

**GWYNN PARK HIGH SCHOOL
PHYSICAL EDUCATION DEPARTMENT
2012-2013**

Teachers/Contact Information: Coach Ford (Dept. Chair) (Frederick.Ford@pgcps.org) #301-372-0140 ext. 266
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I. Course Description

Our physical education program offers students a variety of interesting, worthwhile and enjoyable co-educational activities that will contribute to their physical fitness, athletic skills, emotional growth, and well being. Students who successfully complete the Personal Fitness course will earn the required ½ credit toward graduation.

II. Instructional Philosophy

Our goal is to help students be successful in all areas of the physical education program and to encourage students to develop an interest in physical activities that may carry over into their adult lives

III. Assessment Plan/Grading Factors

Classwork

70%

A. Preparation and Participation

1. Students are required to report to the locker room/squad on time
2. Students are required to dress in the required uniform everyday
3. Students are required to participate in warm-ups, manipulative skills, movement concepts, performance based outcomes and personal fitness everyday.
4. Students will complete written worksheets and article critiques
5. All students must conduct themselves in a safe and orderly manner to enhance their personal, social and emotional development.

Homework

10%

- A. All work begun/completed outside the classroom/gymnasium which may include but not limited to journals, written reports, projects and other assignments

Assessment (Written and Skill Evaluation)

20%

- A. Students are graded on skill tests, written tests, rubrics, task cards, fitnessgram, pre and post tests, peer/self evaluations
1. Knowledge of the rules, strategies and techniques of various sports/game
 2. Skill achievement tests
 3. Athletic progress and proficiency
 4. Individual and team achievement

Points are deducted for the following:

-Not dressed in required uniform	-10 points
-Not participating	-10 points
-Unexcused absence (points will be deducted from both preparation and participation grade)	-10 points
-Unexcused tardy to locker room/squad	-4 points
-Disregard for safety and health factors	-5 points
-Inappropriate behavior or language	-5 points
-Failure to perform warm-ups and exercises	-5 points
-Failure to follow any of the rules or regulations	-5 –10 points
-Leaving class early/without permission	-5 points

IV. Uniform

The Board of Education Policy 6161.8 states “all students are required to wear the uniform selected and approved for physical education.” The requirement for class is a Gwynn Park physical education uniform (shirt and mesh a Plain shorts), or Gray T-Shirt and Knee Length Plain Black Shorts. White Socks and gym tennis shoes.

Shirt: size small-2X-large \$7.50 (3X-large: \$8.50)

Shorts: size small-2X-large \$12.50 (3X-large: \$13.50)

- Sweat suits/warm-up suits may be worn during cold weather as designated by the teacher.
- Uniforms will be clearly marked with the student’s first initial and last name for identification. Nothing else may be written or drawn on the uniforms. Students may not cut/delete any part of the uniform.
- Uniforms must be cleaned on a regular weekly basis
- Hard sole shoes are not permitted on the gym floor.

V. **Locks/lockers**

Each student will be assigned a locker in the locker room. **All physical education students will be issued a combination lock for securing his/her personal property in the locker. NO PERSONAL LOCKS ALLOWED.** We are not responsible for lost or stolen articles of personal property. Please do not bring large sums of money or valuables to class.

VII. **Rules and Regulations**

- *It is the sole responsibility of the student to dress in the required uniform and participate daily. Points will be deducted for not dressing in the required uniform/participating.
- *Students must get permission from the teacher prior to being excused for other school activities. Completion of a written assignment will be required. Failure to obtain prior approval will result in points deducted.
- *Students must be in the **locker room** before the late bell rings. Points will be deducted for an unexcused tardy.
- *After dressing, students must report directly to the gym and **be seated** in their assigned squad within five minutes of the late bell. Points will be deducted for not reporting and sitting in assigned squad on time.
- *Once the class begins, the locker room will be locked. Students may not return to the locker room until the teacher dismisses class.
- *Students must remain in the locker room until the bell rings to report to their next class.
- *Students are accountable to all physical education instructors.
- *The following is strictly prohibited:
 - Horseplay/inappropriate behavior
 - Loud/inappropriate language
 - Disruptive/disrespectful behavior
 - Food/drink/gum

VIII. **Medical Excuses**

County policy requires a physician's statement if a student is unable to participate for three or more days. Students will not be excused from class on a daily basis. Parental notes from home will not be honored.

Attendance is an important aspect of education at Gwynn Park High School. In accordance with Prince George's County Public Schools' Administrative Procedure 5113, *Pupil Attendance and Absence*, students will receive a zero (0) for all work done on the day of an unexcused absence. Students will not be allowed to make up work missed because of an unlawful absence.

A student has 48 hours in which to bring in a note that excuses him/her for an absence. After that time, the absence becomes unexcused. The reason for the absence must be stated in the note. The note is to be given to the attendance secretary who will issue an attendance form (PA-1) to the student. This form will denote whether the absence is lawful (excused) or unlawful (unexcused). It is the student's responsibility to present his attendance form to each of his/her teachers.

According to Prince George's County Public Schools' Administrative Procedure 5121.2, *Assessment and Grading for All Secondary School Programs*, "students who are considered lawfully absent from school will have the opportunity to make up missed work in a timely manner. Students who fail to complete missed work in a timely manner will receive 50% for those assignments.

Uniforms will be sold during class August 21th – August 31st. **First day to dress for physical education class will be Tuesday, September 4th.** Students are to be prepared with the required uniform. **After August 31st.** students will have to purchase uniform before school, after school, or during the 4th period. **Uniforms will not be sold during class after August 31st**

We will gladly discuss any of the above information or any questions or concerns you may have regarding our program or your child

Please sign and return this page and the next page.

Sincerely,
Coach Ford
Coach Hayes

Approved:

Tracie Miller, Principal

Signature of Parent or Legal Guardian

Date

