



Budget/Resource Worksheet

Consider the length of your exchange (part of the academic year or all of the academic year), the number of times you are likely to travel to and from your home to your host campus, and the cultural and travel/sight-seeing opportunities you would like to take advantage of while on exchange. Also note:

- Tuition and fees frequently increase from 5-15 percent per year.
- Room and meals frequently increase in excess of 5 percent each year.
- Financial aid while on exchange may vary from that which you currently receive.

Estimated Costs: **Per Term** **Academic Year**

Tuition/Fees*		
Plan A: Host Tuition/Fees	\$ _____	\$ _____
OR		
Plan B: Home Tuition Fees	\$ _____	\$ _____
Host Room and Meals*	\$ _____	\$ _____
Books/Supplies*	\$ _____	\$ _____
Insurance*	\$ _____	\$ _____
Transportation on the Host Campus*	\$ _____	\$ _____
Personal Expenses*	\$ _____	\$ _____
Other		
Travel to/from Host	\$ _____	\$ _____
Miscellaneous	\$ _____	\$ _____
	\$ _____	\$ _____
		Total Estimated Costs

* Figures are available from *Campus Budgets* at www.nse.org, *Students, Resources*.

- ✓ Calculate Plan B tuition based on the calendar of your home campus.
- ✓ Calculate all other fees, including Plan A tuition, on the calendar of your host campus.
- ✓ For an Academic Year exchange, tuition and fees at semester schools are paid 2 times a year. Tuition and fees at quarter schools are paid 3 times a year.

In addition to costs estimated above, other additional expenses may include fees that are a condition of your enrollment (e.g., general service, laboratory, art and photography supplies, field experience, student teaching, internship, technology fees, computer fees, etc.) and other fees (e.g., application, orientation, field trips, NSE program fees, health services, parking, special events, student activities, athletics, etc.). See campus catalogs and *NSE Campus Profiles* for additional information.

Resources: **Per Term**

Personal Savings	\$ _____	
Family Support	\$ _____	
Federal Grants/Loans	\$ _____	
Pell	\$ _____	
Work Study	\$ _____	Work Study
Perkins	\$ _____	Not applicable on Plan B.
SEOG	\$ _____	
FFEL	\$ _____	
Paren Plus Loan	\$ _____	
State Financial Aid	\$ _____	
Scholarships	\$ _____	
Work on exchange	\$ _____	
Other: _____	\$ _____	
_____	\$ _____	
	\$ _____	Total Estimated Resources

U.S. Federal Financial Aid

- For Plan A: apply for, and disbursed from, the host campus unless otherwise directed by your home NSE Coordinator.
- For Plan B: apply for, and disbursed from the home campus.

Other Aid

Not all aid is applicable to exchange programs and some may be dependent upon Plan A or Plan B. Check with your financial aid officer and/or scholarship source.

Annual Total

- Multiply the Total Estimated Resources by 2 if you plan to exchange for a **semester calendar** academic year.
- Multiply the Total Estimated Resources by 3 if you plan to exchange for a **quarter calendar** academic year.