

# Workbook - 2009



# Some things to reflect on when sharing a room.

Cleanliness: How do you like your room to appear? Clean and tidy? Decent but not spotless?

Study environment: Do you need a quiet environment to study? When do you study?

**Use of your Possessions:** Are you okay with someone borrowing your things? What things are you willing to share?

**Stereo**/**TV:** When do you watch TV? Listen to the stereo? What type of music do you listen to? Are there any shows you watch regularly?

**Communication Style:** When you are stressed how do you respond? What do you need when you are upset? Are you comfortable with approaching those with whom you disagree? How do you approach that person?

**Socializing:** How often do you go out? Are you going to be around on the weekends? What do you like to do for fun?

**Guests and Visitors:** Will you have overnight guests? How comfortable are you with your roommate having overnight guests? When? How often? What gender of overnight guests are you comfortable with?

**Sleeping:** When do you go to sleep? When do you get up? Are you a light or heavy sleeper? What is OK for your roommate to do when you are sleeping in the room? What is not okay?

Room Temperature: Do you like the room hot/cold? Do you like the window open?

**Safety & Security:** What are some important considerations you have when thinking about the safety and security of your self and your belongings (I.e. locking your door when you are not in your room, not having people in your room when you are not home, etc.)?

### **ROOMMATE AGREEMENT FORM**

Communication is the single most important factor in building a good roommate relationship. Many times roommates assume that they know how the other feels. Therefore, they do not discuss issues like the use of personal belongings or how the room will be used. These assumptions are not always correct and can lead to conflict. The Roommate Agreement will help you and your roommate begin the process of discussing issues that have been found to be sources of conflict. Once potential conflict is identified, it can be resolved through compromise before a major problem begins.

#### Instructions:

- Read and complete each item.
- Each roommate should make his/her individual response. Being honest will save time now and minimize hurt feelings later.
- If responses are different, discuss that difference and try to reach an understanding of that issue that both roommates can live with.
- Write down your agreements. If there are things not listed in the contract that you feel may be important to you, write them down and discuss them too.

After the document is signed, place it in an envelope and give it to your Resident Assistant for safekeeping. You can request its return as needed and always renegotiate items by mutual agreement as necessary.

If problems arise, start with discussion. If you want a mediator, utilize your RA or Resident Life Coordinator.

 Roommate A Name (Please Print)

 Roommate B Name (Please Print)

 Roommate C Name (Please Print)

 Roommate D Name (Please Print)

#### I. Use of Each Others Belongings

#### Roommate A

You may use these possessions of mine:

(Yes)	(No)	(Ask Fi	irst)	(Yes)	(No)	(Ask
			Stereo/tapes/discs			
			TV/VCR/DVD			
			Clothes			
			Personal care items			
			Computer			
			Appliances (microwave, etc.)			
			Furniture (bed, couch, etc.)			
			Food			
П						

#### Roommate C

You may use these possessions of mine:

Roommate D

You may use these possessions of mine:

(Yes)	(No)	(Ask Fii	rst)	(Yes)	(No)	(Ask Fii	rst)
			Stereo/tapes/discs				Stereo/tapes/discs
			TV/VCR/DVD				TV/VCR/DVD
			Clothes				Clothes
			Personal care items				Personal care items
			Computer				Computer
			Appliances (microwave, etc.)				Appliances
			Furniture (bed, couch, etc.)				Furniture
			Food				Food

#### Roommate B

You may use these possessions of mine:

	(Yes)	(No)	(Ask Fi	rst)
				Stereo/tapes/discs
				TV/VCR/DVD
				Clothes
				Personal care items
				Computer
.)				Appliances
				Furniture
				Food
	_	_	_	



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#### II. The Use of Our Room Roommate A

Prioritize how you would use your room:

(1 = most,	3 =	least)	
Clooping			

Sleeping \_\_\_\_\_ Studying \_\_\_\_\_

Socializing

I expect to go to bed by:\_\_\_\_\_ I expect to get up most mornings by:\_\_\_\_\_ I usually take naps at:\_\_\_\_\_ I plan to study in the room at:\_\_\_\_\_ I plan to socialize in the room at:\_\_\_\_\_

If one roommate is 21 or older, will alcohol be allowed in the room? **Yes No** 

#### **Roommate C**

Prioritize how you would use your room: (1 = most, 3 = least) Sleeping \_\_\_\_\_ Studying \_\_\_\_\_ Socializing

I expect to go to bed by:\_\_\_\_\_ I expect to get up most mornings by:\_\_\_\_\_ I usually take naps at:\_\_\_\_\_ I plan to study in the room at:\_\_\_\_\_ I plan to socialize in the room at:\_\_\_\_\_

