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## Announcements

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### **From the American Society for Clinical Nutrition Nominations Invited**

The nominating Committee of the American Society for Clinical Nutrition invites ASCN members to submit the names of ASCN members to be considered by the committee for vacancies anticipated on the Council in 1988. Suggestions for the office of Vice President-Elect and Councilor should be sent to the society office, 9650 Rockville Pike, Bethesda, MD 20814. These names will be forwarded to the committee chairman, Dr Van S Hubbard.

### **International Conference on Vitamin B-6**

The *Third International Conference on Vitamin B-6* will be held **August 24-28, 1987** in Hahnenklee, Germany. The focus of the conference will be on the clinical effectiveness of the use of vitamin B-6 in the treatment of selected metabolic disorders and the metabolism of vitamin B-6 associated with these disorders. There will be poster presentations in addition to the presentations by invited speakers. The proceedings of the conference will be published in book form and the registration fee will include a copy of the published proceedings. Information on the program, registration, lodging for the conference, and poster presentations can be obtained from the organizers of the conference: Dr Robert D Reynolds, Human Nutrition Research Center, Bldg 307, Rm 216, USDA, Beltsville, MD 20705, USA or Dr James Leklem, Department of Foods and Nutrition, Oregon State University, Corvallis, OR 97331 USA.

### **Symposium on the Nutritional Impact of Food Processing and Workshop on Free Radicals in Health and Disease**

The *Symposium on the Nutritional Impact of Food Processing and Workshop on Free Radicals in Health and Disease* will be held on **September 2-4, 1987** in Reykjavik, Iceland. The symposium and the workshop are sponsored by the Group of European Nutritionists, the University of Iceland, the Agricultural Research Institute of Iceland, the Icelandic Fisheries Laboratory, and the Kellogg Foundation.

For further information please contact: Rosa G Thorsdottir, Food Science Program, Noatun 17, 105 Reykjavik, Iceland.

### **Leeds Course in Clinical Nutrition**

The Leeds course in clinical nutrition will be held **8-11 September 1987** at the University of Leeds. There will be associated exhibitions from the pharmaceutical, equipment, and food industries. Both participants and exhibitors should apply for further particulars to Director of Continuing Education, The University, Leeds LS2 9JT, UK. (0532) 435036.

### **International Symposium on Metabolism of Minerals and Trace Elements in Human Diseases**

The *International Symposium on Metabolism of Minerals and Trace elements in Human Diseases* will be held at Aligarh/New Delhi/Srinager (Kashmir), India on **September 18-27, 1987**. An additional meeting, Workshop on Trace Minerals and High Altitude, will follow in Kathmandu, Nepal on September 29-30, 1987 if more than 50 delegates are interested. For additional meeting and hotel information, please contact Professor M Abdulla, Box 5133, S-220 05 Lund, Sweden. 46-46-101237.

### **Nutrition in the Origins of Disease**

*The Role of Nutrition in the Origins of Disease* is the title of the seventh annual Bristol-Meyers Symposium on Nutrition Research to be held **September 21 and 22, 1987** at the Fairmont Hotel in San Francisco. The symposium is being organized by Dr Charles Halsted, professor of internal medicine and director of the Clinical Nutrition Research Center at the University of California, Davis and is part of the Bristol-Myers nutrition grant program.

Registration information can be obtained from Helen Shaw Miller, Program Coordinator, Office of Continuing Education, University of California, Davis, School of Medicine, 2701 Stockton Boulevard, Sacramento, CA 95817. (916) 453-4390.

### **Advances in Hyperalimentation: A Practical Approach**

The New England Deaconess Hospital in conjunction with the Harvard Medical School Department of Continuing Medical Education will sponsor a course entitled

*Advances in Hyperalimentation: A Practical Approach on September 21–23, 1987.* The course directors are George L Blackburn, MD, PhD; Albert Bothe, Jr, MD; and Bruce R Bistrian, MD, PhD. For information, contact Harvard Medical School, 641 Huntington Avenue, Boston, MA 02115. (617) 732-1528.

