

Fort Mill School District  
Middle School Cheerleading



Tryout Information Packet

for

Fort Mill Middle School  
2012-2013

May 14, May 15 & May 16

**Dear Cheerleading Candidates and Parents/Guardians,**

**Thank you for your interest in trying out for the 2012-2013 Fort Mill Middle School Cheerleading Squad. I appreciate your enthusiasm and interest in our program. This letter is being written to emphasize the importance of the commitment that goes along with becoming a cheerleader at Fort Mill Middle School. This program is about a lot more than just winning or even cheering at the games. As a cheerleader you are expected to be the standard that other students measure by. This standard is based on your behavior, grades, and commitment. Please be advised that being selected as a cheerleader is not just on cheerleading skills along, it is your citizenship and commitment.**

**You must meet certain qualifications in order to try out for cheerleading. All students must turn in the provided forms and have a physical before the tryout date. Please read carefully the cheerleading rules of conduct and performance regarding expectations for cheerleaders. Suspension from school, excessive tardiness to class, lunch detention, missing practices and games, and any violation of the rules of Fort Mill Middle School can result in dismissal from Cheerleading at Fort Mill. This needs to be addressed before the fact and not after the fact. We want to express our excitement about the new possibilities!**

**Cheerleading can be the most rewarding experience of your life. It teaches you to balance your time, work with a team, discipline yourself, learn new skills, perfect your skills, and be an ambassador for your school and community. Please be advised that cheerleading requires a tremendous time commitment. If you are willing to commit, we want you on the Fort Mill Middle Cheerleading Squad!**

**Please read the following packet carefully and return all other necessary forms to Coach Smalls by – Friday, May 4, 2012. Thank you and good luck!**

**With Jacket Pride,**

**Marjorie Smalls ☺**

**[andersonm@fort-mill.k12.sc.us](mailto:andersonm@fort-mill.k12.sc.us)**

**Phone Number: 803-984-9074**

**Fort Mill Middle School: 803-547-5553**



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**Fort Mill Middle School**  
**Cheerleading Tryouts Dates**

**Tryout Mandatory Clinics**

When: Monday, May 14, 2012 and Tuesday, May 15, 2012  
3:45-6:00 pm

Where: Fort Mill Middle School Gym

**Tryouts**

When: Wednesday, May 16, 2012  
4:00-5:00 pm

Where: Fort Mill Middle School Gym

**Parent/Cheerleader Meeting**

When: Thursday, May 17, 2012  
5:30 – 6:30 pm

Where: Room 309

# Fort Mill School District

## Middle School Cheerleading

Dear Parents and Prospective Cheerleader,

Tryouts for the 2012-2013 Cheerleading Squad will be May 14, May 15, and May 16. Being a cheerleader is a lot of fun, but also takes a lot of time and is a big responsibility.

Please read everything in this packet **carefully**. Here you will find the rules and regulations for being a cheerleader. If there is any rule or requirement that you cannot follow, we suggest that you do not tryout. All prospective candidates must return the following items by Friday, May 4, 2012.

### **Important Forms**

- Cheerleading Application Form – completed and signed
- Emergency Release Form – completed and signed
- Copy of Birth Certificate
- Physical Examination Form dated after April 1, 2012.
- Copy of your 3<sup>rd</sup> Nine Weeks Report Card
- Cheer Questionnaire
- Three (3) Teacher Recommendations – (must be from academic classes).\*

\***NOTE:** Students who have participated in sports in the Fort Mill School District, a recommendation must be from their previous coach.

No student will be allowed to tryout unless ALL of this information is completed. The deadline for having all forms into the front office is May 4. An itemized list of the cost for each person is listed, if he/she is chosen.

We will discuss due dates for money at the parent meeting. Please see the attached itinerary for tryouts. This schedule will inform you of the times that you will need to be there.

## **Try-out Procedures**

The tryout process will consist of: (Attendance is Mandatory!)

- A series of clinics (two days), at which skills/routines will be taught
- A single tryout day

Appropriate attire should be worn to clinics each day:

- Shorts (spandex can be worn under soffees) – Appropriate length
- Tee shirt
- Socks and athletic shoes
- Hair pulled back from face
- No jewelry
- No gum
- No wild nail polish colors

Appropriate attire for tryouts

- Shorts / Spandex (no denim)
- White tee shirt with number on the front and back
- White socks and athletic shoes
- Hair pulled back from face
- No jewelry
- No gum
- No colored nail polish

# Fort Mill School District Middle School

## Cheerleading Rules and Regulations

2012-2013

Students who are selected to represent the school are expected to conform to a more rigid code of behavior than the general student population. Participation in activities, which represent the school, is considered a privilege, is subject to regulation, and is not an inherent right.

