

### Outpatient Mental Health Treatment Plan

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|                   |                          |            |
|-------------------|--------------------------|------------|
| Member ID Number: | Patient's Date of Birth: | Precert #: |
|-------------------|--------------------------|------------|

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|                  |           |                     |
|------------------|-----------|---------------------|
| Physician's Name | Facility: | Patient's ID Number |
|------------------|-----------|---------------------|

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|                             |                       |                               |
|-----------------------------|-----------------------|-------------------------------|
| Date of Initial Evaluation: | Frequency of Therapy: | Expected Length of Treatment: |
|-----------------------------|-----------------------|-------------------------------|

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Is the Physician directly providing treatment/service:

Yes  No

If No, identify who is giving the care and their discipline?

\_\_\_\_\_

Please Complete all Axes using DSM-IV

I \_\_\_\_\_ II \_\_\_\_\_ III \_\_\_\_\_ IV \_\_\_\_\_ V(GAF) \_\_\_\_\_

#### HISTORY OF DIAGNOSIS

Presenting Complaint:

Describe background and development of current problems:

Describe mental status findings:

Describe how symptoms impair functions (social, work, family)(for children, describe school function)

Substance abuse (how much and how often does it Impair Function?):

#### PAST HISTORY

Describe past psychiatric or substance abuse history:

Describe past medical history:

Have any family member (identify whom):

-Been treated for psychiatric problems or substance abuse?

-Attempted or committed suicide?

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|   |  |   |                                   |
|---|--|---|-----------------------------------|
| <b>MEDICATIONS</b>  |  | <b>SUPPORT SYSTEMS</b>                  |                                   |
| What medications are currently being used?                |  | Describe present support systems:       |                                   |
| What Psychotropic medications have been used in the past? |  |   |                                   |
| <b>Problem Area</b>                                       | <b>Discharge Criteria<br/>(Goals to be accomplished)</b> | <b>Psychotherapeutic<br/>Modalities</b> | <b>Time Frame<br/>(Frequency)</b> |
|   |  |   |                                   |

I verify my involvement in the treatment of this client, and agree to supervise all modifications to this treatment plan on a regular basis.

Physician's Signature: \_\_\_\_\_

Date: \_\_\_\_\_