

PATIENT PATHWAY TO SURGERY CHECKLIST

Please use this checklist to make sure that you have completed the necessary steps toward bariatric surgery. If you have any questions along the way or want to check on the status of your chart, please call your patient advocate, _____, at (501) 778-7300.

Attend Seminar. Date: _____ Time: _____

Check employee handbook and/or call insurance company to determine if Gastric Bypass (Procedure Code 43644), Laparoscopic Adjustable Band (Procedure Code 43770), or Sleeve Gastrectomy (Procedure Code 43775) is a "covered benefit".

Schedule Appointment with Bariatric Coordinator: Date: _____ Time: _____

A \$300.00 processing fee will be paid at appointment with Bariatric Coordinator before insurance processing and testing is arranged. This processing fee is a deposit held against your upcoming surgery. Once processing begins this fee is non-refundable if you do not complete surgery in the timeframe allowed. This processing fee will, however, be applied to any deductible, co-pay or out-of-pocket charges applied to the surgeon fee and any refunds will be processed after insurance has paid for your surgery.

To do BEFORE my appointment with Coordinator:

- Go to our website, WeightLossCenterAR.com, go the bottom right corner and click on the box "download important forms", print out and complete all documents. Once you have completed the documentation please fax the only the first two documents - Patient Information (one page) and Health History Questionnaire (nine pages) - to our office. Do not fax the other supporting documents. Bring all the original documentation (#1-#11), even the pages you have already faxed, to the office for your first appointment. We will then be able to schedule your Coordinator Intake Appointment. The information from those two forms must be entered into the computer before your appointment.
- Request a letter from Primary Care Physician stating their support for bariatric surgery. A sample letter can be found on our website. This letter can be sent directly to our office.
- Call Primary Care Physician to order medical records supporting weight loss attempts and weight history if required by insurance. You can use the Request for Medical Records form from the website. These records can be sent directly to our office.

To do DURING my appointment with Coordinator:

Schedule Psychological appointment, diagnostic studies (lab work, chest x-ray, EKG, pulmonary function test, echocardiogram, stress test, sleep study, etc.), initial consultation with dietitian and with Dr. Gornichec. All testing will be scheduled through our office. Additional testing will be scheduled if necessary.

There will be three evaluations with a Registered Dietitian: 1) Initial evaluation (20 minutes), 2) Pre-Op Class (1.5 hours), and 3) Follow-Up evaluation (30 minutes). Patient will pay an up-front fee of \$120.00 at initial consultation for these evaluations.

Attend support group meeting prior to surgery. Go to WeightLossCenterAR.com for date and time of next meeting. Support group meetings are held the third Thursday of each month.

Pre-Operative & Post-Operative Appointments:

- Pre-Op Appointment with Dr. Gornichec
- Pre-Op Nutrition Class
- Pre-Op Lab Work with hospital
- Post-Op Appointment with Dr. Gornichec (10 days after surgery)

Attend post-op support group meeting.

Schedule Post-Op Appointment with Dietitian 3 Months after surgery.

For Facility Financial Arrangements Please Contact: Saline Memorial Hospital, Michelle Broadway (501) 776-6024