Being a Middle School cheerleader in the Fort Mill School District implies that you are part of an elite group. You are looked upon as a leader. This being so; you have certain responsibilities and loyalties to your school. Your behavior and attitude in this school should only reflect your position as a leader. Therefore, this handbook is to ensure that you, as a cheerleader will put your best side forward.

**Qualifications:** The following are qualifications for trying-out.

1. Candidates must obtain, complete and return the Cheerleader try-out form, Emergency release form and teacher recommendation forms on or before the May 4. NO EXCEPTIONS!
2. Candidates CANNOT be failing any classes on their 1<sup>st</sup> semester and 3<sup>rd</sup> 9 week report cards.
3. Candidates must attend all practices in order to tryout.
4. Candidates will be expected to abide by the South Carolina High School League rules and Fort Mill School District #4 rules.

**Tryouts:** The following rules will be observed during clinics and tryout.

1. Coaches will determine what dance and/or cheer will be used and instructed for tryouts.
2. Candidates must wear appropriate clothes and shoes for tryouts and practice. Tennis shoes, socks, shorts and t-shirt are appropriate. (Nothing that shows you were a cheerleader in previous years).
3. We are going to take the top 16 students to our combined 7<sup>th</sup> and 8<sup>th</sup> grade team; female and/or male candidates receiving the best scores will be placed on the squad.
4. All forms must be turned in prior to the first day of try-outs.
5. You MUST attend all days of try-outs, in order to be considered.

**Cheerleading Squads:** The following rules will apply to all cheerleaders and managers.

1. Cheerleaders who fail 1 class in a 9-week period will be placed on 2-week probation. This is to ensure the Cheerleader will have no further grade problems. If more grade problems persist they will be handled individually. School comes first!!
2. Cheerleaders must report grades to coach within 2 days at the end of every 9 weeks and midterm.
3. All absences must be approved through your Coach. Do not tell someone else, tell your coaches. If you are home sick parents should e-mail or call coaches.
4. 3 unexcused absences (practices or games) are cause for dismissal from squad.
5. Missing practices for non-emergencies are unexcused (This includes hair appointments, other team practices, vacations, visits with family or non-emergency doctors' appointments).
6. The coaches and/or squad will select captains.
7. Cheerleaders must be willing to work individually and as a group with the coaches, captain and other cheerleaders.
8. All parts of the uniform will be selected by the coaches and are provided by the school. Camp, camp outfits, shoes, socks, hair bows, bags, and any other required purchases are the responsibility of the cheerleader.
9. Uniforms MUST be kept clean at all times. It is the responsibility of each cheerleader to keep their uniforms in good condition. If uniform is beyond repair the cheerleader must pay for replacement.
10. Cheerleaders must be on time to all activities and stay for the required amount of time. Only the coach may allow early dismissals.
11. During practices the following rules apply:
  - Follow all FMSD rules.
  - Wear appointed practice outfit.
  - Wear sneakers.
  - Hair must be up and out of the face. In a PONYTAIL and clips used to keep hair out of your face.
  - No jewelry will be worn. Safety is our first priority.
  - No eating or phones during practice.
  - Be in practice area within 15 minutes of final school bell.
  - Every cheerleader is responsible for contributing his or her share.
  - No one leaves until area is clean.
  - If you miss a practice before a scheduled game, excused or unexcused, you will not be allowed to cheer at the game.  
*Please schedule all doctors' appointments, hair appointments, trips, non-emergency appointments around the schedule.*



12. All cheerleaders are required to attend Stunt Clinic, Cheer Camp and summer practices; they will take place in one of the Fort Mill School District gyms. NO EXCEPTIONS!
13. Cheer schedules of practices and events will be provided prior to each season. No practices will take place without a coach present.
14. Due to the limited amount of players on other school teams, cheerleaders are asked not to participate in Volleyball or Basketball.