#### **Fourth Annual Meeting of the North American Association for the Study of Obesity**

The North American Association for the Study of Obesity announces that its Fourth Annual Meeting and accompanying CME course will be held in **Boston, MA** during the week of **October 12–16, 1987**. This year's theme will be *Diet, Pharmacotherapy, and Surgical Treatment of Obesity*. For information contact Marianne Galvin, Cancer Research Institute, 194 Pilgrim Road, Boston, MA 02115.

#### **International Courses in Food Science and Nutrition: Food and Nutrition in Primary Health Care**

A training course entitled *Food and Nutrition in Primary Health Care* will be held in Wageningen, the Netherlands from **October 26–December 4, 1987**.

The course is designed primarily for program officers responsible for improvement of the food and nutrition of population groups at the intermediate, provincial level. The focus of the training will be on improving the awareness, understanding, knowledge, and skills of participants in completing their day-to-day activities as regards programming, data management, control and direction of money and materials, supervision and motivation of personnel, allocation of time, reporting, etc.

The course is a training activity of the International Courses in Food Science and Nutrition and will be conducted in English. For further information contact ICFSN, % International Agricultural Centre, Lawickse Allee 11, 6701 AN Wageningen, the Netherlands. 08370-19040.

#### **Impact on Nutrition on Blacks and Other Minorities**

The Center for Nutrition at Meharry Medical College will sponsor the first annual workshop on the *Impact of Nutrition on Health and Disease in Blacks and Other Minorities* **October 28–30, 1987** in Nashville, TN. For additional information please contact Secretariat, Center for Nutrition, Meharry Medical College, 1005 DB Todd Blvd, Nashville, TN 37208. (615) 327-6037.

#### **Radionuclides in the Food Chain**

A conference entitled *Radionuclides in the Food Chain* will be held **November 2–5, 1987** at the Laxenburg Conference Center near Vienna, Austria. This conference is designed for an international audience from all relevant disciplines, including scientists, industrial managers, and policy makers working in the food industry, government agencies, universities, and international organizations. The scientific and policy perspectives discussed will contribute to the worldwide harmonization of exposure standards for radionuclides in foods.

The program has been developed by a Scientific Advisory Council composed of leading scientists representing several countries and diverse disciplines. The conference sessions include 1) a review of fundamental information on radioactivity and radiation including environmental pathways critical to man; 2) consequences of radionuclides release to health, safety, and the environment; 3) comparative effects of radionuclides and other contaminants of food and water supplies; 4) risk management of food and water supplies; 5) regulatory and control programs; and 6) development of guidelines for safety evaluation of food and water after nuclear accidents.

The program is being sponsored by the International Life Sciences Institute (ILSI) in association with the International Institute of Applied Systems Analysis (IIASA). Cosponsors include the International Radiation Protection Association and other international organizations. For more information contact Ms Lili C Merritt, International Life Sciences Institute (ILSI), 1126 Sixteenth Street, NW, Washington, DC 20036 USA. (202) 659-0074.

#### **Food and Nutrition for Community Health and Development**

The 5-months *International Course in Food Science and Nutrition*, held in Wageningen, the Netherlands, **12 January–9 June 1988** will be on food and nutrition for community health and development and will focus on the situation in developing countries. The course promotes the systematic problem solving approach in which relevant disciplines work together. The closing date for applications for the course is 15 September 1987. For further information and application forms please contact the Netherlands Embassy in your country or write to secretariat, International Courses in Food Science and Nutrition, Lawickse Allee 11, 6701 AN Wageningen, the Netherlands. 08370-19040.

#### **The First ESPEN Scientific Symposium: Current Perspectives in Nutrition and Infection**

The First ESPEN Scientific Symposium, *Current Perspectives in Nutrition and Infection*, will be held in **Jerusalem, Israel** on **March 13–17, 1988**.

For additional information, please contact HR Freund, MD, Symposium Chairman, PO Box 983, Jerusalem 91009, Israel.

### **Selenium in Medicine and Biology**

The Second Congress on Trace Elements in Medicine and Biology, *Selenium in Medicine and Biology*, will be held in Avoriaz, France on March 15–18, 1988. The subjects to be discussed are biologic role—selenium metabolism; recommended intake and biological markers; selenium in human pathology: inflammatory, immunity, cancer, cardiovascular disease, and pediatrics; selenium in animal pathology; and selenium toxicity. The Congress will be in French and English (simultaneous translation) and there will be a poster exhibition.

