

Sponsors

We are very grateful to our sponsors for their support of this event.

Voltarol 
THE JOY OF MOVEMENT

Future Events

Make sure you keep these dates clear by putting them in your diary now!

The ever popular and largest event in our calendar takes place at the Royal Albert Hall in London:

The Royal Albert Hall 5 June 2010

Next year, Concordat will be hosted by the South West Region at Wroughton, Swindon.

Concordat 10/11 July 2010

Don't miss out next year!

All information was correct at the time of printing

Directions

Travelling on the M1 from the north or the south take junction 15 off the motorway



Hotel Information

The Marriott Hotel

Eagle Drive, Northampton, NN4 7HW

01604 768700

Quote **KFA** for special rate £89 twin or double including breakfast. Early booking is advised.

The Friday evening gala dinner will be held in this hotel.

Premier Inn

Northampton South, Wootton, NN4 7JJ. 0800 2428000

Innkeepers Lodge

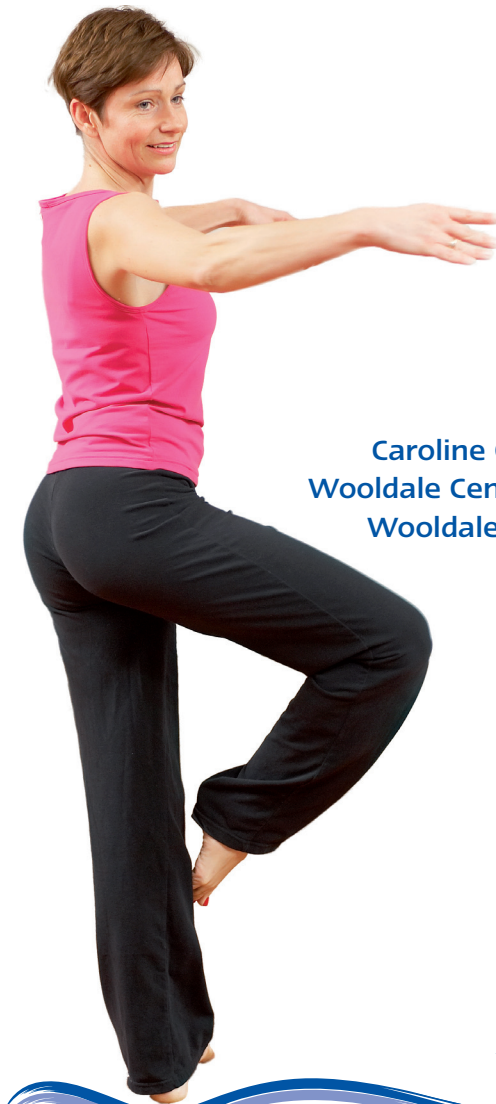
Northampton South, NN4 0TG. 08451 551551

No special rates at these hotels. Please ring the hotels for prices.

Kfa

52nd National AGM
of the
Keep Fit Association

Saturday
3 October 2009
10 am to 5 pm



Caroline Chisholm School
Wooldale Centre for Learning
Wooldale Road, Wootton
Northampton
NN4 6TP

Hosted by...

Kfa
East Midlands

Welcome

The East Midlands is delighted to welcome you to Northamptonshire, the Rose of the Shires, for the 52nd National KFA AGM

There will be plenty to fill your day:

Workouts covering the full range and diversity of the KFA brands

Championship teams, regional and area teams and Youth Moves teams.

We look forward to seeing you there!

Ticket Prices

	In advance	On the door
Members (remember to bring your membership card)	£7.00	£8.50
Non-members	£10.00	£11.50

Further Information

Should you require any further information, please contact:

Kate Swinscoe
60 Greenland Crescent
Chilwell
Nottingham
NG9 5LB
0115 943 0403
kate@hotdust.com

Programme for the Day

Start	End	
9.00 am	10.00 am	Team rehearsals
10.00 am	10.30 am	Doors open
10.30 am	11.15 am	Fit Moves with Frances Dickins
11.20 am	12.05 pm	Creative Moves with Lisa Terry
12.05 pm	12.45 pm	Lunch light refreshments available to purchase, or bring your own packed lunch
1.00 pm	2.30 pm	AGM
2.45 pm	3.30 pm	Dance Moves with Jackie Stocchino
3.45 pm	4.50 pm	Team displays
	5.00 pm	Close

Application Form

Name

Address

Postcode

Email

Phone

Members.....tickets @ £7 each = £.....

Non-members.....tickets @ £10 each = £.....

Friday Gala dinner..... @ £28 each = £.....

Total £.....

Ticket applications to Kate Swinscoe.

Make cheques payable to East Midlands KFA. Please ensure you enclose the correct amount.

Please send with a SAE to Kate Swinscoe (contact details are in bottom far left panel).

Dinner at the Marriott Hotel

If you are attending the dinner at the Marriott Hotel we require you to choose your menu by the 31 August at the latest.

Please send a SAE or e-mail your request for a menu to Kate.