**Officers:** Captains

1. Will be selected by the coaches and/or squads prior to the season.
2. Should be role models for the squad and are responsible for keeping up the morale of the team.
3. Responsible for starting practices on time and will lead warm-ups.
4. Use the phone tree when information needs to be distributed through to the squad.
5. Should decide which cheers and half-time show will be used during the game, prior to practice time and give a written list to coach before the game.
6. To call cheers at a good rate.
7. Report any problems to their coach, so they may be dealt with in the best possible manner.
8. Failure to perform these duties or 5 Demerits may result in dismissal of duties.

**Games:**

1. All games are mandatory and you must stay for the entire game.
2. Cheerleaders must know all the cheers and routines for the game. Sitting out is unacceptable.
3. Cheerleaders are required to dress in full uniform.
4. Hair must be up and out of the face. PONYTAIL!
5. Hair bows must be uniform. No wild hairstyles.
6. NO jewelry will be worn in uniform.
7. NO body art (drawing on oneself)
8. NO nail polish is allowed in uniform. Nails need to be athletic length.
9. Neither chewing gum nor eating is allowed during the game.

## **Dismissal from squad:**

1. Not paying for required purchases on or before scheduled date.
2. Suspension from school. (OSS)
3. ISS is at coaches' discretion.
4. Failure to comply with school and cheerleading rules and regulations.
5. Lack of interest.
6. Failure to cooperate with other cheerleaders and/or coaches.
7. An act, which would cast a reflection on the person's ability to be a leader and to be respected by fellow students.
8. 3 unexcused absences
9. 10 demerits.
10. Any cheerleader who is removed or quits the squad will be prohibited from trying-out the next year.

**\*\*NOTE:** If there is a problem within the squad, see the coach. Cooperation is expected at all times. At practice, the coaches or captains are in charge and must be respected at all times. Demerits will be issued for failure to comply with the rules. Negative attitudes will not be tolerated.

## **General Rules:**

- It is the responsibility of the parents to provide transportation to & from school, before & after a game or practice. If a cheerleader is not picked up within 15 minutes of pick-up time, he/she will not be allowed to cheer the following game.
- Coach must have written permission if you are allowing your child to walk off the school grounds after a game or practice.
- Cheerleaders will cheer at all home football and basketball games and possibly some away games.
- Fort Mill School District Cheerleaders will travel and cheer during basketball tournament games.

## **Merit / Demerit System:**

- Merits are given to cheerleaders for actions performed above the normal duties.
- Demerits are given to cheerleaders for not doing what is normally required.
- Merits and demerits are determined by the coaches and given out by the coaches.
- Once a cheerleader receives 5 demerits a letter will be sent to their parents
- 7 demerits will result in 1 week probation.
- 9 demerits will result in 2 week probation.
- 10 demerits will result in dismissal.

Merits: List of some ways to earn merits.

- Helping others 1
- Praise from faculty 1
- Attending other after school functions 1
- Making up a new cheer 1
- Tutoring another cheerleader (on own) 1
- Working off demerit: 10 running laps 1

Demerits: List of some Demerits.

- Dirty uniform (any part) 1
- Out of uniform (any part including hair) 1
- Missed practice unexcused 1
- Failure to sign-out after a game 1
- Talking to spectators at a game 1
- Eating or chewing gum at a game 1
- Leaving early from practice or game 1
- Jewelry or nail polish while in uniform 1
- Negative comments from teachers 1
- Skirt not taken off after game 1
- Late to practice or game 2
- Primping in public in uniform 2
- Arguing with another cheerleader 2
- Disrespectful toward coaches, captains or others 2
- Silent lunch/Detention 2
- Missed game unexcused 3
- Public displays of affection 3
- ISS 3
- Suspension 10

Other violations:

- Failure to dress properly for practice/game 10 jumps
- No ponytail (hair in face) at a practice/game 10 Jumps

Any behavior that is considered to be inappropriate and disruptive to the cheering squad that may not be specifically dealt with in this code, will be handled in a manner that the Coach and/or Principal feels is most appropriate for all concerned.

