

Registration Form

TAX INVOICE
CPM ABN: 84 589 199 516
Neimeyer 2011

TITLE: _____ NAME: _____

ADDRESS: _____

_____ POSTCODE: _____

PHONE: (____) _____

EMAIL: _____

SELECT YOUR WORKSHOP:

Brisbane – Saturday 29 October 2011

Perth – Monday 31 October 2011

Adelaide – Wednesday 2 November 2011

PAYMENT

Cheque/money order payable to CPM

Amount being paid: \$297 (includes \$27 GST)

Credit Card

Mastercard Visa

Expiry: ____/____

NAME ON CARD: _____

Please print

SIGNATURE: _____

**POST: CPM Training & Counselling
PO Box 188
HEIDELBERG VIC 3084**

FAX: (03) 9497 1762 [Please DO NOT fax cover sheets]

PHONE DETAILS TO: (03) 9497 1426

Workshop Details

Venue Details

Brisbane

Lennon's at Chifley
66 Queen Street Mall

Perth

Boulevard Centre
99 The Boulevard, Floreat

Adelaide

Stamford Plaza Hotel
150 North Terrace

Workshop Duration

Each workshop will run from 9.00am to 4.30pm
(including AM/PM refreshments and lunch) each day.

Included in Registration

Your workshop fee includes AM/PM refreshments and lunch
each workshop, plus notes.

Registration Fee

\$297 (incl \$27 GST)

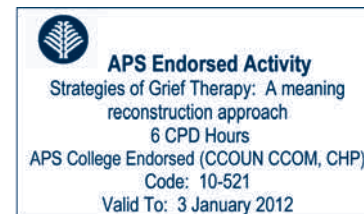
Cancellation Policy

If you cancel more than thirty (30) days prior to a workshop,
you will receive a refund, LESS \$50 administration fee.

If you cancel less than thirty (30) prior to a workshop,
NO REFUND is payable. We appreciate that medical conditions
or other emergencies can occur, but CPM cannot accept
responsibility for these. Registrations can be transferred
to another person

Professional Recognition

Australian Psychological Society



This workshop has been designed to meet the requirements
for Active CPD Hours as defined by the Psychology Board
of Australia.

Certificates of Attendance, showing number of hours,
are provided to all registrants.

Important Notes

Catering Requirements

If you require special catering, email: cpmserv@tpg.com.au NOW.
Special catering CANNOT be provided without prior notice.

**Please allow 3 weeks
for processing of registrations**

WORKSHOP HOTLINE

Registrants may call 0429 529 343 up to 72 hours
prior to confirm that your workshop is on schedule.

CPM Training & Counselling

Visit our website for more details and a PDF of this brochure.
Information about our other workshops in 2011 is also
available.

**CPM Training and Counselling
www.cpmresources.org**

*Strategies of grief therapy:
A meaning reconstruction approach*

A new 1-day training workshop for 2011 with

Robert A. Neimeyer PhD

University of Memphis

Brisbane

Perth

Adelaide

Robert A. Neimeyer PhD

CPM
Training and Counselling



Robert A. Neimeyer PhD

Robert Neimeyer is a Professor in the Psychotherapy Research Area of the Department of Psychology, University of Memphis, where he maintains an active clinical practice. He is an internationally-renowned author and speaker on death, grief, loss, bereavement and suicide prevention. Bob has written over 350 articles and 25 books, including the major new work: *Grief and Bereavement in Contemporary Society: Bridging Research and Practice*.

Bob is Editor of two respected international journals *Death Studies* and *Journal of Constructivist Psychology* and has served as President of the Association for Death Education & Counseling. He is a Fellow of the Clinical Psychology Division of the American Psychological Association. Bob has received numerous awards for his work in death, loss and grief studies, including the Robert Fulton Founder's Award for Outstanding Teaching, Research and Service by the Center for Death Education and Bioethics. He was an appointee to the APA's Task Force on End-of-Life Issues, where he helped implement a research and practice agenda for psychology in this critical area

Bob has provided quality training in multiple aspects of grief and bereavement and has an outstanding international reputation as a trainer and presenter, having conducted training in the US, South America, Europe, Asia and Australasia. He is a distinguished speaker, who presents with commitment, clarity and enthusiasm, as noted by many participants at Bob's 2010 workshops in Australia.

This is your second or new opportunity to work with a foremost clinician and trainer in grief and loss counselling.

This 2011 workshop is an entirely new presentation, which is suitable for those who participated in Bob's 2010 workshop and those who have not worked with this master presenter.

Workshop Description

As grief theory and research have grown to include emotion-focused, attachment and meaning-oriented approaches, so too has the range of methods available to grief therapists. This entirely new workshop explores principles and practices deriving from these perspectives, with a focus on four domains, including: (1) grief work (2) narrative work, (3) continuing bonds work, and (4) imagery work. Each of these suggests the relevance of various clinical procedures for engaging a client's words and images to reconstruct their relationship to the deceased, and to reveal obstacles to such reconstruction.

A centre piece of this workshop will be our extensive viewing of a videotaped psychotherapy of a woman, Deborah, who is struggling with deep and debilitating grief over the death of her mother in a way that constrains her relationships with significant people in her current life. In each section of the workshop, segments of Deborah's therapy will help convey how theoretical principles can be put into practice, from assessing complications in grieving to illustrating the synergy of different therapeutic strategies in fostering rapid change. The result is a collaborative and healing 'performance' of new meaning by client and therapist, one that gives rise to a renewed bond between the client and her mother, and a revitalized sense of the client's own life.

This workshop draws on cutting edge theory and research to reinforce the relevance of these four core clinical competencies, and will make use of therapeutic videos, demonstrations and exercises to convey how these methods work and feel in the context of practice. As a result, participants will leave with a clearer conceptualisation of processes that foster and impede constructive meaning-making in bereavement, as well as an expanded toolbox to facilitate the former and overcome the latter.

Session Outline

0900-1030	Grief work: Adaptive and complicated
1045-1200	Narrative work: Integrating the loss
1300-1430	Continuing bonds work: Restoring the Connection
1445-1630	Imagery work: Envisioning the possible

Workshop Objectives

Participants will:

- Specify unique contributions of attachment and trauma theories to working with loss;
- Identify features of complicated grief that determine when treatment is indicated;
- Distinguish two forms of narrative work and identify strategies for working with each;
- Describe two methods for working with the continuing bond to foster grief adaptation;
- Practise two uses of imagery and metaphor to foster the articulation and reconstruction of loss experiences; and
- Identify process impediments to transcending grief that arise from the ongoing relationship to the deceased and how to resolve them.

Workshop Designed for

Psychologists, social workers, counsellors, nurses, chaplains, physicians, allied health professionals and others working in the fields of loss, grief and coping.

Testimonials

Testimonials from Bob's 2010 Australian tour:

"I did your workshop yesterday and I just want to say thank you for a fabulous workshop! It was informative, educational and entertaining in a delightfully refreshing way."

"When will Dr Neimeyer return to Australia?"

"This was the best workshop I have ever attended – entertaining and educational, but also deeply personal."

"A wonderful workshop by an extraordinary teacher and presenter. Thank you!"

"Although I have been in this field for many years, your workshop was refreshing and very informative."

"You are a gifted presenter who was able to engender a meaningful understanding of the research in this field."

IMPORTANT NOTE FOR PSYCHOLOGISTS

This workshop is designed to meet Psychology Board of Australia guidelines for CPD. Please ensure that you supply a legible email address on your registration form so that pre-reading can be sent to you in advance.