



Diabetes Self Management Education Program Registration Form

**If you have any questions about the program or registration process,
call (813) 307-8015, extension 7107 or 7103.**

Information:

Diabetes Self Management Education provides the tools, education and support to help you better manage diabetes.

Additional Details:

- Participants must be diagnosed with diabetes to attend class (one adult family member or support person may attend with participant).
- Classes are FREE.
- Classes are led by a Certified Diabetes Educator or licensed health care professional.
- Groups meet 1 hour per week for 8 weeks.
- Following completion of the program, we will follow up with your physician about your program completion and progress.

To Register:

1. Complete the registration form.
2. Email, mail, or fax the form to Hillsborough County Health Department.
3. Classes will be offered throughout Hillsborough County but the exact location, dates and times of each 8-week session will vary. Once you have completed this form a staff member will contact you.
4. Before attending your first class, obtain a copy of your most recent diabetes laboratory results from your provider and bring this information with you to class. (A1C, Blood Glucose, Lipid Panel)

Participant Information:

Last name			First name			M. I.			Address:		
									City:		
									Zip Code:		
Phone Number:						Email Address:					
Diagnosis:						Preferred Class Location:					
<input type="radio"/> Type 1 diabetes						<input type="checkbox"/> Plant City					
<input type="radio"/> Type 2 diabetes						<input type="checkbox"/> Town 'n Country, Tampa					
						<input type="checkbox"/> Ruskin					
						<input type="checkbox"/> Sun City Center					
						Other: _____					
						Preferred Time: <input type="checkbox"/> Weekday <input type="checkbox"/> Evening <input type="checkbox"/> Weekend					
One adult family member or support person will be attending classes with me. <input type="checkbox"/> Yes <input type="checkbox"/> No											

Comments or other information your classes instructor should know:

Email:			Mail:			Fax:		
Melanie Gibson, RD,LD/N, CDE melanie_gibson@doh.state.fl.us			Hillsborough Co. Health Department Community Health Division Attention: Registered Dietitian P.O. Box 5135 Tampa, FL 33675-5135			Hillsborough Co. Health Department Community Health Division Attention: Registered Dietitian		
Barbara Roberts, MS, RD, LD/N Barbara_roberts@doh.state.fl.us						Fax: (813) 307-8071		