# Fort Mill Middle School Cheerleading Tryouts

## Judge's Score Sheet – Explanation of Criteria

The criteria below will be used to evaluate you during the clinics and tryouts. Become familiar with them. As you practice, you may want to have someone, a parent/guardian perhaps, evaluate you as the judges would in each of the six categories. Your evaluation actually starts the very first day – **ATTITUDE**, appearance, form, timeliness, following instructions, etc. Candidates will lose points for being late, disrespectful and/or not following instructions given. **Also, candidates will also receive points for teacher recommendations, grade point averages, and coach's points.**

### Appearance

- Confident and enthusiastic
- Neatly dressed; good posture; hair away from face; no jewelry/gum/colored nail polish

### Knowledge

- Confidently exhibits cheers/chants/jumps/motions/dance
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### Jumps

- Knows two required jumps (Toe Touch and Herkie)
- Good height, straight back, exact position of legs
- Smooth prep, execution, and landing

### Chant/Cheer

- Sharp, precise movements
- Loud, audible voice projection
- Synchronized with other members
- Energetic and full of enthusiasm
- Correct arms, length hand position
- Has correct rhythm and timing

### Dance Routine

- Synchronized with other members
- Energetic and full of enthusiasm
- Has correct rhythm and timing
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### Gymnastics

- Cartwheel/round-off
- Back handspring
- Round off/Back handspring

## FMMS Practice & Try-Out Schedule for Cheerleading

Monday, May 14 <sup>th</sup> :	Practice 3:45 – 4:00 4:00 – 4:15 4:15 – 4:25 4:25 – 4:55 4:55 – 5:00 5:00 – 5:30 5:30 – 5:45 5:45 – 6:00 6:00	3:45 – 6:00 Sign-in & Dress out Stretch, warm up & jumps Demonstration of cheer, chant & dance Learn cheer BREAK Learn dance Learn chant Wrap-up Dismissal – <b>HAVE RIDES HERE ON TIME</b>
Tuesday, May 15 <sup>th</sup> :	Practice 3:45 – 4:00 4:00 – 4:20 4:20 – 4:30 4:30 – 5:30 5:30 – 5:45 5:45 – 6:00 6:00	3:45 – 6:00 Be ready in gym & roll call Stretch, warm-up & jumps Divide into groups of 3 Practice all try-out material in small groups Tryout “Run-through” Last minute instructions Dismissal – <b>HAVE RIDES HERE ON TIME</b>
Wednesday, May 16 <sup>th</sup> :	Tryouts 4:00 – 4:15 4:15 – 4:45 4:45 – until	4:00 – until Roll call, stretch & warm-up Pin number on, line up outside gym in order Tryouts; you may leave after your turn
Thursday, May 17 <sup>th</sup> :	5:30-6:30	Parent/Cheerleader Meeting (for those who make the squad)

\*\*\*If rides are late, you will not be allowed to try-out on Wednesday.

Numbers of the 2012-2013 FMMS Cheerleaders will be posted by 6:30pm on  
Wednesday, May 16, 2012.

## Jumps Required

### Toe Touch

- Both legs remain straight with knees facing up
- Sit into the jump while keeping chest and head up
- Reach for the arch of the foot, rather than the toes
- Keep back straight
- Land with feet together at the same time and on your toes

### Herkie

- One leg bends out to the side while the other remains straight out to the other side
- The bent knee faces down while the straight leg knee faces upward
- Land with feet together at the same time and on your toes

### Front Hurdler

- Turn at a 45° angle
- One leg is straight while the other is bent behind you
- Bent knee faces down while straight leg comes up to chest directly in front of the body
- Land with feet together at the same time and on your toes

### Pike

- Turn to one side
- Bring both legs up to chest in a pike position together
- Land with feet together at the same time and on your toes

## Basic Cheer Motions

**Beginning Stance** (feet together, hands down by the side in blades, head down)

**Cheer Stance** (Feet shoulder width apart, hands down by the side in blades)

**Clasp** (Hands clasped, under the chin, elbows in)

**Clap** (Hands in blades, under the chin, elbows in)

**High V** (Arms extended up forming a “V” – ‘big donuts’)

**Low V** (Arms extended down forming a “V” – big donuts’)

**Touchdown** (Arms extended straight and parallel to each other – ‘little donuts’)

**Low Touchdown** (Arms extended straight down and parallel to each other – ‘big donuts’)

**Bow and Arrow** (One arm out to side – ‘big donut’ & other arm bent at elbow in a half “T” motion – ‘little donut’)

**Overhead Clasp** (Arms are straight, above the head in a clasp and slightly in front of the face)

**Tabletop** (Arms bent at elbow, fists in front of shoulders – ‘little donuts’)

**Box Motion** (Both arms up in a 90 degree angle, elbows at shoulder height – ‘little donuts’)

**Muscle Man** (Both arms up at a 90 degree angle from a “T” motion – ‘little donuts’)

**Punch** (One arm extended straight up – ‘little donut’, one arm on hip)

**L Motion** (Left/right arm extended to the side – ‘big donut’ with other arm extended in a punch motion – ‘little donut’)

