



## **ImPACT Baseline Testing Consent Form**

As you well know, concussions can happen to any athlete – male or female – in any sport. Concussions are a type of traumatic brain injury (TBI) that can be caused by a direct hit to the head or by a hit to the body causing the head and neck to whiplash. Athletes may be knocked unconscious with a concussion, but many who suffer from concussions actually never lose consciousness. Head injuries can range from mild to severe and can disrupt the brain from working normally. Common complaints after concussions include headaches, slowed reactions, difficulties concentrating, sleep problems, and difficulty remembering things, among many others. According to the Centers for Disease Control, more than 300,000 sports-related concussions occur in the United States every year. These injuries can lead to a wide range of problems including academic difficulty, loss of playing time, and in severe cases, retirement from athletic play. It is important that all athletes who are suspected to have suffered a possible concussion be seen immediately by a professional trained in sports medicine and specifically in concussion management to help reduce the risk of any potential complications before the athlete is returned to the playing field.

Hilliard Bradley High School has chosen to take part in ImPACT Baseline Testing. This is a very exciting partnership that pairs those athletes of Hilliard Bradley High School with the most comprehensive head injury management program in Central Ohio. This program will be using the best physicians in concussion management as well as reputable computer based technology to help safely and successfully return athletes to competition after receiving a concussion. What we are asking is for you permission to evaluate the way that your athlete's brain functions by using a technology known as ImPACT. The baseline test takes about 45 minutes and evaluates how your child's memory works and how quickly their brain reacts. This is in no way a test of intelligence, but rather a test that can give a doctor a clearer understanding of how your child's brain functions under the best, uninjured conditions. This data will be saved in a secure database and accessed only in the event that your child receives a head injury. The baseline test has proven to be valuable since it shows how the brain functions when it is "healthy" and can be compared to data gathered after injury. This baseline test is free to your child as a service of OhioHealth Sports Medicine. All that it will cost you to have a baseline test done is about 45 minutes of your child's time.

Below you will find a consent form allowing your child to participate in this program. Again, by providing consent, you are allowing your child an opportunity to be involved in a very exciting new program that has ultimately been designed to provide you and your family piece of mind when it comes to head injuries.

Please check one of the boxes below, <u>print</u> your child's first and last name, sign, date and return immediately to the coach or the athletic trainer so that testing slots can be assigned

Yes, I give my child	permission to be baseline tested
Signed:	Date:
Email:	
No, I do not give my child	permission to be baseline tested
Signed:	Date:
Email:	

If you have questions, need follow up care or more information, please call Jeff Sczpanski, M.Ed., AT, CSCS; OhioHealth Sports Medicine Hilliard Bradley High School; Head Athletic Trainer 2800 Walker Road; Hilliard, OH 43026

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