The Congress is organized by the French Society of Study and Research of Essential Trace Elements, the Study and Research Center of Trace Elements and Vitamins,

and Grenoble Pharmacy Residents Association. For further information, please contact Alain Favier, Laboratoire de Biochimie C, CHRU de Grenoble, Hôpital Nord—BP 217X, 38043 Grenoble Cedex, France. 76.42.81.21—Poste 44.65.

### **Scientific Congress on Proteins in Food and Nutrition**

The Scientific Congress on Proteins in Food and Nutrition will be held on September 8th and 9th, 1988 in Vienna, Austria. This Congress has been organized on behalf of Österreichische Gesellschaft für Ernährungsforschung, Deutsche Gesellschaft für Ernährung, and Schweizerische Gesellschaft für Ernährungsforschung.

Please address inquiries to: Secretariat of the Scientific Congress on Proteins in Food and Nutrition, C/O Vienna Medical Academy, Alser Strabe 4, A-1090 Vienna Austria. (0222) 42 71 65.

## Editor, *Nutrition Reviews*

A new editor of *Nutrition Reviews*, an international monthly review journal founded in 1942, will be appointed January 1, 1989. Applications are being sought from scientists who have previous editorial experience, an international reputation in basic or clinical nutrition, and the desire to be the leader of a scientific journal devoted to postgraduate education in nutrition. This is a part-time job for a busy academician who will be supported by an editorial assistant. The term of appointment is three to five years. Please send curriculum vitae to:

Dr. Edward Horton  
Chairman, Search Committee  
c/o ILSI-Nutrition Foundation  
Suite 300  
1126 Sixteenth Street, NW  
Washington, DC 20036

The deadline for applications is October 30, 1987.

## Controversies in Clinical Nutrition

The editor of *CONTROVERSIES IN CLINICAL NUTRITION*, Dr. John J. Cunningham, has selected the works of 34 national and international experts to depict the current status of nutrition in controversial areas of human health, including diet composition, coronary heart disease, fiber, obesity, and cancer. Each chapter in this book originally appeared independently in various issues of *THE AMERICAN JOURNAL OF CLINICAL NUTRITION*.

A valuable teaching aid, and an invaluable repository of nutrition information, the book fills a current need for critical examination of each topic.

Order from:

George F. Stickley Company  
210 West Washington Square  
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256 pages—Softcover—\$15.95

# Take two and call me in the morning.

### NUTRITION INFORMATION PER SERVING

Serving size . . . About 10 Dates  
(85 Grams Edible Portion)  
Calories . . . 240  
Protein . . . 2 grams  
Carbohydrate . . . 57 grams  
Fat . . . 0 grams  
Sodium . . . 0 mg  
Potassium . . . 560 mg  
Dietary Fiber . . . 6.4 g

### PERCENTAGE OF U.S. RECOMMENDED DAILY ALLOWANCES

Protein . . . 4  
Vitamin A . . . \*  
Vitamin C . . . \*  
Thiamin (Vitamin B<sub>1</sub>) . . . 2  
Riboflavin (Vitamin B<sub>2</sub>) . . . 6  
Niacin . . . 6  
Calcium . . . 4  
Iron . . . 4  
Vitamin B<sub>6</sub> . . . 8  
Folic Acid . . . 4  
Phosphorus . . . 4  
Magnesium . . . 10  
Zinc . . . 2  
Copper . . . 6  
Pantothenic Acid . . . 4

\*Contains less than 2% of the U.S.  
RDA of these nutrients.  
Source: Hazelton Laboratories  
America Inc., 1987.

Sometimes the best thing you can do for your dieting patients is give them a sweet reward for their efforts. The growers of California Dates would like to remind you that dates are surprisingly low in calories (about 24 calories each), and contain no sodium. They are a good source of dietary fiber and contain a host of vitamins and minerals.

So next time your dieting patients bemoan their outcast state,

prescribe a couple of dates, now and then. With luck, they'll be so satisfied, they won't call you in the morning!

**California  
Dates!**

What a great surprise.



