

ACCT # _____

Today's Date: / /

Military History	
<input type="checkbox"/> Army	Served from _____ to _____
<input type="checkbox"/> Navy	Rank: _____
<input type="checkbox"/> Air Force	Type of Discharge: _____
<input type="checkbox"/> Marines	Specialty/MOS: _____
<input type="checkbox"/> Coast Guard	

Religious Affiliation

☐ Sexual Abuse
☐ Stress
☐ Suicidal Thoughts
☐ Other _____

Have you or any blood relatives ever had any of the following?			
	Self	Other	(If other, Who?)
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	
Bipolar Illness	<input type="checkbox"/>	<input type="checkbox"/>	
Bowel disease	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	
Drug abuse	<input type="checkbox"/>	<input type="checkbox"/>	
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	
Heart disease	<input type="checkbox"/>	<input type="checkbox"/>	
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	
HIV	<input type="checkbox"/>	<input type="checkbox"/>	
Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>	
Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	
Physical abuse	<input type="checkbox"/>	<input type="checkbox"/>	
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/>	
Sexual abuse	<input type="checkbox"/>	<input type="checkbox"/>	
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	
Suicide/attempt	<input type="checkbox"/>	<input type="checkbox"/>	
Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/>	
Ulcer	<input type="checkbox"/>	<input type="checkbox"/>	

Current medications (specify type)

<input type="checkbox"/> Anxiety_____	<input type="checkbox"/> Depression_____	<input type="checkbox"/> Sleeping Pills_____
<input type="checkbox"/> Aspirin_____	<input type="checkbox"/> Diet_____	<input type="checkbox"/> Tranquilizer_____
<input type="checkbox"/> Birth Control_____	<input type="checkbox"/> Diuretic_____	<input type="checkbox"/> Vitamins_____
<input type="checkbox"/> Blood Pressure_____	<input type="checkbox"/> Hormones_____	<input type="checkbox"/> _____
<input type="checkbox"/> Cold/Allergy_____	<input type="checkbox"/> Laxatives_____	<input type="checkbox"/> _____
<input type="checkbox"/> Cortisone_____	<input type="checkbox"/> Nasal spray_____	<input type="checkbox"/> _____
<input type="checkbox"/> Decongestant_____	<input type="checkbox"/> Pain pills_____	<input type="checkbox"/> _____

[illegible]

Name: _____

Birthdate: ____/____/____

Page 2

Have you had complications from childhood diseases?

☐ No ☐ Yes _____

Date of last physical examination: ____/____/____

Date of last chest x-ray ____/____/____

Date of last electrocardiogram ____/____/____

Date of last blood test ____/____/____

*For Women Only*Menstrual History:

Age at onset: ____

Date of last period: ____/____/____ Cycle: ____ days Duration: ____ days

Regular ☐ Yes ☐ NoPains or cramps ☐ Yes ☐ NoPremenstrual symptoms ☐ Yes ☐ NoPregnancies: Total number of pregnancies: ____ Miscarriages: ____ Terminations: ____ Age of youngest living child: ____*For Children Only*Were there any prenatal problems? ☐ No ☐ Yes _____Were there any labor or delivery problems? ☐ No ☐ Yes _____Was the child ☐ Full term or ☐ Premature (if so, weeks premature: _____) Was child ☐ breast or bottle fed?Were the child's developmental milestones within normal limits? Sitting: ☐ Yes ☐ No, Crawling: ☐ Yes ☐ No;Pullup: ☐ Yes ☐ No, Walking: ☐ Yes ☐ No; Talking: ☐ Yes ☐ No. What age was child trained for bladder ____ bowel ____Did the child wet the bed? ☐ Yes ☐ No Who provided early child care? _____Were there separation problems when the child entered school? ☐ Yes ☐ No*Diet and Exercise*Weight: Current: ____; 1 Year Ago: ____; Desired: ____; Are you on a special diet? ☐ No ☐ Yes, explain _____Height: ____ ' ____" Do you exercise: ☐ No ☐ Yes, your routine _____*Habits*

Coffee/Tea/Caffeinated soft drinks: ____ per day

Do you smoke? ☐ No ☐ Yes ____ Cigarettes/day ____ Cigars/week ____ Pipe/day Age began ____ Age stopped ____Do you use any other form of tobacco? ☐ No ☐ Yes Type and frequency _____How often do you drink alcohol? ☐ Never or How many drinks/wk: ☐ 1-7 ☐ 8-15 ☐ 16-24 ☐ more than 24Have you ever abused or used drugs recreationally? ☐ No ☐ Yes ☐ Marijuana ☐ Crack/cocaine ☐ Heroin ☐ Sleeping pills☐ Pain medication ☐ Other _____ Have you been treated for ☐ alcohol or ☐ drug abuse/dependency?

