be required in cash or money order only. Registration fee and uniform deposit fees are to be paid at registration – no exceptions.

*The refundable deposit is an equipment/uniform deposit. All equipment and/or uniform per family needs to be returned at one of the return dates. Multiple return dates will be scheduled and all post-dated deposit checks will be given back upon return of your equipment. Deposit checks will not be given back for any equipment/uniforms returned after the return date, unless other arrangements have been made. Furthermore, participants will not be permitted to register the following season if any equipment/uniform is still outstanding.

*Limited Financial Assistance is available for qualified candidates. For more information please contact Karin Zalzal, Treasurer at kzalzal@myfairpoint.net.

Uniforms are loaned to all participants. Game day pants/jersey and spirit uniform are to be worn for authorized games only. Crusaders football players may wear their game day jerseys to school and Crusaders spirit participants may wear either their warm-jackets, a crusaders jersey/ any Crusaders attire (available for purchase) ONLY on Fridays. Spirit uniforms are NOT to be worn to school or any other time except on game days and authorized Crusader events. Additional items that need to be purchased are:

Flag football players

- Black short/pants for game day
- Cleats

Football players

- Black Socks for game day
- Athletic supporter
- Practice Jersey
- Football cleats. (Removable cleats are acceptable, but cannot be metal.)
- Girdle

Spirit participants

- White cheer sneakers
- Socks
- Briefs
- Body suit
- Warm-up Suit

Football Equipment/Spirit Uniforms

You are responsible for returning the uniform in CLEAN AND REUSABLE condition at the end of the season. A cleaning or replacement fee will be assessed if your return results in anything other than reasonable wear and tear. For more information refer to the uniform policy above as well as the details found in the Equipment Agreement under Return Process and Financial Obligations.

VOLUNTEERING AND FUNDRAISING COMMITMENT

In order to have a successful program, we depend on the program participants and family members to volunteer time. Each team chooses a volunteer team parent who will coordinate and assign the various duties required throughout the season.

Volunteer activities include (but are not limited to):

- Team photographer
- Team game day writer (for the Kids Sports news section of the Nashua Telegraph)
- Scorekeeper
- Game Announcer
- 50/50 Ticket Sales (Home Games)
- Concession/Merchandise assistance (Practice Field & Home Games)
- Chart MPR's (minimum plays required) for each football player (Home & Away)
- Participate on a 3-person chain crew measuring offensive yards
- State Spirit Competition (positions to be announced at a later date)
- Football Play-off games (positions to be announced at a later date)

Your registration fee pays for approximately 1/3 of the per player expenses for each season. In order to keep registration costs down and keep the program functioning, each family is required to participate in two mandatory fundraising activities, which will be determined. A fundraising buyout will be available at the registration.

Thank you and welcome to the Nashua Crusaders!



Medical Release Form (Please Print Clearly)

give permission for any member		in of (child's name)	o seek medica	al attention for my
child should he/she become inju			O SEEK IIIEUICE	a allention for my
crilia sriodia rie/srie become inju	ied wille i aili dilavalla	DIC.		
Participant's Name:		Participant's Date of		
•		Birth (mm/dd/yy):		
Is this your child's first year with	Yes No	School Name/ Grade		
the Crusaders?	If no how many years	for the 2014-2015		
	(including this season)	school year:		
	has your child been a			
	participant of the			
	Crusaders?yrs.			
Complete Address (including			Home	
city, state and zip):			Phone:	
1st Parent/Guardian's Name:			Cell Phone:	
Email Address:			Work	
			Phone:	
2 nd Parent/Guardian's Name:			Cell Phone:	
Email Address:			Work	
			Phone:	
Primary Insurance Company:			Group #:	
Family Physician:			Phone:	
Hospital Preference:				
Allergies/Medication:				
			T	
Emergency Contact Name and				
Relationship				
My signature on this form allows	medical treatment for r	my child only in the eve	ent that I have	been unable to be
reached by a member of the Na	shua Crusaders and in	cases of emergency o	nly.	
•			•	
Parent/Guardian Signature		Date		
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EQUIPMENT AGREEMENT

Each year football participants and cheerleaders are issued Nashua Crusaders Football and Spirit Association (hereinafter, referred to as NEC) equipment/uniform required to participate on our teams. Unfortunately, we experience difficulty in collecting returned equipment/ uniforms from some participants which results in lost equipment and the necessity to absorb the replacement costs.