**T**he American Red Cross addresses the most often asked questions about AIDS and the workplace:

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**CAN AN EMPLOYEE WITH AIDS INFECT OTHER EMPLOYEES?**

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The AIDS virus cannot be spread by everyday contact in the workplace. An employee with AIDS can infect another employee only if they have sexual contact or share intravenous drug needles.

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**CAN THE AIDS VIRUS BE SPREAD BY USING A TELEPHONE OR WATER FOUNTAIN?**

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No. The AIDS virus is not spread through air, water, or on surfaces, such as telephones, door knobs, or office machines. The virus is spread mainly through an exchange of body fluids during sexual activity, or the exchange of blood as occurs through sharing contaminated IV drug needles.

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**SHOULD I PROVIDE OR DESIGNATE SEPARATE BATHROOM FACILITIES FOR EMPLOYEES WITH AIDS?**

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There is no need to. The AIDS virus is not spread through ordinary use of toilets, sinks, or other bathroom facilities.

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**CAN I TELL IF SOMEONE IS INFECTED WITH THE AIDS VIRUS?**

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There are many *carriers* of the virus who do not have the symptoms or signs of the disease and may or may not develop the disease. A carrier of the AIDS

**SHOULD  
YOU  
WORRY  
ABOUT  
AIDS  
AND THE  
WORK-  
PLACE?**

virus can infect other people but not through ordinary workplace contact.

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**WHAT IF I TOUCH A COWORKER WITH AIDS WHO HAS A BLEEDING CUT?**

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There is no reason to believe that AIDS could be spread this way. Whether a person has AIDS or not, all open, bleeding cuts should be taken care of by observing good health and hygiene practices.

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**HOW SHOULD EMPLOYEES WITH AIDS BE TREATED?**

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On a day-to-day basis, treat them normally. You and your employees should learn about AIDS, and when dealing with their problem, use compassion and understanding.

Above all, remember...

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**AIDS IS  
HARD TO CATCH.**

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This information is based upon data from the U.S. Public Health Service. For more information, call your local health department, the Public Health Service Hotline (1-800-342-AIDS) or your local Red Cross Chapter.

Or, if you're interested in an educational program about AIDS for your company, call your local health department or your local Red Cross Chapter.

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**WE WANT YOU TO  
KNOW AS MUCH ABOUT  
AIDS AS WE DO.**

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 **American Red Cross**



# ANNOUNCEMENT

## 1988 AMERICAN BOARD OF NUTRITION EXAMINATION

Persons with a doctoral degree (MD, PhD, or equivalent) and an appropriate nutrition background are invited to apply to take the examination to qualify as a Diplomate of the American Board of Nutrition (ABN). The ABN Examination will be administered in conjunction with the 1988 annual meeting of the American Society for Clinical Nutrition, in Washington, DC. The examination date is April 26, 1988. The deadline for receipt of the completed application, transcripts of academic records and sponsoring letters is **December 15, 1987**. For detailed information, write directly to the American Board of Nutrition, 6212-B Old Keene Mill Court, Springfield, VA 22152.



## THE AMERICAN JOURNAL OF CLINICAL NUTRITION

Official publication of the  
American Society for Clinical Nutrition

Published monthly for the physician or scientist who is interested in initiating current thinking in the field of human nutrition. Regular features include original research communications (rapid, survey, methods, general); case reports; perspectives in nutrition; editorials; special articles; and letters to the editor. Book reviews, announcements of coming nutrition and nutrition-related meetings, and reports of meetings appear as appropriate; symposia, workshops and other long papers appear as supplements.

The AMERICAN JOURNAL OF CLINICAL NUTRITION is available at the personal subscription rate of \$50 per year (Canada, Mexico, & Foreign \$60). An institutional rate of \$65 applies to library, departmental and other subscriptions involving multireadership. Canada, Mexico & Foreign \$75, Single copy rate, \$10. Reduced rates are available to graduate and medical students and post-doctoral fellows. Subscriptions are available on a calendar year basis only.

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FOR CLINICAL NUTRITION



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N13-3 \$9.00	Lecture II, Can Nutr Mgmt Slow Prog of Renal Failure, M WALSER	N13-9AB \$18.00 2 tapes	ORAL PAPERS II
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