

Seventh Annual Sleep Center Symposium

Saturday, November 14, 2009 ■ 7:30 a.m.-12:30 p.m.

South Miami Hospital, Victor E. Clarke Education Center, 6200 SW 73 Street, Miami, Florida

Faculty

Alejandro D. Chediak, M.D., ABSM

Internist, Pulmonologist and Critical Care Specialist
Chief, Sleep Disorders Center, Mt. Sinai Medical Center
Past President, American Academy of Sleep Medicine (AASM)

Timothy L. Grant, M.D., ABSM

Symposium Co-director
Neurologist, Baptist and South Miami Hospitals
Clinical Director of Sleep Medicine Education

James P. Krainson, M.D., ABSM

Pulmonologist, South Miami and Baptist Hospitals

Jeremy I. Tabak, M.D., ABSM

Symposium Co-director
Pulmonologist, Critical Care and Sleep Medicine
Specialist
Medical Director, Baptist Hospital Sleep Center

Educational Objectives

Upon completion of this conference, participants should be better able to:

- Discuss the evolution of sleep disorder diagnosis and management.
- Formulate strategies to identify sleep disorders in clinical practice, and implement best practice course of treatment.
- Explain the impact of specific sleep disorders, such as jet lag, delayed sleep and advanced sleep phase on patient health.
- Identify the underlying causes of and implement treatment strategies for these sleep disorders in clinical practice.
- Explain sleep physiology of circadian rhythm, diagnose circadian rhythm abnormalities and implement appropriate treatment options.
- Identify the comorbidities associated with untreated obstructive sleep apnea and central sleep apnea and effectively communicate the risks of untreated sleep apnea to patients in clinical practice.
- Implement the latest treatment strategies for central and obstructive sleep apnea.
- Examine the public policy impact and implications of sleep disorders.
- Utilize a measurement of sleepiness tool in the diagnostic workup to assess severity of chronic daytime sleepiness and determine potential causes.
- Discuss the prevalence of sleepiness as a factor in motor vehicle and industrial accidents.
- Formulate strategies to optimize healthcare worker performance.

Schedule

7:30 a.m.	Registration, Continental Breakfast and Exhibits	
8:00 a.m.	Welcome and Introductions	
	Sleep Through the Ages	Timothy L. Grant, M.D., ABSM
9:10 a.m.	Circadian Rhythm and Sleep Disorders	Jeremy I. Tabak, M.D., ABSM
10:10 a.m.	Break and Exhibits	
10:30 a.m.	Obstructive Sleep Apnea Update	James P. Krainson, M.D., ABSM
11:30 a.m.	Sleep Disorders and Public Policy	Alejandro D. Chediak, M.D., ABSM
12:30 p.m.	Adjourn	

Accreditation and Credit Statements

Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. Baptist Health South Florida designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Baptist Health South Florida is approved by the American Psychological Association to sponsor continuing education for psychologists. Baptist Health South Florida maintains responsibility for this program and its content. This conference is approved for 4.0 CE credits. This is an intermediate-level symposium.

Baptist Health South Florida is approved as a provider of Continuing Psychological Education by the Florida Board of Psychology. CE Broker provider #50-182. This activity has been approved for 4.0 credit hours.

This activity has been approved for 4.0 contact hours for respiratory therapy personnel in the category of general (direct delivery of respiratory care services) by the State of Florida, AHCA provider #RCE58, Baptist Health South Florida Organizational Learning.

This activity has been approved for 4.0 contact hours by the Florida State Board of Pharmacy,

Baptist Health South Florida Organizational Learning. CE Broker Provider #50-182.

This activity has been approved for 4.0 contact hours by the Florida State Board of Nursing, Baptist Health South Florida Organizational Learning. CE Broker Provider #50-182.

This activity has been approved for 4.0 contact hours by the Florida Board of Social Workers, Marriage and Family Therapists and Mental Health Counselors, Baptist Health South Florida Organizational Learning. CE Broker Provider #50-182, expiration 3/31/2011.

This course has been approved by the American Association of Sleep Technologists, program #9379, for 4 credits.

Registration Options: There is no fee; however, pre-registration is required.

Go to www.baptisthealth.net/meded or call 786-596-2544.



**Baptist Health
South Florida**



Seventh Annual Sleep Symposium - November 14, 2009
South Miami Hospital, Victor E. Clarke Education Center, Auditorium

Degree ☐ M.D. ☐ D.O. ☐ Ph.D. ☐ Psy.D. ☐ R.N. ☐ R.T. ☐ Sleep Technician ☐ Other

Name (As it should appear on Name Badge & Certificate – PLEASE PRINT!)

Profession/Specialty

Institution Affiliation

Address

City/State/Zip

Telephone

Fax

E-mail Address

License Number (Nurses, RTs, and Sleep Techs and only)

Employee Number

How did you hear about this symposium?

☐ Mail ☐ Email ☐ Internet

Other _____

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