All participants will be required to read and sign this "Usage Agreement" in order for your child/children to receive their equipment/uniform. This agreement defines the responsibility of the parents (or responsible party) and participant as well as the consequences for not properly taking care of the equipment/uniform assigned to you and/or if equipment/uniform is not returned.

Assigned Equipment/Uniform

Each participant will be assigned the following NEC equipment:

Football

- Helmet
- Game Jersey
- Pants (Game & Practice)
- · Pads (Shoulder, Rib, Hips/Coccyx, Thighs, Knees)
- Belts (Game & Practice)

Spirit:

- Skirt
- Vest

Maintenance Requirements

Parents/Guardians are required to keep equipment/uniform clean and in good condition for the entire season. Game pants/jersey and cheerleading uniform are to be worn for **authorized games only**. Football players may wear their game day jerseys to school and Spirit participants may wear either their warm up jackets, a crusaders jersey/ any Crusaders attire (available for purchase) **ONLY** on Fridays. Spirit uniforms are **NOT** to be worn to school or any other time except on game days and authorized Crusader events. Practice uniforms should be cleaned once a week at a minimum.

Return Process and Financial Obligations

NEC will notify the Parents/Guardians of equipment/uniform return dates. Parents/Guardians will be responsible to return the assigned equipment/uniform (washed and cleaned) at the assigned times or make other arrangements with the Football Equipment Manager or Spirit Uniform Manager. The Parents/Guardians will be held accountable for the replacement cost of any lost or stolen equipment/uniform during the entire season.

In the event the issued equipment/uniform or a part thereof is not returned at the scheduled time, the following actions will be taken;

- 1) A notice for "overdue" equipment will be sent to the parent, guardian, or designated custodian of the participant(s) along with an invoice of a late fee for \$40. After the 7th day the deposit check will be deposited.
- 2) The parent, guardian, or designated custodian will be invoiced up to \$200 or more for replacement of said equipment/uniform after 30 days.
- 3) The participant will not be allowed to register for the following season until all fees are paid in full. Failure to pay in full may result in the participant being permanently banned from the NEC program.
- 4) Failure to comply with this agreement may result in legal action.

Usage of Football equipment outside of official NEC practices, games and or events

If you are using NEC equipment for a camp not hosted by NEC, the participant and parent/guardian or designated custodian assumes all risks and liabilities associated with the event and all borrowed equipment.

I am confirming that I have read and understand this document and agree to its terms by signing below. By signing this document you agree to the terms outlined above.

Participant Name (Print)		
Parent/Guardian Name (Print)	Parent/Guardian Signature	Date



Fundraising Agreement

Your registration fee pays for approximately 1/3 of the per player expenses for each season. In order to keep registration costs down and keep the program functioning we require fundraising.

There are two (2) **MANDATORY** fundraisers for the regular season and one (1) **MANDATORY** **post season fundraiser.

- 1. **Raffle Calendars** Each Spirit and Football participants will be required to sell twelve (12) calendars at a cost of \$5 each or purchase the calendars yourself. All calendar raffle money will be due by August 14, 2014.
- Scratch Cards Each Spirit and Tackle Football participant will be required to have one scratch card completed. Total amount collected from scratch cards is \$100. Anyone who participates and makes a donation will receive a coupon book.
- 3. **TBD** Each Spirit and Tackle Football participant moving forward to regionals **MUST** participate in post season fundraising. This fundraiser will be determined on number of teams moving forward to regionals.

*All fundraisers are mandatory; however, during registration you may choose to "Buy Out" of both regular season fundraisers for \$130. You may also choose to buy out each individually, the raffle calendar "Buy Out" is \$65 and the scratch card "Buy Out" is \$65. Please keep in mind the option to "Buy Outs" will only be offered at the time of registration.

**Post season fundraising is only for the teams (football and spirit) forward to regionals. There is no "Buy Out" option for this fundraiser due to the fact that we cannot foresee which team/teams, if any will move forward to regionals.

Any participant that has not met all fundraising requirements by the second game of the season will be required to sit out of all practices and games until this obligation has been fulfilled.

