

# Basking Ridge Turkey Trot 5K

**Sunday  
November 20, 2011**



**5K Run (3.1 miles)  
1 Mile Health Walk**

## and Health Walk

Show us what you've got at our Turkey Trot!! Run or Walk for WAMS

**Sponsored by Basking Ridge Pediatrics, Dental Associates of Basking Ridge and The Kid Fit Program at Goryeb Children's Hospital at Morristown Memorial.**

**COURSE:** USATF Certified 5K course. Professional race timing on a flat looped trail through the park, digital clocks, split times and printed race results provided & posted by CompuScore, Computer Services, [www.compuscore.com](http://www.compuscore.com).

**WHERE:** Mountain Park, Martinsville & Mountain Rds. Basking Ridge, NJ. (near The Pingry School)

**WHEN:** November 20, 2011 8:45 – 9:30 am Check-in/ 9:30 am Start 1 Mile Health Walk / 10:00am Start 5K Run.

**Pre-registration \$20 (received by Tuesday, November 1<sup>st</sup>), \$25 on race day.** Pre-registered entrants may pick up race packets from Sneaker Factory, 25 Mountainview Blvd, Basking Ridge on Friday 11/18 (11am-7pm) and Saturday 11/19 (10am – 5:30pm) or on race day at the race site. **T-shirts guaranteed to pre-registered runners and health walkers.**

**WHY:** Kick off the holiday season in a healthy way! **Entrants and spectators are encouraged to bring non-perishable foods to be donated to the Food Bank of Somerset County to help feed our community.**

**AWARDS:** To top overall male & female and top three runners in each age group in ten-year increments from 10 and under to 70 and over. No duplicate awards.

**CONTACT US:** email questions to [turkeytrot@verizon.net](mailto:turkeytrot@verizon.net)



### Basking Ridge Turkey Trot 5K Registration Form

Checks payable to: **WAMS PTO**

Mail to: Julie Keating, 139 Woods End, Basking Ridge NJ 07920

**Please Print!** One registration form per person

LASTNAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ SEX (circle one): M or F SHIRT SIZE: \_\_\_\_\_ (Adult S – XL)

*Please check:* \_\_\_\_\_ 5K (\$20 pre-reg./\$25 race day) \_\_\_\_\_ One mile health walk (\$20 pre-reg./\$25 race day)

I hereby waive all liability against the Basking Ridge Turkey Trot 5K, WAMS and their staff or representatives regarding my participation in the Basking Ridge Turkey Trot. I declare that I am physically fit to participate in this event. I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature \_\_\_\_\_ Parental Guardian consent (if under 18) \_\_\_\_\_

Date: \_\_\_\_\_ **ONLINE REGISTRATION offered at [www.compuscore.com](http://www.compuscore.com) (look under November 2011 events)**