MPMC 2nd Annual 5 miler

Health and Fitness Expo

The MPMC (Montgomery, Peters, Mercersburg Connectivity) goal is to build community vibrancy and enhance public spaces by connecting people and places with safe routes for pedestrians and bikers

The MPMC 5 mile event and Health/Fitness Expo will be held Saturday, June 16, 2012 8 am-12 pm to recognize fitness and wellness throughout Franklin County.

Expo participants will learn about proper running techniques, fitness options, and nutrition.

Mark Roschon from Newton ("Newton Natural Running") will be at the Expo!

Sponsorship Opportunities

1 complimentary race entry Run for Racing Space in Health/Fitness Expo (\$250) Verbal recognition at event •Business logo included on event t-shirt Recognition in participant packets Business name included on Run For Fitness event t-shirts (\$100) Recognition in participant packets Recognition in participant Run for Fun packets (\$50) Space at Health/Fitness Expo Health/Fitness Expo (\$100)

Event Organizers:





a subcommittee of:







For more information, contact: Danielle Fox,717-860-5920 danielle.fox67@vahoo.com

or visit us online at: mpmcproject.weebly.com/ and mac4wellness.org

Company Name:				
Contact Name:		 		
Address:	 	 		
Phone:	 	 		
Email:				
Fax:				

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Run for Fitness \$100

Run for Fun \$50

Health/Fitness

Expo \$100

Return form to:

MPMC % Danielle

% Danielle Fox 5344 Fort Loudon Road Mercersburg, PA 17236

Checks payable to MACWell

Business Logo sent to danielle.fox67@yahoo.com