Any participant that has not met all post season fundraising requirements will not be allowed to participate in any regional and/or national competition/game until the obligation has been fulfilled.

For more information in regards to fundraising please contact Beth Cummings, Fundraising Coordinator at peachz1552@hotmail.com.



REGISTRATION FUNDRAISING BUY-OUT OPTION

(This option is only available on the date of registration)

In lieu of participating in the two (2) Mandatory Fundraisers, I am opting to pay the registration fundraising out. Payment of these funds ensures that my child,, has me the regular season fundraising requirements.	•
I am opting to buy out of:	
Raffle Calendar for \$65	
Fundraising Scratch Card for \$65	
I understand that all teams that make the post season will be required to participate in an additional fundraiser. Additional fundraisers will be added as deemed necessary, and this buy-out option does NOT include post season fundraising requirements. I, also understand there is not a buy-out option for any post season fundraisers. By signing below I am acknowledging and agreeing to the terms listed above.	
Parent/Guardian Signature Date For any questions in regards to fundraising you may contact Beth Cummings, Fundraising Coordinator at	



Obligation Agreement

agree to become part of the team as a volunteer season and five (5) hours during the post seasor	of (Child's Name):, . I agree to fulfill the obligation of ten (10) hours during the n (if necessary). I understand that the Nashua Elks Crusaders inteers to make this association available to the children, and ure success.
Parent/Guardian Signature	 Date



Nashua Crusaders Parent Code of Conduct

As a member of the Nashua Crusaders, I pledge and agree to the following:

- 1. I will provide positive support, care and encouragement for all children participating in youth sports.
- 2. I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at all games, practices or organizational events.
- 3. I will place the emotional and physical well-being of the children ahead of my personal desire to win.
- 4. I will support the parents/coaches/officials/board members working with the children in order to encourage a positive and enjoyable experience
- 5. I will remember that the game is for the youths, NOT adults.
- 6. I will do my very best to make youth sports fun for the children.
- 7. I will encourage all the children to treat other players, coaches, fans and officials with respect.
- 8. I will follow all rules and regulations at all Nashua Crusaders functions and if I fail to do so I am aware the Nashua Crusaders Board of Directors have the right to impose any of the following sanctions listed in the Behavior and/or Violence section of the Parent Code of Conduct.
- 9. I agree to follow the Chain of Command should an issue arise that I am not comfortable with or do not understand/agree with in the following manner:
 - I will address the situation verbally or in writing with the Head Coach. If unresolved;
 - I will address the situation verbally or in writing with the appropriate coordinator. If unresolved;
 - I will address the Board of Directors in writing. If unresolved;
 - I will address New Hampshire Youth Football and Spirit Conference in writing
- 10. I am aware that any anonymous letters/emails cannot and will not be responded to.
- 11. I agree and am aware that I am responsible for the actions of my guests and will make sure they abide by the Nashua Crusaders Parent Code of Conduct as well.
- 12. I agree I will not post any videos/pictures of games/routines until after the season has ended.
- 13. I will refrain from mean and cruel comments in emails, phone calls, conversations while at any game, competition and/or NHYFSC event or any social media network sites as I am and my child is a member of the organization and it does not represent the organization well.
- 14. I will refrain from posting negative comments on any social media outlets (personal page or not) such as Facebook, Instagram, Myspace, YouTube, Twitter, etc. in regards to any coaching staff (head & assistant coaches and student demonstrators), board members, teams and/or the Nashua Crusaders Organization as whole. I understand this behavior is frowned upon and may lead to a sanction. If I have any issues I will follow the proper Chain of Command.

Behavior and/or Violence

The Nashua Crusaders Board of Directors has the right to impose one or more of the following sanctions toward any Parent(s), Legal Guardian(s) or Individual(s) who becomes verbally abusive or violent.

- 1. Probation for one or more games and practices for the duration of the probation and balance of the season.
- 2. Suspension for one or more games, in which the individual is not allowed at games or practice for the duration of the suspension for the duration of the probation and balance of the season.
- 3. Refuse to register or to bar during the season children of violent parents or legal guardian only after the above sanctions have been followed or in extreme cases.

A child's participation in Football/Spirit is a privilege and not a Constitutional Right. Therefore, as long as the sanctions are based solely on the actions of the violator and not based on sex, color, religion, etc., it is not considered discrimination.



