

REFERRAL CRITERIA –Adults including Young people over 16 years

- Adults over 16 who have for at least five years either
 - BMI ≥ 35 with related co-morbidities these being primarily diabetes and/or cardiovascular disease or
 - BMI ≥ 40 without related co-morbidities.
- And they should have complied with Tiers 1 and 2 services for at least six months and have failed to achieve or maintain weight loss goals.
- Any individuals who have undergone bariatric surgery and require specific post-operative support.
- Individuals who may have already been referred to Tier 4 for bariatric surgery and therefore require assessment and preparation.

Patient Details:

Name:	Sex:
Address:	
D.o.B:	NHS NUMBER
Telephone Home:	
Telephone Work:	

Date of measurements: Weight(kg): Height(cm): BMI:

Attach graph of weight if available

Baseline Medical Status and History

Select if applicable		Date of diagnosis and brief details
Hypertension		
Diabetes		
Coronary heart disease (angina, MI)		
Stroke or TIA		
Other relevant conditions		
Previously been referred for bariatric surgery (Tier 4)		Yes [<input type="checkbox"/>] No [<input type="checkbox"/>]
Previously attended Tier 2 weight management support (community based groups)		Yes [<input type="checkbox"/>] No [<input type="checkbox"/>]

Current Medication

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Baseline Blood Tests (last 3 months)

Type	Date & result	Type	Date & result
Thyroid function		Cholesterol (total)	
HBA1C		Triglycerides	
Other relevant tests			

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