**Diagonal** (Left/right arm extended in a high “V” & the other arm extended in a low “V” – ‘big donuts’)

**T Motion** (Both arms extended straight out to the sides and parallel to the ground – ‘big donuts’)

**Half T** (Both arms are parallel to the ground and bent at the elbows, fists to shoulders – ‘little donuts’)

**Side Lunge** (Lead leg bent with knee over the ankle, back leg straight, feet perpendicular to each other)

**Front Lunge** (Lead leg bent with the knee over the ankle, back leg straight, feet parallel to each other)

## UCA Summer Camp Information

UCA will be hosting our camp this year. It is a private camp for all members of the Fort Mill Middle School Cheerleading Squad. This camp is mandatory. Camp dates are June 4 through June 6, 2012.

The price for camp is **\$100**. Camp will be held at Gold Hill Middle School in the Gymnasium.

***Cheerleaders will purchase camp wear, which will be the clothes used for practice when school starts back. The exact price for these three sets of clothing will be provided at the first parent/cheerleading meeting.***

***100% participation is expected!***

***WHY camp?*** The best way to start a season! It's the first step to becoming a team, and the key to having a safe and successful year.

**To Develop Skill Safety!** Camp will help our team create a safe foundation to build upon throughout the year. As a team, you'll go through the proper progression of skills together, laying the groundwork for a safe season.

**For Team Building!** Camp is the ideal setting for athletes to bond together as a team and set common goals and purpose. This focused time is critical to creating the unity required to transform a group of individuals into a strong team.

**To Create Confidence!** Camp will help give our team the opportunity to succeed in the very beginning of the season. From learning a new cheer or dance routine to performing in front of their peers.

Here are some of the highlights:

**Stunt Class** – This class is a team favorite! Learn the latest stunts in cheerleading. NCA Staff will help your team stunt their hearts out – safely! We use S.P.O.T. (safety in Spotting/ Progression/ Organization/ Technique) to ensure great stunts; followed by a Safety Awareness Test.

**Spirit and Specialty Dances** – This class will teach crowd appealing spirit dances. These dances are designed for time-outs and half-time shows.

**Chant and Cheer Class** - This class teaches incredible cheers and chants to help the team effectively work the crowd!

**\*\*\*\* Cheerleaders also will have a mandatory stunt clinic on May 19, 2012 at Northwestern High School. The price is \$25. \*\*\*\***



## FMMS Cheerleader Supply Sheet

Item	Information	Price
<b>ITEMS TO BE ORDERED IMMEDIATELY</b>		
Stunt Safety Clinic	Northwestern High School – May 19, 2012	\$25.00
Cheer Camp	GHMS – June 4-6, 2012	\$100.00
Practice Outfit 1	T-shirt, Shorts	\$20.00
Practice Outfit 2	T-shirt, Shorts	\$20.00
Practice Outfit 3	T-shirt, Shorts	\$20.00
Shoes	TBD	\$42.00
	<i>Subtotal A</i>	<i>\$227.00</i>
<b>ITEMS TO BE ORDERED BY THE END OF JUNE</b>		
Sports Bra	White	\$13.00
Bag	Royal Blue	\$11.00
Midriff	Royal Blue	\$16.00
Boy-cut Briefs	Royal Blue	\$9.00
Socks	2 pair	\$7.00
Hair Bows	2 bows	\$17.00
Warm-up	Order at a later date!	TBD
	<i>Subtotal B</i>	<i>\$73.00</i>
<b>APPROXIMATE TOTAL**</b>		<b>\$300.00</b>

\*\*Please remember that this cost is subject to change if distributor's cost change.

Stunt Clinic must be paid for by Friday, May 18, 2012. However, the UCA Cheer Camp must be paid a week prior to the camp (Monday, May 28, 2012). No Exceptions! It is the responsibility of the parents to pay the full amount owed.

In order for us to have everything in before the Stunt Clinic on May 19<sup>th</sup>, shoes and practice outfits must be ordered by May 21<sup>st</sup>. Everything else could be ordered before the end of June.

**FYI:** Other than the camps, these numbers and items are approximate. We will be further discussing which items are optional at the Parent/Cheerleader Meeting on May 17<sup>th</sup>. We will also have a breakdown of exactly what is due and when at that time.