Rules and Regulations

The Nashua Crusaders Board of Directors has the right to impose one or more of the following sanctions toward any Parent(s), Legal Guardian(s), Participant(s) or Individual(s) who violate any of the below rules and regulations. The sanctions are as follows:

- 1. Probation for one or more games and practices noted by a written notification.
- 2. Suspension for one or more games, in which the individual is not allowed at games or practice for the duration of the suspension noted by a written notification.
- 3. Refusal to register, or to bar during the season, children of violent/abusive parents or legal guardian only after the above sanctions have been followed or in extreme cases.

The Nashua Elks Crusaders have adopted the following rules to be followed at practices, games and functions associated with the Nashua Elks Crusaders hereinafter, referred to as NEC.

- Swearing/derogatory language is prohibited at all times when representing the NEC.
- Use of drugs/alcohol/tobacco is prohibited at all NEC functions to include smoking at games/practices.
 Additionally, any Football/Spirit participant found with and/or using drugs, alcohol or tobacco products at any NEC function will be removed from the program immediately.
- Failure to keep spirit uniforms neat, cleaned, pressed as well as any destruction of the uniform/equipment is prohibited.
- Physical or verbal abuse is prohibited.
- Uncooperative (bad attitudes and cliques included) behavior or willful disrespect towards any person is prohibited.
- Use of any electronic device during any practice, game or competition is prohibited.

If you will be late or absent to a game/practice, you are responsible for contacting the team parent or coach to notify them of your situation. If an emergency arises before a game, that prevents your child/children from participating that day and you are not able to contact someone on your coaching staff; you can call the Coordinator or a Board Member as soon as time allows.

The undersigned have read the above commitment, rules and regulations, and will abide by them:

Participant's Signature	Date
Parent/Guardian Signature	Date



DOCUMENTATION ACKNOWLEDGEMENT

My child, _____ and I have read, acknowledge, and will comply with the below list

of NEC documents.		
	DOCUMENTS	INITIALS
	Rules and Regulations	
	Parent Code of Conduct	
	Equipment Agreement	
	Fundraising Agreement or Scholarship Fundraising Agreement	
	Obligation Agreement	
	Acknowledgement to Financial Agreement	

For future reference, all documents can be found at: www.nashuacrusaders.com

Date

Parent/Guardian Signature



Acknowledgment and Consent to a Financial Agreement and Credit Card Authorization for Uniform Deposit

I,, parent/guardian of
understand this agreement is between the Nashua Crusaders and myself.
I understand I am fully responsible for the return of all borrowed football equipment/spirit uniform and must be returned on time during one of the designated return dates. If I fail to make it to the return dates I understand it will be my responsibility to contact the appropriate equipment/uniform manager
I understand all borrowed items need to be returned immediately if my child drops from the program.
I understand the required deposit amount is \$200.
I understand and agree if I fail to return any borrowed items or if any items are ruined/destroyed/lost the Nashua Crusaders has my permission to cash the equipment/uniform deposit check or charge my debit/credit card.
Please check the form of payment
Posted-dated check
Credit/Debit Card
I have read, understand and agree to the financial agreement.
Signature: Date:
Name as it appears on the credit/debit card:
Full Mailing Address:
Email Address:
Cell phone number:
Type of card: Visa MasterCard American Express Discover
Credit/Debit card number:
Exp. date: 3-4 digit security code:
How would you like to receive your receipt: Mail Email Text



Estimated Football Expenses (per child)

The estimated cost are not covered by Financial Aid

(Mandatory) Football Cleats (no metal)	\$15-\$100
(Mandatory) Girdle	\$20-\$50
(Mandatory) Black Game Day Socks	\$5-\$10
(Mandatory) Athletic Support	\$15-\$20
Practice Pants	\$20-\$50
Practice Jersey	\$15-\$20
Additional Mouth Pieces(s)	\$10
Purple Football Bag	\$35
Igloo Half Jug Water Cooler	\$10
Coaches end of season Thank You gift	\$10
Team Parent end of season Thank You gift	\$5-\$10
Nashua Crusaders Apparel	Varies – will be available online, at practices and games

The above costs are some additional fees that you may incur throughout the football season. There may be other expenses not listed depending on each team and coach. Some may not apply to you as well. Practice pants and a t-shirt is required and needed at all times. Please do not wear tank tops of any kind. Shorts and a t-shirt may be worn for the first two weeks during conditioning. Football cleats must be worn at all times.

