

Dance Team Permission Slip and Expectation Sheet

- ❑ Practices will be held on Tuesday, Wednesday and Thursday mornings from 6:50-7:45 AM. Participants are expected to arrive on time and start stretching. There will **NOT** be practice if there is a delayed start due weather.
- ❑ Participants are expected to dress down in workout type pants/shorts and wear dance or tennis shoes. Participants not wearing appropriate attire will not be allowed to practice/perform that day. It is recommended that they come to practice in their workout clothes to save time. Dancers must also wear their hair up at practice in a pony-tail.
- ❑ A practice calendar will be given to each participant on the first practice each month. Optional evening practices will be made available. Hours are usually 6:00-7:30 at Tumwater High School. We have 3 scheduled in preparation for the Falcon Dance Team's first performance: October 17th, 24th and November 7nd. Dress rehearsal will be on November 9th from 7:30-8:00 with their performance on November 10th as close to 1:00 as possible (not before).
- ❑ All dance participants must have athletic clearance in order to participate.
- ❑ Participants are **expected to attend all practices** and spend time at home working on routines and stretching.
- ❑ Participants are **expected to participate and attend all scheduled performances** and follow the BMS athletic code. Dancers will perform routines in the hip hop, pom and jazz genres.
- ❑ Participants missing three scheduled practices or performances without a written excusal from their parent/guardian will be dismissed from the team.
- ❑ It is an honor to be on dance team and because it is a highly visible activity, participants will present themselves as positive role models both in and out of uniform.
- ❑ Uniform payments are due at the Monday, October 1st fitting meeting at Bush in the commons from 6:00-7:00 PM. Please make checks payable to BMS.
- ❑ Feel free to call Coach Hille if you have any questions. 709-7444 or kim.hille@tumwater.k12.wa.us

_____ has my permission to join the Bush Middle School Dance Team. I realize that it is my responsibility to provide transportation to and from practices/performances and I understand and support the expectations as outlined above.

Parent Signature

Date

Dancer Signature

Date