



CAMP MENZIES

WEEKEND *getaway* FOR WOMEN ♣

September 19-21, 2014

At Camp Menzies in Camp Connell, CA
Camp check-in: Friday, September 19, 5 p.m.; Dinner: 6:30 p.m.
Camp Concludes: Sunday, September 21, 11:30 a.m.

Relax and share two fun days of outdoor activities, beautiful scenery and fresh mountain air with other women who appreciate the value of Girl Scout Camp.

Visit www.girlscoutshcc.org/campgetaway for a sample itinerary and FAQs. Once you register, you will also receive an information packet including a packing guide, directions and itinerary.

Mountain Maven – *All-Inclusive Weekend Getaway* | \$225

- Cabin accommodations (or bring your own tent),
- All meals and beverages, activities
- Pure relaxation and a S'mores gift bag you will put to good use throughout the weekend!

S'mores and More Sponsor – *Share the Magic of Camp* | \$500

- Full Mountain Maven experience
- Sponsor a campership to send a local Girl Scout to camp for 4 days!

Questions? Contact Sunny Kenngott: sunny.kenngott@girlscoutshcc.org or (916) 453-5215

To register for the Getaway weekend, complete both pages of this registration packet by August 15 and email to sunny.kenngott@girlscouts.hcc.org or bring in or mail registration packet and payment to:
Girl Scouts Heart of Central California, 6601 Elvas Ave, Sacramento, CA 95819
OR fax with Credit Card information to (916) 452-9182, Attention: Camp Getaway

Name: _____ (Must be 21 or older to attend.)

Address: _____ City: _____ Zip: _____

No. of Mountain Mavens _____ @ \$225.00 each = \$ _____ (total)

No. of S'mores and More Sponsors _____ @ \$500.00 each = \$ _____ (total)

No. of massages (limit one per guest) _____ @ \$60.00 each = \$ _____ (total)

____ Check Enclosed ____ VISA ____ MASTERCARD ____ DISCOVER (**Please do not send cash.**)

Name on Card: _____ Phone Number: (____) _____

Address of Card Holder: _____

Card Number: _____ CID Number: _____ Expiration: _____

Signature: _____

Roommate Request: _____

Name: _____

Camp Activity Selection

Help us customize your weekend for you! Please select **four** activity sessions from the list below. This year our activity sessions are inspired by popular Camp Menzies girl programs, reimagined for adults. All Camp Getaway activities are entirely optional; by indicating your interest in a particular activity, you are not committing to participate.

___ **Mad About Murals**

Leave your mark on Camp Menzies by using your artistic skills to create an amazing mural to be enjoyed by many generations of campers to come.

___ **Arts Alive**

Experiment with the classic camp crafts of tie-dye and candle making in order to put a new, unique spin on the ones you made as a camper. (Includes tie-dye, batik, sculpture and drip candles.)

___ **Eco-Explorers**

Set off on a hike around Camp Menzies' property while getting an up close look at the unique ecology of the Sierra Nevada.

___ **Secret Garden**

Take a guided tour of Camp Menzies garden, pick up gardening tips, pickle summer vegetables and sew your own embroidered herb sachet filled with pickings from the garden.

___ **Take Aim**

Get in touch with your inner Katniss by practicing your archery skills.

___ **Running Wild**

Find out if you have what it takes to hack it in the wild. Learn basic survivor skills, like shelter building, orienteering and outdoor cooking. Leave the session with your self-made 'survival' bracelet.

___ **Camera Shots**

Bring a camera! This hike focuses on the picture-perfect aspects of camp, as well as learning to use some of the technical features of cameras so you can capture the moment better than ever.

___ **Counselor-in-Training (CIT)**

Take a crash course in what it means to be a summer camp counselor. Participate in this fun informational session to get a taste of the games and skills we use to train our staff for a summer at Camp Menzies.

___ **Dare to Do It**

Step out of your comfort zone to participate in these trust building games and challenge course activities.

___ **Horse Lovers***

Hop on one of our camp horses to practice horsemanship skills in the arena and take a guided trail ride. All experience levels are welcome, but participants must have good balance and be able to mount and dismount using a mounting block.

___ **Relaxing Rustic Massage***

Increase energy and refresh your mental attitude with a massage from a licensed therapist, for an additional charge of \$60.

*If you are selecting Horse Lovers and/or Relaxing Rustic Massage, please select **five** activities total. Horseback riding and massage space is limited, and will be assigned in the order registrations are received.