Example Calendars

**(FOOTBALL)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 PRACTICE 3:45-5:30	9	10 GAME 5:00	11 PRACTICE 3:45-5:30	12	13
14	15 PRACTICE 3:45-5:30	16	17 GAME 5:00	18 PRACTICE 3:45-5:30	19	20
21	22 PRACTICE 3:45-5:30	23	24 GAME 5:00	25 PRACTICE 3:45-5:30	26	27
28	29 PRACTICE 3:45-5:30	30	31 GAME 5:00			

**(BASKETBALL)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 GAME	4	5 PRACTICE 3:45-5:30	6 GAME	7	8
9	10 GAME	11	12 PRACTICE 3:45-5:30	13 GAME	14	15
16	17 PRACTICE 3:45-5:30	18 GAME	19	20 PRACTICE 3:45-5:30	21	22
23	24 GAME	25	26 PRACTICE 3:45-5:30	27 GAME	28	29

**Fort Mill School District Middle School**  
**Cheerleader Application Form**  
**2012-2013**

Student's Name: \_\_\_\_\_

Parent /Guardian's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Emergency Contact & Number: \_\_\_\_\_

Allergies: \_\_\_\_\_

E-Mail address: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Current Grade Level: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

Interest/Hobbies: \_\_\_\_\_

PLEASE SIGN AFTER YOU AND YOUR PARENTS HAVE READ THE ENTIRE PACKET. RETURN APPLICATION TO COACH SMALLS OR THE FRONT OFFICE BY FRIDAY, MAY 4, 2012. STUDENTS WILL NOT BE ALLOWED TO TRY-OUT WITHOUT A COMPLETED APPLICATION PACKET.

\*\*\*\*\*

**I have read all of the rules and regulations for cheerleading as set forth by the coaches at FMMS. I promise to cooperate and follow the instructions of the cheerleading coaches.**

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

\*\*\*\*\*

**I give my daughter/son permission to try-out for FMMS cheerleading. I have read all of the rules and have explained any of the rules my daughter/son may not have understood. I understand by the very nature of the activity, cheerleading carries a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I agree to abide by the final decisions of the judges. In addition, I am also aware of the financial commitment required for cheerleading. Further, I have been informed that stunt clinic and cheer camp are mandatory events.**

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# Emergency Release Form

I hereby give my consent for my son/daughter to represent his/her school as a cheerleader. I also give my consent for him/her to accompany the cheerleading team to other schools and activities. This is to give my consent and authorize the school or its representative to obtain through a physician of its choice such medical attention as is reasonably necessary for the welfare of the student, if he/she is injured or ill while in the course of school activities. I understand that the school is not financially responsible for any injury which may occur.

Student Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency phone: \_\_\_\_\_

Relation & name: \_\_\_\_\_

Mother's name: \_\_\_\_\_

Employer: \_\_\_\_\_

Work phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Father's name: \_\_\_\_\_

Employer: \_\_\_\_\_

Work phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Primary insurance co.: \_\_\_\_\_

Name on insurance: \_\_\_\_\_

Policy number: \_\_\_\_\_

Secondary insurance (if any): \_\_\_\_\_

Policy number: \_\_\_\_\_

Does your son/daughter have school insurance? \_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\*\*Please attach a copy of your child's insurance card and birth certificate for our files.

**Fort Mill Middle School Cheerleading**  
**Try-out Questionnaire**

1. Why are you trying out for cheerleading?

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2. What three characteristics do you feel are most important for cheerleaders to possess?

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3. Name two ways to get students interested in attending sports events.

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4. What is a cheerleader's role at a football game?

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5. What would you do if a member of your cheerleading squad had a bad attitude problem?

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6. How can cheerleader's best represent their school and student body?

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7. Why should a cheerleader be responsible for maintaining good grades?

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8. How can you get teachers and administrators involved with school spirit?

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9. Have you ever cheered before? List experiences:

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Please list any activities or sports that might conflict with cheerleading activities (vacations, school clubs, etc). Also, please discuss this information with Coach prior to the start of try-outs.

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Please list activities that you have been and/or are currently involved in at school or outside school. Please give the name of the advisor/coach you are working with, if it is a current school-related activity.

Activity

Advisor/Coach

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# TEACHER RECOMMENDATION

TEACHER'S NAME: \_\_\_\_\_ SUBJECT: \_\_\_\_\_

Please do **not** share your recommendation with the applicant. Please return this form to front office no later than **3:30** pm on Friday, May 4, 2012. Thank you for your help.

