

# Present Tense with Nancy

## Confidential Client Information

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #'s (home): \_\_\_\_\_

(mobile): \_\_\_\_\_

(work): \_\_\_\_\_

Receive Text?  Y/  N Service Provider: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Birthday: \_\_\_\_\_ Anniversary: \_\_\_\_\_

(All information is private and will never be sold)

How did you hear about us? (Please Check)

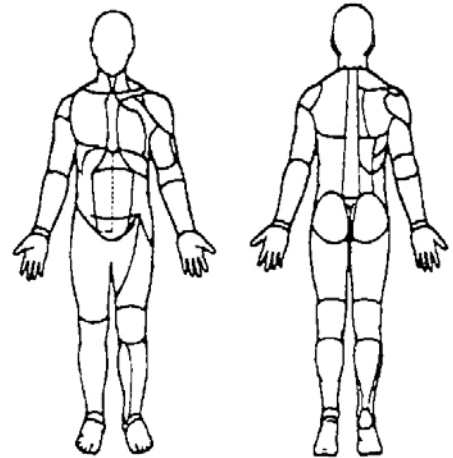
Spa Finder  Facebook  Internet: Other \_\_\_\_\_  Drove By

Coupon Book  Friend/Family: \_\_\_\_\_

Full name for referral credit

Are you interested in learning about the Membership Program?  Y/  N

What type of Massage Pressure do you prefer?  light  medium  deep



Front

Back

Please indicate the areas where you are feeling tightness, tension or pain.

### Health History (Check all that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Congestive Heart Failure                            | <input type="checkbox"/> Osteoporosis           | <input type="checkbox"/> Medications/blood thinners: |
| <input type="checkbox"/> Varicose Veins                                      | <input type="checkbox"/> Pregnancy: _____ weeks | _____  |
| <input type="checkbox"/> Cancer <input type="checkbox"/> In remission        | <input type="checkbox"/> Allergies: _____       | _____  |
| <input type="checkbox"/> Diabetes <input type="checkbox"/> Insulin dependant | _____   | <input type="checkbox"/> Recent Injuries/Surgeries:  |
| <input type="checkbox"/> Fibromyalgia  | _____   | _____  |
| <input type="checkbox"/> High Blood Pressure                                 | _____   | _____  |

### Skin Conditions (check all that apply)

- |  |   |
|--|---|
| <input type="checkbox"/> Acne                | <input type="checkbox"/> Oily                           |
| <input type="checkbox"/> Sensitivity         | <input type="checkbox"/> Dryness                        |
| <input type="checkbox"/> Rashes              | <input type="checkbox"/> Flakiness                      |
| <input type="checkbox"/> Abnormalities       | <input type="checkbox"/> Tightness                      |
| <input type="checkbox"/> Sunbathe SPF: _____ | <input type="checkbox"/> Irritation from shaving/waxing |



Please indicate areas of concern.

### Daily Activity

What type of skin care products are you currently using?  Soap  Toner  Cleanser  Scrub/Peel  
 Moisturizer  Other: \_\_\_\_\_

What temperature of water do you cleanse with?  Cold  Warm  Hot

How much plain water do you consume daily?  < 2 cups  2-4 cups  5-7 cups  8 or more cups

I understand that the massage therapy given here is for the purpose of stress reduction, relief from muscular tension or spasms, and/or for increasing circulation and relief from stiff joints. I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. I take it upon myself to update my therapist regarding any changes in my condition. I confirm to the best of my knowledge that the information I have given is correct and that I have not withheld information that may be relevant to my treatment. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and that I will be liable for payment of the scheduled appointment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_