If one roommate is 21 or older, will alcohol be allowed in the room? **Yes No** 

#### Roommate B

Prioritize how you would use your room: (1 = most, 3 = least) Sleeping \_\_\_\_\_ Studying

Socializing \_\_\_\_\_

I expect to go to bed by:\_\_\_\_

I expect to get up most mornings by:\_\_\_\_ I usually take naps at:\_\_\_\_\_ I plan to study in the room at:\_\_\_\_\_ I plan to socialize in the room at:\_\_\_\_\_

If one roommate is 21 or older, will alcohol be allowed in the room? **Yes No** 

#### Roommate D

Prioritize how you would use your room: (1 = most, 3 = least) Sleeping \_\_\_\_\_ Studying \_\_\_\_\_ Socializing \_\_\_\_\_

I expect to go to bed by:\_\_\_\_\_ I expect to get up most mornings by:\_\_\_\_\_ I usually take naps at:\_\_\_\_\_\_ I plan to study in the room at:\_\_\_\_\_\_ I plan to socialize in the room at:\_\_\_\_\_\_

If one roommate is 21 or older, will alcohol be allowed in the room? **Yes No** 

When we would like to use the room for different purposes at the same time, we will compromise as follows:

#### **III. Visitors**

#### Roommate A

Visitors will be allowed when:

- I'm not trying to sleep
- I am home and not studying
- I am not home
- П

Visitors of the opposite gender are:

- Okay anytime
- Okay whenever I'm not sleeping
- Only at certain times
- Not okay

#### Roommate C

Visitors will be allowed when:

- l'm not trying to sleep
- □ I am home and not studying
- I am not home
- □ \_\_\_\_\_

Visitors of the opposite gender are:

- Okay anytime
- Okay whenever I'm not sleeping
- Only at certain times
- Not okay

#### Roommate B

	Visitors	will	be	allowed	when:
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- I'm not trying to sleep
- I am home and not studying
- I am not home

Visitors of the opposite gender are:

- Okay anytime
- Okay whenever I'm not sleeping
- Only at certain times
- Not okay

#### Roommate D

Visitors will be allowed when:

- I'm not trying to sleep
- I am home and not studying
- I am not home

□ \_\_\_\_\_

Visitors of the opposite gender are:

- Okay anytime
- Okay whenever I'm not sleeping
- Only at certain times
- □ Not okay

When conflicts arise, we will compromise as follows:

#### IV. Care of Our Room

Please indicate who will be responsible for the following tasks and when will they be done.

	Rmte A	Rmte B	Rmte C	Rmte D
Empty trash				□
Vacuum carpet				□
Dust				□
Wash dishes				
Other				
Other				□

If the condition of the room becomes a concern for any roommate, we agree to resolve that concern by:

#### V. Security of Our Room

Your keys must be carried with you at all times! To ensure the safety and security of your room you should also lock your door anytime you leave. Please discuss the situations in which the door should remain unlocked while you are not in the room (i.e. socializing in the hall, etc.):

#### VI. Personality Style

Roommate A
My mood most of the time is

**Roommate B** My mood most of the time is . . .

Something that is likely to annoy me is	Something that is likely to annoy me is .					
Times when I would prefer to be left alone	Times when I would prefer to be left alone					
My idea of relaxing after being tense is	My idea of relaxing after being tense is .					
Something that will usually cheer me up is Something that will usually cheer me up						
Roommate C My mood most of the time is	Roommate D My mood most of the time is					
Something that is likely to annoy me is	Something that is likely to annoy me is .					
Something that is likely to annoy me is Times when I would prefer to be left alone	Something that is likely to annoy me is . Times when I would prefer to be left alone					

## Additional comments and/or issues not covered in this agreement and suggestions on how we will address them:

#### VII. Conclusion

You and your roommates have now had a chance to establish some policies and guidelines that should help you build a positive working relationship. If problems do occur, you and your roommate should make an effort to solve the problems between yourselves. If you cannot settle the matter, then consult the Resident Assistant for the appropriate steps to resolve the dispute.

At all times you must remember that as a Campus Village resident, you are to abide by all rules and regulations as outlined in your Resident Handbook.

We, as roommates, enter into this agreement in good faith. We fully intend to abide by all policies that we have made. We also agree to be flexible and to revise this agreement as it becomes necessary.

Failure to adhere to this agreement may result in appropriate student conduct action.

Roommate A(Signature)	Date
Roommate B	Date
(Signature)	
Roommate C	Date
(Signature)	
Roommate D	Date
(Signature)	
Room #	
Staff Member	Date
(Signature)	