During the season your team parent will be keeping you informed of any information that you need. Volunteering at our home games for chains, mpr's, announcing and scoreboard will be required so <u>please offer your assistance</u> when asked. Each parent signs an obligation agreement at registration to ensure we ALL do our part to assist in keeping our organization running strong. Regular and Post Season Fundraisers are mandatory, however; parents have the option of "buying out" of the regular season fundraiser. No "buy out" option is given for any post season fundraisers. PLEASE be sure your child completes his/her fundraiser and turns in the orders/monies **ON TIME** so that he/she does not have to sit out until it is turned in.

Attendance is **EXTREMELY** important, as this is a **TEAM** sport. Every participant plays a vital role and if one participant isn't dedicated to their involvement it will affect the entire team. **PLEASE** be sure your child makes it to ALL practices or if they are unable to make it please inform the coaching staff in a timely manner. Remember the coaches are here as volunteers and will be dedicated to your child's team please be sure to do your part in making this season a success.

Thank you for your continued support!

Lori Cummings NEC President 603-305-2324 lcummings | 022@comcast.net



Estimated Spirit Expenses (per child)

The estimated cost are not covered by Financial Aid

(Mandatory) all White Cheer Sneaker (Mandatory) Black Bodysuit (Mandatory) Warm-up Jacket (Mandatory) Warm-up Pants (Mandatory) Clear Rain Jacket (Mandatory) Purple Briefs (Mandatory) Participant Comp Tee (Mandatory) Cheer Bows Competition Socks (must be all white) Purple Cheer Bag Practice Tee Practice Shorts Competition Parent Tee Coaches end of season Thank You gift Team Parent end of season Thank You gift Lunches for competitions (2-3) Competition Admission tickets Parking at competition Competition Photos Competition Apparel	\$30-\$60 \$20 \$30-\$50 \$25-\$50 \$10-\$15 \$10-\$12 \$15 \$10-\$25 \$5 \$20 \$10 \$10 \$15 \$10 \$15 \$10 \$5-\$10 \$15-\$20 for each competition \$10-\$20 for each competition \$0-\$20+ Varies depending on the venue \$5-30+ Varies depending on vendor \$20-\$60+ varies depending on vendors
Competition Apparel Competition Flowers	\$20-\$60+ varies depending on vendors \$10-\$30 varies depending on vendors
Nashua Crusaders Apparel	Varies – will be available online, at practices and games

The above costs are some additional fees that you may incur throughout the cheer season. There may be other expenses not listed depending on each team and coach. Some may not apply to you as well. Practice wear is not required to purchase but appropriate attire is needed at all times. Shorts and a t-shirt is perfect, please do not wear basketball shorts or tank tops of any kind. Cheer sneakers should be worn at indoor practices **ONLY** to keep them in good condition for competitions; tie-style athletic sneakers are perfect for outdoor practice. Please no fashion sneakers or skater sneakers.

During the season your team parent will be keeping you informed of any information that you need. Volunteering at our home games for banner making, merchandise table and 50/50 raffle will be required so <u>please offer your assistance</u> when asked. Each parent signs an obligation agreement at registration to ensure we ALL do our part to assist in keeping our organization running strong. Regular and Post Season Fundraisers are mandatory, however; parents have the option of "buying out" of the regular season fundraiser. No "buy out" option is given for any post season fundraisers. **PLEASE** be sure your child completes his/her fundraiser and turns in the orders/monies **ON TIME** so that he/she does not have to sit out until it is turned in.

Attendance is **EXTREMELY** important, as this is a **TEAM** sport. Every participant will have their part in the competition routine and if one person isn't dedicated to their involvement it will affect the entire team. **PLEASE** be sure your child makes it to ALL practices or if they are unable to make it please inform the coaching staff in a timely manner. Remember the coaches are here as volunteers and will be dedicated to your child's team please be sure to do your part in making this season a success.

Thank you for your continued support!

Kim Patenaude NEC Spirit Coordinator 603-718-2652 kimstg@yahoo.com