Indicate which of the following symptoms you have experienced:

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Fatigue/lack of energy | <input type="checkbox"/> Seeing things that are not real | <input type="checkbox"/> Double vision | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Hearing things that are not real | <input type="checkbox"/> Difficulty in focusing vision | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Lack of sleep | <input type="checkbox"/> Difficulty making decisions | <input type="checkbox"/> Eye pain | <input type="checkbox"/> Indigestion/heartburn |
| <input type="checkbox"/> Sleeping too much | <input type="checkbox"/> Difficulty concentrating | <input type="checkbox"/> Eye discomfort in bright light | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Increase/decrease in appetite | <input type="checkbox"/> Memory problems | <input type="checkbox"/> Sinus pain or congestion | <input type="checkbox"/> Rectal bleeding |
| <input type="checkbox"/> Increase/decrease in weight | <input type="checkbox"/> Worthless feelings | <input type="checkbox"/> Increase/decrease in tearing | <input type="checkbox"/> Black, tarry stools |
| <input type="checkbox"/> Repetitive/senseless thoughts | <input type="checkbox"/> Excessive guilt feelings | <input type="checkbox"/> Increased sensitivity to sounds | <input type="checkbox"/> Food Intolerance |
| <input type="checkbox"/> Repetitive/senseless behavior | <input type="checkbox"/> Hopeless feelings | <input type="checkbox"/> Ear Infections | <input type="checkbox"/> Inability to control bowels |
| <input type="checkbox"/> Sad/down in the dumps | <input type="checkbox"/> Helpless feelings | <input type="checkbox"/> Joint pain or stiffness | <input type="checkbox"/> Fear of losing bowel control |
| <input type="checkbox"/> Depressed | <input type="checkbox"/> Sweating | <input type="checkbox"/> Backache | <input type="checkbox"/> Hay fever, allergies |
| <input type="checkbox"/> Irritability/anger | <input type="checkbox"/> Dizziness/light headedness | <input type="checkbox"/> Muscle tension | <input type="checkbox"/> Cough/ coughing up blood |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Unsteady feelings | <input type="checkbox"/> Muscle pain/soreness | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Fearful feelings | <input type="checkbox"/> Jumpiness | <input type="checkbox"/> Swelling of hands/feet/ankles | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Frequent crying | <input type="checkbox"/> Keyed up/on edge | <input type="checkbox"/> Leg cramps | <input type="checkbox"/> Dry mouth |
| <input type="checkbox"/> Frequent negative thinking | <input type="checkbox"/> Restlessness | <input type="checkbox"/> Numbness/tingling in limbs | <input type="checkbox"/> Unusual taste sensations |
| <input type="checkbox"/> Frequent thoughts of death | <input type="checkbox"/> Constant worry | <input type="checkbox"/> Foot problems | <input type="checkbox"/> Frequent/painful urination |
| <input type="checkbox"/> Suicidal thoughts | <input type="checkbox"/> Panic | <input type="checkbox"/> Trouble walking | <input type="checkbox"/> Inability to control urine |
| <input type="checkbox"/> Homicidal thoughts | <input type="checkbox"/> Feeling life not worth living | <input type="checkbox"/> Balance problems | <input type="checkbox"/> Penile/vaginal discharge |
| <input type="checkbox"/> Fainting, feeling faint | <input type="checkbox"/> Increase/decrease in sex drive | <input type="checkbox"/> Cold/clammy hands | <input type="checkbox"/> Penile/vaginal sores |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Fear of going crazy | <input type="checkbox"/> Unable to sit still | <input type="checkbox"/> Difficulty in sexual function |
| <input type="checkbox"/> Trembling or shakiness | <input type="checkbox"/> Fear of dying | <input type="checkbox"/> Chest pain/discomfort | <input type="checkbox"/> Breast discharge |
| <input type="checkbox"/> Seizures/convulsions | <input type="checkbox"/> Feelings of unreality | <input type="checkbox"/> Palpitations | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Skin rash | <input type="checkbox"/> Feeling in dream-like state | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Aggressive/violent behavior | <input type="checkbox"/> Isolation/withdrawal | <input type="checkbox"/> Nausea | <input type="checkbox"/> _____ |

List your favorite activities: _____

List your interpersonal and other assets (not financial): _____