Dear Teacher /Administrator/Coach:

\_\_\_\_\_ has applied to be a cheerleader at a Fort Mill School District Middle School. Please answer the following questions by rating this student from 1-5.

**1. Poor**                      **2. Fair**                      **3. Average**                      **4. Above Average**                      **5: Superior**

- \_\_\_\_ 1. Attendance/Punctuality
- \_\_\_\_ 2. Effort in Class
- \_\_\_\_ 3. Personality/Enthusiasm
- \_\_\_\_ 4. Attitude toward Authority
- \_\_\_\_ 5. Class Conduct/Cooperation
- \_\_\_\_ 6. Ability to get along with other students
- \_\_\_\_ 7. Ability to get along with teachers
- \_\_\_\_ 8. Ability to maintain a positive attitude
- \_\_\_\_ 9. How dependable is this student? Is this student well prepared, on time, and organized?
- \_\_\_\_ 10. How well do you think this student would represent Fort Mill Middle School?

Please circle your answer, based on your interactions with this candidate.

- |         |   |            |                  |           |
|---------|---|------------|------------------|-----------|
| ____ 1. | Has this candidate ever displayed <b>mean/unkind</b> tendencies?                        | <b>Yes</b> | <b>Sometimes</b> | <b>No</b> |
| ____ 2. | Does this candidate <b>follow through</b> on requested task?                            | <b>Yes</b> | <b>Sometimes</b> | <b>No</b> |
| ____ 3. | Have you ever questioned the <b>behavior</b> of this candidate?                         | <b>Yes</b> | <b>Sometimes</b> | <b>No</b> |
| ____ 4. | Has this candidate ever displayed a <b>poor attitude</b> toward you or another student? | <b>Yes</b> | <b>Sometimes</b> | <b>No</b> |
| ____ 5. | Have there ever been any concerns about <b>honesty</b> in regards to this candidate?    | <b>Yes</b> | <b>Sometimes</b> | <b>No</b> |

**COMMENTS:** (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)

# TEACHER RECOMMENDATION

TEACHER'S NAME: \_\_\_\_\_ SUBJECT: \_\_\_\_\_

Please do **not** share your recommendation with the applicant. Please return this form to front office no later than **3:30** pm on Friday, May 4, 2012. Thank you for your help.

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- | 1. Poor   | 2. Fair | 3. Average | 4. Above Average | 5: Superior |
|-----------|---------|------------|------------------|-------------|
| _____ 1.  |         |            |                  |             |
| _____ 2.  |         |            |                  |             |
| _____ 3.  |         |            |                  |             |
| _____ 4.  |         |            |                  |             |
| _____ 5.  |         |            |                  |             |
| _____ 6.  |         |            |                  |             |
| _____ 7.  |         |            |                  |             |
| _____ 8.  |         |            |                  |             |
| _____ 9.  |         |            |                  |             |
| _____ 10. |         |            |                  |             |

Please circle your answer, based on your interactions with this candidate.

- |          |   |     |           |    |
|----------|---|-----|-----------|----|
| _____ 1. | Has this candidate ever displayed <b>mean/unkind</b> tendencies?                        | Yes | Sometimes | No |
| _____ 2. | Does this candidate <b>follow through</b> on requested task?                            | Yes | Sometimes | No |
| _____ 3. | Have you ever questioned the <b>behavior</b> of this candidate?                         | Yes | Sometimes | No |
| _____ 4. | Has this candidate ever displayed a <b>poor attitude</b> toward you or another student? | Yes | Sometimes | No |
| _____ 5. | Have there ever been any concerns about <b>honesty</b> in regards to this candidate?    | Yes | Sometimes | No |

COMMENTS: (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)

## TEACHER RECOMMENDATION

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|-----------|---------|------------|------------------|-------------|
| _____ 1.  |         |            |                  |             |
| _____ 2.  |         |            |                  |             |
| _____ 3.  |         |            |                  |             |
| _____ 4.  |         |            |                  |             |
| _____ 5.  |         |            |                  |             |
| _____ 6.  |         |            |                  |             |
| _____ 7.  |         |            |                  |             |
| _____ 8.  |         |            |                  |             |
| _____ 9.  |         |            |                  |             |
| _____ 10. |         |            |                  |             |

Please circle your answer, based on your interactions with this candidate.

- |          |   |     |           |    |
|----------|---|-----|-----------|----|
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COMMENTS: (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)