



## IT'S OUR TURN

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Hello Participants,

Thank you for supporting our veterans and Team RWB. What better way to show support than spending the day engaged in physical activity with your community! It is going to be a lot of fun.

Here is what you need to do to participate in the 12 hour relay:

1. Get a team of 12 students together.
2. Pick a team name and a team captain.
3. Each team must identify an adult chaperone (likely one of your parents) for the event and provide contact information for that person.
4. Each team member must complete the permission slip, waiver and medical release form. **The form requires a parent signature.**
5. Each team member is asked to pay a \$15 registration fee. This will cover a meal ticket, unlimited water, and a T-shirt for the event. If you can, find a company or store to sponsor your team. **Please make all checks payable to Team RWB.**
6. Captains: Have your team fill out the form on the outside of the white envelope. Please print clearly. T-shirts are men's sizes. Circle the size that you want. Enclose \$15 per person (\$180 for the team).
7. Return the envelope and forms to Mrs. Ewald in the office. Mrs. Ewald is the athletic assistant. There will be large envelopes for you to put your forms and money in.
8. Spread the word! The more teams, the more fun and the more money we can raise for Team Red, White & Blue!

If you have any questions please contact Traci Zell at [traci.zell@gmail.com](mailto:traci.zell@gmail.com) or Kathleen Kennedy at [kathleen.kennedy@teamrwb.org](mailto:kathleen.kennedy@teamrwb.org)



**IT'S OUR TURN**

**3<sup>rd</sup> ANNUAL TEAM RWB REGISTRATION  
12 HOUR RELAY  
5K Fun Run  
May 31, 2014**

**THIS FORM IS REQUIRED FOR PARTICIPATION. PARENT SIGNATURE IS REQUIRED.**

Please return this form to: RBHS – Team RWB 13010 Paseo Lucido, San Diego, CA 92128

**RULES/ PERMISSION/ WAIVER**

1. Students who are pre-registered for the event with a signed Permission/Waiver Release may attend.
2. Student photo ID is required at check-in.
3. Rules of Student Discipline in the Poway Unified School District apply.
4. Parent/Guardian will be called and required to pick-up their student if these rules are violated. In the event that a parent can't be reached, the student will be separated from the other attendees until the end of the event.
5. Student's personal items may be searched by Event Security at check in for items prohibited by rule #3.
6. No bottles, cans or thermoses may be brought in. Food and beverages will be provided to students during the event.
7. Students should wear appropriate active clothing, athletic shoes and bring a jacket or sweatshirt.
8. Students should be picked up no later than 10:30PM May 31<sup>st</sup>. Parent/Guardian should park in the student parking lot.

I/We have carefully read and signed this agreement and fully understand its contents. I/We are aware that this is a release of liability and a contract between Rancho Bernardo High School (RBHS), Poway Unified School District (PUSD), volunteers, vendors and agent(s) of each of the foregoing, acting officially from any and all claims or liability resulting from or arising out of the Team RWB 12 Hour Relay activities.

All students will adhere to the Rules of Student Discipline in the Poway Unified School District. I/We understand this event will observe a zero tolerance policy and that each student may be subject to search for illegal and inappropriate items.

I/We hereby permit the school, and or news media to print photograph or record the student named below on the PUSD web pages, RBHS website, newspaper articles, and television programs.

|  |        |                |
|--|--------|----------------|
| Student Name ( Print First and Last):              |        | Student Cell#: |
| Student Signature:                                 |        | Date:          |
| Student Allergies/ Medical Conditions/Medications: |        |                |
| Parent/Guardian (Print First and Last):            |        |                |
| Parent/Guardian Signature:                         |        | Date:          |
| Parent/Guardian Home Phone#:                       | Cell#: | E-Mail:        |



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Team Name: \_\_\_\_\_

Captain: \_\_\_\_\_ Name: \_\_\_\_\_  
email: \_\_\_\_\_ email: \_\_\_\_\_  
Shirt size: \_\_\_\_\_ Shirt size: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_  
email: \_\_\_\_\_ email: \_\_\_\_\_  
Shirt size: \_\_\_\_\_ Shirt size: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_  
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Name: \_\_\_\_\_ Name: \_\_\_\_\_  
email: \_\_\_\_\_ email: \_\_\_\_\_  
Shirt size: \_\_\_\_\_ Shirt size: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Parent Chaperone: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_