

## Sample Letter

Dear Parents:

A student in your child's class has a food allergy to \_\_\_\_\_.

As many as 1.5 million Americans have food allergies, including approximately 6 million children. Food allergies can be potentially fatal, and there is no cure. The only way to avoid a reaction is to completely avoid the offending food.

We know that many parents like to celebrate birthdays and other occasions with special treats. We encourage parents to celebrate with non-food items such as stickers, pencils, themed erasers, or other trinkets, rather than food. Any food that is sent in to share with students should be pre-packaged and contain an ingredient label. Please give these items to your child's teacher for distribution.

Please instruct your child to not share food with other classmates unless a teacher gives approval to do so.

To learn more about food allergies, you may visit Food Allergy & Anaphylaxis Network's website, [www.foodallergy.org](http://www.foodallergy.org)

Thanks in advance for your cooperation. We look forward to a great school year!

Sincerely,

Principal